

Newbury Court Sample Menu

Appetizer

Maryland Crab Cakes

Soups

Cream of Tomato Bisque

Beef Consommé

Salads

Bibb Salad

Fresh Garden Salad

Fresh Spinach Salad

Caesar Salad with Crouton and Anchovies

Sliced Tomato with Mozzarella Cheese

Carrot Raisin Salad

Cole Slaw

Peach or Pear Halves with Cottage Cheese

Fresh Fruit Cup

Dressings

Blue Cheese Thousand Island Balsamic Vinaigrette

Creamy Italian Fat Free Italian Cream French

Fat Free Raspberry Vinaigrette Fat Free Honey Dijon

Rice Vinegar

NUTRITIONAL INFORMATION ON SELECT MENU ITEMS CAN BE FOUND IN THE NUTRITIONAL BINDER KEPT IN THE LIBRARY
* BEFORE PLACING YOUR ORDER PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY*

*CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD, SHELLFISH OR EGG
MAY INCREASE YOUR CHANCE OF FOODBORNE ILLNESS

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Entrees

Petit Filet Mignon with a Shitake Mushroom Sauce

Choice Beef Tenderloin Grilled to perfection with a Shitake Mushroom Sauce

Light Veal Marsala

Veal Cutlet Pan Seared in a Light Marsala Wine Sauce with Mushrooms

The Catch of the Day

Chef's Choice of the Freshest Seafood Delivered Daily

Tossed Spinach Salad with Sweet Vinaigrette

Fresh Spinach, Mandarin Orange slices and Candied Almonds tossed in a Sweet Vinaigrette

Grilled Rib Eye Steak or NY Sirloin Steak

Grilled Rib Eye or NY Sirloin Steak Grilled to perfection and topped with a Maitre d'hotel Butter

Chef's Omelet

Your choice of Plain, Cheese or Chef's Omelet of the Day

Tofu and Vegetable Stir fry over Basmati Rice

Stir fry Tofu and Mixed Vegetables in a Oyster Sauce served over Basmati Rice

Fresh Fruit Platter

Sliced Fresh Seasonal Fruit served with Cottage Cheese and Honey

Side Dishes

Baked Potatoes French Fries Brown Rice

Sir Williams Potatoes Steamed Bundle Haricot Verte

Sautéed Summer Squash Stewed Tomatoes Peas

Apple Sauce Cranberry Sauce

Chef's Choice of Delicious Desserts

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