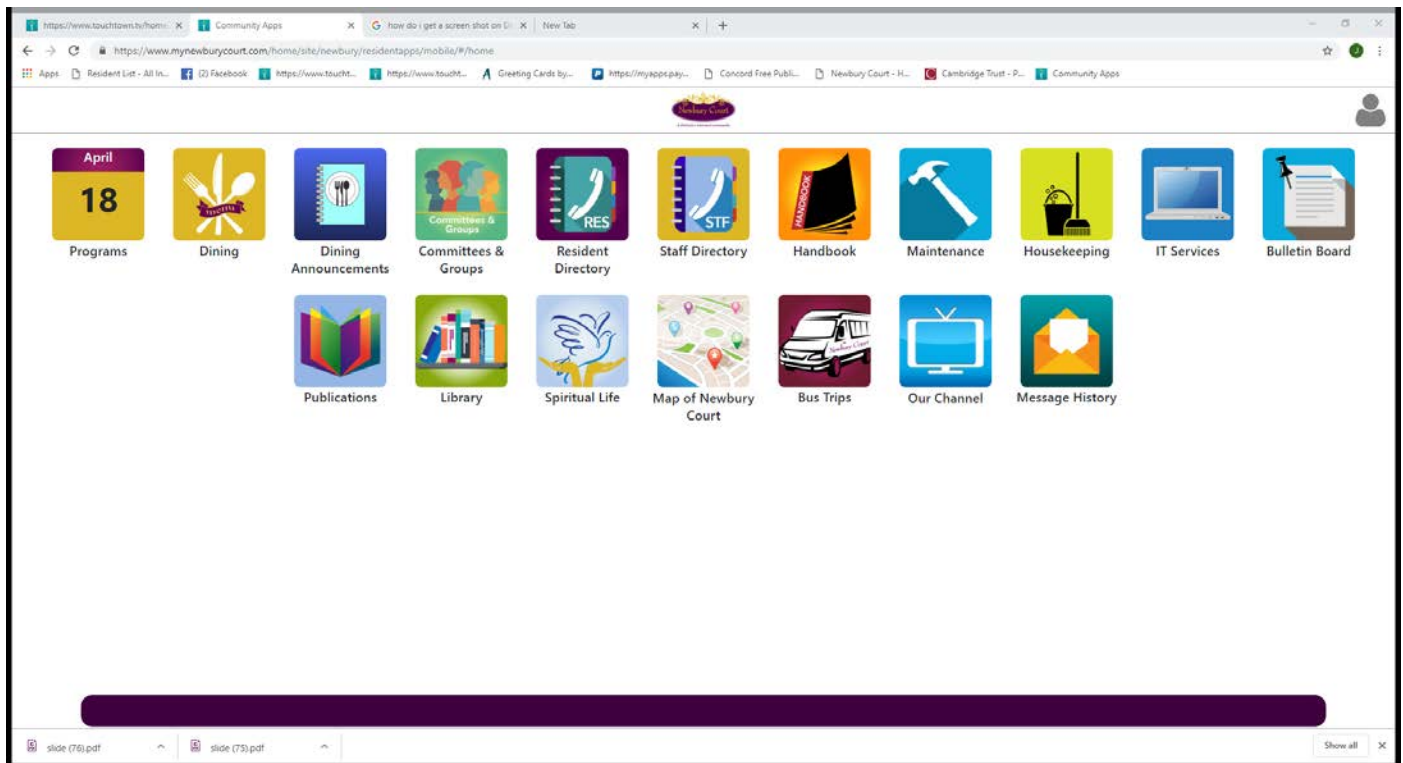




May 2019

Introducing Our "My Newbury Court" App!



Coming in May, the My Newbury Court App will let you see the daily program schedules in advance, the dining menus, resident and staff directories, the library database, the resident handbook and much more.....right on your computer or your mobile device(s) such as your smart phone or tablet!

On May 3rd the Wise Guides will come to give an introduction and help you download the app. See inside for details.

Director of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping Trips:

(Please plan to transport packages to your suite.)

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **May 6: Market Basket May 13: Roche Bros.**

May 20: Trader Joe's May 27: Memorial Day- No transportation

FAQs about Bus Trips

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability. Tickets purchased for an event by the Program Dep't. are for residents only unless otherwise specified by the Program Dep't.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



Bus Trips *~~You must be in the lobby
at least five minutes prior to scheduled departures. ~~*

Friday, May 3, 10:45 AM Transportation to BSO

Saturday, May 4, 3:15 PM Transportation to West Concord Union Church for unveiling of the Art Scramble mural and a free Bluegrass concert. The unveiling of the mural will take place at 3:45 PM with the free concert to follow at 4:00 PM. The concert will be performed by local musicians affiliated with the Concord Conservatory of Music. Several Newbury Court residents took part in creating pieces of the Art Scramble mural. No bus fee.

Sunday, May 5, 12:30 PM Transportation to Concord Land Conservation Trust Spring Walk in Estabrook Woods as a tribute to Marian Thornton. At 1:00 PM, attendees will gather at the home of Lauren and Bill Huyett at 1123 Monument St. for refreshments and some brief words and then if you desire you may go on one of three different walks offered, one of which is a half mile stroll through a meadow and open woods; the other two are longer and have more challenging trail conditions. Look for a flyer in your mail cubby with more details soon. No bus fee.

Tuesday, May 7, 11:00 AM Transportation to Concord Center.
Pick up will be promptly at 1:00 PM. No bus fee.

Mondays, May 6, 13, and 20, 12:30 PM Spring Walks with Sarah and Jill
As always, please keep in mind that these walks are for hardy walkers; those who can walk at a moderate pace for an hour on sometimes very uneven ground.
We must insist on appropriate footwear, which means hiking boots or sturdy athletic shoes that offer support. In April we will most likely encounter mud so keep that in mind as well. Bring a walking stick if you could use the extra support, or try our trekking poles – we have several pairs! Sarah and Jill choose locations in or nearby Concord; some places we go to regularly include stretches of the Battle Road, October Farm, Great Meadows, and the Emerson-Thoreau Amble in the town forest. We arrive back at Newbury Court 2:00 – 2:30 PM. As with all bus trips, please sign up with Transportation. No bus fee.

Friday, May 10, 1:00 PM Trip to Tower Hill Botanic Garden in Boylston for Seven States Daffodil Show.

See top daffodil specimens on display and stroll down to the field of daffodils. We will stay for two hours and will arrive back at Newbury Court at ***approx.*** 5:00 PM. Senior admission is \$11.00. Bus fee: \$5.00.

Tuesday, May 14, 10:00 AM Spring Walk for People with Walkers

We will visit the Acton Arboretum where there are two walking trails accessible for people who use walkers. Much should be flowering this week. Bring a snack if you like, we may stop at one of the picnic tables to rest a short a while. There are also plenty of benches

along the way to stop at and rest. We will arrive back at Newbury Court at **approx.** Noon. Weather permitting. No bus fee. (*Note: we have another “walker walk” planned for 5/28.*)

Thursday, May 16, 12:30 PM Transportation to Indian Hill Music in Littleton for free “Bach’s Lunch” concert, Music of Bing Crosby with Billy Novick, saxophone & clarinet; Justin Meyer, bass; Ted Powers, guitar & vocals.

We have two tables reserved for this show. Each table is allowed to have up to six people only – *therefore this trip will have a maximum number of twelve attendees.* Concert starts at 1:30 PM. Coffee, tea, and cookies are provided by Indian Hill free of charge, **you bring your own bag lunch.** Admission is free. No bus fee.

Friday, May 17, 7:30 PM Transportation to 51 Walden St for Concord Orchestra Pop’s Concert. The program includes Bizet’s *Carmen Suite No. 1*, Debussy *Premiere Rhapsodie*, John Williams’ *Theme from Harry Potter*, Richard Rodgers’ *Sound of Music* and more. Tickets are \$27 in advance or \$30 day of the concert and can be purchased at www.concordorchestra.com or by calling 978.369.4967. No bus fee.

Thursday, May 23, 11:30 AM Trip to Long Hill, Beverly MA. Long Hill is a Trustees of Reservations property with renowned gardens laid out in a series of separate and distinct “rooms” that surround the Federal style brick house once owned by *Atlantic Monthly* publisher Ellery Sedgwick. Our guided tour will be led by senior horticulturist, Dan Bouchard, who says the gardens will be “*beautiful*” on May 23rd. The tour is 60 minutes long over some uneven and sloping grounds so please be a **very sturdy walker**. Our tour is at 1:00 PM so please eat before we leave or bring a snack for the bus. There are many places to sit on the grounds and the tour includes a viewing of the house. Tour fee is 5.00; Bus fee is 15.00.

Tuesday, May 28, 10:00 AM Spring Walk for People With Walkers

We may visit the Acton Arboretum again, or try somewhere else with paved walking paths and benches for resting. We will arrive back at Newbury Court at **approx.** Noon. Weather permitting. No bus fee.

Saturday, June 1, 7:15 PM Transportation to Cary Hall in Lexington for Concord Chorus Spring Concert. They will perform the Fauré Requiem, Mendelssohn’s Psalm 42 and Vom Himmel hoch. Senior ticket price is \$25.00 and can be purchased through members of the chorus who live at Newbury Court.



Music at Newbury Court

Sunday, May 5, 3:30 PM **Harvard Alumni Jazz Band**, Morrison Theatre.

The Harvard Alumni Jazz Band is a 17-piece big band playing music ranging from tunes of the original big band era (Count Basie, Glenn Miller, Duke Ellington) to arrangements by later innovators like Charles Mingus and modern-day big band leaders like Gordon Goodwin. The band consists mostly of alumni from the college's undergraduate jazz bands, with players spanning classes from the 1970's (when the first Harvard Jazz Band was created) to the 2000's.

Thursday, May 9, 3:00 PM **Newbury Court's Got Talent Spring Variety Show**,

Morrison Theatre. Our now annual talent show gets better every year! Come watch the parade of Newbury Court pooches! Thrill to nurses demonstrating martial arts! Listen to fellow residents play piano pieces, sing, recite, and tell jokes! Rest assured there will be much more! Come early to get a seat—this always fills to capacity. We will also be broadcasting it on the channel 918. Sponsored by the Newbury Court Diversity and Inclusion Group.

Saturday, May 11, 5:00 PM **Piano recital for students of Rasa Vitkauskaite**,

Morrison Theatre. Spring Piano Recital featuring students of Rasa Vitkauskaite. Recital will feature piano students of all ages performing a variety of solo and duet repertoire. Program selections span from classical to contemporary.

Wednesday, May 15, 7:30 PM **Singalong with Mel Stiller**, South Café.

Back in March we enjoyed Mel's high-energy style singalong with a songbook that spans Folk, Pop, Broadway musicals, Campfire favorites, Country, and more.

Mel played for nearly 30 years at Jacob Wirth restaurant in Boston's Theater District. He is now at Democracy Brewing (in Boston's Downtown Crossing area), on Friday nights. *Enjoy some wine* while you and Mel croon to "I Left My Heart in San Francisco", "Old Cape Cod", "When Irish Eyes are Smiling" "Que Sera Sera" and "Some Enchanted Evening", just to name a small selection of tunes in Mel's songbooks.

Friday, May 17, 4:00 PM **Concert: "Songs of the Other" with Daniela Tošić and**

Sylvie Zakarian, Morrison Theatre. Mezzo-soprano Daniela Tošić and percussionist Sylvie Zakarian (playing marimba) explore and celebrate the diverse cultural crossroads reflected in Balkan music, and the complex historical tapestry of war, migration, resilience, and shared sorrows and happiness of the many ethnic groups in the region. Come find hope and peace in "Songs of the Other." The program includes works by Gomidas, Hovhaness, Grover, Minkin, and Radan. ***Daniela Tošić***, praised for her "burnished and warm sound" (The Boston Musical Intelligencer), is a soloist and chamber musician who specializes in early, contemporary, and world music repertoires. She is affiliated with Blue Heron as well as Rumbarroco, with whom she visited Newbury Court last year along with Laury Gutierrez. Armenian-Bulgarian ***Sylvie Zakarian***, performing on what is an unconventional instrument for a woman, ardently works to involve the solo marimba into the classical repertoire through the transcription of works from other instruments' established

repertoire. In addition, she has commissioned new music for marimba and is always eager to perform original compositions.

Saturday, May 18, 2:00 PM **Bluegrass Music: High Strung Reunion**, Morrison Theatre. The sound of High Strung Reunion is rooted in the traditions of bluegrass music with influences from the genre's leading contemporary artists. Their repertoire includes selections from the six decade span of the "high-lonesome" sound, plus lively bluegrass arrangements of familiar popular songs. High Strung Reunion performs this material with a passion for the drive, harmony and fun of bluegrass music. The result is an energetic, flat-picking, down-home, entertaining experience. Newbury Court residents William and Lois Edgerly's nephew Jim is one of the founding members of the band.

Saturday, June 1, 7:30 PM **Live Performance of Gilbert & Sullivan's The Mikado**, Morrison Theatre. The Greater Worcester Opera Company comes with a 28 member cast to perform *The Mikado*. Greater Worcester Opera was founded in 2003 by singers formerly associated with Salisbury Lyric Opera Company, with a two-fold mission of opera performance and education. Led by Executive Director Elaine Crane, GWO performs mainstage operas, concerts, and other musical events as well as producing touring operas for students. Most of the artists who perform with GWO are professionally trained singers who attended various conservatories and music programs in the area, and then settled down locally to make their homes in New England.

Art at Newbury Court



Sunday, May 19, 3:00 – 5:00 PM **Art Opening for New Exhibit: Nan Hass Feldman - Dreams, Symbols, and Nature Revisited: Paintings from Abroad.**

Nan is one of the founders of the Danforth Museum of Art in Framingham (MA) and teaches there as well as at the Worcester Art Museum and the Museum of Fine Arts in Boston. Having grown up in Brooklyn, Nan started at three years old taking art classes at the Brooklyn Museum and spending every Saturday of her teen years visiting the Museum of Modern Art and the Metropolitan Museum of Art in Manhattan. Nan has a BFA, an MA, and an MFA in painting and has had over 50 one-person shows, numerous museum exhibits, and received a Massachusetts Arts and Humanities Foundation Award, two Worcester Art Museum Foreign Travel Awards, and a Basil H. Alkazzi International Painting Award. No matter the location, Nan enjoys interpreting everything through her screen of selective seeing, playful detail, heightened color, and bits of fantasy. For Nan, art really is about enhancing and interpreting reality to create a more optimistic, luscious, and joyous world. *This show will be up from April 29 - June 14.*

Monday, May 6, 12:15 PM **Meeting of the Art Committee**, Art Studio South

Thursday, May 9, 1:00 PM **Drawing Demo with Katherine Miller**, So. Living Room

Friday, May 17, 2:00 – 4:00 PM **The Painterly Print: Workshop with Adria Arch**, Art Studio South. Learn to make painterly, one of a kind prints using slower drying acrylic paints. It's fun and easy to learn. We'll explore layering transparent colors and create beautiful textural effects on paper. Any level of art experience is fine - from beginners to experienced artists. All supplies provided. Maximum of 13 participants.
Please RSVP to Katherine Miller, 978.402.8117 or kmiller@newburycourt.org.

Tuesday, May 28, 1:30 -3:30 PM **Open Studio for Crafting**, Arts and Crafts Room. *On the last Tuesday of every month*, Liz Kleiman hosts an open studio in the Arts and Crafts room where residents can work on anything—sketching, quilting, knitting, needlepoint, paper crafts, sewing, crocheting, weaving, stitching etc. in the supportive company of other crafters.

Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

Tuesdays, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG).

Tuesdays, 1:30 - 4:00 PM **Liz and Ted assist in the Pottery Studio** (UG)

Wednesdays, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room
NC resident Liz Kleiman coordinates this beading group.

Thursdays, 9:30 AM -12:00 PM **Liz and Ted assist in the Pottery Studio** (UG)

Thursdays, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).

Special Programs and Monthly Meetings

Wednesday, May 1, 9:00 AM **Men's Breakfast**, Activities Room North
Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, May 1, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. ***Major announcements are made at CCC***, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be

are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

This week, immediately after our meeting a speaker from Care Dimensions will give a talk on the topic of, "Time Well Spent: Visiting a Dementia Patient/Resident."

Wednesday, May 1, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, May 1, 11:00 AM **Knit and Chat**, Arts & Crafts Room

This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, May 1, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**

This week: Apollo Club Singing Group

Wednesday, May 1, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, May 1, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre.

The series continues. We now show **two** 60-minute episodes each Wednesday.

Wednesday, May 1, 3:00 PM **South Food Service Committee Meeting**,

South Private Dining Room. If you wish to join or attend, contact Charlie Harrington, 978.821.7822. (monthly meeting ***usually*** on 1st Wednesday)

Wednesday, May 1, 3:30 PM **Scrabble**, North Living Room

Wednesday, May 1, 7:30 PM **Opera night**, Morrison Theatre. Most Wednesday nights residents Jane Beswick, Betsy Moyer, and Bob Whitman choose and show an opera on DVD. *This week's opera: Maria by Callas*, followed, at about 9:30, by Annual Opera Party, light refreshments.

Thursday, May 2, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday May 2, 10:00 AM **Simple prayer service in observance of the National Day of Prayer and of National Holocaust Remembrance Day**, Duvall Chapel. We will

gather in a spirit of interconnectedness, solidarity, and gratitude for people of all faiths. The message for this year's National Day of Prayer is: "LOVE ONE ANOTHER." We will gather to remember the millions of victims of the Holocaust: Jews who were the primary victims (six million were murdered); Roma and Sinti (Gypsies); people with mental and physical disabilities; Poles targeted for destruction or decimation for racial, ethnic, or national reasons; homosexuals; Jehovah's Witnesses; Soviet prisoners of war, and political dissidents.

Thursday, May 2, 10:00 AM **Executive Committee Meeting**, OPDR

Thursday, May 2, 10:00 AM ***No Mindfulness Meditation this week***

Thursday, May 2, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, May 2, 2:00-3:00 PM **Drop-in Grief Support Group**, Duvall Chapel

Thursday, May 2, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, May 2, 2:30 PM **Conversation and Refreshment**, South Café

On Thursday afternoons, join fellow residents for a chat. Residents can come and go and all are welcome! Come and enjoy cookies, a beverage and most of all, conversation.

Thursday, May 2, 7:30 PM **Thursday Night Movie**, Morrison Theatre

Jim's choice: Scent of a Woman

Friday, May 3, 10:00 AM – 12:00 PM **Special Class on “My Newbury Court” App with the Wize Guides**, Morrison Theatre

Friday, May 3, 10:45 AM Transportation to BSO

Friday, May 3, 11:15 AM ***No Newbury Court Chorus Rehearsal this week***

Friday, May 3, 1:15 PM **Scrabble**, North Living Room

Friday, May 3, 3:00 PM **Women's History Group**, Community Room

Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Saturday, May 4, 2:00 PM **Great Courses Lecture Series: How Jesus Became God**, Morrison Theatre. The series continues. Each Saturday we will show two half-hour lectures.

Saturday, May 4, 3:15 PM Transportation to West Concord Union Church for unveiling of the Art Scramble mural and a free Bluegrass concert.

Saturday, May 4, 7:45 PM **Weekend Movies**, Morrison Th. and Community Room

Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, May 5, 12:30 PM Transportation to Concord Land Conservation Trust Spring Walk in Estabrook Woods as a tribute to Marian Thornton.

Sunday, May 5, 2:00 PM ***No Sunday Movie in the Morrison this week***

Most weekends (but not this one!) the movie that was shown in the Community Room on Saturday night will be shown in the Morrison Theatre on Sunday afternoon.

Sunday, May 5, 3:00 PM **Sunday Afternoon Movie**, Community Room
Each weekend the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Sunday, May 5, 3:30 PM **Harvard Alumni Jazz Band**, Morrison Theatre

Monday, May 6, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.**
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, May 6, 12:15 PM **Meeting of the Art Committee**, Art Studio South

Monday, May 6, 12:30 PM Spring Walk with Sarah and Jill

Monday, May 6, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, May 6, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson's Support Group**, Great Room. The speaker is Dr. Alice Cronin-Golomb, a professor of neuropsychology at Boston University. She will be discussing the non- motor aspects of Parkinson's. If a resident needs help getting to the Parkinson's Support Group please contact Home Health @ ext 127 and they will happily provide assistance. (*monthly meeting on the 1st Monday of the month*)

Monday, May 6, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Tanis Vollmann

Monday, May 6, 3:30 PM **Scrabble**, North Living Room

Monday, May 6, 8:00 PM **A Convivial Colloquim**, South Living Room.
Please join Newbury Court residents Jay Agarwal and Bill Cotter for a stimulating and thoughtful discussion of current events. This is an open forum for all viewpoints where we can share ideas and where we can, as they say... "*disagree without being disagreeable.*" There will be a second meeting on May 20.

Tuesday, May 7, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, May 7, 11:00 AM Transportation to Concord Center.

Tuesday, May 7, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, May 7, 2:00 PM Banking and Library Trip

Tuesday, May 7, 2:00 PM **Mindfulness Meditation with Patricia**, Community Rm

Tuesday, May 7, 2:30 PM **Needle and Chat**, Great Room

Tuesday, May 7, 3:00 PM **Welcome Committee Meeting**, OPDR
(monthly meeting *typically* on 2nd Tuesday, *meeting a week early this month*)

Tuesday, May 7, 4:00 PM **South Library Committee Meeting**, OPDR
(monthly meeting *usually* on 1st Tuesday.)

Wednesday, May 8, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, May 8, 10:00 AM **All Residents' Meeting, "CCC", Community Room**

Wednesday, May 8, 11:00 AM -1:00 PM **Drawing Class**, Art Studio South

Wednesday, May 8, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, May 8, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**
This week: Mass Medical Orders for Life-Sustaining Treatment, talk by Dr. David Green.

Wednesday, May 8, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, May 8, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, May 8, 3:00 PM **North Food Committee Meeting**, Activities Room North.
Contact: Linda Ball (monthly meeting *usually* on 2nd Wednesday)

Wednesday, May 8, 3:30 PM **Scrabble**, North Living Room

Wednesday, May 8, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Mozart's The Magic Flute, Part I.

Thursday, May 9, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, May 9, 10:00 AM **Mindfulness Meditation**, Duvall Chapel.

Thursday, May 9, 1:00 PM **Drawing Demo**, South Living Room

Thursday, May 9, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, May 9, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, May 9, 2:30 PM ***No Conversation and Refreshment this week***

Thursday, May 9, 3:00 PM **Newbury Court's Got Talent Spring Variety Show**, Morrison Theatre.

Thursday, May 9, 7:00 PM **Sudbury Valley Nature Photographers Meeting**, Community Room. SVNP member and Newbury Court resident Mark Hopkins: "Where the Amazon Begins – Assessing the Health and Future of the Peruvian Rainforest." Newbury Court residents are always welcome to attend. Light refreshments. (*second Thursday of the month*)

Thursday, May 9, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Jim's choice: For Whom the Bell Tolls

Friday, May 10, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, May 10, 1:00 PM Trip to Tower Hill Botanic Garden in Boylston for Seven States Daffodil Show.

Friday, May 10, 1:15 PM **Scrabble**, North Living Room

Friday, May 10, 3:00 PM **Jazz Lecture: Jazz Jumps**, Morrison Theatre.
Peter Gerler of "Jazztalks" returns to give his latest talk and says of it, "So it turns out not only is the beat back—it never left. The last decade has seen an international resurgence of early jazz and swing dance among young people—Millennials. They travel long distances to get to the next dance camp or festival. They show up at local dance halls where they rock-step and shuffle to a new generation of terrific young swing bands. It is beautiful to see and hear. Out on the floor, dancers' smiles are plastered all over their faces. "*Jazz Jumps*" offers six pairs of tunes, each pair featuring a century-old band and a 21st-century new band—playing the same song. The program includes video with hot orchestras, vintage photography, with nibbles of narration from yours truly."

Friday, May 10, 3:00 PM ***No Women's History Group this week***

Saturday, May 11, 2:00 PM **Great Courses Lecture Series: How Jesus Became God**, Morrison Theatre

Saturday, May 11, 5:00 PM **Recital for students of Rasa Vitkauskaite**, Morrison Th.

Saturday, May 11, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, May 12, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, May 12, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, May 13, 10:00 AM South Library Committee **Work Meeting**, South Library (monthly meeting is *usually* Monday *after* 1st Tuesday Library meeting)

Monday, May 13, 12:30 PM Spring Walk with Sarah and Jill

Monday, May 13, 3:00 PM **Staged Reading: Prime Time**, Morrison Theatre.
The Play is about Gloria Aran, the star of a soap opera that has been on TV for 40 years. Asked to the Producer's office, she anticipates that they want to describe and pay tribute to her next season, but what they plan for the series is to remove its lead via sudden death because the audience curve reflects a continued decline in audience age. This production stars Annette Miller as Gloria and also includes Lee Mikeska Gardner and Lewis Wheeler. Margaret Morganroth Gullette will facilitate the discussion afterward. We met Gullette last year when she came to discuss her book, *Ending Ageism, or How Not to Shoot Old People*.

Monday, May 13, 3:30 PM ***No Read Aloud Group this week***

Monday, May 13, 3:30 PM **Scrabble**, North Living Room

Tuesday, May 14, 10:00 AM Spring Walk for People with Walkers

Tuesday, May 14, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, May 14, 11:30 AM **Seeking the Spirit**, Activities Room North.
What is prayer? Prayer is one of the most common religious practices across religious traditions, yet it is also one of the most mystifying. How do we (or can we) incorporate it in our daily life? We'll use Anne Lamott's *Help, Thanks, Wow: The Three Essential Prayers* as an inroad into discussing our questions and practices, as well as considering new ways to pray. Whether you pray regularly or are new to the practice, you are welcome! This series will run for five weeks (from May 14 through June 11) on Tuesdays from 11:30-12:30 in the Activities Room North. Please contact Rev. Kristin to purchase a book for \$10; cash or checks made out to NEDA are welcome.

Tuesday, May 14, 1:30 PM **Catholic Mass**, Duvall Chapel

Tuesday, May 14, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, May 14, 2:00 PM **Residents Annual Meeting**, Morrison Theatre.
All residents of Newbury Court and the Chamberlin Apartments are automatically members of Residents Association and are entitled to participate and vote. Please plan to attend. As provided in the By-law, proxy voting is allowed & proxy forms will be provided about a week before the meeting along with the agenda and reports. A flyer will have been placed in your mail cubby with the slate for executive committee nominees.

Tuesday, May 14, 2:00 PM Banking and Library Trip

Tuesday, May 14, 2:00 PM **Mindfulness Meditation with Patricia**, Community Rm

Tuesday, May 14, 2:30 PM **Needle and Chat**, Great Room

Wednesday, May 15, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, May 15, 10:00 AM **All Residents Meeting "CCC"**, Morrison Theatre

Wednesday, May 15, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, May 15, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, May 15, 11:30 AM **Memory Loss Caregivers Support Group**,
North Private Dining Room

Wednesday, May 15, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**
This week: Panel Discussion on Climate.

Wednesday, May 15, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, May 15, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, May 15, 3:30 PM **Scrabble**, North Living Room

Wednesday, May 15, 7:30 PM **Singalong with Mel Stiller**, South Café.

Wednesday, May 15, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Mozart's The Magic Flute, Part II

Thursday, May 16, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, May 16, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, May 16, 12:30 PM Transportation to Indian Hill Music in Littleton for free "Bach's Lunch" concert, Music of Bing Crosby with Billy Novick, saxophone & clarinet; Justin Meyer, bass; Ted Powers, guitar & vocals.

Thursday, May 16, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, May 16, 2:00 PM **Climate Initiative Group**, Community Room

Thursday, May 16, 2:00-3:00 PM **Drop-in Grief Support Group**, Duvall Chapel

Thursday, May 16, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, May 16, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, May 16, 7:30 PM **Chuck Roth Memorial Lecture: Following Peregrine Falcons to Recovery, and Beyond**, Morrison Theatre. For the third annual Chuck Roth lecture, Dr. Thomas W. French will present a lecture and slideshow on Peregrine Falcons. The Peregrine Falcon is known for being the fastest animal on the planet, for being the bird of choice for falconry, and for being one of the best-known victims of DDT. Its dramatic decline in the 1940s through 1960s left the entire eastern U.S. without a single remaining nesting pair. Dr. Tom French's program, illustrated with numerous photos, will review the restoration efforts that have led to the remarkable recovery of this amazing bird to Massachusetts, and show how it has adapted to the modern urban environment. From 1984 until his retirement in March 2019 he served as Director of the Natural Heritage and Endangered Species Program at the Massachusetts Division of Fisheries and Wildlife – providing leadership but also doing much of the critical field work. ***This lecture will be open to the public so we suggest you arrive early if you want a good seat.***

Thursday, May 16, 7:30 PM ***No Thursday Night Movie this month***

Friday, May 17, 10:00 AM **Diversity and Inclusion Group**, South Living Room
(meets on the 3rd Friday of the month)

Friday, May 17, 11:15 AM ***No Newbury Court Chorus Rehearsal this week***

Friday, May 17, 1:00 – 3:00 PM **Wize Guides**, Morrison Theatre

Friday, May 17, 1:15 PM **Scrabble**, North Living Room

Friday, May 17, 2:00 – 4:00 PM **The Painterly Print: Workshop with Adria Arch**, Art Studio South. (RSVP was required)

Friday, May 17, 3:00 PM **Women's History Group**, Community Room

Friday, May 17, 4:00 PM **Concert: Songs of the Other with Daniela Tošić and Sylvie Zakarian**, Morrison Theatre

Friday, May 17, 7:30 PM Transportation to 51 Walden St for Concord Orchestra Pop's Concert.

Saturday, May 18, 2:00 PM **Bluegrass Music: High Strung Reunion**, Morrison Theatre

Saturday, May 18, 2:00 PM ***No Great Courses Lecture Series this week***

Saturday, May 18, 7:45 PM **Weekend Movies**, Morrison Th. ***and*** Community Rm

Sunday, May 19, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, May 19, 3:00 PM **Sunday Afternoon Movie**, Community Room

Sunday, May 19, 3:00 – 5:00 PM **Art Opening for New Exhibit: Nan Hass Feldman - Dreams, Symbols, and Nature Revisited: Paintings from Abroad.**

Monday, May 20, 12:30 PM Spring Walk with Sarah and Jill

Monday, May 20, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, May 20, 2:00 PM **Book Discussion Group**, *Morrison Theatre this month.*
Book to be discussed: *Plain Song* by Kent Haruf.

Monday, May 20, 2:00 PM **Parkinson's Mid-Month Meeting**, Community Room and North Conference Room.

Monday, May 20, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Dick Evans

Monday, May 20, 3:30 PM **Scrabble**, North Living Room

Monday, May 20, 8:00 PM **A Convivial Colloquim**, South Living Room. Please join Newbury Court residents Jay Agarwal and Bill Cotter for a stimulating and thoughtful discussion of current events. This is an open forum for all viewpoints where we can share ideas and where we can, as they say... *"disagree without being disagreeable."*

Tuesday, May 21, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, May 21, 11:30 AM **Seeking the Spirit**, Activities Room North

Tuesday, May 21, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, May 21, 2:00 PM Banking and Library Trip

Tuesday, May 21, 2:00 PM **Mindfulness Meditation with Patricia**, Community Rm

Tuesday, May 21, 2:00-4:00 PM. Great Room **Resident Arts & Crafts Sale.** Four times a year we will have an opportunity for residents (only) to sell their hand-made items---cards, paintings, prints, jewelry, blankets, ceramics, scarfs, wooden items...etc.,etc., Linda Cohen is the contact person for organizing this event. Please let Linda know by email at hglaserandson@comcast.net if you would like to participate and the number of tables you would need. (please try to keep it to one or two). Residents will be responsible for handling all sales transactions.

Tuesday, May 21, 2:30 PM ***No Needle and Chat this week***

Tuesday, May 21, 3:00 PM **Play Reading**, Old Private Dining Room
This week we continue J.B.Priestley's An Inspector Calls

Tuesday, May 21, 3:30 PM **Landscape and Grounds Interest Group**, Community Rm
All are welcome.

Wednesday, May 22, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, May 22, 10:00 AM **All Residents Meeting "CCC"**, Morrison Theatre

Wednesday, May 22, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, May 22, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, May 22, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**
This week: Choices and Resources for After-Death Care.

Wednesday, May 22, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, May 22, 2:30 PM ***No Downton Abbey this week***

Wednesday, May 22, 3:00 PM **Stephen Collins performs "Unlaunched Voices: an Evening with Walt Whitman,"** Morrison Theatre. Stephen returns to perform the one man show that started his career. *Unlaunch'd Voices, an Evening with Walt Whitman* opens with the elderly Whitman on the evening of his seventieth birthday. The audience is a visitor in his room as he prepares for his birthday celebration. Whitman begins to reminisce and to question his success as a man and a poet. He tells us his work has proved to be "less than a failure...." He remembers a mystical experience he had in his thirty-seventh year that inspired him to write poetry.

Wednesday, May 22, 3:30 PM **Scrabble**, North Living Room

Wednesday, May 22, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Norma by Vincenzo Bellini, Part I.

Thursday, May 23, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, May 23, 11:30 AM, Trip to Long Hill, Beverly MA.

Thursday, May 23, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, May 23, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, May 23, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, May 23, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, May 23, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Edith's choice: How to Steal a Million

Friday, May 24, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, May 24, 12:00 PM **Birthday Lunch**, South Dining Room

Friday, May 24, 1:15 PM **Scrabble**, North Living Room

Friday, May 24, 3:00 PM **Women's History Group**, Community Room

Saturday, May 25, 2:00 PM **Great Courses Lecture Series: How Jesus Became God**, Morrison Theatre

Saturday, May 25, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, May 26, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, May 26, 3:00 PM **Sunday Afternoon Movie**, Community Room



Monday, May 27 is Memorial Day

Monday, May 27, 1:00 - 3:30 PM ***No Advanced Watercolor this week***

Monday, May 27, 2:00 PM **Memorial Day Service**, Duvall Chapel

Monday, May 27, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Gordon Lentell

Monday, May 27, 3:30 PM **Scrabble**, North Living Room

Tuesday, May 28, 10:00 AM Spring Walk for People With Walkers

Tuesday, May 28, 10:30 AM **Budget Committee Meeting**, OPDR
(monthly meeting usually on the last Tuesday of the month)

Tuesday, May 28, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, May 28, 1:30 -3:30 PM **Open Studio for Crafting**, Arts and Crafts Room.

Tuesday, May 28, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, May 28, 2:00 PM Banking and Library Trip

Tuesday, May 28, 2:00 PM **Mindfulness Meditation with Patricia**, Community Room

Tuesday, May 28, 2:30 PM **Needle and Chat**, Great Room

Tuesday, May 28, 3:00 PM **Play Reading**, OPDR
This week we continue An Inspector Calls

Tuesday, May 28, 4:00 PM **Program Committee Meeting**, South Living Room.
Our Program Committee Meetings will now be quarterly and will cover Fitness as well.

Wednesday, May 29, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, May 29, 10:00 AM **All Residents Meeting "CCC"**, Morrison Theatre

Wednesday, May 29, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, May 29, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, May 29, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**
This week: Talk by Marcia McClintock Folsom on Jane Austen

Wednesday, May 29, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, May 29, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, May 29, 3:30 PM **Scrabble**, North Living Room

Wednesday, May 29, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Norma by Vincenzo Bellini, Conclusion.

Thursday, May 30, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, May 30, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, May 30, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, May 30, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, May 30, 2:00 PM **Newbury Court Chorus Singalong at Rivercrest**

Thursday, May 30, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, May 30, 4:00 PM **Speaker: AMC President John Judge**, Morrison Theatre.
John Judge is President and Chief Executive Officer of the Appalachian Mountain Club (AMC), the nation's oldest outdoor recreation and conservation organization. He is a nationally recognized leader in the work of getting people active in the outdoors and in conservation stewardship; and a thought leader on the national and international outdoor economy. John will join us for a discussion on the importance of the outdoors, and talk

about some of the Appalachian Mountain Club's work around the region. He is author of the upcoming book *The Outdoor Citizen*, due Spring 2019 by Apollo Publishing.

Thursday, May 30, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Marcia's choice:

Friday, May 31, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, May 31, 1:15 PM **Scrabble**, North Living Room

Friday, May 31, 3:00 PM **Women's History Group**, Community Room

Saturday, June 1, 7:15 PM Transportation to Cary Hall in Lexington for Concord Chorus Spring Concert.

ANNOUNCEMENTS:

"My Newbury Court" App

This month Newbury Court introduces the "My Newbury Court" app, which one can use on a smart phone, a tablet, a laptop, or a desktop computer. It is VERY simple and easy to use.

In the beginning you will have access to all the Programs information, Dining menus, a residents directory, a staff directory, a database of all the books in both libraries, the residents' handbook, a list and description of the various committees and interest groups, past copies of The Courterly, Spiritual Life's newsletters and all the slides that you see on the Touchtown signs and on your TV – which you can read and scroll through *at your own pace*. Coming a bit later will be the option of placing work orders for maintenance, housekeeping and IT help.

On May 3rd from 10:00 AM -12 Noon the Wize Guides will hold an information session in the Morrison Theatre with a demonstration of how the app works and one-on-one instruction on how to download the app to your mobile device or gain access on your computer.

We recognize that not everyone has embraced the newest technology and we want to reassure you that this is a simply an additional way of gaining information – our traditional methods of communication will not disappear.

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The Concierge Desks are going to do a little Spring Cleaning  
of their "Lost and Found" items

On Wednesday, May 15 and Thursday, May 16 the ordinary items that have been languishing in the two Lost and Found areas will be displayed in the Cyber Café for everyone to visit and see if their "lost" item has been "found."  
This will include sweaters and other clothing, eyeglasses, canes, hearing aids etc.

Jewelry, on the other hand, will be kept at Alex Bishop's desk and you may call her and describe what you've lost.

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HEALTH SERVICES ACROSS THE NEWBURY COURT CAMPUS

Director of Health Services: Ellen Levinson (978)505-6213

Resident Health Services (formerly known as *Wellness*) in Newbury Court South is open M-F 10-12 for walk-in (unscheduled) time with a nurse. Residents can also call 978-402-8134 to schedule a nurse office appointment or to request a nurse to visit their suite (for which there is a charge). The nurse on duty weekends can be reached by calling the receptions desks.

FOR ANY EMERGENCY, CALL 911

Ellen Reusch, RN Director x127

Nurse Advocates: Colleen Brophy, RN, Karen Goulakos, RN and Jill Karanian, RN all at ext 134

The Gardens: is an Assisted living community for people living with dementia or related cognitive impairments.

Brenda Pelley, RN, Program Director x323

Erin Dirks, LPN , Resident Care Director x 354

Rivercrest: provides both short-term rehab services and long term(residential) care.

Ellen Levinson, Administrator x362

Nancy LaRock, RN, Director of Nursing x 313

Outpatient rehabilitation services are also available to residents of Newbury Court. For an appointment, please call 978-402-8225

Health Services con't →

PRIVATE HOME CARE: David Price, Director (978) 402-8620

DALS provides assistance (nurse's aides, companions) in residents' homes, including the suites in Newbury Court.

To schedule services, please call (978) 831-2322 24/7

Tuesday, May 28, 9:00 AM – 12:00 PM **Podiatrist**, Salon.

It is necessary to call Dr. Hurwitz's office at 617.256.5839 to make an appointment to be seen. ***If you have not seen Dr. Hurwitz before, you will need to fill out new patient paperwork obtained from Ellen Reusch no later than a week before the next scheduled date.***

Wednesday, May 8, 2:30 – 4:30 PM **Beltone Representative Gary Downey**,

North Conference Room (monthly visit on the 2nd Wednesday of the month)

Receive your complimentary baseline hearing test: 78-861-6340

Tuesday, May 21, 10:00 -11:00 AM **Flynn Associates Hearing Aid Service**

Representative Paul Dole, North Conference Room.

Thursday, May 30, 9:30 AM **Miracle Ear Representative James Condon**,

South Parlor. (monthly visit on last Thursday of month)

Jim will also take calls about setting up your hearing aid to work with our hearing loop technology in the Morrison Theatre: 781.229.9874

Salon services:

Please call the phone numbers below for hours and rates.

Nancy Reagan, hair stylist: 978.314.7793 ***Heather Fullerton

will be filling in for Nancy from May 11th thru May 22nd.

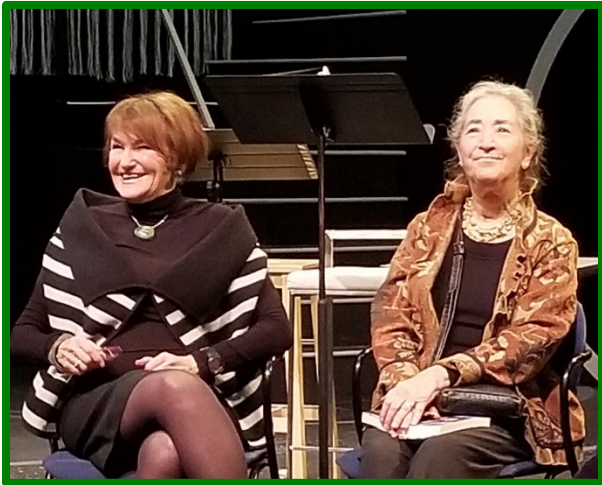
Please call Heather directly to schedule appointment at 978.857.1963.

Donna Plummer, hair stylist: 978.501.4641

Grace D'Italia, hair stylist: 978.729.5608

Christine Lawton, manicurist: 978.302.9253

A quick look at some of the events in May:



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Monday, May 13
Staged Reading,
"Prime Time"
starring Annette Miller
Talk Back facilitated
by Margaret Morganroth Gullette

Thursday, May 16
3rd Annual Chuck Roth
Memorial Lecture
"Following Peregrine Falcons
to Recovery, & Beyond"
with Dr. Thomas W. French



Friday, May 17
"Songs of the Other" concert
with marimba and voice
Sylvie Zakarian and Daniela Tasic

