

# March 2019

## "Shall We Dance" by George & Ira Gershwin

Drop that long face, come on, have your fling  
Why keep nursing the blues?  
If you want this whole world on a string  
Put on your dancing shoes  
Stop wasting time  
Put on your dancing shoes  
Watch your spirits climb

Shall we dance or keep on moping?  
Shall we dance and walk on air?  
Shall we give in to despair  
Or shall we dance with never a care?  
Life is short, we're growing older  
Don't you be an also-ran  
You'd better dance, little lady, dance, little man  
Dance whenever you can



Come to our next Swing Dance Party!  
Will McMillan and the Joe Reid Trio  
return to Newbury Court on Saturday, March 30  
to help us swing in Springtime.  
~ The Lindy Bomb Squad will join us as well ~

Director of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org  
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

**Grocery Shopping Trips:**

**(Please plan to transport packages to your suite.)**

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **March 4: Market Basket March 11: Roche Bros.  
March 18: Trader Joe's March 25: Stop & Shop**

**FAQs about Bus Trips**

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability. Tickets purchased for an event by the Program Dep't. are for residents only unless otherwise specified by the Program Dep't.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



**Bus Trips** *~~Please make a point to be in the lobby at least five minutes prior to scheduled departures. ~~*

**Friday, March 1, 10:45 AM Transportation to BSO**

**Tuesday, March 5, 11:00 AM Transportation to Concord Center.**  
*Pick up will be promptly at 1:00 PM. No bus fee.*

**Friday, March 8, 10:45 AM Transportation to BSO**

**Tuesday, March 19, 11:00 AM Transportation to Verrill Farm. No bus fee.**

**Thursday, March 21, 12:30 PM Transportation to Indian Hill Music in Littleton for free “Bach’s Lunch” concert, Improvisation on Jazz standards, Mike Caudill on saxophone and Christian Tremblay, piano.**

We have two tables reserved for this show. Each table is allowed to have up to six people only – *therefore this trip will have a maximum number of twelve attendees.* Concert starts at 1:30 PM. Coffee, tea, and cookies are provided by Indian Hill free of charge, **you bring your own bag lunch.** Admission is free. No bus fee.

**Friday, March 22, 10:00 AM Trip to Peabody Essex Museum for a guided tour of *Nature’s Nation: American Art and Environment* exhibit.**

*Nature's Nation: American Art and Environment* is the first exhibition to trace environmental awareness in American art over the last three centuries. The exhibit featuring than 100 works, including major paintings, photographs, works on paper, and sculpture drawn from museum and private collections around the country by artists such as Ansel Adams, John James Audubon, Albert Bierstadt, Frederic Edwin Church, Thomas Cole, Winslow Homer, Dorothea Lange, Kent Monkman (Cree), Georgia O’Keeffe, Jacob August Riis, Jaune Quick-to-See Smith (Salish-Kootenai), and Andrew Wyeth compel us to reconsider the relationships between art, the environment and ourselves.

**For this exhibit we have hired a guide and if you sign up for this trip you must stay with the group. The museum has assisted listening devices that will allow you to hear the guide without difficulty. Admission for everyone (regardless of membership status) is \$20.00. Lunch on your own at the museum. Bus fee \$20.00.**

**Tuesday, March 26, 10:00 AM Transportation to the polls at Harvey Wheeler Ctr for annual Concord town election (select board, school comm. etc.)**

**Tuesday, March 26, 2:00 PM Transportation to the polls at Harvey Wheeler Ctr for annual Concord town election (select board, school comm. etc.)**



## **Music at Newbury Court**

Sunday, March 3, 4:00 PM **Bluegrass Music: High Strung Reunion**, Morrison Theatre. The sound of High Strung Reunion is rooted in the traditions of bluegrass music with influences from the genre's leading contemporary artists. Their repertoire includes selections from the six decade span of the "high-lonesome" sound, plus lively bluegrass arrangements of familiar popular songs. High Strung Reunion performs this material with a passion for the drive, harmony and fun of bluegrass music. The result is an energetic, flat-picking, down-home, entertaining experience. Newbury Court residents William and Lois Edgerly's nephew Jim is one of the founding members of the band.

Thursday, March 14, 4:00 PM **Singalong with Mel Stiller**, South Café.

Mel has been playing piano and leading sing-alongs at parties, corporate events, public venues, and senior settings for more than 30 years. He played for two years at the Wine Cellar in Fitchburg, five years at the Mt. Washington Hotel in New Hampshire, and for nearly 30 years at Jacob Wirth restaurant in Boston's Theater District. He is now at Democracy Brewing (in Boston's Downtown Crossing area), on Friday nights.

*Enjoy some wine* while you and Mel croon to "I Left My Heart in San Francisco", "Old Cape Cod", "When Irish Eyes are Smiling" "Que Sera Sera" and "Some Enchanted Evening", just to name a small selection of tunes in Mel's songbooks.

Friday, March 15, 7:15 PM **Laury Gutierrez and La Donna Musicale**, Morrison Theatre.

Laury delighted our audience last year when she brought her band, Rumbarroco.

This time she and La Donna Musicale will be performing a program they call:

***Venetian Baroque: Celebrating Barbara Strozzi***. Music by Barbara Strozzi, Antonia Bembo, Francesco Cavalli, and others. Born four centuries ago in 1619, Barbara Strozzi (1619-1677) was at the heart of the unique and thriving musical culture of Venice. Taught by Francesco Cavalli, the city's most prominent composer, she and Antonia Bembo (ca. 1640-1720) found distinctive ways to sing and to create extraordinarily passionate music. The program includes captivating songs and powerful laments by Barbara Strozzi from several of her eight published books, as well as arias from Antonia Bembo's book *Produzione armoniche* and from Cavalli's *L'Artemisia*.

Combining stirring performances with groundbreaking scholarship, this award-winning ensemble, led by 2009 Radcliffe Institute Fellow Laury Gutiérrez, brings to life music by female composers nearly forgotten by history, vibrant works that have either been long overlooked or only recently discovered - passionate arias, moving laments, and delightful instrumental music.

***Music con't →***

Saturday, March 30, 7:30 PM **Swing Dance Party with Will McMillan and the Joe Reid Trio**, Morrison Theatre. Come dance the night away! Or just sit and listen to the great music that Will McMillan, Joe Reid and their bandmates provide. We have a larger dance floor now, so there will be more room to swing or sway. Providing some youthful energy and encouragement, the dancers from the Lindy Bomb Squad will again be on hand to dance with or alongside of.

Friday, March 29, 4:00 PM **Workingman's Duo**, South Café.

Rick Maida and Tom Yates have become pretty popular here on the Friday afternoons they come to play. Come and enjoy a glass of wine while hearing their renditions of songs made famous by The Kingston Trio, Peter, Paul and Mary, Elvis Presley, Patsy Cline, Hank Williams, Fats Domino and many more.

*Wednesdays*, 1:00 PM **Hand Drumming with Mike Connors**, Community Room.

Mike Connors comes to drum some beat into us! *Mike makes it easy, fun and relaxed.* Open to all levels, this class is beneficial for the beginner or someone who's played any instrument for years; everyone can always improve their relationship with rhythm. Mike Connors studied jazz drumming at Berklee with jazz greats Joe Hunt and Alan Dawson. He has toured internationally and has been involved with several national Broadway tours. We have a limited number of drums, so you are encouraged to bring your own.

## Art at Newbury Court



**Ongoing: Resident and Staff Photography Exhibit**, South Gallery and Morrison Theatre. Newbury Court is holding its fifth campus-wide photography exhibit showcasing work by residents both past and present as well as staff and aides. Please sign our guest book! *This show will be up through mid to late April.*

Monday, March 4, 12:15 PM **Meeting of the Art Committee**, *location TBD*

Thursday, March 14, 1:00 PM **Drawing Demo with Katherine Miller**, So. Living Room

Tuesday, March 26, 1:30 -3:30 PM **Open Studio for Crafting**, Arts and Crafts Room. *On the last Tuesday of every month*, Liz Kleiman will host an open studio in the Arts and Crafts room where residents can work on anything—sketching, quilting, knitting, needlepoint, paper crafts, sewing, crocheting, weaving, stitching etc. in the supportive company of other crafters.

*Mondays*, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

*Tuesdays*, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG).

*Tuesdays*, 1:30 - 4:00 PM **Liz and Ted assist in the Pottery Studio** (UG)

*Wednesdays*, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

*Wednesdays*, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room  
NC resident Liz Kleiman coordinates this beading group.

*Thursdays*, 9:30 AM -12:00 PM **Liz and Ted assist in the Pottery Studio** (UG)

*Thursdays*, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

*Thursdays*, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).



## **Special Programs and Monthly Meetings**

**Friday, March 1, 10:45 AM Transportation to BSO**

Friday, March 1, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, March 1, 1:15 PM **Scrabble**, North Living Room

Friday, March 1, 3:00 PM **Women's History Group**, Community Room  
Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Friday, March 1, 7:00 PM **New Series: The West Wing**, Morrison Theatre  
From 1999-2005 this Emmy Award-winning, powerful, political drama series by created by Aaron Sorkin chronicled the triumphs and travails of White House senior staff under the administration of President Josiah Bartlet. Enjoy it again or see it for the first time! Stars Martin Sheen, Alison Janney, Stockard Channing, Rob Lowe and many others. We will show two episodes at a time, and will schedule this on most Friday nights. Each episode is approx. 45 min. long. There are subtitles.

Saturday, March 2, 2:00 PM **Great Courses Video Lecture Series: The 30 Greatest Orchestral Works**, Morrison Theatre. The series concludes.

Saturday, March 2, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm  
Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, March 3, 11:00 AM **Worship with Communion, Rev. Lilian Warner preaching**, Duvall Chapel

Sunday, March 3, 2:00 PM **No Sunday Movie in the Morrison this week**

Sunday, March 3, 3:00 PM **Sunday Afternoon Movie**, Community Room  
Each weekend the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Sunday, March 3, 3:00 PM **Game Day with boys and girls from Concord Carlisle Youth Hockey Team**, Great Room. See back pages for more info.

Sunday, March 3, 4:00 PM **Bluegrass Music: High Strung Reunion**, Morrison Theatre



Monday, March 4, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.**  
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, March 4, 12:15 PM **Meeting of the Art Committee,** Art Studio South

Monday, March 4, 1:00 - 3:30 PM **Advanced Watercolor,** *location TBD*

Monday, March 4, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson's Support Group,** Great Room. Susanne Liebich comes to lead her Dance for Parkinson's. Light refreshments will be provided. If a resident needs help getting to the Parkinson's Support Group please contact Home Health @ ext 127 and they will happily provide assistance. (*monthly meeting on the 1<sup>st</sup> Monday of the month*)

Monday, March 4, 3:30 PM **Read Aloud Group,** South Living Room.  
The Read Aloud Group meets almost every Monday afternoon and is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers.

*This week's reader: Dick Evans*

Monday, March 4, 3:30 PM **Scrabble,** North Living Room

Tuesday, March 5, 10:30 -11:30 AM **Sketchbook Drawing,** *location TBD*

**Tuesday, March 5, 11:00 AM Transportation to Concord Center.**

Tuesday, March 5, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

**Tuesday, March 5, 2:00 PM Banking and Library Trip**

Tuesday, March 5, 2:00 PM **Mindfulness Meditation with Patricia Howard,**  
Community Room.

Tuesday, March 5, 2:30 PM **Needle and Chat,** Great Room

Tuesday, March 5, 4:00 PM **South Library Committee Meeting,** OPDR  
(monthly meeting *usually* on 1st Tuesday.)



Tuesday, March 5, 7:30 PM **Lecture: Votes for Women: Massachusetts Leaders in the Woman Suffrage Movement.** Barbara Berenson, author of *Massachusetts in the Woman Suffrage Movement: Revolutionary Reformers*, tells the story of the national suffrage movement and gives this state's suffragists the attention they deserve. Long before the Civil War, Lucy Stone and other abolitionists launched the organized women's movement. After the war, state activists founded the Boston-based American Woman Suffrage Association to lead campaigns across the country. Their work laid the foundation for the next generation of suffragists to triumph over tradition.

Barbara earned her undergraduate degree from Harvard College and her law degree from Harvard Law School. She works as a Senior Attorney at the Massachusetts Supreme Judicial Court. She is on the boards of Boston By Foot and the Royall House & Slave Quarters. ***This is the first of a two-part lecture on this subject.***

***Ms. Berenson will return to give the second part March 12.***

Wednesday, March 6, 9:00 AM **Men's Breakfast**, Activities Room North  
Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, March 6, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.  
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. ***Major announcements are made at CCC***, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, March 6, immediately after CCC, **Meet and Greet with Concord Selectman candidate Susan Bates**, Morrison Th. Annabelle Kellogg & Joy Shaw are hosting her.

Wednesday, March 6, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, March 6, 11:00 AM **Knit and Chat**, Arts & Crafts Room  
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, March 6, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**

Wednesday, March 6, 1:00 PM **Hand Drumming w/Mike Connors**, Community Room.

Wednesday, March 6, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, March 6, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre.  
The series continues. We show one 60 minute episode each Wednesday.

Wednesday, March 6, 3:00 PM **Ash Wednesday Service**, Duvall Chapel

Wednesday, March 6, 3:00 PM **South Food Service Committee Meeting**,  
South Private Dining Room. If you wish to join or attend, contact Charlie Harrington,  
978.821.7822. (monthly meeting *usually* on 1<sup>st</sup> Wednesday)

Wednesday, March 6, 3:30 PM **Scrabble**, North Living Room

Wednesday, March 6, 7:30 PM **Opera night**, Morrison Theatre. Most Wednesday  
nights resident Betsy Moyer chooses and shows an opera on DVD.  
*This week's opera: Rigoletto* by Giuseppe Verdi, Part I

Thursday, March 7, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, March 7, 10:00 AM **Executive Committee Meeting**, OPDR

Thursday, March 7, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, March 7, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, March 7, 2:00-3:00 PM **Drop-in Grief Support Group**, Duvall Chapel

Thursday, March 7, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, March 7, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, March 7, 2:30 PM **Conversation and Refreshment**, South Café  
On Thursday afternoons, join fellow residents for a chat. Residents can come and go and  
all are welcome! Come and enjoy cookies, a beverage and most of all, conversation.

Thursday, March 7, 7:30 PM **Distinguished Speaker Series: David Clark on  
The Past and Future of the Internet**, Morrison Theatre.

David Clark is a Concord resident and one of the original designers of the Internet. He will  
talk about some of the key decision points in the history of the Internet that shaped its  
character, and the major forces that are shaping its future. While the designers saw the  
creation of the Internet as a technical challenge, the forces shaping the future are largely  
non-technical—they relate to economics and industrial organization, to social and political  
considerations, to the implications of global reach, and to the reality that some people are  
malicious. This is not a technical talk—if you have used the Internet, this talk should be  
meaningful to you, whether you find the Internet empowering or frustrating.

Thursday, March 7, 7:30 PM ***No Thursday Night Movie this week***

**Friday, March 8, 10:45 AM Transportation to BSO**

Friday, March 8, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, March 8, 1:15 PM **Scrabble**, North Living Room

Friday, March 8, 3:00 PM **Resident Lecture: "Whither the US Economy, Up, Down, or Sideways?"**, Morrison Theatre. How can we predict where it's going when we aren't even sure where it is today? Which developments are temporary and which permanent? Newbury Court resident Marina Whitman will try to untangle some of these twisted threads. Marina Whitman is Professor of Business Administration and Public Policy Emerita, University of Michigan.

Friday, March 8, 3:00 PM ***No Women's History Group this week***

Friday, March 8, 7:00 PM **The West Wing**, Morrison Theatre

Saturday, March 9, 3:00 PM **Irish Step Dancing and Tap Dancing Performance**, Morrison Theatre. The Celtic and performing Companies are a group of dedicated dancers, ages 10-18, mostly girls and a couple of boys, who perform throughout their communities to share their love of dance. These dancers take weekly dance classes in their genre of dance as well as weekly or bi weekly company classes to prepare them for their performances. The dancers have already been featured at the Tsongas Arena, dancing in front of the UMass Lowell basketball and hockey game audiences. They were also featured at Move For the Movement, a dance show that is a charity to raise money for Cancer. The studio they dance out of is called DNE School of dance located in North Chelmsford Massachusetts.

Saturday, March 9, 7:45 PM **Weekend Movies**, Morrison Th. and Community Rm

Sunday, March 10, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, March 10, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, March 11, 10:00 AM South Library Committee **Work Meeting**,  
South Library (monthly meeting is *usually* Monday *after* 1st Tuesday Library meeting)

Monday, March 11, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, March 11, 3:30 PM **Read Aloud Group**, South Living Room.  
*This week's reader: Roger Stoddard*

Monday, March 11, 3:30 PM **Scrabble**, North Living Room

Tuesday, March 12, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, March 12, 11:30 AM **Seeking the Spirit**, Activities Room North.  
Beginning in March, *Seeking the Spirit* steps into the season of Lent. **Every Tuesday in Lent (March 12, 19 & 26 and April 2, 9 & 16)**, from 11:30 -12:30 in the Activities Room North we will meet and engage in spiritual reflection with help from United Methodist Pastor Rev. Trevor Hudson and his unique devotional, *Pauses for Lent: 40 Words for 40 Days*. Each day during Lent, we will pause to focus on one word, one Bible verse, a short reflection with prayer. As Pastor Hudson says, we'll gather to "share how God may be speaking to us through the word for the day." Please RSVP with Sarah (978-402-8240) ASAP! Books are \$5 (Checks payable to "NEDA")

Tuesday, March 12, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, March 12, 1:30 PM **Catholic Mass**, Duvall Chapel  
*Imposition of ashes from the priest will be available.*

**Tuesday, March 12, 2:00 PM Banking and Library Trip**

Tuesday, March 12, 2:00 PM **Mindfulness Meditation w/Patricia**, Community Rm.

Tuesday, March 12, 2:30 PM **Needle and Chat**, Great Room

Tuesday, March 12, 3:00 PM **Play Reading**, South Living Room  
This week we will start "*The Man Who Came to Dinner*"

Tuesday, March 12, 3:00 PM **Welcome Committee Meeting**, OPDR  
*(monthly meeting on 2<sup>nd</sup> Tuesday; please note room change.)*

Tuesday, March 12, 7:30 PM **Lecture: Votes for Women: Massachusetts Leaders in the Woman Suffrage Movement.** This is the second half of a two-part lecture. Barbara Berenson came on March 5 to deliver the first part.

Wednesday, March 13, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, March 13, 10:00 AM **All Residents' Meeting, "CCC"**, Community Room

Wednesday, March 13, 11:00 AM -1:00 PM **Drawing Class**, Art Studio South

Wednesday, March 13, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, March 13, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**

Wednesday, March 13, 1:00 PM **Hand Drumming with Mike Connors**, Community Room.

Wednesday, March 13, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, March 13, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, March 13, 3:30 PM **Scrabble**, North Living Room

Wednesday, March 13, 7:30 PM **Opera night**, Morrison Theatre

*This week's opera: Rigoletto* by Giuseppe Verdi, Conclusion.

Thursday, March 14, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, March 14, 10:00 AM **Mindfulness Meditation**, Duvall Chapel.

Thursday, March 14, 1:00 PM **Drawing Demo**, South Living Room

Thursday, March 14, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, March 14, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, March 14, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, March 14, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, March 14, 4:00 PM **Singalong with Mel Stiller**, South Café.

Thursday, March 14, 7:00 PM **Sudbury Valley Nature Photographers Meeting**,  
Community Room SVNP member Ed McGuirk will give a tutorial on photographing details  
in nature using Macro photography techniques. Newbury Court residents are always  
welcome to attend. Light refreshments. (second Thursday of the month)

Thursday, March 14, 7:30 PM **Thursday Night Movie**, Morrison Theatre

*Jim's choice: Battle of Britain*

Friday, March 15, 10:00 AM **Diversity and Inclusion Group**, South Living Room  
(meets on the 3<sup>rd</sup> Friday of the month)

Friday, March 15, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, March 15, 1:15 PM **Scrabble**, North Living Room.

Friday, March 15, 3:00 PM **Women's History Group**, Community Room

Friday, March 15, 7:00 PM ***No West Wing this week***

Friday, March 15, 7:15 PM **Laury Gutierrez and La Donna Musicale**, Morrison Th.

Saturday, March 16, 3:00 PM **Stephen Collins Performs: Irish Voices**, Morrison Theatre. They call it The Norton Anthology of English Literature and yet many of the writers included were born in Ireland. The commonality, of course, is the English language but there are vast cultural differences which will be explored in this performance. A great deal of Irish writing deals with the land, the past, the church, and the changing political landscape. Yeats, Joyce, Heaney, McCourt, and other prominent writers are represented in this dramatic offering.

Saturday, March 16, 7:45 PM **Weekend Movies**, Morrison Th. **and** Community Rm

Sunday, March 17, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, March 17, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, March 18, 2:00 PM **Parkinson's Mid-Month Meeting**, Community Room and North Conference Room.

Monday, March 18, 3:30 PM **Read Aloud Group**, South Living Room  
*This week's reader: Lynn Stroud*

Monday, March 18, 3:30 PM **Scrabble**, North Living Room

Tuesday, March 19, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

**Tuesday, March 19, 11:00 AM Transportation to Verrill Farm.** No bus fee.

Tuesday, March 19, 11:30 AM **Seeking the Spirit**, Activities Room North.

Tuesday, March 19, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

**Tuesday, March 19, 2:00 PM Banking and Library Trip**

Tuesday, March 19, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Community Room.

Tuesday, March 19, 2:30 PM **Needle and Chat**, Great Room

Wednesday, March 20, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, March 20, 10:00 AM **All Residents Meeting "CCC"**, Morrison Theatre

Wednesday, March 20, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, March 20, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, March 20, 11:30 AM **Memory Loss Caregivers Support Group**,  
North Private Dining Room

Wednesday, March 20, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**

Wednesday, March 20, 1:00 PM **Hand Drumming with Mike Connors**,  
Community Room.

Wednesday, March 20, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, March 20, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, March 20, 3:00 PM **North Food Committee Meeting**, Activities Room  
North. Contact: Linda Ball (monthly meeting *usually* on 2<sup>nd</sup> Wednesday)

Wednesday, March 20, 3:30 PM **Scrabble**, North Living Room

Wednesday, March 20, 7:30 PM **Opera night**, Morrison Theatre  
*This week's opera: Simon Boccanegra* by Giuseppe Verdi, Part I.

Thursday, March 21, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, March 21, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

**Thursday, March 21, 12:30 PM Transportation to Indian Hill Music in Littleton for free “Bach’s Lunch” concert, Improvisation on Jazz standards, Mike Caudill on saxophone and Christian Tremblay, piano.**

Thursday, March 21, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, March 21, 2:00 PM **Climate Initiative Group**, Community Room

Thursday, March 21, 2:00 PM **Meet and Mingle**, Great Room  
Come and meet our newest residents and mingle with others you haven't met yet!

Thursday, March 21, 2:00-3:00 PM **Drop-in Grief Support Group**, Duvall Chapel

Thursday, March 21, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, March 21, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, March 21, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, March 21, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Klaus's choice: Children of Men*



**Friday, March 22, 10:00 AM Trip to Peabody Essex Museum for a guided tour of *Nature's Nation: American Art and Environment* exhibit.**

Friday, March 22, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, March 22, 1:15 PM **Scrabble**, North Living Room

Friday, March 22, 2:00 PM **Newbury Court Chorus Sing-a-Long at Rivercrest**

Friday, March 22, 3:00 PM **Women's History Group**, Community Room

Friday, March 22, 7:00 PM **The West Wing**, Morrison Theatre

Saturday, March 23, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, March 24, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, March 24, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, March 25, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, March 25, 2:00 PM **Book Discussion Group**, Community Room.  
Book to be discussed: *How It All Began* by Penelope Lively.

Monday, March 25, 3:30 PM **Read Aloud Group**, South Living Room.  
*This week's reader: Hector Montesino*

Monday, March 25, 3:30 PM **Scrabble**, North Living Room

**Tuesday, March 26, 10:00 AM Transportation to the polls at Harvey Wheeler Ctr for annual Concord town election (select board, school comm. etc.)**

Tuesday, March 26, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, March 26, 11:30 AM **Seeking the Spirit**, Activities Room North

Tuesday, March 26, 1:30 -3:30 PM **Open Studio for Crafting**, Arts and Crafts Room.

Tuesday, March 26, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

**Tuesday, March 26, 2:00 PM Banking and Library Trip**

**Tuesday, March 26, 10:00 AM Transportation to the polls at Harvey Wheeler Ctr for annual Concord town election (select board, school comm. etc.)**

Tuesday, March 26, 2:00 PM **Mindfulness Meditation with Patricia Howard** ,  
Community Room.

Tuesday, March 26, 2:30 PM **Needle and Chat**, Great Room

Tuesday, March 26, 3:00 PM **Play Reading**, OPDR  
This week we continue "*The Man Who Came to Dinner*"

Wednesday, March 27, 9:00 AM **Men's Breakfast** , Activities Room North

Wednesday, March 27, 10:00 AM **All Residents Meeting "CCC"** , Morrison Theatre

Wednesday, March 27, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, March 27, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, March 27, 12 noon **Channel 8 Broadcast of Newbury Court  
presentation.**

Wednesday, March 27, 1:00 PM **Hand Drumming w/Mike Connors**, Community Room.

Wednesday, March 27, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, March 27, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, March 27, 3:30 PM **Scrabble**, North Living Room

Wednesday, March 27, 7:30 PM **Opera night**, Morrison Theatre  
*This week's opera: Simon Boccanegra* by Giuseppe Verdi, Conclusion

Thursday, March 28, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, March 28, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, March 28, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, March 28, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, March 28, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, March 28, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, March 28, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Edith's choice: TBD*

Friday, March 29, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, March 29, 12:00 PM **Birthday Lunch**, South Dining Room

Friday, March 29, 1:00 – 3:00 PM **Wize Guides**, Morrison Theatre

Friday, March 29, 1:15 PM **Scrabble**, North Living Room

Friday, March 29, 3:00 PM **Women's History Group**, Community Room

Friday, March 29, 4:00 PM **Workingman's Duo**, South Café

Friday, March 29, 7:00 PM **The West Wing**, Morrison Theatre

Saturday, March 30, 7:30 PM **Swing Dance Party with Will McMillan and the Joe Reid Trio**, Morrison Theatre.

Saturday, March 30, 7:45 PM ***No Saturday Night Movies this week***

Sunday, March 31, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, March 31, 3:00 PM **Sunday Afternoon Movie**, Community Room

## **HEALTH SERVICES ACROSS THE NEWBURY COURT CAMPUS**

Director of Health Services: Ellen Levinson (978)505-6213

Resident Health Services (formerly known as *Wellness*) in Newbury Court South is open M-F 10-12 for walk-in (unscheduled) time with a nurse. Residents can also call 978-402-8134 to schedule a nurse office appointment or to request a nurse to visit their suite (for which there is a charge). The nurse on duty weekends can be reached by calling the receptions desks.

**FOR ANY EMERGENCY, CALL 911**

Ellen Reusch, RN Director x127

Nurse Advocates: Colleen Brophy, RN, Karen Goulakos, RN and Jill Karanian, RN all at ext 134

**The Gardens:** is an Assisted living community for people living with dementia or related cognitive impairments.

Brenda Pelley, RN, Program Director x323

Erin Dirks, LPN , Resident Care Director x 354

**Rivercrest:** provides both short-term rehab services and long term(residential) care.

Ellen Levinson, Administrator x362

Nancy LaRock, RN, Director of Nursing x 313

Outpatient rehabilitation services are also available to residents of Newbury Court. For an appointment, please call 978-402-8225

**PRIVATE HOME CARE:** Hector Montesino, Director (978)402-8620

DALS provides assistance (nurse's aides, companions) in residents' homes, including the suites in Newbury Court.

To schedule services, please call (978)831-2322 24/7

*Health services con't next page*

Tuesday, March 5, 9:00 AM – 12:00 PM **Podiatrist**, Salon.

It is necessary to call Dr. Hurwitz's office at 617.256.5839 to make an appointment to be seen. ***If you have not seen Dr. Hurwitz before, you will need to fill out new patient paperwork obtained from Ellen Reusch no later than a week before the next scheduled date.***

Wednesday, March 13, 2:30 – 4:30 PM **Beltone Representative Gary Downey**, North Conference Room (monthly visit on the 2<sup>nd</sup> Wednesday of the month)

Tuesday, March 19, 10:00 -11:00 AM **Flynn Associates Hearing Aid Service Representative Paul Dole**, North Conference Room.

Thursday, March 28, 9:30 AM **Miracle Ear Representative James Condon**, South Parlor. (monthly visit on last Thursday of month)

***Jim will also take calls about setting up your hearing aid to work with our hearing loop technology in the Morrison Theatre: 781.229.9874***

## DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only. Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

**Special Meal Pricing** will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply



**Our local Concord cable station, Channels 8, 9, and 10, has been taken over by the town of Concord. Until the new website is completed, with links to video-on-demand, etc., residents may access Newbury Court programs on their computers through YouTube.com. We will keep you posted.**

# A quick look at some of the events in March:

Sunday March 3  
High Strung Reunion  
Bluegrass band →



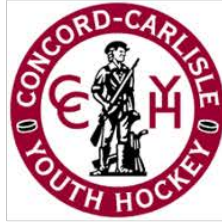
← Two Tuesdays, March 5 & 12  
Barbara F. Berenson  
Lectures on Women's Suffrage

Saturday, March 9 →  
Irish Step Dancing and  
Tap Dancing performance





# Join us for Game Day (Scrabble, Checkers and Playing Cards)



You have been invited to come and enjoy the wonderful and upbeat energy of 8 to 10 year old boys and girls. They are the Concord Carlisle Youth Hockey Team and they want to play scrabble, cards and checkers with you

Sunday January 27th & Sunday March 3<sup>rd</sup> at 3 pm in the Great Room in the South Building

**Please RSVP to Volunteer Coordinator Rita Staniar at 978-394-4752 or email [rstaniar@newburycourt.org](mailto:rstaniar@newburycourt.org)**

