

SUNDAY WORSHIP CAN BE VIEWED ON CHANNEL 918 ON YOUR TV

# July 2018 Spiritual Life Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 11:00 - Ecumenical Worship Service with Communion, Chapel 11:20 - Catholic Communion, Community Room	2 <b>Kristin &amp; Sarah both off campus</b> <b>Kristin on-call</b>	3 9:00 - Manager's Meeting 12:00 - Picnic Meal & Reading of the Declaration of Independence, Peabody Overlook <b>No Meditation Class at 2pm</b>	4 9:00 - Manager's Meeting 3:30 - Rivercrest Holy Communion <b>Happy Fourth of July!</b>	5 9:00 - Manager's Meeting <b>No meditation class at 10am</b> 10:30 - Rivercrest Circle of Faith 2:15 - Gardens Sing-a-long	6 9:00 - Manager's Meeting 11:00 - Newbury Court Chorus Rehearsal, Chapel	7 1:30 - 9:00 - Center for American Studies events, Chapel
8 11:00 - Ecumenical Worship Service, Chapel 11:20 - Catholic Communion, Community Room	9 9:00 - Manager's Meeting 2:15 - Gardens Circle of Faith	10 9:00 - Manager's Meeting <b>1:30 - Catholic Mass, Chapel</b>  2:00 - Meditation, Community Room	11 9:00 - Manager's Meeting 3:30 - Rivercrest Holy Communion <b>7:00 - Center for American Studies event, Chapel</b>	12 9:00 - Manager's Meeting 10:00 - Meditation, Chapel 10:30 - Rivercrest Circle of Faith 2:15 - Gardens Sing-a-long	13 9:00 - Manager's Meeting 11:00 - Newbury Court Chorus Rehearsal, Chapel	14
15 11:00 - Ecumenical Worship Service, Chapel 11:20 - Catholic Communion, Community Room	16 9:00 - Manager's Meeting 2:15 - Gardens Circle of Faith	17 9:00 - Manager's Meeting 2:00 - Meditation, Community Room	18 9:00 - Manager's Meeting	19 9:00 - Manager's Meeting 10:00 - Meditation, Chapel 2:15 - Gardens Sing-a-long	20 11:00 - Newbury Court Chorus Rehearsal, Chapel <b>2:00 - Newbury Court Chorus Sing-a-long, Rivercrest</b> <b>Kristin &amp; Sarah both off campus</b> <b>Sarah on-call</b>	21
22 <b>11:00 - Ecumenical Worship Service with guest preacher Nancy Haynes, Chapel</b> 11:20 - Catholic Communion, Community Room	23 9:00 - Manager's Meeting 2:15 - Gardens Circle of Faith	24 9:00 - Manager's Meeting 2:00 - Meditation, Community Room	25 9:00 - Manager's Meeting 3:30 - Rivercrest Holy Communion	26 9:00 - Manager's Meeting 10:00 - Meditation, Chapel 10:30 - Rivercrest Circle of Faith 2:15 - Gardens Sing-a-long	27 9:00 - Manager's Meeting 11:00 - Newbury Court Chorus Rehearsal, Chapel <b>11:00 - Memorial Service for Dorothy Arnold, Trinity Episcopal Church in Concord</b> 	28
29 11:00 - Ecumenical Worship Service, Chapel 11:20 - Catholic Communion, Community Room	30 9:00 - Manager's Meeting 2:15 - Gardens Circle of Faith	31 9:00 - Manager's Meeting 2:00 - Meditation, Community Room			<p align="center"><b>Spiritual Life Department Staff</b></p> <p align="center"><b>Rev. Sarah Hathaway, Chaplain &amp; Director</b> Office: (978) 402-8240 Cell: (978) 394-3774 shathaway@newburycourt.org</p> <p align="center"><b>Rev. Kristin Rinehimer, Chaplain</b> Office: (978) 402-8238 Cell: (978) 844-3149 krinehimer@newburycourt.org</p>	



## WORSHIP WITH US!

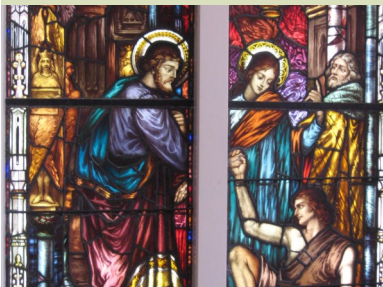
Sundays at  
11:00 AM in  
Duvall Chapel

*or*

11:20 AM  
Catholic  
Communion in  
Community Room

*or*

Channel 918  
on your TV



## Getting Old

by Pastor Steve Garnaas-Holmes  
(St. Matthew's United Methodist Church, Acton MA)

Today I turn 65.

When Medicare was invented, 65 was old.  
If I'm over the hill, I'm loving the ride.

Seems to me what we learn from aging  
is pretty much what Jesus was teaching.  
Finding God's grace in loss of power.

Slowing down.

Knees aren't everything.

Seeking joy in relationships, not things.

Forgiving yourself.

Trusting second chances. And third.

The wisdom of lived experience that overrules rules.

The grace of ripening.

Being present. Moving on.

Feeling the living presence of the unseen.

Courage to be gentle, and the firmness in that.

Blessing in dependency.

Befriending death.

Being OK with being drawn into a transcendent mystery.

Allowing change. Accepting loss.

Being a seed, slowly breaking open.

Knowing grace keeps coming in new ways.

Appreciating, not acquiring.

Being, not accomplishing.

Letting God do in you what you couldn't.

Beauty that has nothing to do with strength.

Confidence that weakness is not weakness at all.

Love of mercy.

Trusting that as your outer nature wastes away  
your inner nature is being renewed day by day.

And ice cream. Jesus was all about that.

If there's one thing I've learned in 65 years, it this:

Treats for everybody.

Have some on me.