



February 2019



I KNOW SOMEONE by Mary Oliver (1935-2019)

I know someone who kisses the way
a flower opens, but more rapidly.
Flowers are sweet.
They have short, beatific lives.
They offer much pleasure.
There is nothing in the world that
can be said against them.
Sad, isn't it, that all they can kiss
is the air.
Yes, yes! We are the lucky ones.

Director of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping Trips:

(Please plan to transport packages to your suite.)

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **February 4: Market Basket February 11: Roche Bros.
February 18: Trader Joe's February 25: Stop & Shop**

FAQs about Bus Trips

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability. Tickets purchased for an event by the Program Dep't. are for residents only unless otherwise specified by the Program Dep't.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



Bus Trips *~~Please make a point to be in the lobby at least five minutes prior to scheduled departures. ~~*

Friday, February 1, 10:45 AM Transportation to BSO

Saturday, February 2, 1:00 PM “Building the Arts” Open House at Umbrella Community Arts Center, Concord. Jessie will take you to see their new gallery and ceramics studios and you can explore their new maker space and workshop spaces. No bus fee.

Tuesday, February 5, 10:00 AM Trip to Serendipity Café in Maynard to view Paintings by MM Alvarez and Vivian Benedict on display. No bus fee.

Thursday, February 7, 10:00 AM Guided Tour of Trinity Church in Boston.

Trinity Church is recognized for its National Historic Landmark building, considered by members of the American Association of Architects as one of this country’s top 10 buildings. The parish that calls it home was actually founded in 1733, more than 150 years before the current church was built. The builders of the existing Trinity Church—Phillips Brooks, H. H. Richardson, John La Farge, Robert Treat Paine, Sarah Wyman Whitman and many others—envisioned the new space for worship unlike any other. The stunning result catapulted this new church building into the first rank of American art and architecture. *We will be given a one hour guided tour of the church and we will have many opportunities to sit. The church is fully accessible.* Tour is \$8.00 for seniors. Bus fee: \$15.00. Lunch out afterward.

Thursday, February 7, 7:30 PM Transportation to 51 Walden St. for Senior Dress Rehearsal of Concord Players’ production, “The Country House” by Donald Margulies. A brood of famous and longing-to-be-famous creative artists have gathered at their summer home during the Williamstown Theatre Festival. When the weekend takes an unexpected turn, everyone is forced to improvise, inciting a series of simmering jealousies, romantic outbursts, and passionate soul-searching. Both witty and compelling, The Country House provides a piercing look at a family of performers coming to terms with the roles they play in each other’s lives. No bus fee.

Friday, February 8, 10:45 AM Transportation to BSO

Tuesday, February 12, 11:00 AM Transportation to West Concord.
Pick up will be promptly at 1:00 PM. No bus fee.

Thursday, February 14, 12:30 PM Transportation to Indian Hill Music in Littleton for free “Bach’s Lunch” concert, an all-Beethoven cello and piano program. We have two tables reserved for this show. Each table is allowed to have up to six people only – *therefore this trip will have a maximum number of twelve attendees.* Concert starts at 1:30 PM. Coffee, tea, and cookies are provided by Indian Hill free of charge, **you bring your own bag lunch.** Admission is free. No bus fee.

Friday, February 15, 10:45 AM Transportation to BSO

Tuesday, February 26, 11:00 AM Transportation to Verrill Farm.. No bus fee.

Thursday, February 28, 1:00 PM Trip to The Butterfly Place in Westford.

The Butterfly Place has regional & tropical butterflies, birds & koi fish housed in an indoor garden with a walking path. Even if you don't know an Ornithoptera priamus from a Zebra Swallowtail you'll enjoy this warm respite from winter's chill and absence of life.

Butterflies fly around you and sometimes alight (if you sit still.) The walking path is pleasant and there are many benches to sit on and simply soak up the scene.

Discounted senior admission is \$7.00. No bus fee.



Music at Newbury Court

Sunday, February 3, 3:00 PM **Live Operatic Performance**, Morrison Theatre.
Alan Yost presents an afternoon of selections from the operatic repertoire featuring six or seven singers from Concord's Opera 51.

Wednesdays starting on February 6, 1:00 PM **Hand Drumming with Mike Connors**, Community Room. Mike Connors returns to drum some beat into us! *Mike makes it easy, fun and relaxed.* Open to all levels, this class is beneficial for the beginner or someone who's played any instrument for years; everyone can always improve their relationship with rhythm. Mike Connors studied jazz drumming at Berklee with jazz greats Joe Hunt and Alan Dawson. He has toured internationally and has been involved with several national Broadway tours. We have a limited number of drums, so you are encouraged to bring your own.

Tuesday, February 12, 3:00 PM **Solo Piano Recital: Clare Longendyke**, Morrison Theatre. Clare Longendyke is a passionate soloist and chamber musician recognized for her colorful musicality, technical fluency, and ability to interpret repertoires across the musical spectrum. Clare has performed solo and chamber music recitals across Europe and North America and has won 1st place prizes in national competitions in Minnesota, Indiana, Illinois, and Massachusetts. An active performer of new music, she has premiered over 75 new works since 2012. Clare is a founding member of the Uproar Duo, the Longendyke/Wollman Viola and Piano Duo, and is the founder and Artistic Director of Music in Bloom, a new performance festival dedicated to the music of our time. Through her solo and ensemble work, she has worked with and performed the music of living composers Joan Tower, Frederic Rzewski, Tom Cipullo, Scott Wheeler, Gabriela Lena Frank, Vivian Fung, and Joseph Schwantner, among many others. Clare holds degrees from the Boston University College of Fine Arts, the École Normale de Musique in Paris, France, and Indiana University. She currently lives in Indianapolis and is a Doctoral Candidate in Music at Indiana University's Jacobs School of Music. Clare is a Lecturer of Music in Piano at Franklin College. She will perform a program of Beethoven, Ravel and Rachmaninov.

Friday, February 22, 4:00 PM **Workingman's Duo**, South Café.
Rick Maida and Tom Yates have become pretty popular here on the Friday afternoons they come to play. Come and enjoy a glass of wine while hearing their renditions of songs made famous by The Kingston Trio, Peter, Paul and Mary, Elvis Presley, Patsy Cline, Hank Williams, Fats Domino and many more.

Sunday, February 24, 3:00 PM **Boston Symphony Orchestra Chamber Quintet**, Morrison Theatre. 60 minute concert with no intermission. Reception to follow.
Stay tuned for important details!

Art at Newbury Court



Monday, February 4, 12:15 PM **Meeting of the Art Committee**, Art Studio South

Wednesday, February 13, immediately after CCC: **Introduction to Drawing Workshop**, Morrison Theatre. Please come join Katherine Miller after CCC for an introduction to drawing in a workshop format. No experience necessary. Come with an open mind! Katherine will lead you through a drawing exercise using shapes as inspiration. There will be other resident artists from Katherine's drawing class to assist and answer any questions. By the end you will have created a beautiful drawing of mountains and water using colored pastels.

Thursday, February 14, 1:00 PM **Drawing Demo with Katherine Miller**, South Living Room.

Thursday, February 14, 3:00 -5:00 PM **Opening for Resident and Staff Photography Exhibit**, South Gallery. Newbury Court is holding its fifth campus-wide photography exhibit showcasing work by residents both past and present as well as staff and aides. *This show will be up from February 12 through mid to late April.*

Friday, February 15, 12:00 -2:30 PM. **Glass Fusing Workshop**, Art Studio South
In this workshop we will explore the art of fused glass by creating a colorful glass sun catcher for your window. The first part of class will focus on design and layout, while hands-on working with the glass will finish the workshop. Although the instructor will prep pre-cut pieces to work with, the course will be flexible enough to learn cutting and grinding of glass if desired. Projects will be fired in a kiln offsite—please allow 1-2 weeks for your pieces to be delivered back. Instructor: Tracy Bull, Studio Artist, The Umbrella Community Art Center. ***Flyer was placed in residents' cubbies on January 18. Sign up is limited; please check with Jessie to see if space is available.***

Tuesday, February 26, 1:30 -3:30 PM **Open Studio for Crafting**, Arts and Crafts Room. Starting this month and continuing on the last Tuesday of every month, Liz Kleiman will host an open studio in the Arts and Crafts room where residents can work on anything—sketching, quilting, knitting, needlepoint, paper crafts, sewing, crocheting, weaving, stitching etc. in the supportive company of other crafters.

Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

Tuesdays, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG).

Tuesdays, 1:30 - 4:00 PM **Liz and Ted assist in the Pottery Studio** (UG)

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Wednesdays, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room
NC resident Liz Kleiman coordinates this beading group.

Thursdays, 9:30 AM -12:00 PM **Liz and Ted assist in the Pottery Studio** (UG)

Thursdays, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).



Special Programs and Monthly Meetings

Friday, February 1, 10:45 AM Transportation to BSO

Friday, February 1, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, February 1, 1:15 PM **Scrabble**, North Living Room

Friday, February 1, 3:00 PM **At the Wall: A Panel Presentation**, Morrison Theatre. Rachel Wheeler (Newbury Court resident Joe Wheeler's daughter) along with a few of her fellow parishioners from Concord's First Parish will speak about their recent visit to the border wall. They will share stories of their experiences witnessing court deportation hearings, visiting a detention center, hiking in the desert and speaking to numerous people affected by the border militarization. Sponsored by the Diversity and Inclusion Group.

Friday, February 1, 3:00 PM ***No Women's History Group this week***

Saturday, February 2, 1:00 PM "Building the Arts" Open House at Umbrella Community Arts Center, Concord

Saturday, February 2, 2:00 PM **Great Courses Video Lecture Series: The 30 Greatest Orchestral Works**, Morrison Theatre. The series continues. We show one lecture every Saturday. There are 10 lectures left, 46 minutes each.

Saturday, February 2, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm
Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, February 3, 2:00 PM ***No Sunday Movie in the Morrison this week***

Sunday, February 3, 3:00 PM **Live Operatic Performance**, Morrison Theatre.

Sunday, February 3, 3:00 PM **Sunday Afternoon Movie**, Community Room
Each weekend the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Sunday, February 3, 5:00 PM **Superbowl Buffet & Viewing Parties**, Morrison Theatre *and* Activities Room North. Will the Pats prevail this time , or will LA Ram them??
Come find out! ***Details to come in a flyer to your mail cubby from Dining Services .***

Monday, February 4, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.**
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, February 4, 12:15 PM **Meeting of the Art Committee**, Art Studio South

Monday, February 4, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, February 4, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson's Support Group**, Great Room. Light refreshments will be provided. If a resident needs help getting to the Parkinson's Support Group please contact Home Health @ ext 127 and they will happily provide assistance. (*monthly meeting on the 1st Monday of the month*)

Monday, February 4, 3:30 PM **Read Aloud Group**, South Living Room.
The Read Aloud Group meets almost every Monday afternoon and is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers.
This week's reader: Klaus Kleinschmidt

Monday, February 4, 3:30 PM **Scrabble**, North Living Room

Tuesday, February 5, 10:00 AM Trip to Serendipity Café in Maynard to view Paintings by MM Alvarez and Vivian Benedict on display.

Tuesday, February 5, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, February 5, 11:30 AM **Seeking the Spirit**, Activities Room North.

Tuesday, February 5, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, February 5, 2:00 PM Banking and Library Trip

Tuesday, February 5, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Community Room.

Tuesday, February 5, 2:30 PM **Needle and Chat**, Great Room

Tuesday, February 5, 4:00 PM **South Library Committee Meeting**, OPDR
(monthly meeting *usually* on 1st Tuesday.)

Wednesday, February 6, 9:00 AM **Men's Breakfast**, Activities Room North
Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, February 6, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. ***Major announcements are made at CCC***, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, February 6, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, February 6, 11:00 AM **Knit and Chat**, Arts & Crafts Room
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, February 6, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast: Frederick Moyer Jazz Trio*

Wednesday, February 6, 1:00 PM **Hand Drumming with Mike Connors**, Community Room.

Wednesday, February 6, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, February 6, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre. The series continues. We show one 60 minute episode each Wednesday. There are subtitles.

Wednesday, February 6, 3:00 PM **South Food Service Committee Meeting**, South Private Dining Room. If you wish to join or attend, contact Charlie Harrington, 978.821.7822. (monthly meeting *usually* on 1st Wednesday)

Wednesday, February 6, 3:30 PM **Scrabble**, North Living Room

Wednesday, February 6, 7:30 PM **Opera night**, Morrison Theatre. Most Wednesday nights residents Betsy Moyer and Barbara Schnuer choose and show an opera on DVD. *This week's opera: Nabucco* by Giuseppe Verdi, Part I

Thursday, February 7, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, February 7, 10:00 AM Guided Tour of Trinity Church in Boston.

Thursday, February 7, 10:00 AM **Executive Committee Meeting**, OPDR

Thursday, February 7, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, February 7, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, February 7, 2:00-3:00 PM **Drop-in Grief Support Group**, Duvall Chapel

Thursday, February 7, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, February 7, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, February 7, 2:30 PM **Conversation and Refreshment**, South Café
On Thursday afternoons, join fellow residents for a chat. Residents can come and go and all are welcome! Come and enjoy cookies, a beverage and most of all, conversation.

Thursday, February 7, 3:00 PM **“What is Legacy”: Talk by Kristin Nelson**, Morrison Theatre. Kristin Nelson, daughter of Newbury Court resident Barbara Nelson, explores the various meanings of legacy and outlines some simple (less appreciated) steps that everyone can take today to impact the lives of loved ones - well into the future.

Thursday, February 7, 7:30 PM Transportation to 51 Walden St. for Senior Dress Rehearsal of Concord Players' production, "The Country House" by Donald Margulies.

Thursday, February 7, 7:30 PM **Thursday Night Movie**, Morrison Theatre.
Jim's choice: Zulu

Friday, February 8, 10:45 AM Transportation to BSO

Friday, February 8, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, February 8, 1:15 PM **Scrabble**, North Living Room

Friday, February 8, 3:00 PM **Women's History Group**, Community Room
Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Saturday, February 9, 2:00 PM **Great Courses Video Lecture Series : The Thirty Greatest Orchestral Works**, Morrison Theatre.

Saturday, February 9, 7:45 PM **Weekend Movies**, Morrison Th. and Community Rm

Sunday, February 10, 11:00 AM **All-Campus Memorial Worship Service**, Duvall Chapel.

Sunday, February 10, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, February 10, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, February 11, 10:00 AM South Library Committee **Work Meeting**,
South Library (monthly meeting is *usually* Monday *after* 1st Tuesday Library meeting)

Monday, February 11, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, February 11, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Hector Montesino (tentative)

Monday, February 11, 3:30 PM **Scrabble**, North Living Room

Tuesday, February 12, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, February 12, 11:00 AM Transportation to West Concord

Tuesday, February 12, 11:30 AM **Seeking the Spirit**, Activities Room North.

Tuesday, February 12, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, February 12, 2:00 PM Banking and Library Trip

Tuesday, February 12, 2:00 PM **Mindfulness Meditation w/Patricia**, Community Rm.

Tuesday, February 12, 2:30 PM **Needle and Chat**, Great Room

Tuesday, February 12, 3:00 PM **Solo Piano Recital: Clare Longendyke**, Morrison Theatre

Tuesday, February 12, 3:00 PM **Welcome Committee Meeting**, OPDR
(monthly meeting on 2nd Tuesday; please note room change.)

Wednesday, February 13, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, February 13, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.

Wednesday, February 13, immediately after CCC: **Introduction to Drawing Workshop**, Morrison Theatre.

Wednesday, February 13, 11:00 AM -1:00 PM ***No Drawing Class this week***

Wednesday, February 13, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, February 13, 12 noon **Channel 8 Broadcast of Newbury Court presentation**. *This week's broadcast:* Author Juliette Fay

Wednesday, February 13, 1:00 PM **Hand Drumming with Mike Connors**, Community Room.

Wednesday, February 13, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, February 13, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, February 13, 3:00 PM **North Food Committee Meeting**, Activities Room North. Contact: Linda Ball (monthly meeting *usually* on 2nd Wednesday)

Wednesday, February 13, 3:30 PM **Scrabble**, North Living Room

Wednesday, February 13, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Nabucco by Giuseppe Verdi, Conclusion.

Thursday, February 14, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, February 14, 10:00 AM **Mindfulness Meditation with Patricia Howard**, Community Room.

Thursday, February 14, 12:30 PM Transportation to Indian Hill Music in Littleton for free “Bach’s Lunch” concert, an all-Beethoven cello and piano program.

Thursday, February 14, 1:00 PM **Drawing Demo**, South Living Room

Thursday, February 14, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, February 14, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, February 14, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, February 14, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, February 14, 3:00 – 5:00 PM **Opening for Resident and Staff Photography Exhibit**, South Gallery

Thursday, February 14, 7:00 PM **Sudbury Valley Nature Photographers Meeting**, Community Room. SVNP member Barbara Peskin, will show a collection of her favorites. “Photos will include local bird photography along with bison, turtles, moose, puffins and other wildlife and nature scenes.” Newbury Court residents are always welcome to attend. Light refreshments. (second Thursday of the month)

Thursday, February 14, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Jim’s choice: Waking Ned Devine (if available)

Friday, February 15, 10:00 AM **Diversity and Inclusion Group**, South Living Room
(meets on the 3rd Friday of the month)

Friday, February 15, 10:45 AM Transportation to BSO

Friday, February 15, 11:15 AM **Newbury Court Chorus Rehearsal, in the Community Room this week**

Friday, February 15, 12:00 -2:30 PM **Glass Fusing Workshop**, Art Studio South

Friday, February 15, 1:15 PM **Scrabble**, North Living Room.

Friday, February 15, 2:15 PM **Newbury Court Chorus Sing-a-Long at Rivercrest**

Friday, February 15, 3:00 PM **Women’s History Group**, Community Room

Saturday, February 16, 2:00 PM **Great Courses Video Lecture Series :**

The Thirty Greatest Orchestral Works, Morrison Theatre

Saturday, February 16, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, February 17, 2:00 PM **Sunday Afternoon Movie: *Resistance at Tule Lake***, Morrison Theatre. Margie Yamamoto will be on hand to discuss the film afterward if anyone wishes to.

Sunday, February 17, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, February 18, 2:00 PM **Parkinson's Mid-Month Meeting**, Community Room and North Conference Room.

Monday, February 18, 3:30 PM **Read Aloud Group**, South Living Room
This week's reader: Jill Crowley

Monday, February 18, 3:30 PM **Scrabble**, North Living Room

Tuesday, February 19, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, February 19, 11:30 AM **Seeking the Spirit**, Activities Room North.

Tuesday, February 19, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, February 19, 1:30 PM **Catholic Mass**, Duvall Chapel

Tuesday, February 19, 2:00 PM Banking and Library Trip

Tuesday, February 19, 2:00 PM **New Resident Coffee Social**, Morrison Theatre.
Please join us in welcoming our newest residents to Newbury Court! All residents and staff are welcome. No RSVP required.

Tuesday, February 19, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Community Room.

Tuesday, February 19, 2:30 PM **Needle and Chat**, Great Room

Wednesday, February 20, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, February 20, 10:00 AM **All Residents Meeting "CCC"**, Community Room

Wednesday, February 20, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, February 20, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, February 20, 11:30 AM **Memory Loss Caregivers Support Group**, North Private Dining Room

Wednesday, February 20, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast:* DeCordova Lecture

Wednesday, February 20, 1:00 PM **Hand Drumming with Mike Connors**, Community Room.

Wednesday, February 20, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, February 20, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, February 20, 3:30 PM **Scrabble**, North Living Room

Wednesday, February 20, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Otello by Giuseppe Verdi, Part I.

Thursday, February 21, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, February 21, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, February 21, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, February 21, 2:00 PM **Climate Initiative Group**, Community Room

Thursday, February 21, 2:00-3:00 PM **Drop-in Grief Support Group**, Duvall Chapel

Thursday, February 21, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, February 21, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, February 21, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, February 21, 4:00 PM **Speaker: AMC President John Judge**, Morrison Theatre. John Judge is President and Chief Executive Officer of the Appalachian Mountain Club (AMC), the nation's oldest outdoor recreation and conservation organization. He is a nationally recognized leader in the work of getting people active in the outdoors and in conservation stewardship; and a thought leader on the national and international outdoor economy. John will join us for a discussion on the importance of the outdoors, and talk about some of the Appalachian Mountain Club's work around the region. He is author of the upcoming book *The Outdoor Citizen*, due Spring 2019 by Apollo Publishing.

Thursday, February 21, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Klaus's choice: TBA

Friday, February 22, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, February 22, 12:00 PM **Birthday Lunch**, North Dining Room

Friday, February 22, 1:00 – 3:00 PM **Wize Guides**, Morrison Theatre

Friday, February 22, 1:15 PM **Scrabble**, North Living Room

Friday, February 22, 3:00 PM **Women's History Group**, Community Room

Friday, February 22, 4:00 PM **Workingman's Duo**, South Café

Saturday, February 23, 2:00 PM **Great Courses Video Lecture Series :
The Thirty Greatest Orchestral Works**, Morrison Theatre

Saturday, February 23, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, February 24, 2:00 PM ***No Sunday Movie in the Morrison this week***

Sunday, February 24, 3:00 PM **Boston Symphony Orchestra Chamber Quintet**,
Morrison Theatre.

Sunday, February 24, 3:00 PM ***No Sunday Movie in the Community Rm this week***

Monday, February 25, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, February 25, 2:00 PM **Book Discussion Group**, Community Room.
Book to be discussed is *Still Life with Bread Crumbs*, by Anna Quindlen.

Monday, February 25, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Dalton Avery

Monday, February 25, 3:30 PM **Scrabble**, North Living Room

Tuesday, February 26, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, February 26, 11:00 AM Transportation to Verrill Farm..

Tuesday, February 26, 1:30 -3:30 PM **Open Studio for Crafting**, Arts and Crafts Room.
Liz Kleiman hosts an open studio in the Arts and Crafts room where residents can work on anything—sketching, quilting, knitting, needlepoint, paper crafts, sewing, crocheting, weaving, stitching etc. in the supportive company of other crafters.

Tuesday, February 26, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, February 26, 2:00 PM Banking and Library Trip

Tuesday, February 26, 2:00 PM **Mindfulness Meditation with Patricia Howard** ,
Community Room.

Tuesday, February 26, 2:00 PM **Program Committee Meeting**, South Living Room

Tuesday, February 26, 2:30 PM **Needle and Chat**, Great Room

Tuesday, February 26, 3:00 PM **Author Lecture: Glenn Rifkin**, Morrison Theatre.
Glenn Rifkin will be discussing his new book, *Future Forward: Leadership Lessons from Patrick McGovern, the Visionary Who Circled the Globe and Built a Technology Media Empire*. Patrick McGovern foresaw and leveraged the global reach and power of technology, and built a \$3 billion company that was the voice of the information technology revolution. His Patrick J. McGovern Foundation supports pioneering neuroscience research and explores the ways in which advances in information and technology can improve the quality of life on Earth. Upon his passing in 2014, McGovern gave almost the entirety of his estate to this foundation. This act of generosity represents his lifetime as a visionary, trailblazer, forward-thinker, and philanthropist.

Glenn Rifkin is an author, business journalist, human interest columnist and thought leader. He has been a contributing writer for *The New York Times* business section for nearly 30 years. He recently served as managing editor for *Briefings On Talent & Leadership*, a quarterly business journal published by the Korn Ferry Institute. He also recently served as a resident writer for the Arthur Rock Center for Entrepreneurship at the Harvard Business School. He is the son-in-law of NC residents Fez and Jeanne Morse. Copies of his book will be available for purchase for \$30.00, cash or check.

Wednesday, February 27, 9:00 AM **Men's Breakfast** , Activities Room North

Wednesday, February 27, 10:00 AM **All Residents Meeting "CCC"** , Morrison Theatre

Wednesday, February 27, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, February 27, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, February 27, 12 noon **Channel 8 Broadcast of Newbury Court presentation**. *This week's broadcast:* Bill Cotter

Wednesday, February 27, 1:00 PM **Hand Drumming with Mike Connors**, Community Room.

Wednesday, February 27, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, February 27, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, February 27, 3:30 PM **Scrabble**, North Living Room

Wednesday, February 27, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Otello by Giuseppe Verdi, Conclusion.

Thursday, February 28, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, February 28, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, February 28, 1:00 PM Trip to The Butterfly Place in Westford.

Thursday, February 28, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, February 28, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, February 28, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, February 28, 2:30 PM **Conversation and Refreshment**, South Café.

Thursday, February 28, 4:00 PM **Concord Selectboard candidate Terri Ackerman**, South Living Room. Ms. Ackerman was invited by and is hosted by residents Anita Barker and Betsy Moyer. Refreshments will be served.

Thursday, February 28, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Edith's choice: A Few Good Men

HEALTH SERVICES ACROSS THE NEWBURY COURT CAMPUS

Director of Health Services: Ellen Levinson (978)505-6213

Resident Health Services (formerly known as *Wellness*) in Newbury Court South is open M-F 10-12 for walk-in (unscheduled) time with a nurse. Residents can also call 978-402-8134 to schedule a nurse office appointment or to request a nurse to visit their suite (for which there is a charge). The nurse on duty weekends can be reached by calling the receptions desks.

FOR ANY EMERGENCY, CALL 911

Ellen Reusch, RN Director x127

Nurse Advocates: Colleen Brophy, RN, Karen Goulakos, RN and Jill Karanian, RN all at ext 134

The Gardens: is an Assisted living community for people living with dementia or related cognitive impairments.

Brenda Pelley, RN, Program Director x323

Erin Dirks, LPN , Resident Care Director x 354

Rivercrest: provides both short-term rehab services and long term(residential) care.

Ellen Levinson, Administrator x362

Nancy LaRock, RN, Director of Nursing x 313

Outpatient rehabilitation services are also available to residents of Newbury Court.

For an appointment, please call 978-402-8225

PRIVATE HOME CARE: Hector Montesino, Director (978)402-8620

DALS provides assistance (nurse's aides, companions) in residents' homes, including the suites in Newbury Court.

To schedule services, please call (978)831-2322 24/7

Health services con't next page

Tuesday, February 5, 9:00 AM – 12:00 PM **Podiatrist**, Salon.

It is necessary to call Dr. Hurwitz's office at 617.256.5839 to make an appointment to be seen. ***If you have not seen Dr. Hurwitz before, you will need to fill out new patient paperwork obtained from Ellen Reusch no later than a week before the next scheduled date.***

Wednesday, February 13, 2:30 – 4:30 PM **Beltone Representative Gabrielle Indeglia**, North Conference Room (monthly visit on the 2nd Wednesday of the month)

Tuesday, February 19, 10:00 -11:00 AM **Flynn Associates Hearing Aid Service Rep. Paul Dole**, North Conference Room.

Thursday, February 28, 9:30 AM **Miracle Ear Representative James Condon**, South Parlor. (monthly visit on last Thursday of month)

DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only. Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

Special Meal Pricing will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply



Our local Concord cable station, Channels 8, 9, and 10, has been taken over by the town of Concord. Until the new website is completed, with links to video-on-demand, etc., residents may access Newbury Court programs on their computers through [YouTube.com](https://www.youtube.com). We will keep you posted.

A quick look at some of the events in February:

*Friday, February 1, →
Rachel Wheeler talks
about being At the Wall*



*←Tuesday, February 12
Clare Longendyke
solo piano concert*

*Thursday, February 21→
John Judge, President of
Appalachian Mountain Club*

