

# December 2018



## THE SHORTEST DAY by Susan Cooper

*So the shortest day came, and the year died,  
And everywhere down the centuries of the snow-white world  
Came people singing, dancing,  
To drive the dark away.  
They lighted candles in the winter trees;  
They hung their homes with evergreen,  
They burned beseeching fires all night long  
To keep the year alive.  
And when the new year's sunshine blazed awake  
They shouted, revelling.  
Through all the frosty ages you can hear them  
Echoing, behind us — listen!  
All the long echoes sing the same delight  
This shortest day  
As promise wakens in the sleeping land.  
They carol, feast, give thanks,  
And dearly love their friends, and hope for peace.  
And so do we, here, now,  
This year, and every year.  
WELCOME YULE!*

Director of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org  
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

**Grocery Shopping Trips:**

**(Please plan to transport packages to your suite.)**

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **December 3: Market Basket December 10: Roche Bros.  
December 17: Trader Joe's**

**FAQs about Bus Trips**

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability. Tickets purchased for an event by the Program Dep't. are for residents only unless otherwise specified by the Program Dep't.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



**Bus Trips** *~~Please make a point to be in the lobby  
at least five minutes prior to scheduled departures. ~~*

**Wednesday, December 5, 12:45 PM Tour of Open Table in Maynard.**

After our highly successful “Empty Bowl” fundraiser for Open Table, they invited us to come see first-hand what they are all about. Open Table’s mission is to provide healthy food, friendship, and support to those in need while respecting their privacy and dignity. Open Table offers weekly community supper programs and food pantries in Concord and Maynard/Sudbury to more than 300 guests. Founded in 1989, they provide a welcoming community of support and assistance to families and individuals, including many seniors and children – open to all who come. No bus fee.

**Friday, December 7, 11:00 AM Transportation to Concord Center.**

*Pick up will be promptly at 1:00 PM.* No bus fee.

**Saturday, December 8, 1:15 and 4:15 PM Transportation to Middlesex School Memorial Chapel in Concord for Concord Chorus’s Winter Holiday Concert.**

Join the Concord Chorus for a heavenly selection of music and carols for the holiday season featuring music of Palestrina, Bach, Barber, and Lauridsen. Senior admission is \$25.00. Tickets may be purchased in advance through Betsy Moyer, Marcia Bradley, Libby Wilson and other Chorus members. The two concerts start at 2:00 PM and 5:00 PM. No bus fee.

**Thursday, December 13, 1:00 PM Transportation to Reasons To Be Cheerful Ice Cream Parlor in West Concord for resident art exhibit opening.**

No bus fee.

**Saturday, December 15, 1:30 PM Transportation to 51 Walden St. for Opera 51’s performance of Hansel and Gretel.** During the 2018 holiday season Opera51 will present a fundraiser performance of Engelbert Humperdinck’s classic opera *Hansel and Gretel*, setting to music the story published by the Brothers Grimm in 1812. This popular work has familiar tunes and a child-pleasing finale where the crafty children turn the tables on the witch and push her into her own oven for a fiery demise. The work will be costumed and sung in English with orchestra. Tickets are \$22.00 and may be purchased online at [www.opera51.org](http://www.opera51.org) or by calling 978-369-7911. No bus fee.

**Friday, December 21, 11:00 AM Transportation to Verrill Farm.**

A quick, five minute drive from Newbury Court will bring you to Verrill Farm. They carry fresh produce, baked goods, an impressive array of cheeses, flowers, gift items such as jams, jellies, tea towels as well as a large, refrigerated section with precooked meals to go. In addition, they have a deli counter where you can order a sandwich or a panini and enjoy a lunch there. No bus fee.



## **Music at Newbury Court**

Thursday, December 6, 2:00 PM **Holiday Handbell Concert: Lincoln Ringers**, Duvall Chapel. Please join the Lincoln Ringers for their annual Holiday Handbell Concert! You'll be treated to a variety of Christmas carols and holiday favorites. Come for an afternoon of music that's sure to get you in the mood for this special time of year! The Lincoln Ringers is a community handbell choir based at First Parish in Lincoln, MA.

Sunday, December 9, 2:00 PM **Piano recital for students of Linda Grom**, Community Room. The piano students of Concord resident Linda Grom will perform piano selections from the Classical, Jazz and Holiday repertoire. The performers are between the ages of 5 and 18 years old. The performers are from Concord, Carlisle, and Acton .

Monday, December 10, 2:00 PM **Concord Academy Elite Vocal and Chamber Ensembles**, Morrison Theatre. Students from Concord Academy will perform a concert that will feature ten Concord Academy Singers singing a few songs/carols and then their 5-10 member Chamber Ensemble will play a few pieces as well.

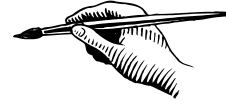
Tuesday, December 11, 4:00 – 6:00 PM **Holiday Tea with the Gentlemen Songsters**, Community Room and South Café.

The “Gentlemen” will perform first in the Community Room, from 4:00 – 4:45 PM. After a short break, they will move to the South Café area and perform from 5:00 – 5:45 PM. The Gentlemen Songsters are an ensemble of men who love to sing. What makes them unique is that they sing exclusively a cappella in four part harmony known to many as the Barbershop Harmony Style. They will perform a selection of secular and traditional favorites while you sip your tea and feast upon fancy traditional afternoon tea fare.

Wednesday, December 12, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

Sunday, December 16, 3:00 PM **New England Brass Band Concert**, Morrison Theatre. The NEBB is coming with a 20-piece brass and percussion ensemble, adhering to the instrumentation of the “British Brass Band” tradition. Based in the Boston area, they draw auditioned volunteer players from Massachusetts, Rhode Island, Connecticut, New Hampshire, and Maine. NEBB has performed throughout New England including concerts at Boston University's Tsai Performance Center and Crane's Castle Estate in Ipswich, MA as well as participation in the Northeast Brass Band championships at the U.S. Military Academy at West Point, New York and concerts at Symphony Hall in Boston. They will perform a program of Christmas carols and secular holiday songs.

## Art at Newbury Court



**Wednesday, December 19, 4:00 PM Art Exhibit Opening: Jill Pottle**, South Gallery. Of her work, Jill Pottle explains, "Working in the genres of still life and en plein air, I am a 'Gallivanter' in the creative world. In my still life work, I am fascinated with common objects that we take for granted. I explore humor, emotion and relationship in the grouping of objects. My en plein air work allows me to respond to my immediate environment, capturing that moment in time. The art materials I use to create are varied: oils, acrylics, dry and oil pastels and collage materials. Art opening to be determined later. *This exhibit will be up from December 5 until February 5.*

Thursday, December 13, 1:00 PM **Drawing Demo**, South Living Room

Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

Tuesdays, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG).

Three Tuesdays: Dec. 4, 11 & 18, 1:30 -3:30 PM **Crafts Class with Dani**, Arts & Crafts Room. Dani Schechner of the Umbrella Community Arts Center will come on three Tuesdays to teach and assist with different seasonal crafts.  
*Dec. 4: sock snow elves or snowmen, button ornament cards;*  
*Dec. 11: winter scene snow globes Dec. 18: woven snowflakes*

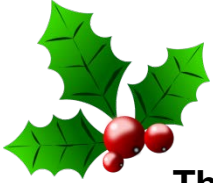
Tuesdays, 1:30 - 4:00 PM **Liz and Ted assist in the Pottery Studio** (UG)  
*This month, in addition to working on your own projects, we invite you to create an ornament for a Christmas tree that will be located in the South area where the bowls where displayed.*

Wednesdays, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room  
NC resident Liz Kleiman coordinates this beading group.

Thursdays, 9:30 AM -12:00 PM **Liz and Ted assist in the Pottery Studio** (UG)  
*This month, in addition to working on your own projects, we invite you to create an ornament for a Christmas tree that will be located in the South area where the bowls where displayed.*

Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).



## **Special Programs and Monthly Meetings**

Saturday, December 1, 2:00 PM **Great Courses Video Lecture Series : The 30 Greatest Orchestral Works**, Morrison Theatre. The series continues. We show one lecture every Saturday. There are 32 lectures, 46 minutes each.

Saturday, December 1, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm  
Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, December 2, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre  
Each weekend the movie that was shown in the Community Room on Saturday night will be shown in the Morrison Theatre on Sunday afternoon.

Sunday, December 2, 3:00 PM **Sunday Afternoon Movie**, Community Room  
Each weekend the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Monday, December 3, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.**  
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, December 3, 12:15 PM **Meeting of the Art Committee**, Art Studio South

Monday, December 3, 1:00 -2:00 PM **Christmas Tree Decorating, Carols, & Hot Cocoa**, Duvall Chapel. Come join the chaplains and your neighbors in decorating the Christmas tree, sing some carols with members of our choir, and sip on some hot beverages!

Monday, December 3, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio S (UG)

Monday, December 3, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson's Support Group**, Great Room. The speaker will be Lori Fitzgerald OTR. She is an OT who will be discussing equipment options for people with Parkinson's. Light refreshments will be provided. If a resident needs help getting to the Parkinson's Support Group please contact Home Health @ ext 127 and they will happily provide assistance. (*monthly meeting on the 1<sup>st</sup> Monday of the month*)

Monday, December 3, 3:30 PM **Scrabble**, North Living Room

Monday, December 3, 3:30 PM **Read Aloud Group**, South Living Room.

The Read Aloud Group meets almost every Monday afternoon and is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers.

*This week's reader: Tanis Vollmann*

Monday December 3, 4:30 PM **Menorah Lighting, the second night of Hanukkah**, South Café. Come join the chaplains and your neighbors in celebrating the Jewish holiday of Hanukkah. We invite you to bring your own menorah if you have one and join us in this festival of light.

Tuesday, December 4, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday December 4, 11:30 AM -12:30 PM **Seeking the Spirit**, . Activities Room North. Newbury Court's Pastor Emerita Rev. Lilian Warner continues her discussions on "Transitions."

Tuesday, December 4, 1:30-3:30 PM **Crafts Class with Dani**, Arts & Crafts Room

Tuesday, December 4, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

**Tuesday, December 4, 2:00 PM Banking and Library Trip**

Tuesday, December 4, 2:00 PM **Mindfulness Meditation with Patricia Howard** , Community Room

Tuesday, December 4, 2:30 PM **Needle and Chat**, Great Room

The group knits afghans for various charitable groups. You need not knit a whole afghan; some knitters knit strips that are then attached to make a finished piece. All are welcome.

Tuesday, December 4, 3:00 PM **Play Reading**, South Living Room

This week we start Agatha Christie's *A Murder is Announced*.

Tuesday, December 4, 4:00 PM **South Library Committee Meeting**, OPDR (monthly meeting now on 1st Tuesday.)

Wednesday, December 5, 9:00 AM **Men's Breakfast**, Activities Room North

Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, December 5, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th. "CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. **Major announcements are made at CCC**, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, December 5, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, December 5, 11:00 AM **Knit and Chat**, Arts & Crafts Room  
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, December 5, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast:* Marina Whitman - "The Martian's Daughter, a Memoir"

**Wednesday, December 5, 12:45 PM Tour of Open Table in Maynard**

Wednesday, December 5, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, December 5, 2:30 PM **PBS Series: Little Dorrit**, Great Room  
*We conclude with the last two hours of the miniseries.*

Wednesday, December 5, 3:00 PM **South Food Service Committee Meeting**, South Private Dining Room. If you wish to join or attend, contact Charlie Harrington, 978.821.7822. (monthly meeting **usually** on 1<sup>st</sup> Wednesday)

Wednesday, December 5, 3:30 PM **Scrabble**, North Living Room

Wednesday, December 5, 7:30 PM **Opera night**, Morrison Theatre. Most Wednesday nights residents Betsy Moyer and Barbara Schnuer choose and show an opera on DVD. *This week's opera: La Forza del Destino* by Giuseppe Verdi, Conclusion

Thursday, December 6, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, December 6, 10:00 AM **Executive Committee Meeting**, OPDR

Thursday, December 6, 10:00 AM **Mindfulness Meditation**, Duvall Chapel



Thursday, December 6, 2:00-3:00 PM **No Drop-in Grief Support Group this week.**  
*The Grief Support Group will only meet on Dec. 13<sup>th</sup> this month.*

Thursday, December 6, 2:00 PM **Holiday Handbell Concert: Lincoln Ringers,**  
Duvall Chapel

Thursday, December 6, 2:00 – 4:00 PM **Beginning Watercolor,** Art Studio South

Thursday, December 6, 2:00 PM **Chess & Checkers,** Activities Room North

Thursday, December 6, 2:30 PM **Conversation and Refreshment,** South Café  
On Thursday afternoons, join fellow residents for a chat. Residents can come and go and all are welcome! Come and enjoy cookies, a beverage and most of all, conversation.

Thursday, December 6, 4:00 PM **Lecture: Curating Homer at the Beach,** Morrison Theatre. Bill Cross (son of Newbury Court resident Sally Cross) is an independent scholar, a non-profit board member, an investor, and a consultant to art and history museums. His largest engagement at present is as Co-Curator of ***Homer at the Beach***, an upcoming exhibition at The Cape Ann Museum of the earliest marine works of American painter Winslow Homer. Bill has many years of leadership experience both in the investment management industry and on the boards of non-profits related to the visual arts and to the Christian faith. He has authored more than 200 articles and lectures, particularly related to art, architecture and local history, and has a special passion for placing art in context, unveiling beauty and narrative meaning embedded in objects which previously may have been overlooked. He and his wife Ellen are the proud parents of two grown sons and live on Cape Ann, which is the Cape of Massachusetts named after a queen, not a fish.

Thursday, December 6, 7:30 PM **Thursday Night Movie,** Morrison Theatre.  
*Jim's choice: The Brothers Karamazov*

**Friday, December 7, 11:00 AM Transportation to Concord Center**

Friday, December 7, 11:15 AM **Newbury Court Chorus Rehearsal,** Duvall Chapel

Friday, December 7, 1:15 PM **Scrabble,** North Living Room

Friday, December 7, 2:00 PM **Six-part Contemporary Poetry Class given by Stephen Collins,** Morrison Theatre

Friday, December 7, 3:00 PM **Women's History Group,** Community Room  
Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Friday, December 7, 4:00 PM **Lecture: Justice Denied, A Personal Perspective,** Morrison Theatre. This illustrated lecture given by Newbury Court resident Margie Yamamoto tells the story of the Japanese incarceration during World War II as seen through the eyes of a Japanese American family. It follows their passage from immigration in the 1890s through their imprisonment during the war years and documents how they rebuilt their lives thereafter. The presentation is richly illustrated with more than 100 family and historic WWII photographs, many of the latter obtained from U.S. government archives. Ms. Yamamoto is a member of the family featured in the presentation and was incarcerated at the age of two months. She has addressed many audiences on the subject of the Japanese internment during WWII, providing an historical summary of its events and relating their consequences to the personal experiences of her family as it coped with incarceration and subsequent return to a normal life.

**Saturday, December 8, 1:15 AND 4:15 PM Transportation to Middlesex School Memorial Chapel in Concord for Concord Chorus's first Winter Holiday Concert**

Saturday, December 8, 2:00 PM **Great Courses Video Lecture Series : The Thirty Greatest Orchestral Works,** Morrison Theatre.

Saturday, December 8, 7:45 PM **Weekend Movies,** Morrison Th. *and* Community Rm

Sunday, December 9, 2:00 PM **Sunday Afternoon Movie,** Morrison Theatre

Sunday, December 9, 2:00 PM **Piano recital for students of Linda Grom,** Community Room.

Sunday, December 9, 3:00 PM ***No Sunday Movie,*** Community Room

Monday, December 10, 10:00 AM South Library Committee **Work Meeting,** South Library (monthly meeting is Monday *after* 1st Tuesday Library meeting)

Monday, December 10, 1:00 - 3:30 PM **Advanced Watercolor,** Art Studio South

Monday, December 10, 2:00 PM **Concord Academy Elite Vocal and Chamber Ensembles,** Morrison Theatre

Monday, December 10, 3:30 PM **Read Aloud Group,** South Living Room  
*This week's reader:* Janet Johnson

Monday, December 10, 3:30 PM **Scrabble,** North Living Room

Tuesday, December 11, 10:30 -11:30 AM **Sketchbook Drawing,** Art Studio South (UG)

Tuesday, December 11, 11:30 AM **Seeking the Spirit,** Activities Room North.  
Pastor Emerita Rev. Lilian Warner continues her discussions on "Transitions."

Tuesday, December 11, 1:30 -3:30 PM **Crafts Class with Dani**, Arts & Crafts Room

Tuesday, December 11, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

**Tuesday, December 11, 2:00 PM Banking and Library Trip**

Tuesday, December 11, 2:00 PM **Mindfulness Meditation with Patricia Howard** ,  
Community Room.

Tuesday, December 11, 2:30 PM **Needle and Chat**, Great Room

Tuesday, December 11, 3:00 PM **Welcome Committee Meeting**, South Living Room  
(monthly meeting on 2<sup>nd</sup> Tuesday.)

Tuesday, December 11, 4:00 – 6:00 PM **Holiday Tea with the Gentlemen Songsters**,  
Community Room and South Café.

Wednesday, December 12, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, December 12, 10:00 AM **All Residents' Mtg, "CCC", Community Room**

Wednesday, December 12, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, December 12, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, December 12, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast:* Lou Jones' "Photographing the New Africa"

Wednesday, December 12, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, December 12, 2:30 PM **Wednesday Afternoon Movie**, ***Great Room***

Wednesday, December 12, 3:00 PM **North Food Committee Meeting**, Activities Room  
North. Contact: Linda Ball (monthly meeting *usually* on 2<sup>nd</sup> Wednesday)

Wednesday, December 12, 3:30 PM **Scrabble**, North Living Room

Wednesday, December 12, 7:00 PM **Piano Jazz with Brian Friedland**, South Café.

Wednesday, December 12, 7:30 PM **Opera night**, Morrison Theatre  
*This week's opera: Luisa Miller* by Giuseppe Verdi, Part I.

Thursday, December 13, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, December 13, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, December 13, 1:00 PM **Drawing Demo**, South Living Room

Thursday December 13, 2:00 -3:00 PM **Coping with grief around the Holidays Support Group with the chaplains**, Duvall Chapel. (this is the **ONLY** grief group in Dec)

Thursday, December 13, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, December 13, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, December 13, 2:30 PM **Conversation and Refreshment**, South Café.

Thursday, December 13, 4:00 PM **Trimming the “Pottery Tree”**, South Mailbox area. Join us as we trim a Christmas tree with ornaments made in the pottery studio. The tree will be displayed in the same area that the bowls were displayed. Spiked (& unspiked) eggnog will be provided!

Thursday, December 13, 7:00 PM **Sudbury Valley Nature Photographers Meeting**, Community Room. SVNP member Terri Ackerman will present: “EarthWatch in Malawi.” Newbury Court residents are always welcome to attend. Light refreshments. (*second Thursday of the month*)

Thursday, December 13, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Jim’s choice: The Wizard of Oz*

**Friday, December 14, 11:00 AM Transportation to West Concord**

Friday, December 14, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, December 14, 1:00 – 3:00 PM **Wize Guides**, *Community Room this month*

Friday, December 14, 1:15 PM **Scrabble**, North Living Room

Friday, December 14, 2:00 PM ***No Poetry class this week—Stephen’s final class will be next week***

Friday, December 14, 2:00 PM **Newbury Court Chorus Sing-a-Long at Rivercrest**

Friday, December 14, 3:00 PM **Traveling Players Present their Holiday Program**, Morrison Theatre. The Traveling Players will perform a holiday show liberally sprinkled with humor including their own radio program version of the Christmas Carol (quite humorous) and a few other timely skits. There will be musical interludes and they will conclude with a couple of well - known carols for all to sing! Actors included in the program are: Sandy Armstrong, Katy Blair, Joanne Hines, Kate Henchman, John Hutchins, Bill Maxwell, and Rik Pierce.

Friday, December 14, 3:00 PM ***No Women’s History Group this week***

**Saturday, December 15, 1:30 PM** Transportation to 51 Walden St. for Opera 51's performance of Hansel and Gretel

Saturday, December 15, 2:00 PM **Great Courses Video Lecture Series : The Thirty Greatest Orchestral Works**, Morrison Theatre.

Saturday, December 15, 7:45 PM **Weekend Movies**, Morrison Th. and Community Rm

Sunday, December 16, 2:00 PM ***No Sunday Movie in the Morrison this week***

Sunday, December 16, 3:00 PM ***No Sunday Movie in Community Room this week***

Sunday, December 16, 3:00 PM **New England Brass Band Concert**, Morrison Theatre

Monday, December 17, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, December 17, 2:00 PM **Parkinson's Mid-Month Meeting**, Community Room and North Conference Room.

Monday, December 17, 3:30 PM **Read Aloud Group**, South Living Room.  
*This week's reader: Betsy Moyer*

Monday, December 17, 3:30 PM **Scrabble**, North Living Room

Tuesday, December 18, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, December 18, 1:30 PM **Catholic Mass**, Duvall Chapel

Tuesday, December 18, 1:30 -3:30 PM **Crafts Class with Dani**, Arts & Crafts Room

Tuesday, December 18, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

**Tuesday, December 18, 2:00 PM** Banking and Library Trip

Tuesday, December 18, 2:00 PM **Mindfulness Meditation with Patricia Howard** , Community Room.

Tuesday, December 18, 2:30 PM **Needle and Chat**, Great Room

Tuesday, December 18, 3:00 PM **Play Reading**, South Living Room  
This week we will continue Agatha Christie's *A Murder is Announced*.

Wednesday, December 19, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, December 19, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.

Wednesday, December 19, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, December 19, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, December 19, 11:30 AM **Memory Loss Caregivers Support Group**,  
North Private Dining Room

Wednesday, December 19, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast:* Lecture by Jim Henderson on Ranked Choice

Wednesday, December 19, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, December 19, 2:30 PM **Wednesday Afternoon Movie**, Morrison Theatre.

Wednesday, December 19, 3:30 PM **Scrabble**, North Living Room

Wednesday, December 19, 4:00 PM **Art Exhibit Opening: Jill Pottle**, South Gallery.

Wednesday, December 19, 7:30 PM **Opera night**, Morrison Theatre  
*This week's opera: Luisa Miller* by Giuseppe Verdi, by Giuseppe Verdi, Conclusion.

Thursday, December 20, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, December 20, 10:00 AM **Mindfulness Meditation with Patricia Howard** ,  
Community Room.

Thursday, December 20, 2:00 PM **Climate Initiative Group**, Community Room

Thursday, December 20, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, December 20, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, December 20, 2:00-3:00 PM ***No Drop-in Grief Support Group this week***

Thursday, December 20, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, December 20, 7:30 PM **Thursday Night Movie**, *in the Great Room*  
*Klaus's choice: 2001: A Space Odyssey*

Friday, December 21, 10:00 AM **Diversity and Inclusion Group**, South Living Room  
*(meets on the 3<sup>rd</sup> Friday of the month)*

**Friday, December 21, 11:00 AM Transportation to Verrill Farm**

Friday, December 21, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, December 21, 12:00 PM **Birthday Lunch**, North Dining Room

Friday, December 21, 1:15 PM **Scrabble**, North Living Room.

Friday, December 21, 2:00 PM **Six-part Contemporary Poetry Class given by Stephen Collins**, Morrison Theatre. Last class.

Friday, December 21, 3:00 PM ***No Women's History Group this week***

Friday, December 21, 4:00 PM **Lecture: An Introduction to the Glacial Geology of the Concord Area**, Morrison Theatre. Deb Kosich returns to give her lecture with some new updated material about the geology of New England before the glaciers. Deborah Kosich was a petroleum geologist for 37 years, working in exploration, production, and research before retiring in Houston, TX in 2015. She became interested in the geology of the Concord area after her mother, June Kosich, moved to Newbury Court in 2014.

Saturday, December 22, 2:00 PM **Great Courses Video Lecture Series : The Thirty Greatest Orchestral Works**, Morrison Theatre

Saturday, December 22, 4:00 PM **A Christmas Bouquet with Stephen Collins**, So Living Rm. Stephen will share some stories and poems reflecting on the origins of Hanukkah and Christmas, St. Nicholas and gift-giving—including that perennial “favorite”—the fruitcake. Come join Stephen in front of the fireplace for some holiday cheer. Wear your favorite Christmas sweater!!

Saturday, December 22, 7:45 PM **Weekend Movies**, Morrison Th. ***and*** Community Rm

Sunday, December 23, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, December 23, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, December 24, 2:00 PM ***No Book Discussion Group this month***

Monday, December 24, 3:30 PM ***No Read Aloud Group this week***

Monday, December 24, 3:30 PM **Scrabble**, North Living Room

Monday, December 24, 4:00 PM **Christmas Eve Service**, Duvall Chapel

Tuesday, December 25 ***Merry Christmas! No meetings or classes today.***

Wednesday, December 26, 9:00 AM ***No Men's Breakfast this week***

Wednesday, December 26, 10:00 AM ***No “CCC” this week***

Wednesday, December 26, 11:00 AM -1:00 PM ***No Drawing class this week***

Wednesday, December 26, 11:00 AM **Knit and Chat**, Arts & Crafts Room



Wednesday, December 26, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**  
*This week's broadcast:* Program by Lincoln Bell Ringers

Wednesday, December 26, 1:30 PM - 4:00 PM **Beading Group,** Arts & Crafts Room

Wednesday, December 26, 2:30 PM **Wednesday Afternoon Movie,** Morrison Theatre

Wednesday, December 26, 3:30 PM **Scrabble,** North Living Room

Wednesday, December 26, 7:30 PM **Opera night,** Morrison Theatre  
*This week's opera:* *Die Fledermaus* by Johann Straus, Jr., Part I.

Thursday, December 27, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, December 27, 10:00 AM **Mindfulness Meditation,** Duvall Chapel

Thursday, December 27, 2:00 – 4:00 PM **Beginning Watercolor,** Art Studio South

Thursday, December 27, 2:00 PM **Chess & Checkers,** Activities Room North

Thursday, December 27, 2:30 PM **Conversation and Refreshment,** South Café.

Thursday, December 27, 7:30 PM **Thursday Night Movie,** Morrison Theatre  
*Edith's choice:* TBA

Friday, December 28, 11:15 AM **Newbury Court Chorus Rehearsal,** Duvall Chapel

Friday, December 28, 1:15 PM **Scrabble,** North Living Room

Friday, December 28, 3:00 PM **Women's History Group,** Community Room

Saturday, December 29, 2:00 PM **Great Courses Video Lecture Series :**  
**The Thirty Greatest Orchestral Works,** Morrison Theatre

Saturday, December 29, 7:45 PM **Weekend Movies,** Morrison Th. *and* Community Rm

Sunday, December 30, 2:00 PM **Sunday Afternoon Movie,** Morrison Theatre

Sunday, December 30, 3:00 PM **Sunday Afternoon Movie,** Community Room

Monday, December 31, 1:00 - 3:30 PM **Advanced Watercolor,** Art Studio South

Monday, December 31, 3:30 PM **Read Aloud Group,** South Living Room.  
*This week's reader:* *Alice Wiggin*

Monday, December 31, 3:30 PM **Scrabble,** North Living Room



# **HEALTH SERVICES ACROSS THE NEWBURY COURT CAMPUS**

Director of Health Services: Ellen Levinson (978)505-6213

## **Wellness:**

The Wellness office in Newbury Court South is open M-F 10-12 for walk in (unscheduled) time with a nurse. Residents can also call 978-402-8134 to schedule a nurse office appointment or to request a nurse to visit their suite (for which there is a charge). The nurse on duty weekends can be reached by calling the receptions desks.

**FOR ANY EMERGENCY, CALL 911**

Ellen Reusch, RN Director x127

Nurse Advocates: Colleen Brophy, RN, Karen Goulakos, RN and Jill Karanian, RN all at ext 134

**The Gardens:** is an Assisted living community for people living with dementia or related cognitive impairments.

Brenda Pelley, RN, Program Director x323

Erin Dirks, LPN , Resident Care Director x 354

**Rivercrest:** provides both short-term rehab services and long term(residential) care.

Ellen Levinson, Administrator x362

Nancy LaRock, RN, Director of Nursing x 313

Outpatient rehabilitation services are also available to residents of Newbury Court. For an appointment, please call 978-402-8225

**PRIVATE HOME CARE:** Hector Montesino, Director (978)402-8620

DALS provides assistance (nurse's aides, companions) in residents' homes, including the suites in Newbury Court.

To schedule services, please call (978)831-2322 24/7

Tuesday, December 11, 9:00 AM – 12:00 PM **Podiatrist**, Salon.

It is necessary to call Dr. Hurwitz's office at 617.256.5839 to make an appointment to be seen. ***If you have not seen Dr. Hurwitz before, you will need to fill out new patient paperwork obtained from Ellen Reusch no later than a week before the next scheduled date.***

Wednesday, December 12, 2:30 – 4:30 PM **Beltone Representative Gabrielle Indeglia**, North Conference Room (monthly visit on the 2<sup>nd</sup> Wednesday of the month)

Thursday, December 27, 9:30 AM **Miracle Ear Representative James Condon**, South Parlor. (monthly visit on last Thursday of month)

## Items of interest:

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**Newbury Court resident Bob Whitman would like to connect with any alumni of the Salzburg Global Seminar, as either faculty or fellows. Please call him at 978-341-8136.**

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**Our local Concord cable station, Channels 8, 9, and 10, has been taken over by The Town of Concord and is now called Minuteman Media Network. Until the new website is completed, with links to video-on-demand, etc., residents may access Newbury Court programs on their computers through YouTube.com. We will keep you posted.**

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## DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only. Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

**Special Meal Pricing** will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply

## A quick look at some of the events in December:

Thursday, December 6→  
Bill Cross Lecture:  
Curating  
“Homer at the Beach”



← Tuesday, December 11  
Holiday Tea for residents  
with the Gentlemen Songsters

Thursday, December 13→  
Trimming the Pottery tree



← Sunday, December 16  
New England Brass Band  
Holiday concert