



April 2019



Spring is nature's way of saying, "Let's party!"
~ Robin Williams

Director of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping Trips:

(Please plan to transport packages to your suite.)

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **April 1: Market Basket April 8: Roche Bros.**
April 15: Trader Joe's April 22: Stop & Shop April 29: Idylwilde

FAQs about Bus Trips

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability. Tickets purchased for an event by the Program Dep't. are for residents only unless otherwise specified by the Program Dep't.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



Bus Trips *~~You must be in the lobby
at least five minutes prior to scheduled departures. ~~*

Mondays, April 1, 8, 15 and 29, 12:30 PM Spring Walks with Sarah and Jill

Please note our earlier starting time! We are optimistic that some of the Mondays in April might yield decent walking weather so we have scheduled 4 Mondays where we will offer walks. ***As always, please keep in mind that these walks are for hardy walkers; those folks who can walk at a moderate pace for an hour on sometimes very uneven ground.*** We must insist on appropriate footwear, which means hiking boots or sturdy athletic shoes that offer support. In April we will most likely encounter mud so keep that in mind as well. Bring a walking stick if you could use the extra support, or try our trekking poles – we have several pairs! Sarah and Jill choose locations in or nearby Concord; some places we go to regularly include stretches of the Battle Road, October Farm, Great Meadows, and the Emerson-Thoreau Amble in the town forest. We return to Newbury Court 2:00 – 2:30 PM. As with all bus trips, please sign up with Transportation. No bus fee.

Friday, April 5, 10:45 AM Transportation to BSO

Sunday, April 7, 2:00 PM Transportation to Open Studios at The Umbrella.

More than 50 artists look forward to opening their studio doors and sharing with you their artistry and process in diverse practices including painting, ceramics, glass, woodworking, photography, printmaking, drawing, illustration, jewelry, fiber arts and mixed media. Free and open to the public. No bus fee.

Monday, April 8 *through* Thursday, April 11, 6:30 PM Transportation to Concord Annual Town Meeting at Concord Carlisle Regional High School. No bus fee.

Friday, April 12, 10:15 AM Trip to Isabella Stewart Gardner museum to see the nasturtiums and an exhibit called, *Botticelli: Heroines and Heroes*. Cascades of flowering nasturtium vines make their brief but dramatic appearance above the courtyard, celebrating the arrival of spring at the Museum. (Nasturtium blooms last about three weeks.) The annual Hanging Nasturtiums display continues an annual tradition started by Isabella during the week before Easter, marking the return of color to the Fenway. Nasturtium vines are started from seed in June, planted in late summer and trained in the Museum's greenhouses throughout the winter to prepare them for their spectacular spring debut. The vines require continuous care in the greenhouse to ensure dramatic length—up to twenty feet—and require up to ten workers to install in the Museum. The result is a stunning display that cannot be found anywhere else.

Botticelli: Heroines and Heroes contains eight of Botticelli's most political works in conversation with modern day interpretations, drawing connections to issues we face today. Lunch on your own at the Museum. Senior admission fee: \$12.00. Bus fee: \$20.00

Friday, April 12, 7:30 PM Transportation to 51 Walden St for Concord Band's Spring Pops Concert sponsored by the Concord Rotary. Fifteen free tickets are made available to Newbury Court residents by the Rotary. The program includes music by Irving Berlin, Cole Porter, John Philip Sousa, Victor Young and more. No bus fee.

Tuesday, April 16, 11:00 AM Transportation to West Concord.
Pick up will be promptly at 1:00 PM. No bus fee.

Thursday, April 18, 12:30 PM Transportation to Indian Hill Music in Littleton for free "Bach's Lunch" concert, Keyboard Music Through the Centuries.
We have two tables reserved for this show. Each table is allowed to have up to six people only – *therefore this trip will have a maximum number of twelve attendees.* Concert starts at 1:30 PM. Coffee, tea, and cookies are provided by Indian Hill free of charge, **you bring your own bag lunch.** Admission is free. No bus fee.

Friday, April 19, 10:45 AM Transportation to BSO

Tuesday, April 23, 11:00 AM Transportation to Verrill Farm. No bus fee.
A quick, five minute drive from Newbury Court will bring you to Verrill Farm. They carry fresh produce, baked goods, an impressive array of cheeses, flowers, gift items such as jams, jellies, tea towels as well as a large, refrigerated section with precooked meals to go. In addition, they have a deli counter where you can order a sandwich or a panini and enjoy a lunch there. No bus fee.

Thursday, April 25, 11:30 AM Lunch Out with Fayad to Papa Razzi in Concord.
Papa Razzi's lunch menu includes pizzas, sandwiches, salads, pasta dishes as well as full entrees. They have a full bar and an extensive wine list. No bus fee.

Friday, April 26, 10:45 AM Transportation to BSO

Saturday, April 27, 10:00 AM Trip to MFA for Art in Bloom – *Members Only*
Enjoy art from across the MFA's collection paired with magnificent floral interpretations.

Please read this carefully:

One busload of residents can be accommodated on this trip and the museum's rule for *Art in Bloom* is that a "group" is at least 10 people, so if our group falls below that number we will not go. Admission is free for members and on this particular trip we will only be taking people with active MFA memberships (Members can bring a non-member guest along IF their membership allows them to.) You will see the exhibit on your own (we are not getting a guided tour) and any other exhibits in the museum as well. Lunch will be on your own at the museum. We will depart the museum at 2:30 PM. Bus fee: \$20.00.



Music at Newbury Court

Wednesday, April 10, 7:00 PM **Piano Jazz with Brian Friedland**, South Café
Relax after dinner with some jazz standards improvised by Brian Friedland.
Self-serve wine and soft drinks will be available in the café.

Tuesday, April 23, 7:30 PM **Apollo Club Men's Chorus**, Morrison Theatre.
The Apollo Club of Boston is the second-oldest continuously-active men's singing group in the United States. Founded in 1871, the Club has a long and distinguished choral singing history. Today, as they celebrate their 149th year, they have a membership of approximately 25 active and retired business and professional men who live in the Boston area. Their program will include such wide-ranging pieces as Simple Gifts, The Whiffenpoof Song, Shenandoah and a Sound of Music medley.

Saturday, April 27, 3:00 PM **Solo Cello Performance: Ariana Falk**, Morrison Theatre.
Ariana Falk, cello, serves as Education Director for the Worcester Chamber Music Society, Director of ChamberFest, and is a founding director of Neighborhood Strings, an intensive music and social justice program for youth from Worcester's underserved communities. She serves on the faculty of Clark University, and is a former faculty coach at Boston University Tanglewood Institute and Brown University. She also appears with BMOP. She was a Fulbright Scholar in Germany, where she performed with the Heidelberger Symphoniker, and now serves as music director of the Massachusetts Fulbright Association. Ariana has performed at the Juilliard, Norfolk, Banff, Great Lakes, and Deer Valley summer festivals, and collaborated with artists including Menahem Pressler and Paul Katz. She received her doctorate from Boston University and M.M. and Artist Diploma degrees from the Yale School of Music. She will play a program of J.S. Bach Suites.

Sunday, April 28, 2:00 PM **Boston Chapter of American Harp Society's Harp Recital**, Morrison Theatre. The Boston Chapter of the American Harp Society contains members ranging from professionals harpists to students of all ages and levels. The Boston Chapter is just one of many chapters belonging to the American Harp Society, Inc, which is the largest national organization of harpists in the world. Founded in 1962, its mission is: *To celebrate our legacy, inspire excellence, and empower the next generation of harpists.* The Boston Chapter organizes events throughout the year in order to bring this mission to local harpists and communities. Their most sought after event is their annual Spring Recital. The Spring Recital is a unique event with students showcasing music ranging from classical, popular, and their own students compositions. They invite you to join them in watching these young talents illustrate the music of the harp!

Tuesday, April 30, 7:30 PM **Jazz Concert: Portrait in Jazz**, Morrison Theatre.
Portrait In Jazz is a dynamic, original jazz band featuring Gary Bohan: trumpet/flugelhorn, Chris Hildebrand: saxophone, Bob Abruzese: bass, Grant Smith: drums and

Brad Ellenberg: guitar. This band is committed to creating exciting and meaningful original jazz music with over fifty originals in their book and literally hundreds of jazz standards in their repertoire.

Wednesdays, 1:00 PM **Hand Drumming with Mike Connors**, Community Room. Mike Connors comes to drum some beat into us! *Mike makes it easy, fun and relaxed.* Open to all levels, this class is beneficial for the beginner or someone who's played any instrument for years; everyone can always improve their relationship with rhythm. Mike Connors studied jazz drumming at Berklee with jazz greats Joe Hunt and Alan Dawson. He has toured internationally and has been involved with several national Broadway tours. We have a limited number of drums, so you are encouraged to bring your own.

Art at Newbury Court



Ongoing: Resident and Staff Photography Exhibit, South Gallery and Morrison Theatre. Newbury Court is holding its fifth campus-wide photography exhibit showcasing work by residents both past and present as well as staff and aides. Please sign our guest book! *This show will be up through mid to late April.*

New Exhibit: Nan Hass Feldman - Dreams, Symbols, and Nature Revisited: Paintings from Abroad.

Nan is one of the founders of the Danforth Museum of Art in Framingham (MA) and teaches there as well as at the Worcester Art Museum and the Museum of Fine Arts in Boston. Having grown up in Brooklyn, Nan started at three years old taking art classes at the Brooklyn Museum and spending every Saturday of her teen years visiting the Museum of Modern Art and the Metropolitan Museum of Art in Manhattan. Nan has a BFA, an MA, and an MFA in painting and has had over 50 one-person shows, numerous museum exhibits, and received a Massachusetts Arts and Humanities Foundation Award, two Worcester Art Museum Foreign Travel Awards, and a Basil H. Alkazzi International Painting Award. No matter the location, Nan enjoys interpreting everything through her screen of selective seeing, playful detail, heightened color, and bits of fantasy. For Nan, art really is about enhancing and interpreting reality to create a more optimistic, luscious, and joyous world. *This show will be up from April 29 - June 14.*
Opening reception will be May 19th.

Monday, April 1, 12:15 PM **Meeting of the Art Committee**, Art Studio South

Thursday, April 11, 1:00 PM **Drawing Demo with Katherine Miller**, So. Living Room

*Two Fridays, April 12 and 26, 1:00 -4:00 PM: **Two-part Assemblage Workshop with Artist Jill Pottle**, Art Studio. Students will be introduced to combining non-traditional art materials with glue and ingenuity to make an evocative 3-dimensional assemblage. The first day of the workshop will be an introduction and Jill will bring in some of her assemblages, talk about her process. She will show images of other artists' assemblages, including those of Joseph Cornell, Robert Rauschenberg, Betty Saar. This day students will do preparation of their boxes and discover their story. You will do artwork based on a theme or a steampunk mythical creature. You'll receive both practical and aesthetic advice as you construct your new work of art. Bring in an item to use as the focal point, ie. Doll head, miniature elephant sculpture or perhaps a shell and box to showcase the item. The first class you will do a lot of prep work, painting, gluing and setting the stage of your box. The second class will be designing, assembling and probably more painting and gluing. ***This is a two-part class and limited to 8 attendees.***
You must sign up with Artist-in-Residence Katherine Miller at 978.402.8117.*

Tuesday, April 30, 1:30 -3:30 PM **Open Studio for Crafting**, Arts and Crafts Room. *On the last Tuesday of every month*, Liz Kleiman hosts an open studio in the Arts and Crafts room where residents can work on anything—sketching, quilting, knitting, needlepoint, paper crafts, sewing, crocheting, weaving, stitching etc. in the supportive company of other crafters.

*Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).*

*Tuesdays, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG).*

*Tuesdays, 1:30 - 4:00 PM **Liz and Ted assist in the Pottery Studio** (UG)*

*Wednesdays, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)*

*Wednesdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room
NC resident Liz Kleiman coordinates this beading group.*

*Thursdays, 9:30 AM -12:00 PM **Liz and Ted assist in the Pottery Studio** (UG)*

*Thursdays, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)*

*Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).*

A new Artistic Opportunity:

*Please come participate in the **ART SCRAMBLE!***

*A Public Art Project for the West Concord Junction Cultural Committee, Newbury Court
and the Mass Cultural Council*

*A group of local artists have produced a 3 x 6 foot painting which will be revealed at
BAND SCRAMBLE, a bluegrass festival hosted by the Concord Conservatory of Music
on May 4th at the West Concord Union Church, WCUC.*

*The painting has been reproduced as 288 3 x 3 inch squares. Each participant in
ART SCRAMBLE receives one of the squares as well as a 6 x 6 inch blank square on which
to reproduce it in paint, paper or fabric. When assembled, the larger squares will make a
6 x 12 ft mural, which will also be displayed on May 4th at WCUC.*

*Please come join Katherine in the Newbury Court Art Studio
to work on your squares for the **ART SCRAMBLE**
during any of the following time slots:*

Weds, April 3: 1:30pm-3:30pm

Thursday, April 4: 10am-1pm

Monday, April 8: 10am-12pm

Tuesday, April 9: 11:30am-1:30pm

Weds, April 10: 1:30pm-3:30pm

Thursday, April 11: 10am-1pm

Monday, April 15, 10am-12pm

Tuesday, April 16, 11:30-1:30pm

Weds, April 17, 1:30pm-3:30pm

Your squares need to be finished on April 17th

Special Programs and Monthly Meetings

Monday, April 1, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.**
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, April 1, 12:15 PM **Meeting of the Art Committee,** Art Studio South

Monday, April 1, 12:30 PM Spring Walk with Sarah and Jill

Monday, April 1, 1:00 - 3:30 PM ***No Advanced Watercolor class this week***

Monday, April 1, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson's Support Group,** Great Room. Jennifer Onorato from Acadia Pharmaceuticals will be speaking about hallucinations and medications to treat them. If a resident needs help getting to the Parkinson's Support Group please contact Home Health @ ext 127 and they will happily provide assistance. (*monthly meeting on the 1st Monday of the month*)

Monday, April 1, 3:30 PM **Read Aloud Group,** South Living Room.
The Read Aloud Group meets almost every Monday afternoon and is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers.
This week's reader: Betsy Moyer

Monday, April 1, 3:30 PM **Scrabble,** North Living Room

Tuesday, April 2, 10:30 -11:30 AM ***No Sketchbook Drawing his week***

Tuesday, April 2, 11:30 AM **Seeking the Spirit,** Activities Room North.
Beginning in March, *Seeking the Spirit* stepped into the season of Lent. **Every Tuesday in Lent (March 12, 19 & 26 and April 2, 9 & 16),** from 11:30 -12:30 in the Activities Room North we meet and engage in spiritual reflection with help from United Methodist Pastor Rev. Trevor Hudson and his unique devotional, *Pauses for Lent: 40 Words for 40 Days.* Each day during Lent, we will pause to focus on one word, one Bible verse, a short reflection with prayer. As Pastor Hudson says, we'll gather to "share how God may be speaking to us through the word for the day." Please RSVP with Sarah (978-402-8240) ASAP! Books are \$5 (Checks payable to "NEDA")

Tuesday, April 2, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, April 2, 2:00 PM Banking and Library Trip

Tuesday, April 2, 2:00 PM **Mindfulness Meditation w/Kristen Beard**, Community Rm

Tuesday, April 2, 2:30 PM **Needle and Chat**, Great Room

Tuesday, April 2, 4:00 PM **South Library Committee Meeting**, OPDR
(monthly meeting *usually* on 1st Tuesday.)

Wednesday, April 3, 9:00 AM **Men's Breakfast**, Activities Room North
Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, April 3, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. **Major announcements are made at CCC**, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, April 3, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, April 3, 11:00 AM **Knit and Chat**, Arts & Crafts Room
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, April 3, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**
This week: Irish Step Dancing

Wednesday, April 3, 1:00 PM **Hand Drumming w/Mike Connors**, Community Room.

Wednesday, April 3, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, April 3, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre.
The series continues. We show one 60 minute episode each Wednesday.

Wednesday, April 3, 3:00 PM **South Food Service Committee Meeting**,
South Private Dining Room. If you wish to join or attend, contact Charlie Harrington,
978.821.7822. (monthly meeting *usually* on 1st Wednesday)

Wednesday, April 3, 3:30 PM **Scrabble**, North Living Room

Wednesday, April 3, 7:30 PM **Opera night**, Morrison Theatre. Most Wednesday nights residents Jane Beswick, Betsy Moyer, and Bob Whitman choose and show an opera on DVD. *This week's opera: La Traviata* by Giuseppe Verdi, Part I.

Thursday, April 4, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, April 4, 10:00 AM **Executive Committee Meeting**, OPDR

Thursday, April 4, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, April 4, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, April 4, 2:00-3:00 PM **Drop-in Grief Support Group**, Duvall Chapel

Thursday, April 4, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, April 4, 2:30 PM **Conversation and Refreshment**, South Café
On Thursday afternoons, join fellow residents for a chat. Residents can come and go and all are welcome! Come and enjoy cookies, a beverage and most of all, conversation.

Thursday, April 4, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Jim's choice: Spellbound

Friday, April 5, 10:45 AM Transportation to BSO

Friday, April 5, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, April 5, 1:15 PM **Scrabble**, North Living Room

Friday, April 5, 3:00 PM **Women's History Group**, Community Room
Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Friday, April 5, 7:30 PM **The West Wing**, Morrison Theatre

Saturday, April 6, 2:00 PM **Great Courses Lecture Series: How Jesus Became God**, Morrison Theatre. If Jesus had not been declared God, his followers would have remained a sect within Judaism, and the massive conversion of Gentiles, the Roman adoption of Christianity, and the subsequent unfolding of the Middle Ages, the Renaissance, the Reformation, and modernity would never have taken place. For that reason, the question of how Jesus became God is one of the most significant historical questions of Western civilization. Tackling all of these matters and more, Great Courses favorite Professor

Bart D. Ehrman returns with the unprecedented historical inquiry of *How Jesus Became God*. In 24 half-hour lectures, Professor Ehrman takes you deeply into the process by which the divinity of Jesus was first conceived by his followers, demonstrating how this conception was refined over time to become the core of the Christian theology that has so significantly shaped our civilization.

A distinguished scholar of Christianity and *New York Times* best-selling author, Professor Ehrman develops the inquiry with meticulous research and in-depth analysis of texts. In these lectures, Ehrman reveals that the theological understanding of Jesus as God came about through a complex series of factors and events, each of which must be understood in order to grasp this most extraordinary and historically pivotal story. Each Saturday we will show two half-hour lectures.

Saturday, April 6, 7:45 PM **Weekend Movies**, Morrison Th. and Community Room
Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday April 7, 11:00 AM **Ecumenical Worship with Communion**, Duvall Chapel

Sunday, April 7, 2:00 PM Transportation to Open Studios at The Umbrella.

Sunday, April 7, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre
Each weekend the movie that was shown in the Community Room on Saturday night will be shown in the Morrison Theatre on Sunday afternoon.

Sunday, April 7, 3:00 PM **Sunday Afternoon Movie**, Community Room
Each weekend the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Monday, April 8, 10:00 AM South Library Committee **Work Meeting**,
South Library (monthly meeting is *usually* Monday *after* 1st Tuesday Library meeting)

Monday, April 8, 12:30 PM Spring Walk with Sarah and Jill

Monday, April 8, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, April 8, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Linda Cohen

Monday, April 8, 3:30 PM **Scrabble**, North Living Room

Monday, April 8, 6:30 PM Transportation to Concord Annual Town Meeting at Concord Carlisle Regional High School. No bus fee.

Monday, April 8, 8:00 PM **A Convivial Colloquim**, South Living Room.
Please join Newbury Court residents Jay Agarwal and Bill Cotter for a stimulating and thoughtful discussion of current events. This is an open forum for all viewpoints where we can share ideas and where we can, as they say... *“disagree without being disagreeable.”* There will be a second meeting on April 22.

Tuesday, April 9, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, April 9, 11:30 AM **Seeking the Spirit**, Activities Room North.

Tuesday, April 9, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, April 9, 2:00 PM Banking and Library Trip

Tuesday, April 9, 2:00 PM **Mindfulness Meditation w/Kristen Beard**, Community Rm

Tuesday, April 9, 2:30 PM **Needle and Chat**, Great Room

Tuesday, April 9, 3:00 PM **Welcome Committee Meeting**, OPDR
(monthly meeting on 2nd Tuesday)

Tuesday, April 9, 6:30 PM Transportation to Concord Annual Town Meeting at Concord Carlisle Regional High School. No bus fee.

Wednesday, April 10, 9:00 AM **Men’s Breakfast**, Activities Room North

Wednesday, April 10, 10:00 AM **All Residents’ Meeting, “CCC”, Community Room**

Wednesday, April 10, *immediately after CCC*, **Volunteering in the Gardens**, Community Room. The Gardens Director Brenda Pelley and Pastor Emeritus Lilian Warner will conduct an information session regarding a new volunteer program for the Gardens. Please join us!

Wednesday, April 10, 11:00 AM -1:00 PM **Drawing Class**, Art Studio South

Wednesday, April 10, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, April 10, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**
This week: Dr. Kerry Emanuel lecture on Climate Change.

Wednesday, April 10, 1:00 PM **Hand Drumming with Mike Connors**,
Community Room.

Wednesday, April 10, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, April 10, 2:30 PM **PBS Series: Downton Abbey, in Great Room this wk**

Wednesday, April 10, 3:00 PM **North Food Committee Meeting**, Activities Room North.
Contact: Linda Ball (monthly meeting *usually* on 2nd Wednesday)

Wednesday, April 10, 3:30 PM **Scrabble**, North Living Room

Wednesday, April 10, 6:30 PM Transportation to Concord Annual Town Meeting at Concord Carlisle Regional High School. No bus fee.

Wednesday, April 10, 7:30 PM **Opera night, in the Community Room this week**
This week's opera: La Traviata by Giuseppe Verdi, Conclusion.

Thursday, April 11, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, April 11, 10:00 AM **Mindfulness Meditation**, Duvall Chapel.

Thursday, April 11, 1:00 PM **Drawing Demo**, South Living Room

Thursday, April 11, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, April 11, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, April 11, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, April 11, 6:30 PM Transportation to Concord Annual Town Meeting at Concord Carlisle Regional High School. No bus fee.

Thursday, April 11, 7:00 PM **Sudbury Valley Nature Photographers Meeting**,
Community Room Semi-annual Member Images night. Note: Five members of SVNP
are Newbury Court residents. Newbury Court residents are always welcome to attend.
Light refreshments. (*second Thursday of the month*)

Thursday, April 11, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Jim's choice: The Great Train Robbery

Friday, April 12, 10:15 AM Trip to Isabella Stewart Gardner museum to see the nasturtiums and an exhibit called, *Botticelli: Heroines and Heroes*

Friday, April 12, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, April 12, 1:15 PM **Scrabble**, North Living Room.

Friday, April 12, 3:00 PM **Women's History Group**, Community Room

Friday, April 12, 7:30 PM **The West Wing**, Morrison Theatre

Friday, April 12, 7:30 PM Transportation to 51 Walden St for Concord Band's Spring Pops Concert sponsored by the Concord Rotary.

Saturday, April 13, 2:00 PM **Great Courses Lecture Series: How Jesus Became God**, Morrison Theatre

Saturday, April 13, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday April 14, 11:00 AM **Ecumenical Worship for Palm Sunday**, Duvall Chapel

Sunday, April 14, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, April 14, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, April 15, 12:30 PM Spring Walk with Sarah and Jill

Monday, April 15, 2:00 PM **Parkinson's Mid-Month Meeting**, Community Room and North Conference Room.

Monday, April 15, 3:30 PM **Read Aloud Group**, South Living Room
This week's reader: Vivian Benedict

Monday, April 15, 3:30 PM **Scrabble**, North Living Room

Tuesday, April 16, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, April 16, 11:00 AM Transportation to West Concord.

Tuesday, April 16, 11:30 AM **Seeking the Spirit**, Activities Room North.

Tuesday, April 16, 1:30 PM **Catholic Mass**, Duvall Chapel

Tuesday, April 16, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, April 16, 2:00 PM Banking and Library Trip

Tuesday, April 16, 2:00 PM **Mindfulness Meditation w/Kristen Beard**, Community Rm

Tuesday, April 16, 2:30 PM **Needle and Chat**, Great Room

Wednesday, April 17, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, April 17, 10:00 AM **All Residents Meeting "CCC"**, Morrison Theatre

Wednesday, April 17, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, April 17, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, April 17, 11:30 AM **Memory Loss Caregivers Support Group**,
North Private Dining Room

Wednesday, April 17, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**
This week: Program by the Arcana Ensemble.

Wednesday, April 17, 1:00 PM **Hand Drumming with Mike Connors**,
Community Room.

Wednesday, April 17, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, April 17, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, April 17, 3:30 PM **Scrabble**, North Living Room

Wednesday, April 17, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Il Trovatore by Giuseppe Verdi, Part I.

Thursday, April 18, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, April 18, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, April 18, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, April 18, 2:00 PM **Climate Initiative Group**, Community Room

Thursday, April 18, 2:00-3:00 PM **Drop-in Grief Support Group**, Duvall Chapel

Thursday, April 18, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, April 18, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, April 18, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Klaus's choice:

Friday, April 19, 10:00 AM **Diversity and Inclusion Group**, South Living Room
(meets on the 3rd Friday of the month)

Friday, April 19, 10:45 AM Transportation to BSO

Friday, April 19, 11:00 AM -3:00 PM **Traveling Boutique**, Morrison Theatre.

Friday, April 19, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, April 19, 1:15 PM **Scrabble**, North Living Room

Friday, April 19, 3:00 PM ***No Women's History Group this week***

Friday, April 19, 3:00 PM **Good Friday Service**, Duvall Chapel

Friday, April 19, 7:30 PM **The West Wing**, Morrison Theatre

Saturday, April 20, 2:00 PM **Great Courses Lecture Series: How Jesus Became God**, Morrison Theatre

Saturday, April 20, 7:45 PM **Weekend Movies**, Morrison Th. ***and*** Community Rm



Sunday April 21, 11:00 AM
Easter Sunday Worship Service, Duvall Chapel

Sunday, April 21, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, April 21, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, April 22, 12:30 PM *No Spring Walk today*

Monday, April 22, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, April 22, 2:00 PM **Book Discussion Group**, Community Room.
Book to be discussed: *The Plot Against America* by Philip Roth.

Monday, April 22, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Priscilla Hundley

Monday, April 22, 3:30 PM **Scrabble**, North Living Room

Monday, April 22, 8:00 PM **A Convivial Colloquim**, South Living Room. Please join Newbury Court residents Jay Agarwal and Bill Cotter for a stimulating and thoughtful discussion of current events. This is an open forum for all viewpoints where we can share ideas and where we can, as they say... *"disagree without being disagreeable."*

Tuesday, April 23, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, April 23, 11:00 AM Transportation to Verrill Farm.

Tuesday, April 23, 11:30 AM **Seeking the Spirit**, Activities Room North

Tuesday, April 23, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, April 23, 2:00 PM Banking and Library Trip

Tuesday, April 23, 2:00 PM **Mindfulness Meditation w/Kristen Beard**, Community Rm

Tuesday, April 23, 2:30 PM **Needle and Chat**, Great Room

Tuesday, April 23, 3:00 PM **Landscape and Grounds Interest Group**, Community Rm
All are welcome.

Tuesday, April 23, 3:00 PM **Play Reading**, Old Private Dining Room
This week we start J.B.Priestley's An Inspector Calls

Wednesday, April 24, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, April 24, 10:00 AM **All Residents Meeting "CCC"**, Morrison Theatre
Immediately after CCC, Dr. Green, a physician on the staff of Emerson Hospital, will explain the items on the MOLST form and will address issues to consider when making your choices. His talk will be followed by a social worker from Care Dimensions, Lacy Gentry, MSW, who will address how you can "Write Your Own Story" by taking more control over your care at the end of your life.

Wednesday, April 24, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, April 24, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, April 24, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**
This week: Lecture by Alex McNeil, "What We Know About Shakespeare."

Wednesday, April 24, 1:00 PM **Hand Drumming with Mike Connors**, Community Rm

Wednesday, April 24, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, April 24, 2:30 PM **PBS Series: Downton Abbey**, Morrison Theatre

Wednesday, April 24, 3:30 PM **Scrabble**, North Living Room

Wednesday, April 24, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Il Trovatore by Giuseppe Verdi, Conclusion.

Thursday, April 25, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, April 25, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, April 25, 11:30 AM Lunch Out with Fayad to Papa Razzi in Concord

Thursday, April 25, 1:30 -5:00 PM **Liz Newell assists in the Pottery Studio** (UG)

Thursday, April 25, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, April 25, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, April 25, 2:00 PM **Panel Talk: Climate Change Priorities for Action**, Morrison Theatre. The Climate Initiative Group has invited three speakers:

Ellen Moyer: Dr. Moyer is a registered professional engineer as well as a US Green Building Council Leadership in Energy and Environmental Design Accredited Professional. Her work focuses on sustainability, resource protection, economics, pollution prevention, and environmental cleanup. Readers are loving her third book, *Our Earth, Our Species, Our Selves: How to Thrive While Creating a Sustainable World*, released in December 2016. Dr. Moyer is a regular contributor to *The Huffington Post*. Her mother and father, Betsy and Bill, are Newbury Court residents.

Robert L. Zimmerman, Jr.: Mr. Zimmeram was the many-decades director of the Charles River Water Association, of which there are 35 cities and towns in the watershed. During his term, conditions in the Charles River improved dramatically from receiving a US Environmental Protection Agency grade of D in 1995 to an A- in 2018.

Delia Kaye: Ms. Kaye has been the Natural Resources Director for the Town of Concord since 2006. She advises the Natural Resources Commission and its subcommittees on conserving and protecting the wetlands, natural resources, and agricultural lands in Concord.

Thursday, April 25, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Edith's choice:

Friday, April 26, 10:45 AM Transportation to BSO

Friday, April 26, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, April 26, 12:00 PM **Birthday Lunch**, North Dining Room

Friday, April 26, 1:00 – 3:00 PM **Wize Guides**, *in Community Room this month*

Friday, April 26, 1:15 PM **Scrabble**, North Living Room

Friday, April 26, 3:00 PM **Women's History Group**, Community Room



Friday, April 26, 5:00PM **Passover Seder**, Morrison Theatre.

The Spiritual Life Department invites you to our Seder, which will be a culmination to a full week of sacred observance celebrating a number of events and ideas: the birth of the Jewish people, their struggle for freedom, God's role in the history of the people of Israel, and their role in God's purposes. The Seder provides a unique opportunity for religious sharing with family friends and guests; for enhancing the meaning of Judaism and rejoicing in its beauty, and for a personal experience of the mysterious unfolding of a people's story, the wonder of their redemption, past, present and future. Please join us for this evening of remembering and celebrating. **Passover Seder reservation forms were put in your mail cubbies at the end of March. Please return to the North or South dining room on the date noted at the bottom of the reservation form.**

Friday, April 26, 7:30 PM **The West Wing**, *in the Great Room this week*

Saturday, April 27, 2:00 PM **Great Courses Lecture Series: How Jesus Became God**, Morrison Theatre

Saturday, April 27, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, April 28, 2:00 PM **Boston Chapter of American Harp Society's Harp Recital**, Morrison Theatre

Sunday, April 28, 2:00 PM ***No Sunday Movie in the Morrison this week***

Sunday, April 28, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, April 29, 12:30 PM Spring Walk with Sarah and Jill

Monday, April 29, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, April 29, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: M.J. Wuensch

Monday, April 29, 3:30 PM **Scrabble**, North Living Room

Tuesday, April 30, 10:30 AM **Budget Committee Meeting**, OPDR
(monthly meeting usually on the last Tuesday of the month)

Tuesday, April 30, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, April 30, 1:30 -3:30 PM **Open Studio for Crafting**, Arts and Crafts Room.

Tuesday, April 30, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, April 30, 2:00 PM Banking and Library Trip

Tuesday, April 30, 2:00 PM **Mindfulness Meditation w/Patricia Howard**, Community Rm

Tuesday, April 30, 2:30 PM **Needle and Chat**, Great Room

Tuesday, April 30, 3:00 PM **Play Reading**, OPDR
This week we continue An Inspector Calls

Tuesday, April 30, 3:00 PM **Indian Hill Music - An Extraordinary Story**, Morrison Theatre. Hear about Indian Hill Music, a rare organization in the US that combines a professional orchestra conducted by nationally renowned conductor Bruce Hangen with a community music school serving over 1,300 students of all ages while also providing extensive outreach programs in underserved communities. Currently located just 20 minutes from Newbury Court in Littleton, Indian Hill is constructing a state-of-the-art facility in Groton which will change the cultural landscape of not only the region but the state! The presentation will include information about current programs and feature architectural renderings of the new Music Center at Indian Hill as well as photos of construction progress. Chief Executive Officer Lisa Fiorentino, a founder and Senior Advisor Susan Randazzo and Board member Jon Panek will share their vision for the Music Center at Indian Hill and the many ways it will serve musicians and audiences from near and far.

DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only. Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

Special Meal Pricing will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply

HEALTH SERVICES ACROSS THE NEWBURY COURT CAMPUS

Director of Health Services: Ellen Levinson (978)505-6213

Resident Health Services (formerly known as *Wellness*) in Newbury Court South is open M-F 10-12 for walk-in (unscheduled) time with a nurse. Residents can also call 978-402-8134 to schedule a nurse office appointment or to request a nurse to visit their suite (for which there is a charge). The nurse on duty weekends can be reached by calling the receptions desks.

FOR ANY EMERGENCY, CALL 911

Ellen Reusch, RN Director x127

Nurse Advocates: Colleen Brophy, RN, Karen Goulakos, RN and Jill Karanian, RN all at ext 134

The Gardens: is an Assisted living community for people living with dementia or related cognitive impairments.

Brenda Pelley, RN, Program Director x323

Erin Dirks, LPN , Resident Care Director x 354

Rivercrest: provides both short-term rehab services and long term(residential) care.

Ellen Levinson, Administrator x362

Nancy LaRock, RN, Director of Nursing x 313

Outpatient rehabilitation services are also available to residents of Newbury Court. For an appointment, please call 978-402-8225

PRIVATE HOME CARE: Hector Montesino, Director (978)402-8620

DALS provides assistance (nurse's aides, companions) in residents' homes, including the suites in Newbury Court.

To schedule services, please call (978)831-2322 24/7

Health services con't →

Two Tuesdays, April 2 AND April 30, 9:00 AM – 12:00 PM Podiatrist, Salon.
It is necessary to call Dr. Hurwitz's office at 617.256.5839 to make an appointment to be seen. ***If you have not seen Dr. Hurwitz before, you will need to fill out new patient paperwork obtained from Ellen Reusch no later than a week before the next scheduled date.***

Wednesday, April 10, 2:30 – 4:30 PM **Belton Representative Gary Downey**,
North Conference Room (monthly visit on the 2nd Wednesday of the month)

Tuesday, April 16, 10:00 -11:00 AM **Flynn Associates Hearing Aid Service Representative Paul Dole**, North Conference Room.

Thursday, April 25, 9:30 AM **Miracle Ear Representative James Condon**,
South Parlor. (monthly visit on last Thursday of month)
Jim will also take calls about setting up your hearing aid to work with our hearing loop technology in the Morrison Theatre: 781.229.9874

Salon services:

Please call the phone numbers below for hours and rates.

Nancy Reagan, hair stylist: 978.314.7793

Donna Plummer, hair stylist: 978.501.4641

Grace D'Italia, hair stylist: 978.729.5608

Christine Lawton, manicurist: 978.302.9253