

June 10, 2020

Spiritual Life



REACH OUT!

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***Please reach out if
you need support or
help in staying
connected right now.***

We are here to help!



A Night Prayer by Fr. Austin Fleming

Warm nights, Lord:
windows open, fresh air,
moonlight in my room,
fewer covers on the bed,
birds chirping at dawn's first light...

Warm nights, Lord:
a welcome change in season,
a prayer finally answered
with promise of more to come...

Warm nights, Lord...
Will you let the warmth melt stone-cold hearts?
Might a change in seasons change us, too?
Will the promise of justice, this time 'round,
be real, concrete and truly for all?

Warm nights, Lord
coming together in unity, making the opportunity
to stand as one, to speak our truth,
to sing and pray with one, strong voice:
the time has come, the time has come,
now long past due, the time has come...

Warm nights, Lord, sometimes fan the flames
of violence and anger
so I pray tonight for passion's course
to walk a path of courage and conviction,
welcoming all, harming none,
following in your footsteps...

Protect us when we gather, Lord,
and walk us safe back home
that after keeping watch with you
we sleep 'til dawn in restful peace... Amen.

Taking Good Care

This week, we want to offer the simple words to a lovingkindness meditation as a way of “taking good care.” May this practice help to ground you, *whenever you need it.*

“May I know lovingkindness.
May I be held in lovingkindness.
May I be well in body, mind, and spirit.
May I experience love and wholeness of being.
May I be at peace.”

Repeat each line of the meditation, replacing “I” with:

- someone you **love**
- someone you have “**neutral feelings**” towards
- someone with whom you have a **difficult** relationship
- **all beings**

Quarterly All-Campus Memorial Service Sunday June 14, 2020 11:00 A.M. Channel 918

*Also on Zoom: <https://zoom.us/j/92530386282>
or use Meeting ID: 925 3038 6282*

We will be holding a special service of remembrance to celebrate and honor the lives of residents from Newbury Court, The Gardens, and Rivercrest who have passed away since the end of January.

Together, we remember:

Alyce Domenitz	Mary Preston
Dorothy Sullivan	Gloria Rogers
Irving Fins	Adam Mancini
Frances Sanborn	Mary Finitsis
William Primiano	Lucille Weiss
Muriel Landers	Richard “Dick” Handy
Peter Brooke	Carl Hultzen
Noreen Avery	Catherine Koob
Dr. Jagdish “Jay” Agarwal	Robert “Bob” Savoy
Barbara Platt	The Rev. Richard “Dick” Harding
Elliot Curtis	Jean Hallock
Lucy Saxenian	Cornelius “Neil” Sullivan
William “Bill” Glass	

*After the service, we usually have cookies and coffee and continue sharing our memories with one another. Since we can't do that, we're asking you all to **send us submissions for a memorial book** to be published online and in print.*

Family members, friends, and staff are encouraged to write a brief reflection (one page, typed) that includes memories, funny stories, and thoughts about the legacies of their loved ones. You can also submit 1-2 photos.

***These can be sent to Rev. Sarah at shathaway@newburycourt.org
or dropped off at her office in the North Lobby.***