



September 2018



The Dinner Party by Jules Grun

*We will be welcoming home friends who
have been away for the summer
at our annual Welcome Back Dinner
Thursday, September 20*

Director of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping Trips:

(Please plan to transport packages to your suite.)

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM:

September 10: Roche Bros. September 17: Trader Joe's September 24: Stop & Shop

FAQs about Bus Trips

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



By press time, renovations for Morrison should finally be under way! Since Morrison will be closed for all of September we have decided to continue to get out of town!! We have scheduled more trips than usual and there will be NO BUS FEE for programs during the month of September. So— let's have some fun!!



Bus Trips

*~Please make a point to be in the lobby
at least five minutes prior to scheduled departures. ~*

Tuesday, September 4, 10:00 AM AND 2:00 PM Transportation to the polls at Harvey Wheeler Center in West Concord for voting in the Primaries.

Thursday, September 6, 12:45 PM Charles River Sightseeing Cruise.

Enjoy a 70-minute, fully-narrated sightseeing cruise along the Charles River. Your captain and crew will both entertain and educate while pointing out the historic and cultural sights of Boston and Cambridge. Sights include Beacon Hill, Esplanade Park, the Back Bay, Boston University, M.I.T., Harvard and countless sailboats and rowers! There are restrooms on board. Boat departs at 2:30 PM. Arrival back at Newbury Court will probably be approx. 5:30 PM. Ticket price is \$14.00.

Friday, September 7, 11:00 AM Transportation to Concord Center.

We drop you off in Concord Center where you can shop at the various stores (Cheese Shop, Bookshop, Vanderhoof's Hardware, The Colonial Store) and/or grab a bite to eat (Main St. Café, Helen's, Comella's etc.) You will be dropped off in the lot behind the Visitors Ctr and picked up in the same location. There are benches and restrooms there. ***Pick up will be promptly at 1:00 PM.***

Monday, September 10, 1:00 PM Walk with Sarah and Jill

Our weekly walks start up again; these Monday walks are for hardy walkers that can walk at a reasonable pace for an hour over frequently uneven terrain. Please wear sturdy walking shoes and use a walking stick if you need the stability. We offer pairs of trekking poles to anyone who wants to use them! We hike along several different trails in the area; Battle Road, Punkatasset Conservation area, October Farm, just to name a few. Please sign up with Transportation.

bus trips con't →

Thursday, September 13, 11:00 AM Trip to Verrill Farm.

A quick, five minute drive from Newbury Court will bring you to Verrill Farm. They carry fresh produce, baked goods, an impressive array of cheeses, flowers, gift items such as jams, jellies, tea towels as well as a large, refrigerated section with precooked meals to go. In addition, they have a deli counter where you can order a sandwich or a panini and enjoy a lunch there.

Monday, September 17, 1:00 PM Walk with Sarah and Jill

Tuesday, September 18, 9:00 AM Guided Tour of The Royall House and Slave Quarters, Medford, MA. In the eighteenth century, the Royall House and Slave Quarters was home to the largest slaveholding family in Massachusetts and the enslaved Africans who made their lavish way of life possible. Today, the Royall House and Slave Quarters is a museum whose architecture, household items, archaeological artifacts, and programs bear witness to intertwined stories of wealth and bondage, set against the backdrop of America's quest for independence. The Slave Quarters is the only remaining such structure in the northern United States, and the Royall House is among the finest colonial-era buildings in New England. Please note that there are no elevators and there is nowhere to sit during the tour. This tour is limited to one group of 15. The fee is \$12.00. No Bus Fee. Lunch out afterwards.

Friday, September 21, 9:30 AM Trip to Old Sturbridge Village.

Old Sturbridge Village, the largest outdoor history museum in the Northeast, depicts a rural New England town of the 1830s. Step inside more than 40 original buildings, and explore homes, meetinghouses, a district school, country store, bank, working farm, three water-powered mills, and trade shops – all situated on more than 200 scenic acres. Talk with authentically costumed historians and see heritage breed farm animals.

While much of the area is technically “accessible” please be prepared for a fair amount of walking and some uneven terrain. We will arrive at approx. 11:00 AM and will have two hours to stroll around and see the sights.

We have 1:00 PM lunch reservations at the Tap Room in the Oliver Wight Tavern, part of Old Sturbridge Village. You will have an opportunity to visit the gift shop before we leave. Senior admission fee is \$26.00. Bring cash for lunch. Arrival back at Newbury Court would be approx. 4:30 PM.

Monday, September 24, 1:00 PM Walk with Sarah and Jill

Tuesday, September 25, 11:30 AM Lunch Out with Fayad at To Beirut in Norwood. To Beirut features kabobs, shawarma, vegetarian and Lebanese specialties. Bring cash for lunch.

bus trips con't →

Thursday, September 27, 9:30 AM Guided tour of Beauport, the Sleeper-McCann House in Gloucester. Beauport, the Sleeper-McCann House, was the summer home of Henry Davis Sleeper, one of America's first professional interior designers. Enter a maze of rooms alternating between light and dark, decorated like stage sets evoking America's past based on a variety of themes. Explore a bright apple green bedroom with lush jungle-like wallpaper, an early American kitchen awaiting a crowd of guests, a breathtaking green-and-white dining room overlooking Gloucester Harbor, and a round book tower built around quirky wooden curtains.

We have an 11:15 AM tour. The house is not handicapped accessible (there are sometimes a few steps up or down between rooms, and there is no elevator between floors.) Passageways can be narrow so it isn't an appropriate trip for people with walkers either. There are no places to sit down during our hour-long tour. (But if you can do it, it is definitely worth it!) Admission is \$12.00. Lunch out afterward in Gloucester.

Sunday, September 30, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert. The Montrose Trio performs a program that includes Piano Trio in E-flat Major, Hob. XV: 29 by Joseph Haydn; Piano Trio in C Minor, Op. 101 by Johannes Brahms and Piano Trio in C minor, Op. 66 by Felix Mendelssohn with a pre-concert lecture by Steven Ledbetter at 2:00 PM. Individual tickets and subscriptions may be purchased by calling 978.405.0130. Senior ticket prices are \$33.00 and 42.00 and the individual tickets go on sale Sept 4.



Royall House and Slave Quarters



Old Sturbridge Village



Beauport, Sleeper - McCann House



Music at Newbury Court

September 11, 3:00 PM **Cello and Piano Recital: Trevor Handy & Bonnie Anderson**, Duvall Chapel. **Trevor Handy**, cellist, enjoys an active career in Los Angeles where he serves as Principal Cellist of the Santa Barbara Symphony Orchestra, is a member of the Los Angeles Chamber Orchestra, Santa Barbara Chamber Orchestra, Hollywood Bowl Orchestra, and Long Beach Symphony Orchestra. He is also a studio musician for Hollywood. He plays regularly for LA Opera, area chamber music series, and at music festivals such as La Jolla Summerfest and Festival Mozaic and serves as adjunct faculty at Westmont College. Trevor has taught cello privately and has also served on the faculties of the Kamehameha Schools in Honolulu and at Pepperdine University. *He is the son of Newbury Court residents Richard and Esther Handy.*

A native of Westford, Massachusetts, pianist **Bonnie Anderson** is known for her expressive interpretations of Chopin, Brahms and Ravel. Collaborating with artists from the Boston Symphony Orchestra, Orpheus Chamber Orchestra, Los Angeles Philharmonic and New York Philharmonic, Ms. Anderson has performed in Alice Tully Hall, Jordan Hall, Shalin Liu Performance Center, the Austrian Embassy and numerous universities around the country. *Their program consists of music by CPE Bach, JS Bach and Beethoven.*

Wednesday, September 12, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

Friday, September 14, 4:00 PM **Concert: The Workingman's Duo**, South Café. If you missed them last time, this is your chance to hear what everyone was talking about: Rick Maida and Tom Yates of The Workingman's Duo have been thrilling audiences with popular songs from the 1950's and 1960's. Their repertoire includes hit songs from television shows and movies and includes love songs, country songs, foot-stomping rockabilly, and vintage rock & roll. Think "King of the Road" and "Blueberry Hill." Refreshments will be served.

Wednesday, September 26, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

Art at Newbury Court



Ongoing Exhibit: Needle Felting Art by Lyn Slade, North and South Gallery.
This exhibit will be up until Sept. 24.

Demos and Classes:

Wednesday, September 12, 1:00- 5:00 PM **Needle Felting Workshop with Lyn Slade**, Art Studio South. Join Lyn for a four hour workshop in which you will learn the basics of needle felting art, and some tricks of the trade for details and special effects, while making a small 5" x 7" work of art. Each person will make their own design, please bring a few photos or images that you are inspired by. Lyn will help you pick the best one for a beginner. Images without atmospheric lighting would be best (no fog, no sparkling light off the water...) Your piece will be matted and ready to frame at the end of the workshop - how sweet is that!? ***Please bring a small pair of scissors, a ball point pen and your photo inspirations. Sign up quickly, the class is limited to 12 students, and is a great afternoon of creative fun.***

Thursday, September 13, 1:00 PM* **Drawing Demo**, South Living Room
Katherine will be working with a live model. ****Please note new time***

Monday, September 24, 2:00 PM **Long Arm Quilting Services Demo**, Arts and Crafts Room. Jean Konopacz from JKThreads is a long arm quilter in Waltham who finishes quilt tops. Jean will be visiting us on Monday Sept. 24. She will give a short presentation on what she does in her long arm as well as a show of a few of her quilts. Jean can quilt the simple design to the most complex. If any of you have pieced quilt tops that need finishing, Jean can be of service to you. Bring your projects along for a consultation after the presentation. Jean can take them with her and return them finished in mid October. Please note that a backing fabric of 8" longer and wider than the quilt top is needed to grasp into her quilting machine. If you don't have a backing, Jean can help with the purchase of a suggested one. Jean carries cotton and wool batting for your use. She can also offer to bind your quilt if needed. See her website for more information or contact her if you have questions before her visit. www.JKThreads.com

Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

Tuesdays, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG).

Wednesdays , 10:30 AM -12:30 PM **Drawing**, Art Studio South (UG level)

Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).

Now on Wednesdays! 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room
NC resident Liz Kleiman coordinates this beading group.

Special Programs and Monthly Meetings

Saturday, September 1, 7:45 PM **Weekend Movies**, Great Room *and* Community Room. Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, September 2, 2:00 PM **Sunday Afternoon Movie**, Great Room. This week, the movie that was shown in the Community Room on Saturday night will be shown in the Morrison Theatre on Sunday afternoon.

Sunday, September 2, 3:00 PM **Sunday Afternoon Movie**, Community Room. This week the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Monday, September 3, 1:00 - 3:30 PM ***No Advanced Watercolor this week***

Monday, September 3, 3:30 PM **Scrabble**, North Living Room

Tuesday, September 4, 10:00 AM AND 2:00 PM Transportation to the polls at Harvey Wheeler Center in West Concord for voting in the Primaries.

Tuesday, September 4, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South.

Tuesday, September 4, 1:30 – 4:00 PM **Liz and Ted assist in the Pottery Studio**

Tuesday, September 4, 2:00 PM *No Banking and Library Trip this week*

Tuesday, September 4, 2:30 PM **Needle and Chat**, Great Room

This group will only meet informally through the summer. The group knits afghans for various charitable groups. You need not knit a whole afghan; some knitters knit strips that are then attached to make a finished piece. All are welcome.

Tuesday, September 4, 3:00 – 4:00 PM **Play Reading Group**, OPDR.

This month Play Reading Group will meet twice, and on Sept. 4 we will finish up ***Spoon River Anthology***. Even if you haven't read with us previously, please join us if you wish to. This play lends itself to "drop in" reading. On Sept. 25 we will start a new play.

Tuesday, September 4, 4:00 PM **South Library Committee Meeting**, OPDR
(monthly meeting now on 1st Tuesday.)

Wednesday, September 5, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.** Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Wednesday, September 5, 9:00 AM **Men's Breakfast**, Activities Room North
Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, September 5, 10:00 AM **All Residents' Meeting, "CCC"**, Community Rm.
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. ***Major announcements are made at CCC***, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, September 5, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio South

Wednesday, September 5, 11:00 AM **Knit and Chat**, Arts & Crafts Room.
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, September 5, 12 noon **Channel 8 Broadcast of Newbury Court presentation**

Wednesday, September 5, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, September 5, 2:30 PM **Netflix Movie: The Guernsey Literary and Potato Peel Pie Society**, The Great Room.

Wednesday, September 5, 3:00 PM **South Food Service Committee Meeting**, South Private Dining Room. If you wish to join or attend, contact Charlie Harrington, 978.821.7822. (monthly meeting ***usually*** on 1st Wednesday)

Wednesday, September 5, 7:00 PM **Scrabble**, North Living Room

Wednesday, September 5, 7:30 PM **Opera night, in the Great Room this week**
Most Wednesday nights residents Betsy Moyer and Barbara Schnuer choose and show an opera on DVD. *This week's opera: Maria Callas in concert.*

Thursday, September 6, 9:30 AM– 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, September 6, 10:00 AM **Executive Committee Meeting**, OPDR

Thursday, September 6, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, September 6, 12:45 PM Charles River Sightseeing Cruise

Thursday, September 6, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, September 6, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, September 6, 7:30 PM **Thursday Night Movie**, Great Room.
Jim's choice: Strictly Ballroom

Friday, September 7, 11:00 AM Transportation to Concord Center

Friday, September 7, 11:00 – 4:00 PM **Reflections Consignment Boutique**, South Living Room. Reflections Boutique is a local West Concord consignment shop specializing in clothing and accessories for women of all sizes and shapes - XS thru Plus sizes. They will be selling clothing, outerwear, handbags, jewelry, scarves, and shoes. All items are priced well below retail.

Friday, September 7, 1:15 PM **Scrabble**, North Living Room

Friday, September 7, 3:00 PM **Women's History Group**, Community Room. Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Saturday, September 8, 2:00 PM **Great Courses Video Lecture Series : The 30 Greatest Orchestral Works**, Community Room.

We start a new series this month: In ***The 30 Greatest Orchestral Works***, Great Courses favorite Professor Robert Greenberg of San Francisco Performances takes you on a sumptuous grand tour of the symphonic pieces he counts, as a highly respected composer and music historian, as being among the very greatest ever written—inviting you to an in-depth contemplation of what makes these works so memorable, and why they live at the center of our musical culture. These 30 masterworks form an essential foundation for any music collection and a focal point for understanding the orchestral medium and deepening your insight into the communicative power of music. While seasoned music lovers will find the lectures a fascinating and revealing journey through the repertoire, the course welcomes newcomers to orchestral music, offering a very accessible point of entry to this magnificent repertoire. We show two lectures every Saturday. There are 32 lectures, 46 minutes each.

Saturday, September 8, 7:45 PM **Weekend Movies**, Great Room **and** Community Rm

Sunday, September 9, 2:00 PM **Sunday Afternoon Movie**, Great Room

Sunday, September 9, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, September 10, 10:00 AM South Library Committee **Work Meeting**, South Library (monthly meeting is Monday *after* 1st Tuesday Library meeting)

Monday, September 10, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio S (UG)

Monday, September 10, 1:00 PM Walk with Sarah and Jill

Monday, September 10, 3:30 PM **Scrabble**, North Living Room

Monday, September 10, 3:30 PM **Read Aloud Group**, South Living Room.
The Read Aloud Group meets almost every Monday afternoon and is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers.

This week's reader: Hector Montesino

Tuesday, September 11, 9:00 AM **9/11 Prayer Gathering**, Duvall Chapel
Join the chaplains for a time of quiet reflection and prayer in memory of those whose lives were lost on September 11, 2001. All faith traditions welcome.

Tuesday, September 11, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, September 11, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, September 11, 2:00 PM Banking and Library Trip

Tuesday, September 11, 2:30 PM **Needle and Chat**, Great Room

September 11, 3:00 PM **Cello and Piano Recital: Trevor Handy & Bonnie Anderson**, Duvall Chapel

Tuesday, September 11, 3:00 PM **Welcome Committee Meeting**, South Living Room (monthly meeting on 2nd Tuesday.)

Wednesday, September 12, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, September 12, 10:00 AM **All Residents' Meeting, "CCC"**, Great Room

Wednesday, September 12, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, September 12, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, September 12, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**

Wednesday, September 12, 1:00- 5:00 PM **Needle Felting Workshop with Lyn Slade,**
Art Studio South

Wednesday, September 12, 1:30 PM -4:00 PM **Beading Group,** Arts & Crafts Room

Wednesday, September 12, 2:30 PM **PBS Series: Island at War,** Great Room
Set on a fictional slice of the Channel Islands, this engrossing series follows three families caught on the islands at the beginning of World War II, capturing their experiences as they grapple with the stress of daily life and global conflict. Each of the 6 segments is approx. 90 minutes long.

Wednesday, September 12, 3:00 PM **North Food Committee Meeting,** Activities Rm North. Contact: Linda Ball (monthly meeting *usually* on 2nd Wednesday)

Wednesday, September 12, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland,**
South Café

Wednesday, September 12, 7:00 PM **Scrabble,** North Living Room

Wednesday, September 12, 7:30 PM **Opera night, Community Room**
This week's opera: "The Three Penny Opera" by Kurt Weill.

Thursday, September 13, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, September 13, 10:00 AM **Mindfulness Meditation,** Duvall Chapel

Thursday, September 13, 11:00 AM Trip to Verrill Farm

Thursday, September 13, 1:00 PM **Drawing Demo,** South Living Room

Thursday, September 13, 2:00 – 4:00 PM **Beginning Watercolor,** Art Studio South

Thursday, September 13, 2:00 PM **Chess & Checkers,** Activities Room North

Thursday, September 13, 2:00 PM **Marketing's Resident Meet and Mingle,**
South Café. Have you seen some new faces in the dining room or around campus and don't know who they are? Wondering what some of your friends have been up to over the summer? Come out to the Meet & Mingle time and get connected! Watch for the flyer in your mail cubby.

Thursday, September 13, 3:00 PM **Landscape and Grounds Group,** Community Room.
(now the second Thursday of every month April through October)

Thursday, September 13, 7:00 PM **Sudbury Valley Nature Photographers Meeting**, Community Room. Presentation by photographer Nicole Mordecai, "Back-lighting and Reflections." Newbury Court residents are always welcome to attend. Light refreshments. (*second Thursday of the month*)

Thursday, September 13, 7:30 PM ***No Thursday Night Movie this week***

Friday, September 14, 11:00 AM- 3:00 PM **Traveling Boutique**, South Living Room

Friday, September 14, 1:15 PM **Scrabble**, North Living Room

Friday, September 14, 4:00 PM **Concert: The Workingman's Duo**, South Café.

Saturday, September 15, 2:00 PM **Great Courses Video Lecture Series : The Thirty Greatest Orchestral Works**, Community Room.

Saturday, September 15, 7:45 PM **Weekend Movies**, Great Room *and* Community Room

Sunday, September 16, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, September 16, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, September 17, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, September 17, 1:00 PM Walk with Sarah and Jill

Monday, September 17, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Klaus Kleinschmidt

Monday, September 17, 3:30 PM **Scrabble**, North Living Room

Tuesday, September 18, 9:00 AM Guided Tour of The Royall House and Slave Quarters, Medford, MA

Tuesday, September 18, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, September 18, 11:30 AM **Seeking the Spirit**, Activities Room North.
This group is open to anyone with an interest in spirituality, regardless of tradition or background. Our first session will run for 7 weeks (through October 30) and will take its inspiration from the Karl Barth adage, "Take your Bible in one hand and your newspaper in the other." What does it mean to have faith and also be a citizen of the world? How does our spirituality affect how we interact with/respond to news and politics? Come for a lively and open-hearted discussion with fellow spirit-seekers! Individuals from all faith and political backgrounds welcome.

Tuesday, September 18, 1:30 – 4:30 PM **Liz assists in Pottery Studio**

Tuesday, September 18, 1:30 PM **Catholic Mass**, Duvall Chapel

Tuesday, September 18, 2:00 PM Banking and Library Trip

Tuesday, September 18, 2:30 PM **Needle and Chat**, Great Room

Wednesday, September 19, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, September 19, 10:00 AM **All Residents' Meeting, "CCC"**, Community Room

Wednesday, September 19, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, September 19, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, September 19, 12 noon **Channel 8 Broadcast of Newbury Court presentation.**

Wednesday, September 19, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, September 19, 2:30 PM **PBS Series: Island at War**, Great Room

Wednesday, September 19, 7:00 PM **Scrabble**, North Living Room

Wednesday, September 19, 7:30 PM **Opera night, Community Room**
This week's opera: "The Tempest" by Thomas Ades, Part I.

Thursday, September 20, 9:30 AM – 12:00 PM **Ted and Liz assist in Pottery Studio**

Thursday, September 20, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, September 20, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, September 20, 2:00 PM **Climate Initiative Group**, Community Room

Thursday, September 20, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, September 20, 2:30 PM **Coffee and Chat**, South Café.

On Thursday afternoons, join resident Terry McConaughy and others for a chat. Residents can come and go and all are welcome! Come and enjoy cookies, a beverage and most of all, conversation.

Thursday, September 20, 7:30 PM **Thursday Night Movie**, Great Room
Klaus's choice: The Incredibles

Friday, September 21, 9:30 AM Trip to Old Sturbridge Village

Friday, September 21, 10:00 AM **Diversity and Inclusion Group**, South Living Room
(meets on the 3rd Friday of the month)

Friday, September 21, 1:15 PM **Scrabble**, North Living Room

Saturday, September 22, 2:00 PM **Great Courses Video Lecture Series :
The Thirty Greatest Orchestral Works**, Community Room.

Saturday, September 22, 7:45 PM **Weekend Movies**, Great Room *and* Community Rm

Sunday, September 23, 2:00 PM **Sunday Afternoon Movie**, Great Room

Sunday, September 23, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, September 24, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, September 24, 1:00 PM Walk with Sarah and Jill

Monday, September 24, 2:00-3:15 **Book Discussion Group**, Community Room
Two books to be discussed: *The Road to Koorain* and *True North* by Jill Ker Conway.
Light refreshments. All are welcome, whether you have read both books or not.

Monday, September 24, 2:00 PM **Long Arm Quilting Services Demo**, Arts and Crafts Room

Monday, September 24, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Gordon Lentell

Monday, September 24, 3:30 PM **Scrabble**, North Living Room

Tuesday, September 25, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, September 25, 10:30 AM **Budget Committee Meeting**, OPDR
(usually the last Tuesday of the month)

Tuesday, September 25, 11:30 AM **Seeking the Spirit**, Activities Room North.

Tuesday, September 25, 11:30 AM Lunch Out with Fayad at To Beirut in Norwood

Tuesday, September 25, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, September 25, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Community Room. Patricia is the instructor for the Mindfulness Meditation program at Emerson Hospital and is a graduate of the Barbara Brennan School of Healing Certificate Program where she also completed advanced studies in Education, Individual Group Supervision and Brennan Integrative Therapy training. She has completed the Practicum in Mindfulness-Based Stress Reduction Teacher Training at the Center for Mindfulness at the University of Massachusetts Medical Center. Patricia has a passion for providing people with the tools and support they need to transform fear and self-limiting beliefs into life force and creative expression. Patricia comes on Tuesdays at 2:00 PM.

Tuesday, September 25, 2:00 PM Banking and Library Trip

Tuesday, September 25, 2:00 PM **Program Committee Meeting**, South Living Room

Tuesday, September 25, 2:30 PM **Needle and Chat**, Great Room

Tuesday, September 25, 3:00 PM **Play Reading Group**, OPDR
We will start a new play, title to be determined.

Wednesday, September 26, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, September 26, 10:00 AM **All Residents' Meeting, "CCC"**, Community Room

Wednesday, September 26, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, September 26, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, September 26, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast:*

Wednesday, September 26, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, September 26, 2:30 PM **PBS Series: Island at War**, Great Room

Wednesday, September 26, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café

Wednesday, September 26, 7:00 PM **Scrabble**, North Living Room

Wednesday, September 26, 7:30 PM **Opera night, Community Room**
This week's opera: "The Tempest" by Thomas Ades, Conclusion.

Thursday, September 27, 9:30 AM trip to Beauport, the Sleeper-McCann House in Gloucester.

Thursday, September 27, 9:30 AM – 12:00 PM **Liz assists in Pottery Studio**

Thursday, September 27, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, September 27, 2:30 PM **Coffee and Chat**, South Café.

Thursday, September 27, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, September 27, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, September 27, 2:00 PM **Coffee and Chat**, South Café

Thursday, September 27, 7:30 PM **Thursday Night Movie**, Great Room
Edith's choice: Quiz Show

Friday, September 28, 12:00 PM **Birthday Lunch**, South Dining Room

Friday, September 28, 1:00 – 3:00 PM **Wize Guides**, Community Room

Friday, September 28, 1:15 PM **Scrabble**, North Living Room

Saturday, September 29, 2:00 PM **Great Courses Video Lecture Series :
The Thirty Greatest Orchestral Works**, Community Room.

Saturday, September 29, 7:45 PM **Weekend Movies**, Great Room *and* Community Rm

Sunday, September 30, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert

Sunday, September 30, 2:00 PM **Sunday Afternoon Movie**, Great Room

Sunday, September 30, 3:00 PM **Sunday Afternoon Movie**, Community Room

DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only.
Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

Special Meal Pricing will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply.

Health and Wellness

Newbury Court (North and South) Home Health and Wellness Offices are open M-F 10:00 AM -12:00 Noon for “drop in time” if someone would like to see a wellness nurse. If you are unable to come to the south wellness office during this time you will need to schedule a time to be seen. Scheduled suite visits will be charged to you.

These changes were made effective July 1, 2018.

Ellen Reusch, RN, Director of Home Health and Wellness: South Wellness Office
978.402.8127 (for non-urgent calls)

Colleen Brophy, RN – part time, x134

Karen Goulakos, RN, Evening Supervisor. Karen G. is here full time 2:00 -10:00 PM.
She can be reached at x373 or by calling the receptionist.

Please check with the receptionist on weekends for the nurse on duty.

If you need to speak with a nurse urgently, please call the receptionist and they will direct your call. Any emergency, please call 911.

Wednesday, September 12, 2:30 – 4:30 PM **Beltone Representative Gabrielle Indeglia**, North Conference Room (monthly visit on the 2nd Wednesday of the month)

Thursday, September 27, 9:30 AM **Miracle Ear Representative James Condon**, South Parlor. (monthly visit on last Thursday of month)

PRIVATE HOME CARE

Newbury Court has its own Private Duty Home Care Service to assist you in the comfort of your home. If you would like to inquire about our services please contact Hector Montesino, Director of Home Care: 978-402-8620 (Non-Urgent Calls) and 24/7 at 978-831-2322