



October 2017

This October is jam-packed!

In addition to 25 bus trips, 5 concerts and other assorted programs, we have two program series that will pique your interest:

Art Historian Nancy Baker gives a series of lectures she calls, "The Greats in Art at the Turn of the Century" (1850-1950) →
See insert for details.



A resident committee organized a series of lectures, films and more that they call, "Let's Talk About Death"
← See inside for details.

Dir. of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping: Please plan to transport packages to your suite.

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **October 2: Market Basket October 9: Roche Bros.**
October 16: Trader Joe's October 23: Stop & Shop October 30: Idylwilde

FAQs about Bus Trips

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel a trip **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



Bus Trips

Monday, October 2, 1:00 PM Autumn Walk

In October, Sarah Schultz and/or Jill Crowley will lead hour-long walks on Mondays at some location within a short bus ride. Possible locations might include October Farm, Punkatasset, Battle Road, Fairyland and more. Please dress in layers, wear sturdy walking/hiking boots and bring a walking stick if it helps your stability. We have several sets of trekking poles for your use as well. Our plan is to return to Newbury Court by 2:30 PM or shortly thereafter. Sign up with transportation **will** be necessary but there is no bus fee.

Tuesday, October 3, 11:00 AM Transportation to Concord Center.

On **alternating Tuesdays** we will drop you off in Concord Center where you can shop at the various stores (Cheese Shop, Bookshop, Vanderhoof's Hardware, The Colonial Store etc.) and/or grab a bite to eat (Main St. Café, Helen's, Comella's etc.) You will be dropped off in the lot behind the Visitors Ctr and picked up in the same location. There are benches and restrooms there. ***Pick up will be promptly at 1:00 PM.*** No bus fee.

Friday, October 6, 10:45 AM Transportation to BSO

Saturday, October 7, 4:30 PM Transportation to Concord Free Public Library for lecture by Robert A. Gross, “*The Nick of Time’: Coming of Age in Thoreau’s Concord.*” Lecture starts at 5:00 PM and may run to 7:00 PM. It is free of charge and takes place in the main library rotunda. *The library itself will not be open and you will not be able to check out books.* No bus fee.

Monday, October 9, 1:00 PM Autumn Walk

Tuesday October 10, 11:00 AM Transportation to West Concord. On **alternating Tuesdays** we will drop you off in West Concord so that you can shop at various stores (The 5 & 10, Debra's Natural Gourmet, West Concord Wine & Spirits, etc.) and/or grab a bite to eat (Concord Teacakes, Nashoba Brook Bakery, etc.) You will be dropped off somewhere near Debra's and picked up in the same location. ***Pick up will be promptly at 1:00 PM.*** No bus fee.

Tuesday October 10, 1:00 PM Fall Foliage Bus Ride. Enjoy a ride along back roads and see the fall colors. No walking needed, though the driver may stop briefly at a farm stand to give riders an opportunity to pick up some cider or pie. Expect to be back at Newbury Court in about an hour and a half or so.

Thursday, October 12, 1:15 PM Walking Tour of Mt. Auburn Cemetery.

A hired guide will give us an hour and a half (or a little bit shorter) walking tour of the cemetery, with a horticultural emphasis but with plenty of general information about the cemetery as we stroll along. This should be at the height of the foliage season so Mt. Auburn will look lovely! ***This trip is definitely only for hardy walkers who will have no difficulty staying on their feet for over an hour. We will not be walking at a breakneck pace but do not count on many opportunities to sit.*** Tour fee is \$5.00. Bus fee: \$5.00.

Friday, October 13, 10:45 AM Transportation to BSO

Friday, October 13, 1:00 PM Transportation to Concord Piecemakers Quilt Show at St. Matthew's United Methodist Church in Acton. At this handicapped accessible church, the quilt show will include quilts on display, vendors, a raffle, demonstrations and a coffee and cookie shop. Admission is \$7.00. No bus fee.

Friday, October 13, 7:30 PM Transportation to 51 Walden St. for Concord Orchestra concert, "Cultures." Program includes Mozart's *Magic Flute Overture*; Bloch's *Schelomo*, *Hebraic Rhapsody* with Jan Müller-Szeraws, Cello; and Prokofiev's *Symphony No. 5*. Tickets are \$25.00 and can be purchased by calling 978.369.4967 or by visiting www.concordorchestra.com. No bus fee.

Saturday, October 14, 4:30 PM Transportation to Concord Free Public Library for lecture by Robert N. Hudspeth, "Thoreau's Concord in His Correspondence." Lecture starts at 5:00 PM and may run to 7:00 PM. It is free of charge and takes place in the main library rotunda. *The library itself will not be open and you will not be able to check out books.* No bus fee

Monday, October 16, 1:00 PM Autumn Walk

Tuesday October 17, 11:00 AM Transportation to Concord Center.

Thursday, October 19, 12:30 PM Transportation to Indian Hill Music in Littleton for free "Bach's Lunch" concert, *Sounds of the Renaissance*. We have two tables reserved for this show. Each table is allowed to have up to six people only – *therefore this trip will have a maximum number of twelve attendees*. Concert starts at 1:30 PM. Coffee, tea, and cookies are provided by Indian Hill free of charge, **you bring your own bag lunch**. Admission is free. No bus fee.

Saturday, October 21, 7:30 PM Transportation to 51 Walden St. for Concord Band's Fall Concert, "Songs and Dances." Their program includes some Debussy's *Girl with the Flaxen Hair*, *Old American Songs* by Copland, *Cajun Folk Songs* by Frank Ticheli and more. This is a free concert, but donations are welcome. No bus fee.

Sunday, October 22, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert. Performing are Wendy Putnam on violin and Shai Wosner on piano. The program includes Chopin, Schubert, and Schumann. Concert is preceded by a 2:00 PM lecture. Senior ticket prices are \$33.00 and \$42.00. Tickets may be purchased by calling 978.405.0130 or online at www.concordchambermusic.org. Email: info@concordchambermusic.org. No bus fee.

Monday, October 23, 1:00 PM Autumn Walk

Tuesday, October 24, 11:00 AM Transportation to West Concord.

Wednesday, October 25, 10:00 AM Transportation to Concord Art for an art demonstration by Marcia Ballou - *Painting with Paper: A Composition with Flowers*. Free for members, \$10.00 for non-members. Demo runs from 10:30 AM – 12:30 PM. If interested, please call Artist-in-Residence Katherine Miller at 978.402.8117.

Thursday, October 26, 11:00 AM Transportation to Verrill Farm.

A quick, five minute drive from Newbury Court will bring us to Verrill Farm. They carry fresh produce, baked goods, an impressive array of cheeses, flowers, gift items such as jams, jellies, tea towels as well as a large, refrigerated section with precooked meals to go. In addition, they have a deli counter where you can order a sandwich or a panini and enjoy a lunch there. No bus fee.

Friday, October 27, 10:45 AM Transportation to BSO

Monday, October 30, 1:00 PM Autumn Walk

Tuesday October 31, 11:00 AM Transportation to Concord Center.

AND IN EARLY NOVEMBER:

Thursday, November 2, 9:30 AM Trip to Currier Museum of Art in Manchester, New Hampshire. Nancy Baker will be our guide for two exhibits—*The Paris of Toulouse-Lautrec Prints & Posters from MoMA* and *Monet: Pathways to Impressionism*. Lunch (self-serve) at Museum Café. Residents who join this trip must participate in guided tour. We will return to Newbury Court at approximately 4:00 PM. Bus Fee \$25.00. Museum Fee \$16.00.



Music at Newbury Court

Tuesday, October 3, 3:00 PM **Folk Music: Hawthorn Duo**, Morrison Theatre. The Hawthorn Duo, Taylor Holland and Heather Scott, weave melodic layers into harmonies pulled from traditional folk roots. Their mutual love of the natural world, storytelling and community moves them to create music colored by both external and internal landscapes. Heather Scott is the granddaughter of Newbury Court residents Wayne and Barbara Clemens.

Wednesday, October 11, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

Saturday, October 14, 3:00 PM **Trio Recital**, Duvall Chapel. Stephanie Stathos, flute; Steven Smith, cello; and Betsy Moyer, piano. Program includes works by Beethoven, Tchaikovsky, Borne (after Bizet), and Hindemith.

Friday, October 20, 3:00 PM **Cello and Piano Concert: Trevor Handy and Bonnie Anderson**, Morrison Theatre. **Trevor Handy**, cellist, enjoys an active career in Los Angeles where he serves as Principal Cellist of the Santa Barbara Symphony Orchestra, is a member of the Los Angeles Chamber Orchestra, Santa Barbara Chamber Orchestra, Hollywood Bowl Orchestra, and Long Beach Symphony Orchestra. He is also a studio musician for Hollywood. He plays regularly for LA Opera, area chamber music series, and at music festivals such as La Jolla Summerfest and Festival Mozaic and serves as adjunct faculty at Westmont College. Trevor has taught cello privately and has also served on the faculties of the Kamehameha Schools in Honolulu and at Pepperdine University. He is the son of Newbury Court residents Richard and Esther Handy.

A native of Westford, Massachusetts, pianist **Bonnie Anderson** is known for her expressive interpretations of Chopin, Brahms and Ravel. Collaborating with artists from the Boston Symphony Orchestra, Orpheus Chamber Orchestra, Los Angeles Philharmonic and New York Philharmonic, Ms. Anderson has performed in Alice Tully Hall, Jordan Hall, Shalin Liu Performance Center, the Austrian Embassy and numerous universities around the country. *They will play a program consisting of Bach, Poulenc and Chopin.*

Wednesday, October 25, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

Art at Newbury Court



Fiber Arts Exhibit, October 23 – December 31, North and South Galleries.

A display of Fiber Arts created by the residents and staff of Newbury Court .

Fiber Arts include: needlepoint, quilting, crewel, macramé, knitting, embroidery, crocheting, decorative knots, weaving and cross stitching.

An Opening Reception will take place in November at a date yet to be determined.

Ongoing Art Exhibits:

Kathleen Jacobs, *Landscapes from Ireland and New England*, South Gallery **and**

Katherine Downey Miller, *Landforms*, North Gallery . Both up through October 14.

Demo and Classes:

Thursday, October 12, 11:00 AM **Drawing Demo**, Morrison Theatre.

Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level). This class is open to students who are familiar with the elements of watercolor (color mixing, paint handling, basic drawing, etc.) and who have (or are willing to purchase) their own watercolor materials, including paints, palette, brushes and paper.

Tuesdays, 10:30 -11:30 AM **Basic Drawing**, Art Studio South (UG).

No drawing experience is necessary. This class will focus on the building blocks of beginning drawing: composition, line, shape form, value, drawing vocabulary and mark making. Have fun and make some new friends!

Wednesdays ,10:30 AM -12:30 PM **Drawing**, Art Studio South (UG level)

Students work from objects, still lifes and photographs to learn the essential elements of drawing. Contour, shading, proportion and careful observation are among the topics which will be covered. This class is open to complete beginners as well as experienced students.

Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).

Thursdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

NC resident Liz Kleiman coordinates this beading group. She is not teaching a class, but will happy to help you if you have a problem stringing or with catches (clasps.) This group is for fellow beading enthusiasts who would like company and support while they create. ***This is “BYOB” (Bring Your Own Beads!)***

Special Programs and Monthly Meeting

Sunday, October 1, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre.
Every Sunday (unless there is some other program scheduled) the movie that was shown in the Community Room on Saturday night will be shown in the Morrison Theatre on Sunday afternoon.

Sunday, October 1, 3:00 PM **Sunday Afternoon Movie**, Community Room
Every Sunday (unless there is some other program scheduled) the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Monday, October 2, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.**
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171.

Monday, October 2, 12:15 PM **Meeting of Art Committee**, Art Room

Monday, October 2, 1:00 PM Autumn Walk

Monday, October 2, 2:00 PM **Lecture- Hospice and Palliative Care: Often Misunderstood and Underused**, Morrison Theatre.
Maureen Groden, RN, MS, CHPN, of the Hospice and Palliative Care Federation of Massachusetts, has over 25 years of experience in hospice and palliative care and education. Certified as a hospice and palliative care nurse, she has presented at numerous conferences, and has conducted over 50 community forums on palliative care, hospice and advanced directives. Maureen is passionate about quality end-of-life care.

Monday, October 2, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson Support Group**, Great Room. *Controlled Breathing* can quiet the sympathetic nervous system, slowing heart rate and digestion and reducing anxiety and stress. Discussion and demonstration on this *Relaxation Response* and how it may be able to help you on or around off periods. If a resident needs help getting to the Parkinson Support Group please contact Home Health @ ext 127 and they will happily provide assistance.
(monthly meeting on the 1st Monday of the month)

Monday, October 2, 3:30 PM **Reading Group**, South Living Room.
Reading Group, meeting almost every Monday afternoon, is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers.
This week's reader: Dalton Avery

Tuesday, October 3, 10:30 -11:30 AM **Basic Drawing**, Art Studio South (UG)

Tuesday, October 3, 11:00 AM Transportation to Concord Center.

Tuesday, October 3, 2:00 PM Banking and Library Trip

Tuesday, October 3, 2:30 PM **Needle and Chat**, Great Room.

This group knits afghans for various charitable groups. You need not knit a whole afghan; some knitters knit strips that are then attached to make a finished piece. All are welcome.

Tuesday, October 3, 3:00 PM **Folk Music: Hawthorn Duo**, Morrison Theatre.

Wednesday, October 4, 9:00 AM **Men's Breakfast**, Activities Room North

Each Wednesday morning a light breakfast of scones, fruit, coffee and tea is set up in the Activities Room across the hall from the North Dining Room on the 2nd floor. Here, men can gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it.

Wednesday, October 4, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.

"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. Major announcements are made at CCC, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, October 4, 10:30 AM – 12:30 PM **Drawing**, Art Studio South (UG)

Wednesday, October 4, 11:00 AM **Telephone Equipment Demo for the Visually**

Impaired, Morrison Theatre. Directly after CCC, Christopher Hartling from MAEDP (Mass. Equipment Distribution Program) will come and demonstrate their offerings. The program provides specialized telephone equipment for the deaf and hard of hearing, legally blind and for people with vision, mobility, speech or cognitive impairments free of charge or at a reduced rate.

Wednesday, October 4, 11:00 AM **Knit and Chat**, Arts & Crafts Room.

This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, October 4, 12 noon, **Broadcast on TV Channel 8, “Newbury Court Presents,”** broadcasts of videotaped programs presented originally at Newbury Court.

Wednesday, October 4, 2:30 PM **Lewis and Clark: The Journey of the Corps of Discovery – part one of a two part documentary by Ken Burns,** Morrison Theatre. Sent by President Thomas Jefferson in 1804 to find the fabled Northwest Passage, Meriwether Lewis and William Clark led the most important expedition in American history – a voyage of danger and discovery from St. Louis to the headwaters of the Missouri River, over the Continental Divide to the Pacific Ocean. It was the United States’ first exploration of the West and one of the nation’s most enduring adventures. *Lewis & Clark: The Journey of the Corps of Discovery* tells the remarkable story of the entire Corps of Discovery – not just of the two Captains, but the young army men, French-Canadian boatmen, Clark’s African-American slave, and the Shoshone woman named Sacagawea, who brought along her infant son. As important to the story as these many characters, however, was the spectacular land itself, and the promises it held.

Wednesday, October 4, 3:00 PM **South Food Service Committee Meeting,** South Private Dining Room. If you wish to join or attend, contact Charlie Harrington, 978.821.7822. (monthly meeting *usually* on 1st Wednesday)

Wednesday, October 4, 7:30 PM **Opera night,** Morrison Theatre. Most Wednesday nights residents Betsy Moyer and Barbara Schnuer choose and show an opera on DVD. *Opera: Mozart’s “Don Giovanni,” Part I.*

Thursday, October 5, 9:30 AM – 12:00 PM **Ted Carvalho in Pottery Studio**

Thursday, October 5, 11:00 – 11:45 AM **Virtual Reality Session,** Morrison Theatre Experience all kinds of environments, from penguins in Antarctica to a lantern festival in Asia. Up to six people can sit in on a session; ***sign up required.*** To reserve a spot, call Jill at 978.402.8219.

Thursday, October 5, 1:30 PM -4:00 PM **Beading Group,** Arts & Crafts Room

Thursday, October 5, 2:00 – 4:00 PM **Beginning Watercolor,** Art Studio (UG)

Thursday, October 5, 2:00 PM **Chess & Checkers,** Activities Room North

Thursday, October 5, 7:30 PM **Thursday Night Movie,** Morrison Theatre
Jim will show: The Train

Friday, October 6, 10:45 AM Transportation to BSO

Friday, October 6, 1:00 PM **Scrabble,** North Living Room

Friday, October 6, 3:00 PM **Women's History Group**, Community Room
Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Saturday, October 7, 2:00 PM **Great Courses Video Lecture Series – The Mysterious Etruscans**, Morrison Theatre. The series continues.

Saturday, October 7, 4:30 PM Transportation to Concord Free Public Library for lecture by Robert A. Gross, “ ‘The Nick of Time’: Coming of Age in Thoreau’s Concord.”

Saturday, October 7, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm
Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, October 8, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, October 8, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, October 9, 1:00 PM Autumn Walk

Monday, October 9, 1:00 - :30 PM **Advanced Watercolor**, Art Studio South

Monday, October 9, 2:30 PM **Film: A Will For the Woods**, Morrison Theatre. What if our last act could be a gift to the planet? Determined that his final resting place will benefit the earth, musician, psychiatrist, and folk dancer Clark Wang prepares for his own green burial while battling lymphoma. The spirited Clark and his partner Jane, boldly facing his mortality, embrace the planning of a spiritually meaningful funeral and join with a compassionate local cemetary to use green burial to save a North Carolina woods from being clear-cut. With poignancy and unexpected humor, this documentary portrays the last days of a multifaceted advocate – and one community's role in the genesis of a revolutionary movement. A discussion will follow.

Monday, October 9, 3:30 PM **Reading Group**, South Living Room.
This week's reader: Hector Montesino

Tuesday, October 10, 10:30 -11:30 AM **Basic Drawing**, Art Studio South (UG)

Tuesday, October 10, 11:00 AM Transportation to West Concord.

Tuesday, October 10, 1:30 – 4:30 PM **Ted Carvalho in Pottery Studio**

Tuesday, October 10, 2:00 PM Banking and Library Trip

Tuesday October 10, 1:00 PM Fall Foliage Bus Ride

Tuesday, October 10, 2:30 PM **Needle and Chat**, Great Room

Tuesday, October 10, 3:00 PM **Welcome Committee Meeting**, Morrison Theatre.
(monthly meeting on 2nd Tuesday.)

Tuesday, October 10, 4:00 PM **South Library Committee Meeting**, South Library
(monthly meeting on 2nd Tuesday.)

Wednesday, October 11, 2:30 PM **Executive Committee Ideas Forum**, Great Room.
Whether a new or a long-time resident, Newbury Court is your home. Do you have any questions, comments, suggestions for your Executive Committee? This is an opportunity to meet with your Committee, which consists of the officers of the Residents Association and five members at-large, voted on in Annual Meeting, with general supervision for the operation of the Association and its affairs.

Wednesday, October 11, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, October 11, 10:00 AM **All Residents' Meeting, "CCC", Community Rm**

Wednesday, October 11, 10:30 AM – 12:30 PM **Drawing**, Art Studio South (UG level)

Wednesday, October 11, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, October 11, 12 noon, **Broadcast on TV Channel 8, "Newbury Court Presents,"** broadcasts of videotaped programs presented originally at Newbury Court.

Wednesday, October 11, 2:30 PM **Lewis and Clark: The Journey of the Corps of Discovery – conclusion of a two part documentary by Ken Burns**, Morrison Theatre.

Wednesday, October 11, 3:00 PM **North Food Committee Meeting**, Activities Rm North. Contact: Linda Ball

Wednesday, October 11, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café

Wednesday, October 11, 7:30 PM **Opera night**, Morrison Theatre
Opera: Mozart's "Don Giovanni," Conclusion.

Thursday, October 12, 9:30 AM – 12:00 PM **Ted Carvalho in Pottery Studio**

Thursday, October 12, 11:00 AM **Drawing Demo**, Morrison Theatre.

Thursday, October 12, 1:15 PM Walking Tour of Mt. Auburn Cemetery

Thursday, October 12, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, October 12, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG)

Thursday, October 12, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, October 12, 7:00 PM **Sudbury Valley Nature Photographers Meeting**, Community Room. Member images on the theme “Where Henry Went,” in recognition of Thoreau’s 200th birthday. Newbury Court residents are always welcome to attend. Light refreshments. (*second Thursday of the month*)

Thursday, October 12, 7:30 PM **Thursday Night Movie**, Morrison Theatre.
Jim will show: Chariots of Fire

Friday, October 13, 10:45 AM Transportation to BSO

Friday, October 13, 1:00 PM Transportation to Concord Piecemakers Quilt Show at St. Matthew’s United Methodist Church in Acton

Friday, October 13, 1:00 PM **Scrabble**, North Living Room

Friday, October 13, 3:00 PM **Women’s History Group**, Community Room

Friday, October 13, 7:30 PM Transportation to 51 Walden St. for Concord Orchestra concert, “Cultures.”

Saturday, October 14, 2:00 PM **Great Courses Video Lecture Series – The Mysterious Etruscans**, Morrison Theatre

Saturday, October 14, 3:00 PM **Trio Recital**, Duvall Chapel

Saturday, October 14, 4:30 PM Transportation to Concord Free Public Library for lecture by Robert N. Hudspeth, “Thoreau’s Concord in His Correspondence.”

Saturday, October 14, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, October 15, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, October 15, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, October 16, 10:00 AM South Library Committee **Work Meeting**, South Library (monthly meeting is 1st Monday *after* 2nd Tuesday Library meeting)

Monday, October 16, 1:00 PM Autumn Walk with Sarah and Jill

Monday, October 16, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, October 16, 2:00 PM **Lecture: Mount Auburn Cemetery - Burial Practices That Have Come Full Circle from Tradition to Convention and Back to Tradition**, Morrison Theatre. Candace Currie, Director of Planning and Cemetery Development is the speaker.

Monday, October 16, 3:30 PM **Reading Group**, South Living Room.
This week's reader: Joanne Wiggin Allard

Tuesday, October 17, 10:30 -11:30 AM **Basic Drawing**, Art Studio South (UG)

Tuesday, October 17, 11:00 AM Transportation to Concord Center.

Tuesday, October 17, 1:30 – 4:30 PM **Ted Carvalho in Pottery Studio**

Tuesday, October 17, 2:00 PM Banking and Library Trip

Tuesday, October 17, 2:30 PM **Needle and Chat**, Great Room

Tuesday, October 17, 3:00 – 3:45 PM **Virtual Reality Session**, Morrison Theatre. Experience all kinds of environments, from penguins in Antarctica to a lantern festival in Asia. Up to six people can sit in on a session; ***sign up required***. To reserve a spot, call Jill at 978.402.8219.

Tuesday, October 17, 3:00 PM **Landscape and Grounds Group**, Community Room. All residents are welcome.

Wednesday, October 18, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, October 18, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.

Wednesday, October 18, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, October 18, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, October 18, 11:00 AM -1:00 PM **Flu Vaccine Clinics**, Community Room
AND South Living Room

Wednesday, October 18, 11:30 AM -1:00 PM **Memory Loss Caregivers Support Group**, North Private Dining Room.

Wednesday, October 18, 12 noon, **Broadcast on TV Channel 8, "Newbury Court Presents,"** broadcasts of videotaped programs presented originally at Newbury Court.

Thursday, October 18, 2:00 PM **Climate Initiative Group**, Community Room

Wednesday, October 18, 2:30 PM **Classic Movie**, Morrison Theatre.

Wednesday, October 18, 7:30 PM **Opera night**, Morrison Theatre.
Opera: TBA

Thursday, October 19, 9:30 AM – 12:00 PM **Ted Carvalho in the Pottery Studio**

Thursday, October 19, 12:30 PM Transportation to Indian Hill Music in Littleton for free “Bach’s Lunch” concert, *Sounds of the Renaissance*

Thursday, October 19, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG)

Thursday, October 19, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, October 19, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Klaus will show: TBA

Friday, October 20, 10:00 AM **Diversity Interest Group**, South Living Room.

Friday, October 20, 1:00 PM **Scrabble**, North Living Room

Friday, October 20, 3:00 PM **Cello and Piano Concert: Trevor Handy and Bonnie Anderson**, Morrison Theatre

Friday, October 20, 3:00 PM ***No Women’s History Group this week***

Saturday, October 21, 2:00 PM ***NO Great Courses Video Lecture Series this week***

Saturday, October 21, 7:30 PM Transportation to 51 Walden St. for Concord Band’s Fall Concert, “Songs and Dances

Saturday, October 21, 7:45 PM **Weekend Movies**, Morrison Th. ***and*** Community Room

Sunday, October 22, 11:00 AM **All-Campus Memorial Service**, Duvall Chapel.

Sunday, October 22, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert.

Sunday, October 22, 2:00 PM **Sunday Afternoon Movie**, ***in Great Room this week***

Sunday, October 22, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, October 23, 1:00 PM Autumn Walk with Sarah and Jill

Monday, October 23, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, October 23, 1:30 – 2:30 PM* **Book Discussion Group**, Community Room. Book to be discussed is *Talking About Death Won't Kill You*, by Virginia Morris. Please bring the book with you. New readers and book suggestions are always welcome. ****Please note earlier starting time this month.***

Monday, October 23, 3:00 PM **Lecture: Maintaining Control at the End of Life, Dr. Sidney Wanzer, Speaker**. Morrison Theatre. Dr. Wanzer, retired family physician, practiced medicine in Concord for over 40 years and is the author of *To Die Well: Your Right to Comfort, Calm and Choice in the Last Days of Life*.

Monday, October 23, 3:30 PM **Reading Group**, South Living Room.
This week's reader: Klaus Kleinschmidt

Tuesday October 24, 11:00 AM Transportation to West Concord.

Tuesday, October 24, 1:30 – 4:30 PM **Ted Carvalho in Pottery Studio**

Tuesday, October 24, 1:30 PM **Catholic Mass**, Duvall Chapel

Tuesday, October 24, 2:00 PM **Program Committee Meeting**, Arts & Crafts Room
While we typically meet on the last Tuesday of the month, we are meeting one week early this month so as not to interfere with the Hallowe'en celebrations.

Tuesday, October 24, 2:30 PM **Needle and Chat**, Great Room

Tuesday, October 24, 3:00 PM **Play Reading Group**, Old Private Dining Room.

Wednesday, October 25, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, October 25, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Theatre

Wednesday, October 25, 10:00 AM Transportation to Concord Art for an art demonstration by Marcia Ballou - *Painting with Paper: A Composition with Flowers*.

Wednesday, October 25, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, October 25, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, October 25, 12 noon, **Broadcast on TV Channel 8, "Newbury Court Presents"**, broadcasts of videotaped programs presented originally at Newbury Court.

Wednesday, October 25, 2:30 PM **Classic Film**, Morrison Theatre.

Wednesday, October 25, 3:00 PM **Chanoyu, the Japanese Tea Ceremony**, Great Room. Tea has been prepared in Japan in various manners for more than fifteen hundred years. The most influential in *Chanoyu*, which is whisking powdered green tea together with hot water in a bowl. There are many different ways to present *Chanoyu* depending on the utensils and circumstances. Tea originated in India, was brought to China, then throughout Asia. It became an integral part of Zen Buddhism, which kept one awake for periods of meditation. Several schools of Tea developed in various levels of society. The Urasenke family and school has served the merchant class for more than four hundred years. People around the world study and practice *Chanoyu* to achieve different levels of accomplishment, and some strive to become masters and teachers. The utensils of *Chanoyu* include bowls, ceramic jars for tea, water jars, kettles and braziers, tea scoops, hanging scrolls, flowers, etc. The ceremony will be performed by Allan Sosei Palmer, Professor of Urasenke *Chanoyu*. In 1970, Palmer attended Expo 70 in Japan and ultimately decided to move there. He studied *Chanoyu* at Urasenke, a family of tea masters since the 16th century. In 1976 he was asked by the headmaster to teach *Chanoyu* in Boston. Here he has taught *Chanoyu* to the four colleges in Amherst and presentations have been given at the MFA, the Gardner Museum and other various institutions.

This will be an opportunity for up to 20 attendees only to take part in this special experience. If you wish to attend, please sign up with Jessie Rodrique, 978.402.8104.

Wednesday, October 25, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café

Wednesday, October 25, 7:30 PM **Opera night**, Morrison Theatre.
Opera: TBA

Thursday, October 26, 9:30 AM – 12:00 PM **Ted Carvalho in the Pottery Studio**

Thursday, October 26, 11:00 AM Transportation to Verrill Farm.

Thursday, October 26, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG)

Thursday, October 26, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, October 26, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Edith will show: The Big Chill

Friday, October 27, 10:45 AM Transportation to BSO

Friday, October 27, 12:00 PM **Birthday Lunch**, South Dining Room

Friday, October 27, 1:00 – 3:00 PM **Wize Guides**, Morrison Theatre

Friday, October 27, 1:00 PM **Scrabble**, North Living Room

Friday, October 27, 3:00 PM **Women's History Group**, Community Room

Saturday, October 28, 2:00 PM **Great Courses Video Lecture Series – The Mysterious Etruscans**, Morrison Theatre

Saturday, October 28, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, October 29, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, October 29, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, October 30, 1:00 PM Autumn Walk with Sarah and Jill

Monday, October 30, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, October 30, 1:30 PM **Lecture: “Options, Choices, and Resources for After-Death Care”**, Morrison Theatre. Presentation by the Funeral Consumers Alliance of Eastern Massachusetts, represented by four speakers and a vendor. The speakers are:

Paula Chasen, consumer funeral rights, and the law in regard to funerals;
Heather Massey, death educator, family/home and community-based natural deathcare;
Eva Moseley, green burial advocate; and *Jasmine Tanquay*, funeral celebrant and planning partner. With *Ruth Faas*, of Mourning Dove Studios, wholesaler for biodegradable, ecologically-sound funeral merchandise suitable for natural burials or cremation.

Monday, October 30, 3:30 PM **Reading Group**, South Living Room.
This week's reader: Catherine Beck

Monday, October 30, 7:30 PM **Concord Festival of Authors Event : Ann Hood**, Morrison Theatre. Ann Hood, well known for her works of fiction (*The Knitting Circle*, *The Red Thread*, *The Book That Matters Most*) now explores the personal story behind those works of fiction. Copies of her latest book, a memoir called, *Morningstar: Growing Up with Books* will be available for purchase.

Tuesday, October 31, 10:30 -11:30 AM **Beginners Drawing**, Art Studio South (UG)

Tuesday, October 31, 10:30 AM **Budget Committee Meeting**, OPDR
(usually the last Tuesday of the month)

Tuesday, October 31, 11:00 AM Transportation to Concord Center.

Tuesday, October 24, 1:30 – 4:00 PM **Ted Carvalho in Pottery Studio**

Tuesday, October 31, 2:00 PM Banking and Library Trip

Tuesday, October 31, 2:30 PM **Needle and Chat**, Great Room

Tuesday, October 31, 4:00 – 5:30 PM **Hallowe'en Party**, North Community Room

Tuesday, October 31, 4:30 – 6:00 PM **Hallowe'en Party**, Morrison Theatre



Concord TV

How to access the 20 Newbury Court programs currently available on Concord TV.

Video on Demand: Go to www.Concordtv.org web site. Scroll down to “Video on Demand.” Click “Playlist.” Scroll down to and click “Newbury Court.” Scroll down to the program you want to watch and click on it. To watch hit play in the screen on left.

To see Schedule on Channel 8: Go to www.Concordtv.org web site. Click on Channel 8, the local access channel, and move cursor to the desired date. Our dedicated slot is Wednesdays at noon, but our programs are aired at other times during the broadcast day.

Newbury Court resident television crew includes Klaus Kleinschmidt, Betsy Moyer, Jack Pugh, and Ken Senne.

We thank you for watching!

Health and Wellness

Wednesday, October 18, 11:00 AM -1:00 PM **Flu Vaccine Clinics**, Community Room **AND** South Living Room. Watch for a flyer in your cubby. You will find the necessary forms at the two front desks.

Newbury Court (North and South) Home Health and Wellness Offices are open M-F 8:30 AM - 5:00 PM.

Please check with the receptionist on weekends for the nurse on duty.

If you need to speak with a nurse urgently, please call the receptionist and they will direct your call. Any emergency, please call 911.

Ellen Reusch, RN, Director of Home Health and Wellness: South Wellness Office # 978.402.8127 (for non-urgent calls)

Jeri Ravis, RN – full time, x386

Colleen Brophy, RN – part time, x134

Karen Goulakos, RN, Evening Supervisor. Karen G. is here full time 2:00 -10:00 PM. She can be reached at x373 or by calling the receptionist.

Wednesday, October 11, 2:30 – 4:30 PM **Beltone Representative** Gabrielle Indeglia, Arts and Crafts Room (monthly visit on the 2nd Wednesday of the month)

Thursday, October 26, 9:30 AM **Miracle Ear Representative** James Condon, South Parlor.

PRIVATE HOME CARE

Newbury Court has its own Private Duty Home Care Service to assist you in the comfort of your home. If you would like to inquire about our services please contact Hector Montesino, Director of Home Care: 978-402-8220 (Non-Urgent Calls) and 24/7 at 978-831-2322





DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only.
Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

Special Meal Pricing will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply.

A quick look at some of the events in October:

Trevor Handy and Bonnie Anderson perform a cello and piano concert on Friday, October 20 →



**← Resident and staff fiber arts exhibit
Up from October 23 -December 31**

**Chanoyu, The Japanese Tea Ceremony
Wednesday, October 25 →**



**← Concord Festival of Authors event
with Ann Hood, Monday, October 30**

An Invitation to Come Talk About Death

There are so many important issues that arise when the conversation is about death. End-of-life planning. The dying process. Loss. Dealing with suffering. Palliative care. Hospice. The afterlife. Legal directives. And more.

We'll be having that conversation on November 1, when Newbury Court will climax its series of death-related events with a Death Cafe -- a session of facilitated small group discussions accompanied by food and drink. Each group will be encouraged to explore whatever end-of-life issues seem pertinent and interesting.

These can be wide-ranging discussions, guided entirely by the wishes of the group. The purpose is not to offer bereavement support. Rather, it is to create an opportunity to explore difficult death-related subjects in a friendly and supportive setting.

The groups will meet from 1:30 to 3:00 in The Great Room, and *participation is by reservation only*. We hope you will be joining us for this opportunity to address a subject of such great personal importance and about which there is always so much more to learn.

**Space is limited. Reservation
Details will be announced soon.**





100 Newbury Court
Concord, MA 01742