



# May 2018



*Schoolyard Maypole Dance,  
Saturday Evening Post cover, May 4, 1946  
by Doris Lee*

Dir. of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org  
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping: Please plan to transport packages to your suite.

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **May 7: Market Basket May 14: Roche Bros.**

**May 21: Trader Joe's May 28: Memorial Day- no transportation**

### **FAQs about Bus Trips**

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



## **Bus Trips**

**Thursday, May 3, 2:45 PM Trip to the Fowler Library in West Concord for an opening reception for an exhibit of paintings by Newbury Court artists entitled, “Musings on New England.”** This exhibit includes works by Aiko Adachi, Dalton Avery, Augusta Baum, Vivian Benedict, Lee Campbell, Glenn Dorr, Lal Minton, Joe and Shirley Petitti and Pam Pettengill. There will be light refreshments. No bus fee.

**Friday, May 4, 10:45 AM Transportation to BSO**

**Friday, May 4, 1:00 PM Trip to Tower Hill Botanic Garden in Boylston to see the daffodils.** Tower Hill Botanic Garden features a year-round display of the finest plants for cultivation in New England. Carefully planned gardens and collections of ornamental, edible and native plants, plus trails that enhance the natural features of this beautiful 171-acre property. Tower Hill’s field of over 25,000 daffodils is a must see for anyone eager to bridge the gap from winter to summer. Senior admission fee is \$10.00. Bus fee \$5.00.

**Monday, May 7, 1:00 – 2:25 PM Spring Walk with Jill**

Mondays we plan an off-campus walk for *hardy walkers*. We take the bus and go to various locations for a walk at one of the several conservation areas nearby. You must wear sturdy walking/hiking shoes and you should dress in layers and bring water. We encourage you to bring a walking stick or trekking poles; if you do not have any we have several sets of trekking poles for borrowing. We need to be back at Newbury Court by 2:25 PM. No bus fee but sign up with transportation so that we know how many are going.

**Tuesday, May 8, 10:30 AM- 12:00 PM Spring Walk for People With Walkers**

We will visit the Acton Arboretum where there are two walking trails accessible for people who use walkers. Much should be flowering this week. Bring a snack if you like, we may stop at one of the picnic tables to rest a short while. There are also plenty of benches along the way to stop at and rest. Weather permitting. No bus fee.

**Tuesday, May 8, 11:00 AM Transportation to Concord Center.**

We drop you off in Concord Center where you can shop at the various stores (Cheese Shop, Bookshop, Vanderhoof’s Hardware, The Colonial Store) and/or grab a bite to eat (Main St. Café, Helen’s, Comella’s etc.) You will be dropped off in the lot behind the Visitors Ctr and picked up in the same location. There are benches and restrooms there. ***Pick up will be promptly at 1:00 PM.*** No bus fee.

**Monday, May 14, 1:00 – 2:25 PM Spring Walk with Sarah and Jill**

**Tuesday, May 15, 11:00 AM Transportation to Verrill Farm.** No bus fee.

**Thursday, May 17, 12:30 PM Transportation to Indian Hill Music in Littleton for free “Bach’s Lunch” concert, New Music For Old Instruments performed by Night’s Blackbird: Jamie Dunphy, lute; Teri Kowiak, mezzo-soprano; Carol Lewis, viola da gamba; Ian Carroll, soprano saxophone.** We have two tables reserved for this show. Each table is allowed to have up to six people only – *therefore this trip will have a maximum number of twelve attendees.* Concert starts at 1:30 PM. Coffee, tea, and cookies are provided by Indian Hill free of charge, **you bring your own bag lunch.** Admission is free. No bus fee.

**Friday, May 18, 7:30 PM Transportation to 51 Walden St. for Concord Orchestra concert “Heroes and Villains- Pops.”** Program consists of selection by Bernstein, Liszt, Williams, Sousa and more. Tickets are \$25.00 and can be purchased either by visiting [www.concordorchestra.com](http://www.concordorchestra.com) or by calling the orchestra ticket and information line (978) 369-4967 to order subscriptions and tickets. Leave a voice mail and expect a call back within 24 hours. No bus fee.

**Saturday, May 19, 7:00 PM Transportation to Concord Chorus Concert at Church of St. Brigid in Lexington.** Please join the Concord Chorus, now in its 72nd season, for Joseph Haydn’s “Lord Nelson Mass.” Known also as the “Missa in angustiis,” Haydn composed this dramatic masterpiece “in troubled times” as a powerful response to a turbulent world. The program will also include Haydn’s beautiful and rarely performed “Ave Regina coelorum” for soprano, chorus, and strings and sublime motets by Mozart, Beethoven, and Brahms. Senior ticket price is \$25.00. Tickets may be purchased through Betsy Moyer (978-369-1261 or [bmga@aol.com](mailto:bmga@aol.com)), or online at [www.concordchorus.org](http://www.concordchorus.org). No bus fee.

**Monday, May 21, 1:00 – 2:25 PM Spring Walk with Sarah and Jill**

**Tuesday, May 22, 11:00 AM Transportation to West Concord.**

We drop you off in West Concord so that you can shop at various stores (The 5 & 10, Debra’s Natural Gourmet, West Concord Wine & Spirits, etc.) and/or grab a bite to eat (Concord Teacakes, Nashoba Brook Bakery, etc.) You will be dropped off somewhere near Debra’s and picked up in the same location. ***Pick up will be promptly at 1:00 PM.*** No bus fee.

**Wednesday, May 23, 11:30 AM Lunch Out with Fayad to The Great Wall in Bedford. Chinese Buffet.** No bus fee.

**Thursday, May 24, 11:30 AM Trip to Gallery NAGA for “Traces and Auras”, Peter Brooke’s talk for his exhibition.** This is a lunch-time talk that begins at 12:30 PM. People may bring their own brown bag lunch. ***Newbury Court is not providing lunch.*** Gallery NAGA is on Newbury Street in Boston. Please be aware that because of parking and traffic you may be required to walk a short distance and climb a few stairs. Please be a hardy walker. Peter Brooke will also give a talk at Newbury Court on May 10<sup>th</sup> as part of the Distinguished Speaker Series at 4:00 PM in Morrison. Please that listing for more detail. Bus fee \$20.00.

**Friday, May 25, 1:00 PM Tour of Garden in the Woods in Framingham .**

Garden in the Woods is the New England Wild Flower Society's botanic garden, showcasing an unrivaled collection of both rare and common native plants in a dramatic woodland setting. Your journey through the heart of the 45-acre property takes you from glacier-carved ridges into steep-sided valleys with a pond, a bog, and a meandering stream—a stunning canvas for a series of naturalistic gardens that display the colors and textures of native plants as the seasons unfold.

***For this tour, we will be given the opportunity to have five passengers on a cart. Those who are comfortable walking may walk along behind the cart; please keep in mind that the garden's pathways are made of natural materials and the terrain is uneven.*** Please consider using tick repellent. The tour will take place even if it is drizzling or lightly raining; we will reschedule if there is more substantially inclement weather. Senior admission is \$11.00. Bus fee \$5.00.

**Saturday, May 26, 9:00 AM Trip to Sakonnet Garden in Little Compton, RI.**

Sakonnet is a privately owned secret garden embedded within a native coastal fields landscape. At the diminutive scale of a cottage garden, it is conceived as an intimate place to explore, with multiple paths leading one onward to unexpected experiences. This will be a self-guided tour around very uneven terrain so this is for hardy walkers only. Drizzle or light rain doesn't cancel, so please wear appropriate footwear. Entrance fee is \$20.00 and must be in cash. There will be a special surprise for lunch; no extra cash needed. Bus fee \$ 25.00.

**Thursday, May 31, 5:00 PM Transportation to the 7<sup>th</sup> Annual Buttrick Garden Party at the North Bridge Visitor Center.** Join the Friends of Minute Man National Park for a benefit to raise community support for the maintenance of the Buttrick Garden. The event features a festive hat contest, garden style, raffles and a live auction with great food, wine and friends. This is a "rain or shine" event. Tickets are \$40.00 and may be purchased by calling 978.318.7822 or online at [www.friendsofminuteman.org](http://www.friendsofminuteman.org) . No bus fee.



**Music at Newbury Court**

Thursday, May 3, 2:00 PM **Handbell Concert: Lincoln Ringers**, Morrison Theatre. Come ring in Spring with the Lincoln Ringers, who return to Newbury Court for a Spring concert that promises something for everyone. Join us and hear pieces are that full of rhythm, full of meaning, and full of praise! This year's selections include Bach's "Air", a piece from Korea, one inspired by Slovakian music, and a selection honoring victims of hate and violence. The Lincoln Ringers are a 13 ringer community handbell ensemble whose mission includes bringing an awareness of their musical genre to audiences in addition to a focus on performance and entertainment.

Wednesday, May 9, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

Saturday, May 12, 4:00 PM **Piano recital for students of Rasa Vitkauskaite**, Morrison Theatre. Spring Piano Recital featuring students of Rasa Vitkauskaite. Recital will feature piano students of all ages performing a variety of solo and duet repertoire. Program selections span from classical to contemporary.

Monday, May 14, 4:30 PM **Violin recital for students of Robin Alfieri**, Morrison Theatre. Robin Alfieri teaches Suzuki Violin students at the Concord Conservatory of Music. Suzuki method is a way of learning that is similar to how we learn language. First we learn to listen and repeat and later learn to read. They look forward to sharing solo pieces as well as group performances for you.

Tuesday, May 15, 7:30 PM **Portrait in Jazz: The Brad Ellenberg Jazz Quintet**, Morrison Theatre. Portrait in Jazz is a dynamic, jazz quintet focused on performing creative originals and time-honored jazz Standards. The group is comprised of Gary Bohan: trumpet/flugelhorn, Mario Cerra: saxophone, Bob Abruzese: bass, Grant Smith: drums and Brad Ellenberg: guitar. Stylistically, Portrait In Jazz covers the full spectrum of jazz with songs representing the traditional period, through the Great American Songbook and Blue Note era of the 1940's and 1950's into the gospel-infused tone of the 1960's and right up to present with a good mixture of blues and Latin mixed in. This performance will feature a combination of originals and some of the greatest time-honored classics of the era. If you're a fan of jazz there promises to be something for everyone at this concert!

Saturday, May 19, 3:30 PM **Piano recital for students of Paul Jacobs**, Morrison Theatre.

Sunday, May 20, 2:00 PM **Piano recital for students of Linda Grom**, Community Room. The students of Concord resident Linda Grom will perform piano selections from the Classical and Jazz repertoire. The performers are between ages 5 and 19 years. The performers are from Concord, Carlisle, Acton and Bedford.

Wednesday, May 30, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

## Art at Newbury Court



### New Exhibit: Bringing Home Memories: Photography by Mark Hopkins,

North and South Gallery. **Opening reception: Wednesday, May 23, 4:00 – 5:00 PM**

There is truth to the old adage that a picture is worth a thousand words. But that doesn't dispel the notion that adding a few words can't further enrich the experience. In *Bringing Home Memories*, an exhibition of his travel photography, Mark Hopkins departs from the standard of simply posting titles next to his work. Each of his photos, remembrances of trips around the US and some 40 foreign countries, is accompanied by a 60 to 80 word caption recalling, as he puts it, "the where, the what, the why and the wow". By reaching beyond the convention of simply recording "places we've been", his work strives to convey and preserve those special moments on the road that are brought home as treasured memories. The exhibition will hang in both North and South Galleries from May 21 to July 20.

### Demos and Classes:

Thursday, May 10, 11:00 AM **Drawing Demo**, South Living Room

*Mondays*, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

*Tuesdays*, 10:30 -11:30 AM **Basic Drawing**, Art Studio South (UG).

**No drawing experience is necessary.** This class will focus on the building blocks of beginning drawing: composition, line, shape form, value, drawing vocabulary and mark making. Have fun and make some new friends!

*Three Tuesdays* (May 8,15, 22), 1:30 -3:30 PM **Crafts Class**, Arts and Crafts Room. Dani Schechner of the Umbrella Community Arts Center will come on three Tuesdays each month to teach and assist with many different kinds of crafts. Dani is an interdisciplinary artist and has over thirteen years of experience in educational leadership working in varied settings including schools, community centers, health care facilities and museums. She earned a Master in Educational Studies, A BFA in studio arts, a degree in Women's and Gender Studies and postgraduate training in General and Special Education.

*Wednesdays* ,10:30 AM -12:30 PM **Drawing**, Art Studio South (UG level)

Students work from objects, still lifes and photographs to learn the essential elements of drawing. Contour, shading, proportion and careful observation are among the topics which will be covered. This class is open to complete beginners as well as experienced students.

*Thursdays*, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).



Thursdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room  
NC resident Liz Kleiman coordinates this beading group. She is not teaching a class, but will happy to help you if you have a problem stringing or with catches (clasps.) This group is for fellow beading enthusiasts who would like company and support while they create. ***This is “BYOB” (Bring Your Own Beads!)***

## **Special Programs and Monthly Meetings**

Tuesday, May 1, 10:30 -11:30 AM **Basic Drawing**, Art Studio South (UG)

Tuesday, May 1, 11:30 AM -12:30 PM **Seeking the Spirit: “Job: Learning to Ride Out the Storm.”** Activities Room North. In May, Seeking the Spirit will read through the compelling and complicated biblical Book of Job. Rev. Sarah will lead the five sessions in May. Participants who have attended Seeking the Spirit in the past are welcome, as well as new participants! The only book required is a copy of the Bible (please reach out to the chaplains if you need one). Come to share and discuss how you relate to Job’s experiences of suffering and questioning. We hope to see you!

Tuesday, May 1, 1:30 – 4:30 PM **CANCELLED: Ted Carvalho in Pottery Studio**

**Tuesday, May 1, 2:00 PM Banking and Library Trip**

Tuesday, May 1, 2:30 PM **Needle and Chat**, Great Room

This group knits afghans for various charitable groups. You need not knit a whole afghan; some knitters knit strips that are then attached to make a finished piece. All are welcome.

Tuesday, May 1, 3:00 PM **Play Reading Group**, Old Private Dining Room.

Play Reading Group now meets twice a month, ***usually*** on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays whenever possible. This month we will be reading *Round and Round the Garden*, the last of the three plays in Alan Ayckbourn’s trilogy, *The Norman Conquests*.

Tuesday, May 1, 4:00 PM **South Library Committee Meeting**, OPDR  
(monthly meeting now on 1st Tuesday.)

Wednesday, May 2, 9:00 AM **Men’s Breakfast**, Activities Room North.

Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what’s going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.



Wednesday, May 2, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Theatre.  
***This Wednesday**, we have special guests who will come and speak: The Concord Free Public Library Corporation is planning an expansion and renovation project that will physically connect the building at 151 Main Street to the current Main Library. This will result in new, memorable spaces that meet the growing demand for gathering, collaborative learning, and conversation for everyone, in every age group in Concord. Hear from Library Corporation Trustees John Boynton, Di Clymer and Jeff Adams and see the architectural renderings for the proposed project.*

Wednesday, May 2, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, May 2, 11:00 AM **Knit and Chat**, Arts & Crafts Room  
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, May 2, 2:30 PM **BBC Series: Fortunes of War**, Morrison Theatre.  
Morrison Theatre. The Baltics, 1939. British professor Guy Pringle (Kenneth Branagh) arrives in Romania with his new bride, Harriet (Emma Thompson) and becomes enmeshed in the politics of anti-fascism. Despite Harriet's serious misgivings, Guy's social circle soon includes members of the British Secret Service who want to involve him in dangerous missions, and a downtrodden prince who zeroes in on Guy's generous nature and winds up living with the Pringles. Thus the stage is set for this mesmerizing story of marriage tested by accidental betrayal, callous insensitivity, and a world in upheaval. Based upon the autobiographical novels of best-selling author Olivia Manning, and set in places as far-flung as Bucharest, Athens and Cairo, *Fortunes of War* is majestic in both its scope and its vision. This series has 7 episodes, all 1 hour long.  
***There are no subtitles.***

Wednesday, May 2, 3:00 PM **South Food Service Committee Meeting**,  
South Private Dining Room. If you wish to join or attend, contact Charlie Harrington, 978.821.7822. (monthly meeting ***usually*** on 1<sup>st</sup> Wednesday)

Wednesday, May 2, 7:00 PM **Scrabble**, North Living Room

Wednesday, May 2, 7:30 PM **Opera night**, Morrison Theatre  
Most Wednesday nights residents Betsy Moyer and Barbara Schnuer choose and show an opera on DVD. *This week's opera: Lulu*, by Alban Berg, Part I.

Thursday, May 3, 9:30 AM – 12:00 PM **CANCELLED: Ted Carvalho in Pottery Studio**

Thursday, May 3, 10:00 AM **Executive Committee Meeting**, OPDR

Thursday, May 3, 10:00 AM **Mindfulness Meditation**, Duvall Chapel.

Thursday, May 3, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, May 3, 2:00 PM **Handbell Concert: Lincoln Ringers**, Morrison Theatre

Thursday, May 3, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG)

Thursday, May 3, 2:00 PM **Chess & Checkers**, Activities Room North

**Thursday, May 3, 2:45 PM Trip to the Fowler Library in West Concord for an opening reception for an exhibit of paintings by Newbury Court artists entitled, “Musings on New England.”**

Thursday, May 3, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Jim’s choice: It Happened One Night*

Friday, May 4, 8:30 – 10:00 AM **Birding Walk**, Back Patio and Buttercup Path.  
Gary Clayton and Jeff Collins, both of Mass Audubon will be leading a birding walk, starting on the back Patio for those less mobile and possibly continuing on to Buttercup Path for the more mobile. A light rain will not cancel. Dick Thornton plans to give further details at CCC on May 2. Please bring binoculars if you have them.

**Friday, May 4, 10:45 AM Transportation to BSO**

**Friday, May 4 1:00 PM Trip to Tower Hill Botanic Garden in Boylston**

Friday, May 4, 1:15 PM **Scrabble**, North Living Room

Friday, May 4, 3:00 PM **Women’s History Group**, Community Room  
Women’s History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Saturday, May 5, 2:00 PM **Great Courses Video Lecture Series : Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.  
The series continues.

Saturday, May 5, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Room  
Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, May 6, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre.  
Every Sunday (unless there is some other program scheduled) the movie that was shown in the Community Room on Saturday night will be shown in the Morrison Theatre on Sunday afternoon.

Sunday, May 6, 3:00 PM **Sunday Afternoon Movie**, Community Room  
Every Sunday (unless there is some other program scheduled) the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Monday, May 7, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite**.  
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, May 7, 10:00 AM South Library Committee **Work Meeting**,  
South Library (monthly meeting is Monday *after* 1st Tuesday Library meeting)

**Monday, May 7, 1:00 – 2:30 PM Spring Walk with Jill**

Monday, May 7, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, May 7, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson's Support Group**,  
Great Room. This month we welcome Sandra Allonen, MEd, RD, LDN. Sandra specializes in Nutrition and Parkinson's Disease. Please bring any questions that you have as she intends to have a question and answer period. If a resident needs help getting to the Parkinson's Support Group please contact Home Health @ ext 127 and they will happily provide assistance. (*monthly meeting on the 1<sup>st</sup> Monday of the month*)

Monday, May 7, 3:30 PM **Read Aloud Group**, South Living Room.  
The Read Aloud Group (formerly known as the "Reading Group"), meets almost every Monday afternoon and is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers.  
*This week's reader: Lynn Stroud*

Monday, May 7, 3:30 PM **Scrabble**, North Living Room

**Tuesday, May 8, 10:30 AM- 12:00 PM Spring Walk for People With Walkers**

**Tuesday, May 8, 11:00 AM Transportation to Concord Center.**

Tuesday, May 8, 11:30 AM -12:30 PM **Seeking the Spirit: "Job: Learning to Ride Out the Storm."** Activities Room North

Tuesday, May 8, 1:30 -3:30 PM **Crafts Class**, Arts and Crafts Room

Tuesday, May 8, 1:30 – 4:30 PM **CANCELLED: Ted Carvalho in the Pottery Studio**

Tuesday, May 8, 2:00 PM **Annual Residents Association Meeting**, Morrison Theatre. All residents are invited to attend this meeting to receive reports of the past year's occurrences along with opportunities for joining a wide variety of activities, and to elect officers who can represent their interests during management deliberations.

**Tuesday, May 8, 2:00 PM Banking and Library Trip**

Tuesday, May 8, 2:30 PM **Needle and Chat**, Great Room

Tuesday, May 8, 3:30 PM **Welcome Committee Meeting**, South Living Room (monthly meeting on 2<sup>nd</sup> Tuesday.) ***Please note later starting time this month.***

Wednesday, May 9, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, May 9, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.

Wednesday, May 9, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, May 9, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, May 9, 2:30 PM **BBC Series: Fortunes of War**, Morrison Theatre.

Wednesday, May 9, 3:00 PM **North Food Committee Meeting**, Activities Rm North. Contact: Linda Ball (monthly meeting *usually* on 2<sup>nd</sup> Wednesday)

Wednesday, May 9, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café

Wednesday, May 9, 7:00 PM **Scrabble**, North Living Room

Wednesday, May 9, 7:30 PM **Opera night**, Morrison Theatre.  
*Opera: Lulu*, by Alban Berg, Conclusion.

Thursday, May 10, 9:30 AM – 12:00 PM **Ted Carvalho in the Pottery Studio**

Thursday, May 10, 10:00 AM **Mindfulness Meditation**, Duvall Chapel.

Thursday, May 10, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, May 10, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, May 10, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, May 10, 3:00 PM **Landscape and Grounds Group**, Community Room.  
(now the second Thursday of every month April through October)

Thursday, May 10, 4:00 PM **Distinguished Speaker Series: Peter Brooke**, Morrison Theatre.

From his home studio in North Pomfret, Vermont, where he has worked for over twenty-five years, Peter Brooke (*son of Newbury Court resident Peter Brooke*) paints dream-like scenes of the natural world based on memory and personal experience. In doing so, he pushes the boundaries of conventional landscape painting by capturing the feeling of being with the land, rather than merely representing it.

Peter Brooke received his Bachelor of Fine Arts from Denison University, Granville, Ohio in 1983, and received his Master of Fine Arts from the Mount Royal School of Art at the Maryland Institute College of Art in 1987. He was given his first solo exhibition at his undergraduate alma mater in 1989. In 1992, Gallery NAGA in Boston featured Peter for his first two solo exhibitions there, ushering in a twenty-five year relationship between the artist and the gallery. Throughout his career, Peter's work has also been featured in the Delaware Art Museum, Wilmington; the David Findlay Jr. Gallery, New York; Dolan Maxwell, Philadelphia; The Dock, Carrick on Shannon, Ireland; the Fine Arts Center, University of Rhode Island; and the McMullen Museum of Art, Boston College.

Thursday, May 10, 7:00 PM **Sudbury Valley Nature Photographers Meeting**, Community Room. Special guest noted photographer Shawn Carey, "Tanzania, A Photographer's Journey." Newbury Court residents are always welcome to attend. Light refreshments. (*second Thursday of the month*)

Thursday, May 10, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Jim's choice: Sabrina*

Friday, May 11, 1:15 PM **Scrabble**, North Living Room

Friday, May 11, 3:00 PM ***No Women's History Group this week***

Friday, May 11, 3:00 PM **Lecture: "Writing Lives of New England Women"** **presented by Megan Marshall**, Morrison Theatre. Megan Marshall is the author of three biographical works—*The Peabody Sisters: Three Women Who Ignited American Romanticism*, which won the Francis Parkman Prize, the Mark Lynton History Prize, the Massachusetts Book Award in Nonfiction, and was a finalist for the Pulitzer Prize in Biography; *Margaret Fuller: A New American Life*, which won the Pulitzer Prize and the Massachusetts Book Award in Nonfiction; and *Elizabeth Bishop: A Miracle for Breakfast*, an intimate portrait of the 20<sup>th</sup> century poet who was Marshall's teacher at Harvard in the 1970s. She is the Charles Wesley Emerson College Professor at Emerson College where she teaches nonfiction writing and the art of archival research in the MFA Creative Writing Program.

Saturday, May 12, 2:00 PM **Great Courses Video Lecture Series : Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.

Saturday, May 12, 4:00 PM **Piano recital for students of Rasa Vitkauskaite**, Morrison Theatre.

Saturday, May 12, 7:45 PM **Weekend Movies**, Morrison Th. **and** Community Rm

Sunday, May 13, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, May 13, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, May 14, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South.

**Monday, May 14, 1:00 – 2:25 PM Spring Walk with Sarah and Jill**

Monday, May 14, 3:30 PM **Read Aloud Group**, South Living Room  
*This week's reader: Dick Evans*

Monday, May 14, 3:30 PM **Scrabble**, North Living Room

Monday, May 14, 4:30 PM **Violin recital for students of Robin Alfieri**, Morrison Theatre

Tuesday, May 15, 10:30 -11:30 AM **Beginners Drawing**, Art Studio South.

**Tuesday, May 15, 11:00 AM Transportation to Verrill Farm. No bus fee.**

Tuesday, May 15, 11:30 AM -12:30 PM **Seeking the Spirit: “Job: Learning to Ride Out the Storm.”** Activities Room North

Tuesday, May 15, 1:30 -3:30 PM **Crafts Class**, Arts and Crafts Room

Tuesday, May 15, 1:30 – 4:30 PM **Ted Carvalho in the Pottery Studio**

Tuesday, May 15, 1:30 PM **Catholic Mass**, Community Room

**Tuesday, May 15, 2:00 PM Banking and Library Trip**

Tuesday, May 15, 2:30 PM **Needle and Chat**, Great Room

Tuesday, May 15, 3:00 PM **Play Reading Group**, South Living Room

Tuesday, May 15, 7:30 PM **Portrait in Jazz: The Brad Ellenberg Jazz Quintet**, Morrison Theatre

Wednesday, May 16, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, May 16, 10:00 AM **All Residents' Meeting, “CCC”**, Community Room

Wednesday, May 16, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio South

Wednesday, May 16, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, May 16, 11:30 AM -1:00 PM **Memory Loss Caregivers Support Group**, North Private Dining Room.

Wednesday, May 16, 2:30 PM **BBC Series: Fortunes of War**, Morrison Theatre.

Wednesday, May 16, 7:00 PM **Scrabble**, North Living Room

Wednesday, May 16, 7:30 PM **Opera night**, Morrison Theatre.  
*Opera: The Bartered Bride* by Smetana, Part I.

Thursday, May 17, 9:30 AM – 12:00 PM **Ted Carvalho in the Pottery Studio**

Thursday, May 17, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

**Thursday, May 17, 12:30 PM Transportation to Indian Hill Music in Littleton for free “Bach’s Lunch” concert, New Music For Old Instruments performed by Night’s Blackbird: Jamie Dunphy, lute; Teri Kowiak, mezzo-soprano; Carol Lewis, viola da gamba; Ian Carroll, soprano saxophone.**

Thursday, May 17, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, May 17, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, May 17, 2:00 PM **Climate Initiative Group**, Community Room

Thursday, May 17, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, May 17, 3:00 PM **Lecture: Give Me Your Tired, Your Poor?**, Morrison Theatre. Dr. Paul Watanabe comes and delivers a lecture he has entitled, “*Give Me Your Tired, Your Poor? A Discussion on Immigration in the Age of Trump.*” Dr. Watanabe is Professor of Political Science and Director of the Institute for Asian American Studies at the U. of Massachusetts Boston. He served on President Obama’s Advisory Commission on Asian Americans and Pacific Islanders and was the first chair of the US Census Bureau’s National Advisory Committee on Racial, Ethnic and Other Populations. He often provides commentary on NPR radio, and sits on the boards of national and local organizations in the areas of civil rights, education, health care, and immigrant advocacy. He received his BS degree from the U. of Utah and PhD from Harvard.

Thursday, May 17, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Klaus’s choice: TBA*

Friday, May 18, 10:00 AM **Diversity and Inclusion Group**, South Living Room  
*(meets on the 3<sup>rd</sup> Friday of the month)*



Friday, May 18, 1:00 – 3:00 PM **Wize Guides**, Morrison Theatre (front)

Friday, May 18, 1:15 PM **Scrabble**, North Living Room

Friday, May 18, 3:00 PM ***No Women's History Group this week***

Friday, May 18, 3:00 PM **Trump, Trade, and Tariffs: Win-Win or Lose-Lose?**  
**Lecture by Marina Whitman**, Morrison Theatre.

Virtually all economists agree that international trade benefits all the participating countries, and that agreements liberalizing such trade are good. Our current President takes a very different view: that the United States has been the loser in these agreements, and that the protectionist measures he is introducing will benefit the country. Who is right, why, and what are the caveats? One of our newest residents, Marina Whitman is Professor of Business Administration and Public Policy emerita at University of Michigan.

**Friday, May 18, 7:30 PM Transportation to 51 Walden St. for Concord Orchestra concert "Heroes and Villains- Pops."**

Saturday, May 19, 2:00 PM **Great Courses Video Lecture Series :**  
**Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.

Saturday, May 19, 3:30 PM **Piano recital for students of Paul Jacobs**, Morrison Th.

**Saturday, May 19, 7:15 PM Transportation to Concord Chorus Concert at Church of St. Brigid in Lexington.**

Saturday, May 19, 7:45 PM **Weekend Movies**, Morrison Th. **and** Community Rm

Sunday, May 20, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, May 20, 2:00 PM **Recital for students of Linda Grom**, Community Room

Sunday, May 20, 7:30 PM **Sunday Movie**, Community Room

Monday, May 21, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio S (UG)

**Monday, May 21, 1:00 – 2:25 PM Spring Walk with Sarah and Jill**

Monday, May 21, 2:00 PM **Book Discussion Group**, *in the Morrison Theatre this month*. Edith Boyden will lead a discussion of *The Zookeepers Wife* by Diane Ackerman. **(Please note the date change to the third Monday because of Memorial Day and the room change as well this month.)** Please bring the book with you. New readers and book suggestions are always welcome.

Monday, May 21, 3:30 PM **Read Aloud Group**, South Living Room  
*This week's reader: Jill Crowley*

Monday, May 21, 3:30 PM **Scrabble**, North Living Room

Tuesday, May 22, 10:30 -11:30 AM **Beginners Drawing**, Art Studio South (UG)

**Tuesday, May 22, 11:00 AM Transportation to West Concord.**

Tuesday, May 22, 11:30 AM -12:30 PM **Seeking the Spirit: “Job: Learning to Ride Out the Storm.”** Activities Room North

Tuesday, May 22, 1:30 -3:30 PM **Crafts Class**, Arts and Crafts Room

Tuesday, May 22, 1:30 – 4:30 PM **Ted Carvalho in the Pottery Studio**

**Tuesday, May 22, 2:00 PM Banking and Library Trip**

Tuesday, May 22, 2:30 PM **Needle and Chat**, Great Room

Tuesday, May 22, 3:00 – 4:00 PM **Let’s Talk About Death**, Community Room  
In the fall of 2017, the *Let’s Talk About Death* program invited residents to gather for a “Death Café,” a facilitated gathering during which food and thoughts, feelings, and questions about death were shared. The Spiritual Life Department is offering a follow-up opportunity to gather and continue these conversations. Residents who previously attended the “Death Café” as well as residents who were unable to attend back in the fall are invited to participate. Cookies and hot drinks will be provided. “Let’s Talk About Death” will be facilitated by chaplains Sarah & Kristin. ***Space limited to 50 participants. Please RSVP to Rev. Sarah or Rev. Kristin by Tuesday May 17th.***

Wednesday, May 23, 9:00 AM **Men’s Breakfast**, Activities Room North

Wednesday, May 23, 10:00 AM **All Residents’ Meeting, “CCC”**, Morrison Th.

Wednesday, May 23, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, May 23, 11:00 AM **Knit and Chat**, Arts & Crafts Room

**Wednesday, May 23, 11:30 AM Lunch Out with Fayad: The Great Wall in Bedford.**

Wednesday, May 23, 2:30 PM **BBC Series: Fortunes of War**, Morrison Theatre.

Wednesday, May 23, 4:00 – 5:00 PM **Opening Reception for New Exhibit: Bringing Home Memoies: Photography by Mark Hopkins** , South Gallery and Café

Wednesday, May 23, 7:00 PM **Scrabble**, North Living Room

Wednesday, May 23, 7:30 PM **Opera night**, Morrison Theatre.  
*Opera: The Bartered Bride* by Smetana, Conclusion.

Thursday, May 24, 9:30 AM – 12:00 PM **Ted Carvalho in the Pottery Studio**

Thursday, May 24, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

**Thursday, May 24, 11:30 AM Trip to Gallery NAGA for “Traces and Auras”, Peter Brooke’s talk for his exhibition**

Thursday, May 24, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, May 24, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, May 24, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, May 24, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Edith’s choice: Klute*

Friday, May 25, 12:00 PM **Birthday Lunch**, South Dining Room

**Friday, May 25, 1:00 PM Tour of Garden in the Woods in Framingham**

Friday, May 25, 1:15 PM **Scrabble**, North Living Room

Friday, May 25, 3:00 PM **Women’s History Group**, Community Room

Friday, May 25, 7:30 PM **Second Annual Chuck Roth Memorial Lecture: “The Social Black Bear: What Bears Have Taught Me About Being Human” given by Dr. Ben Kilham**, Morrison Theatre.

Black bears, thought to be solitary, have a different type of social behavior that possibly parallels early human behavior. They show evidence of reciprocal altruism, matri-linear hierarchy, and a mix of intentional and emotional communication. Bears can live for as many as forty years, which allows them long-term benefits from forming relationships with fellow cooperators. **Ben Kilham, Ph.D** is a wildlife biologist based in Lyme, NH. His love of and devotion to black bears has enabled him to study their habits and interact with them for more than two decades. He, his wife Debra and sister Phoebe have accepted orphaned bear cubs into their home and enabled them to successfully return to the wild. Ben has been the focus of several news articles and documentaries, including National Geographic’s *A Man Among Bears* and Animal Planet’s *Papa Bear*. He is also author of the books *Among the Bears: Raising Orphaned Cubs in the Wild* and *Out on a Limb: Origins of Intuition and Intelligence*. This lecture series honors the life and work of former Newbury Court resident Chuck Roth.

**Saturday, May 26, 9:00 AM Trip to Sakonnet Garden in Little Compton, RI.**

Saturday, May 26, 2:00 PM **Great Courses Video Lecture Series : Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.

Saturday, May 26, 7:45 PM **Weekend Movies**, Morrison Th.**and** Community Room

Sunday, May 27, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, May 27, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, May 28, 1:00 - 3:30 PM ***No Advanced Watercolor this week***

Monday, May 28, 3:30 PM ***No Read Aloud Group this week***

Monday, May 28, 3:30 PM **Scrabble**, North Living Room

Tuesday, May 29, 10:30 -11:30 AM **Beginners Drawing**, Art Studio South (UG)

Tuesday, May 29, 10:30 AM **Budget Committee Meeting**, OPDR  
*(usually the last Tuesday of the month)*

Tuesday, May 29, 11:30 AM -12:30 PM **Seeking the Spirit: “Job: Learning to Ride Out the Storm”**, Activities Room North

Tuesday, May 29, 1:30 – 4:30 PM **CANCELLED: Ted Carvalho in the Pottery Studio**

**Tuesday, May 29, 2:00 PM Banking and Library Trip**

Tuesday, May 29, 2:00 PM **Program Committee Meeting**, Community Room

Tuesday, May 29, 2:30 PM **Needle and Chat**, Great Room

Tuesday, May 29, 3:00 PM **45 min.Virtual Reality Session**, Morrison Theatre.  
Take a ride inside an airshow plane, visit a farm sanctuary, experience the world of the warship HMS Belfast or get kissed by a gorilla. Up to six people can sit in on a session;  
***call or drop in.***

Wednesday, May 30, 9:00 AM **Men’s Breakfast**, Great Room

Wednesday, May 30, 10:00 AM **All Residents’ Meeting, “CCC”**, Morrison Th.

Wednesday, May 30, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, May 30, 11:00 AM **Talk: Keep Moving! by Dr. Blute**, Morrison Theatre. Dr. Blute, a semi-retired orthosurgeon will be talking about the benefits of exercise and staying healthy as well as falls prevention. He was invited by our Resident Health and Wellness Committee.

Wednesday, May 30, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, May 30, 2:30 PM **BBC Series: Fortunes of War**, Morrison Theatre.

Wednesday, May 30, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café.

Wednesday, May 30, 7:00 PM **Scrabble**, North Living Room

Wednesday, May 30, 7:30 PM **Opera night**, Morrison Theatre.  
*Opera: Don Carlo* by Giuseppe Verdi, Part I.

Thursday, May 31, 9:30 AM – 12:00 PM **Ted Carvalho in the Pottery Studio**

Thursday, May 31, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, May 31, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, May 31, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, May 31, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, May 31, 3:00 PM **Electric Cars: Past, Present, Future**, Morrison Theatre. Resident Dick Thornton and Tracy Clark will lead a discussion about electric cars; afterward there will be some comments by and demos of electric cars in our South parking lot by their owners. Tracy Clark was Dick's doctoral student at MIT. He works for MagneMotion on electric propulsion using linear motors.

**Thursday, May 31, 5:00 PM Transportation to the 7<sup>th</sup> Annual Buttrick Garden Party at the North Bridge Visitor Center.**

Thursday, May 31, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Marcia's choice: TBA*

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**Newbury Court presentations are available 24/7 on your computer by going to [www.concordtv.org](http://www.concordtv.org) and scrolling to video-on-demand. From there, search for "Newbury Court," and then scroll to the specific program you wish to watch. We now have over 35 available!**

**Newbury Court programs are available also on your television. See the program schedule for Channel 8, accessed again at [www.concordtv.org](http://www.concordtv.org).**

# Health and Wellness

Newbury Court (North and South) Home Health and Wellness Offices are open M-F 8:30 AM - 5:00 PM.

Please check with the receptionist on weekends for the nurse on duty.

***If you need to speak with a nurse urgently, please call the receptionist and they will direct your call. Any emergency, please call 911.***

Ellen Reusch, RN, Director of Home Health and Wellness: South Wellness Office # 978.402.8127 (for non-urgent calls)

Jeri Ravis, RN – full time, x386

Colleen Brophy, RN – part time, x134

Karen Goulakos, RN, Evening Supervisor. Karen G. is here full time 2:00 -10:00 PM. She can be reached at x373 or by calling the receptionist.

Tuesday, May 1, 9:00 AM – 12:00 PM **Podiatrist**, Salon.

It is necessary to call Dr. Hurwitz's office at 617.256.5839 to make an appointment to be seen. ***If you have not seen Dr. Hurwitz before, you will need to fill out new patient paperwork obtained from Ellen Reusch no later than a week before the next scheduled date.***

Wednesday, May 9, 2:30 – 4:30 PM **Beltone Representative** Gabrielle Indeglia, Arts and Crafts Room (monthly visit on the 2<sup>nd</sup> Wednesday of the month)

Thursday, May 31, 9:30 AM **Miracle Ear Representative** James Condon, South Parlor.

## **PRIVATE HOME CARE**

Newbury Court has its own Private Duty Home Care Service to assist you in the comfort of your home. If you would like to inquire about our services please contact Hector Montesino, Director of Home Care: 978-402-8220 ( Non-Urgent Calls) and 24/7 at 978-831-2322



## ***Interested in getting more involved in your community?***

Join us over at Rivercrest.

Volunteer opportunities available- personalized to your interests,talents and schedule.

For more information, contact Volunteer Coordinator Rita Staniar at 978-394-4752

Come Spend Time with us over at Rivercrest..... Volunteer opportunities now available. Flexible and tailored to your schedule and talents. Contact Rita Staniar at 978-394-4752



*Newbury Court Resident Linda Cohen reading to and visiting with Rivercrest Resident Dorothy Pesek*





## DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only.  
Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

**Special Meal Pricing** will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply.



## Kitchen Tour



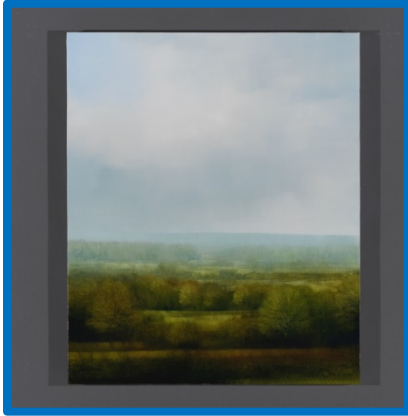
- Thursday, May 24, 2:00 PM
- in South Kitchen
- Tour lasts approx. 20-30 minutes
- refreshments will be provided
- Tour is limited to six participants
- (there will be other tours scheduled)

Please contact **Bob Herman** at **978-402-8122**  
or at [bherman@newburycourt.org](mailto:bherman@newburycourt.org)

**to confirm your reservation.**



# A quick look at some of the events in May:



Distinguished Speaker Series: Artist Peter Brooke

← Thursday, May 10

Pulitzer Prize –winning author Megan Marshall  
on “Writing Lives of New England Women”  
(photo credit Gail Samuelson) Friday, May 11 →



Portrait in Jazz: Brad Ellenberg Jazz Quintet

← Tuesday, May 15

Second Annual Chuck Roth Memorial Lecture:  
“The Social Life of Bears”, given by Dr. Ben Kilham

Friday, May 25 →

