



# June 2018

## MORE THAN ENOUGH

BY MARGE PIERCY

*The first lily of June opens its red mouth.  
All over the sand road where we walk  
multiflora rose climbs trees cascading  
white or pink blossoms, simple, intense  
the scene drifting like colored mist.*



*The arrowhead is spreading its creamy  
clumps of flower and the blackberries  
are blooming in the thickets. Season of  
joy for the bee. The green will never  
again be so green, so purely and lushly*

*new, grass lifting its wheaty seedheads  
into the wind. Rich fresh wine  
of June, we stagger into you smeared  
with pollen, overcome as the turtle  
laying her eggs in roadside sand.*

Dir. of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org  
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping: Please plan to transport packages to your suite.

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **June 4: Market Basket June 11: Roche Bros.**

**June 18: Trader Joe's June 25: Stop & Shop**

### **FAQs about Bus Trips**

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



## **Bus Trips**

### **Monday, June 4, 1:00 – 2:30 PM Spring Walk with Jill**

Mondays we plan an off-campus walk for *hardy walkers*. We take the bus and go to various locations for a walk at one of the several conservation areas nearby. You must wear sturdy walking/hiking shoes and you should dress in layers and bring water. We encourage you to bring a walking stick or trekking poles; if you do not have any we have several sets of trekking poles for borrowing. We need to be back at Newbury Court by 2:25 PM. No bus fee but sign up with transportation so that we know how many are going.

### **Tuesday, June 5, 10:30 AM- 12:00 PM Spring Walk for People With Walkers**

We will visit the Acton Arboretum where there are two walking trails accessible for people who use walkers. There are plenty of benches along the way to stop at and rest. Weather permitting. No bus fee.

**Sunday, June 10, 1:15 PM Transportation to Opera 51's performance of Faust at 51 Walden St.** A fully staged and costumed production of *Faust* by Charles Gounod, with chorus and orchestra conducted by Alan Yost. Lead roles will be sung by Chris Eaglin, Robin Farnsley, and Michael Prichard. ***We have ten free tickets to this performance with reserved seats. These go to the first ten people to sign up.*** Senior ticket price is \$25.00. Call 978 369-7911 to reserve or purchase tix at [www.51walden.org](http://www.51walden.org). The performance is a benefit fundraiser to support operation of the 51 Walden facility.

### **Monday, June 11, 1:00 – 2:25 PM Spring Walk with Sarah**

**Tuesday, June 12, 10:00 AM and 2:00 PM Transportation to the polls at Harvey Wheeler Center for special town election on marijuana bylaw.** No bus fee.

**Friday, June 15, 11:30 AM Lunch Out with Fayad to The Great Wall in Bedford. Chinese Buffet.** No bus fee.

### **Monday, June 18, 1:00 – 2:25 PM Spring Walk with Sarah and Jill**

### **Tuesday, June 19, 11:00 AM Transportation to Concord Center.**

We drop you off in Concord Center where you can shop at the various stores (Cheese Shop, Bookshop, Vanderhoof's Hardware, The Colonial Store) and/or grab a bite to eat (Main St. Café, Helen's, Comella's etc.) You will be dropped off in the lot behind the Visitors Ctr and picked up in the same location. There are benches and restrooms there. ***Pick up will be promptly at 1:00 PM.*** No bus fee.

**Thursday, June 21, 10:00 AM Tour of Boston with Stephen Collins, and Lunch Out.**

Stephen shares historical, literary and architectural highlights as he guides you on a 90 minute tour through Boston and Cambridge. The route includes the North End, Financial District, Charlestown (USS Constitution, Bunker Hill), Beacon Hill, MIT, Back Bay, Copley Square, Chinatown and more. Expect to return around 3:30 PM. Minimal walking. Lunch will be at No Name Restaurant; ***please bring cash for lunch.*** Bus fee/tour \$20.00.

**Monday, June 25, 1:00 – 2:25 PM Spring Walk with Sarah and Jill**

**Tuesday, June 26, 11:00 AM Transportation to West Concord.**

We drop you off in West Concord so that you can shop at various stores(The 5 &10, Debra's Natural Gourmet, West Concord Wine & Spirits, etc.) and/or grab a bite to eat (Concord Teacakes, Nashoba Brook Bakery, etc.) You will be dropped off somewhere near Debra's and picked up in the same location. ***Pick up will be promptly at 1:00 PM.*** No bus fee.

**Friday, June 29, 9:30 AM Trip to Shelburne Falls, MA to see Bridge of Flowers, other sights in town and have lunch out.** The Bridge of Flowers spans the Deerfield River and connects the towns of Shelburne Falls and Buckland. It is an old stone trolley bridge converted to a footbridge with a beautiful garden that is a perfect example of a mixed border, with flowering trees, shrubs, perennials, vines, bulbs and annuals that keep the Bridge in glorious bloom from April 1 to October 30. They are cared for by the volunteer Blossom Brigade. Every year, tens of thousands of visitors from as far away as China come to admire the Bridge and take away happy memories of a small rural town with a great beauty at its heart. We may also visit the Glacial Potholes, The Salmon Falls Gallery and stroll through the town. Lunch will be at the Buckland Pizza House.

Please bring cash for lunch. Bus fee \$25.00.



## **Music at Newbury Court**

Friday, June 1, 4:00 PM **Concert: Clarinet and Piano**, Morrison Theatre.

Clarinetist Chester Brezniak returns, accompanied by pianist Yukiko Takagi.

Their program will include pieces by Schumann, Martino, Chopin, Faure and Ireland.

As a sought after clarinetist, ***Mr. Brezniak's*** orchestral experience includes the Atlanta Ballet Orchestra, Sao Paulo Symphony, Boston Pops Orchestra, Czech Radio Symphony, Hanover Chamber Orchestra, Bridgeport Symphony Orchestra, Atlanta Symphony Orchestra; Massachusetts Symphony Orchestra; and most recently the Boston Orchestra for the Andrea Bocelli concert at TD Garden in Boston.

***Ms. Takagi*** performs regularly with the Eliza Miller Dance Company and the Ruth Birnberg Dance Company and gives frequent duo-piano concerts. She is a featured performer with the Callithumpian Consort. At New England Conservatory Yukiko Takagi has appeared on the First Monday series at Jordan Hall, and is a teacher and guest

artist for NEC's Summer Institute for Contemporary Piano Performance. Her recent performance of Stockhausen's Natural Durations at the Met Museum was cited as "especially memorable" by New York Times.

Sunday, June 3, 2:00 PM **Recital for students of Marcia Groome**, Duvall Chapel

Thursday, June 7, 3:00 PM **Fifth Annual Newbury Court's Got Talent!**, Morrison Theatre. Newbury Court residents and staff members join in presenting our fifth annual campus-wide variety show featuring Hector Montesino as EmCee. Sponsored by the Newbury Court Diversity & Inclusion Group. The program will be available in residents' suites on Cable Channel 918 and in the Café.

Wednesday, June 13, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

Thursday, June 21, 3:00 PM **Karaoke with Steve**, Morrison Theatre. Come and sing for us! Steve Menichetti finds the music and the written lyrics on youtube for whatever song you'd like to sing. Shy? Come anyway and be an audience for the more intrepid of our residents and staff.

Wednesday, June 27, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

## **Art at Newbury Court**



**Ongoing Exhibit: Bringing Home Memories: Photography by Mark Hopkins**, North and South Gallery.

### **Demos and Classes:**

Thursday, May 10, 11:00 AM **Drawing Demo**, South Living Room

*Mondays*, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

*Tuesdays*, 10:30 -11:30 AM **Basic Drawing**, Art Studio South (UG).

***No drawing experience is necessary.*** This class will focus on the building blocks of beginning drawing: composition, line, shape form, value, drawing vocabulary and mark making. Have fun and make some new friends!

*Three Tuesdays* , June 5, 12, & 19, 1:30 -3:30 PM **Crafts Class**, Arts and Crafts Room.

Dani Schechner of the Umbrella Community Arts Center will come on three Tuesdays each month to teach and assist with many different kinds of crafts.

*Wednesdays* 10:30 AM -12:30 PM **Drawing**, Art Studio South (UG level)  
Students work from objects, still lifes and photographs to learn the essential elements of drawing. Contour, shading, proportion and careful observation are among the topics which will be covered. This class is open to complete beginners as well as experienced students.

*Thursdays*, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).

*Thursdays*, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room  
NC resident Liz Kleiman coordinates this beading group. She is not teaching a class, but will be happy to help you if you have a problem stringing or with catches (clasps.) This group is for fellow beading enthusiasts who would like company and support while they create. ***This is “BYOB” (Bring Your Own Beads!)***

## **Special Programs and Monthly Meetings**

Friday, June 1, 1:15 PM **Scrabble**, North Living Room

Friday, June 1, 3:00 PM **Women’s History Group**, Community Room  
Women’s History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Friday, June 1, 4:00 PM **Concert: Clarinet and Piano**, Morrison Theatre.

Saturday, June 2, 2:00 PM **Great Courses Video Lecture Series : Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.  
The series continues.

Saturday, June 2, 7:45 PM **Weekend Movies**, Morrison Th.**and** Community Room  
Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, June 3, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre.

Every Sunday (unless there is some other program scheduled) the movie that was shown in the Community Room on Saturday night will be shown in the Morrison Theatre on Sunday afternoon.

Sunday, June 3, 2:00 PM **Recital for students of Marcia Groome**, Duvall Chapel

Sunday, June 3, 3:00 PM **Sunday Afternoon Movie**, Community Room  
Every Sunday (unless there is some other program scheduled) the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Monday, June 4, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.**  
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, June 4, 10:00 AM South Library Committee **Work Meeting**,  
South Library (monthly meeting is Monday *after* 1st Tuesday Library meeting)

**Monday, June 4, 1:00 – 2:30 PM Spring Walk with Jill**

Monday, June 4, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, June 4, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson's Support Group**, Great Room. This month we welcome back Susanne Liebich; our favorite Parkinson's Dance Specialist! We look forward to her special way of inspiring our movement with her music selections and dance talents. We will also be hearing about the life of Paul Keabian one of our own support group members! Light refreshments will be provided. If a resident needs help getting to the Parkinson's Support Group please contact Home Health @ ext 127 and they will happily provide assistance.  
(*monthly meeting on the 1<sup>st</sup> Monday of the month*)

Monday, June 4, 3:30 PM **Read Aloud Group**, South Living Room.  
The Read Aloud Group (formerly known as the "Reading Group"), meets almost every Monday afternoon and is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers.

*This week's reader: Gordon Lentil*

Monday, June 4, 3:30 PM **Scrabble**, North Living Room

Monday, June 4, 4:30 PM **Lecture - Contemplating What A Commercial Recreational Marijuana Market Would Mean for Concord: Lessons Learned from Four States and DC**, Morrison Theatre. Colorado and Washington legalized marijuana in 2012, followed by Alaska and Oregon in 2014. The District of Columbia legalized cultivation and possession in 2014. Today's highly potent marijuana, marketed by a new marijuana industry poised to profit from heavy use, represents a growing and significant threat to public health and safety. Regulations shaping implementation of MA state law allowing a commercial marijuana market are incomplete. As in other states, MA has permitted this industry to influence both policy and policy makers. While the consequences of these policies will not be known for decades, early indicators are troubling from a health and public safety perspective. Data available from Colorado, Washington, Alaska, Oregon, and DC that may offer insight into what to expect from legalization of commercial marijuana businesses in Concord will be discussed, with emphasis of impacts on school aged youth, social justice issues, increased alcohol and opiate consumption, hospital admissions and emergency room visits, black market, increased property and other crime, increased marijuana in the workplace, and increased traffic accidents and fatalities. Discussion and questions will be welcomed. ***Lecture will be given by A. Eden Evins, MD, MPH.*** She is Founding Director, Massachusetts General Hospital Center for Addiction Medicine and Cox Family Professor of Psychiatry in the Field of Addiction Medicine, Harvard Medical School.

**Tuesday, June 5, 10:30 AM- 12:00 PM Spring Walk for People With Walkers**

Tuesday, June 5, 11:30 AM -12:30 PM **Seeking the Spirit: "The Book of Job"**  
Activities Room North

Tuesday, June 5, 1:30 -3:30 PM **Crafts Class**, Arts and Crafts Room

Tuesday, June 5, 1:30 – 4:30 PM **Ted Carvalho assists in the Pottery Studio**

Tuesday, June 5, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Community Room. Patricia is the instructor for the Mindfulness Meditation program at Emerson Hospital and is a graduate of the Barbara Brennan School of Healing Certificate Program where she also completed advanced studies in Education, Individual Group Supervision and Brennan Integrative Therapy training. She has completed the Practicum in Mindfulness-Based Stress Reduction Teacher Training at the Center for Mindfulness at the University of Massachusetts Medical Center. Patricia has a passion for providing people with the tools and support they need to transform fear and self-limiting beliefs into life force and creative expression. Patricia will be here every week on Tuesdays at 2:00.

**Tuesday, June 5, 2:00 PM Banking and Library Trip**

Tuesday, June 5, 2:30 PM **Needle and Chat**, Great Room.



This group knits afghans for various charitable groups. You need not knit a whole afghan; some knitters knit strips that are then attached to make a finished piece. All are welcome.

Tuesday, June 5, 3:00 PM **Play Reading Group**, South Living Room.  
Play Reading Group now meets twice a month, *usually* on the 1<sup>st</sup> and 3<sup>rd</sup> Tuesdays whenever possible. This month we will be reading

Tuesday, June 5, 4:00 PM **South Library Committee Meeting**, OPDR  
(monthly meeting now on 1st Tuesday.)

Wednesday, June 6, 9:00 AM **Men's Breakfast**, Activities Room North  
Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, June 6, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Theatre.  
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. ***Major announcements are made at CCC***, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community. ***This week we have guest speakers from Household Goods, a charitable organization that provides a full range of donated furniture and household items, free of charge, to help people in need make a home.***

Wednesday, June 6, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, June 6, 11:00 AM **Knit and Chat**, Arts & Crafts Room.  
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, June 6, 2:30 PM **BBC Series: Fortunes of War, in the Great Room this week**. The series continues.

Wednesday, June 6, 3:00 PM **South Food Service Committee Meeting**,  
South Private Dining Room. If you wish to join or attend, contact Charlie Harrington, 978.821.7822. (monthly meeting *usually* on 1<sup>st</sup> Wednesday)

Wednesday, June 6, 7:00 PM **Scrabble**, North Living Room

Wednesday, June 6, 7:30 PM **Opera night**, Morrison Theatre.

Most Wednesday nights residents Betsy Moyer and Barbara Schnuer choose and show an opera on DVD. *This week's opera: Verdi's Don Carlo Conclusion.*

Thursday, June 7, 9:30 AM – 12:00 PM **Ted Carvalho assists in the Pottery Studio**

Thursday, June 7, 10:00 AM **Executive Committee Meeting**, OPDR

Thursday, June 7, 10:00 AM **Mindfulness Meditation**, Duvall Chapel.

Thursday, June 7, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, June 7, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, June 7, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, June 7, 3:00 PM **Fifth Annual Newbury Court's Got Talent!**, Morrison Theatre.

Thursday, June 7, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Jim's choice: The Late George Apley*

Friday, June 8, 1:15 PM **Scrabble**, North Living Room

Friday, June 8, 3:00 PM **Women's History Group**, Community Room

Friday, June 8, 4:00 PM **Distinguished Speaker Series: Brock Reeve**, Morrison Theatre. We welcome back Brock Reeve who will give a talk entitled, "An Overview of Stem Cell Science." Brock Reeve is Executive Director of the Harvard Stem Cell Institute. In partnership with the Faculty Directors, he has overall responsibility for the operations and strategy of the Institute which is comprised of the schools of Harvard University and all its affiliated hospitals and research institutions. Under the leadership of its Executive Committee, HSCI invests in scientific research and its faculty has grown to include over 350 Principal and Affiliated members. The Institute is engaged with several leading pharmaceutical companies and foundations in joint research projects and its faculty have founded over 25 stem cell-related startup companies and serve on leading Scientific Advisory Boards. Brock came to HSCI from the commercial sector with extensive experience in both management consulting and operations for technology-based companies, with a focus on life sciences. Brock received a BA and MPhil from Yale University and an MBA from Harvard Business School.

Saturday, June 9, 2:00 PM **Great Courses Video Lecture Series : Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.

Saturday, June 9, 7:45 PM **Weekend Movies**, Morrison Th.**and** Community Rm

Sunday, June 10, 11:00 AM **All Campus Memorial Worship Service**, Duvall Chapel

**Sunday, June 10, 1:15 PM** Transportation to Opera 51's performance of Faust at 51 Walden St.

Sunday, June 10, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, June 10, 7:30 PM **Sunday Evening Movie**, Community Room

Monday, June 11, 1:00 - 3:30 PM **Advanced Watercolor** , Art Studio South.

**Monday, June 11, 1:00 – 2:25 PM** Spring Walk with Sarah and Jill

Monday, June 11, 2:00 PM **Panel Discussion about Healthcare Options on Campus**, Morrison Theatre. Presented by Ellen Levinson, Healthcare Administrator, Ellen Reusch, Director of Resident Health & Wellness, Brenda Pelly, Director of The Gardens, Hector Montesino, Executive Director of Home & Community Based Services, among others!

Will include Q&A session and refreshments.

Monday, June 11, 3:30 PM **Read Aloud Group**, South Living Room  
*This week's reader: Tanis Vollmann*

Monday, June 11, 3:30 PM **Scrabble**, North Living Room

**Tuesday, June 12, 10:00 AM** Transportation to the polls at Harvey Wheeler Center for special town election on marijuana bylaw. No bus fee.

Tuesday, June 12, 10:30 -11:30 AM **Beginners Drawing**, Art Studio South.

Tuesday, June 12, 11:30 AM -12:30 PM **Seeking the Spirit: "The Book of Job"** Activities Room North. We will NOT meet after June 12 until sometime in September.

Tuesday, June 12, 1:30 -3:30 PM **Crafts Class**, Arts and Crafts Room

Tuesday, June 12, 1:30 – 4:00 PM **Ted Carvalho assists in the Pottery Studio**

**Tuesday, June 12, 2:00 PM** Transportation to the polls at Harvey Wheeler Center for special town election on marijuana bylaw. No bus fee.

Tuesday, June 12, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Community Room

**Tuesday, June 12, 2:00 PM** Banking and Library Trip

Tuesday, June 12, 2:30 PM **Needle and Chat**, Great Room

Tuesday, June 12, 3:00 PM **Lecture: Chinese Art of Resistance**, Morrison Theatre. This illustrate talk by Shelley Hawks tells the story of courageous Chinese painters who refused to let their art become propaganda and who painted secretly during China's Cultural Revolution (1966-1976). Based on years of original research and frequent trips to China, she reveals for the first time how seven painters defended their artistic ideals despite physical and psychological persecution. The talk is drawn from her book, *The Art of Resistance: Painting by Candlelight in Mao's China*. Shelley Drake Hawks is a writer and historian in Concord, MA who teaches art history at Middlesex Community College. She has a Masters in Asia regional studies from Harvard and a doctorate in history from Brown. Ms. Hawks is the daughter-in-law of Newbury Court resident Tryntje Hawks.

Tuesday, June 12, 3:00 PM **Welcome Committee Meeting**, South Living Room (monthly meeting on 2<sup>nd</sup> Tuesday.)

Wednesday, June 13, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, June 13, 10:00 AM **All Residents' Meeting, "CCC"**, Community Room

Wednesday, June 13, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio South

Wednesday, June 13, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, June 13, 1:30 -2:30 PM **Beltone Ice Cream Social**, Community Room

Wednesday, June 13, 2:30 PM ***No BBC Series: Fortunes of War this week***

Wednesday, June 13, 3:00 PM **Stephen Collins presents his new Herman Melville show, *Sailing Towards My Father***, Morrison Theatre. *Sailing Towards My Father* by Carl A. Rossi is a one-man show about Herman Melville (1819-1891), the American author best known for his whaling epic, *Moby-Dick*; the play chronicles Melville's life from youth to old age, concentrating on his evolution as a writer and his complex relations with God, his parents and siblings, his wife and children, and Nathaniel Hawthorne.

Wednesday, June 13, 3:00 PM **North Food Committee Meeting**, Activities Rm North. Contact: Linda Ball (monthly meeting *usually* on 2<sup>nd</sup> Wednesday)

Wednesday, June 13, 7:00 PM **Scrabble**, North Living Room

Wednesday, June 13, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café.

Wednesday, June 13, 7:30 PM **Opera night**, Morrison Theatre. *Opera*: Richard Straus *Ariadne auf Naxos* Part I.

Thursday, June 14, 9:30 – 12:00 **Barbara, Carl & Patty assist in Pottery Studio**

Thursday, June 14, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, June 14, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, June 14, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, June 14, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, June 14, 3:00 PM **Landscape and Grounds Group**, Community Room.  
*(now the second Thursday of every month April through October)*

Thursday, June 14, 7:00 PM **Sudbury Valley Nature Photographers Meeting**,  
Community Room. . Winning nature photographs from the 2016 George W. Glennie  
Memorial Nature Salon will be shown. Newbury Court residents are always welcome to  
attend. Light refreshments. *(second Thursday of the month)*

Thursday, June 14, 7:30 PM ***No Thursday Night Movie this week***

Thursday, June 14, 7:30 PM **Talk: New England Notebook: One Reporter,  
Six States, Uncommon Stories**, Morrison Theatre. Since 1995, Ted Reinstein has  
been a reporter for Boston's WCVB-TV's "Chronicle," the nation's longest-running  
locally-produced nightly newsmagazine. He also provides reports and commentary on  
Sunday mornings for the station's political roundtable show, "On The Record." Ted has  
been a member of the WCVB editorial board since 2010. In 2002, he was part of a  
Chronicle team that received a prestigious National DuPont-Columbia Broadcast  
Journalism Award for Chronicle's coverage of Boston's Big Dig project. In 2010, he was  
one of five national finalists in the Washington Post's "Great American Pundit" opinion-  
writing Competition.

His first book, *New England Notebook: One Reporter, Six States, Uncommon Stories*,  
was released in May, 2013 by Globe-Pequot Press. The book recounts many of Ted's  
favorite people and stories from his travels all around New England. Ted is a native of  
Winthrop, Massachusetts, and lives just west of Boston with his wife and two daughters.

Friday, June 15, 10:00 AM **Diversity and Inclusion Group**, South Living Room  
*(meets on the 3<sup>rd</sup> Friday of the month)*

**Friday, June 15, 11:30 AM Lunch Out with Fayad to The Great Wall in Bedford.  
Chinese Buffet.** No bus fee.

Friday, June 15, 1:00 – 3:00 PM **Wize Guides**, Morrison Theatre (front)

Friday, June 15, 1:15 PM **Scrabble**, North Living Room

Friday, June 15, 3:00 PM **Women's History Group**, Community Room

Saturday, June 16, 2:00 PM **Great Courses Video Lecture Series :  
Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.

Saturday, June 16, 7:45 PM **Weekend Movies**, Morrison Th.**and** Community Rm

Sunday, June 17, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, June 17, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, June 18, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio S (UG)

**Monday, June 18, 1:00 – 2:25 PM Spring Walk with Sarah and Jill**

Monday, June 18, 3:30 PM **Read Aloud Group\***, South Living Room  
*\*Only tentatively scheduled.*

Monday, June 18, 3:30 PM **Scrabble**, North Living Room

Tuesday, June 19, 10:30 -11:30 AM **Beginners Drawing**, Art Studio South (UG)

**Tuesday, June 19, 11:00 AM Transportation to Concord Center.**

Tuesday, June 19, 1:30 -3:30 PM **Crafts Class**, Arts and Crafts Room

Tuesday, June 19, 1:30 PM **Catholic Mass**, Duvall Chapel

Tuesday, June 19, 1:30 – 4:30 PM **Barbara, Carl & Patty assist in Pottery Studio**

Tuesday, June 19, 2:00 PM **Mindfulness Meditation with Patricia Howard**,  
Community Room

**Tuesday, June 19, 2:00 PM Banking and Library Trip**

Tuesday, June 19, 2:30 PM **Needle and Chat**, Great Room

Tuesday, June 19, 3:00 PM **Play Reading Group**, South Living Room

Wednesday, June 20, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, June 20, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.

Wednesday, June 20, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, June 20, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, June 20, 11:30 AM -1:00 PM **Memory Loss Caregivers Support Group**, North Private Dining Room.

Wednesday, June 20, 2:30 PM **BBC Series: Fortunes of War**, Morrison Theatre.

Wednesday, June 20, 7:00 PM **Scrabble**, North Living Room

Wednesday, June 20, 7:30 PM **Opera night**, Morrison Theatre.  
*Opera: Richard Straus Ariadne auf Naxos Conclusion.*

Thursday, June 21, 9:30 – 12:00 **Barbara, Carl & Patty assist in Pottery Studio**

**Thursday, June 21, 10:00 AM Tour of Boston with Stephen Collins, and Lunch Out.**

Thursday, June 21, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, June 21, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, June 21, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, June 21, 2:00 PM **Meet & Mingle**, South Café.

As always, this is a wonderful opportunity to meet our newer residents and also get to know some current residents you just haven't met yet!

Thursday, June 21, 2:00 PM **Climate Initiative Group**, Community Room

Thursday, June 21, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, June 21, 3:00 PM **Karaoke with Steve**, Morrison Theatre

Thursday, June 21, 7:30 PM **Thursday Night Movie**, Morrison Theatre  
*Klaus's choice: TBA*

Friday, June 22, 11:00 AM **Fun with Cards**, South Living Room

Al Oppenheim is an MIT "lifer" (MIT undergrad class of '59 currently MIT faculty) with a side interest in magic including "fun with cards". Since practice makes perfect (at least sometimes) Al is looking for opportunities to perform/practice card tricks with a small group (5-15) at Newbury Court. Please sign up with Jessie at 978.402.8104.

Friday, June 22, 1:15 PM **Scrabble**, North Living Room

Friday, June 22, 3:00 PM **Women's History Group**, Community Room

Saturday, June 23, 2:00 PM **Great Courses Video Lecture Series :**  
**Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.

Saturday, June 23, 7:45 PM **Weekend Movies**, Morrison Th. **and** Community Room

Sunday, June 24, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, June 24, 3:00 PM **Sunday Afternoon Movie**, Community Room

**Monday, June 25, 1:00 – 2:25 PM Spring Walk with Sarah and Jill**

Monday, June 25, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, June 25, 2:00 PM **Book Discussion Group**, Community Room.  
Book to be discussed is *My Name is Louise Barton* by Elizabeth Strout. Please bring the book with you. New readers and book suggestions are always welcome.

Monday, June 25, 3:30 PM **Scrabble**, North Living Room

Tuesday, June 26, 10:30 -11:30 AM **Beginners Drawing**, Art Studio South (UG)

Tuesday, June 26, 10:30 AM **Budget Committee Meeting**, OPDR  
(usually the last Tuesday of the month)

**Tuesday, June 26, 11:00 AM Transportation to West Concord.**

Tuesday, June 26, 1:30 – 4:30 PM **Barbara, Carl & Patty assist in Pottery Studio**

Tuesday, June 26, 2:00 PM **Mindfulness Meditation with Patricia Howard**,  
Community Room

**Tuesday, June 26, 2:00 PM Banking and Library Trip**

Tuesday, June 26, 2:00 PM **Program Committee Meeting**, South Living Room

Tuesday, June 26, 2:30 PM **Needle and Chat**, Great Room

Wednesday, June 27, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, June 27, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.

Wednesday, June 27, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, June 27, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, June 27, 3:00 PM **A Visit with Louisa May Alcott**, Morrison Theatre.  
Jan Turnquist, the Executive Director of Orchard House, comes to give a living history performance of her favorite author, Louisa May Alcott. As Miss Alcott she brings us behind the scenes stories from her life: family friendships with Thoreau and Emerson,



her unconventional upbringing in poverty, and the family love that inspired her to write an American classic.

Wednesday, June 27, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café.

Wednesday, June 27, 7:00 PM **Scrabble**, North Living Room

Wednesday, June 27, 7:30 PM **Opera night**, Morrison Theatre.

*Opera: TBA*

Thursday, June 28, 9:30 AM – 12:00 PM **Ted Carvalho assists in Pottery Studio**

Thursday, June 28, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, June 28, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, June 28, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, June 28, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, June 28, 7:30 PM **Thursday Night Movie**, Morrison Theatre

*Edith's choice: On Golden Pond*

Friday, June 29, 12:00 PM **Birthday Lunch**, North Dining Room

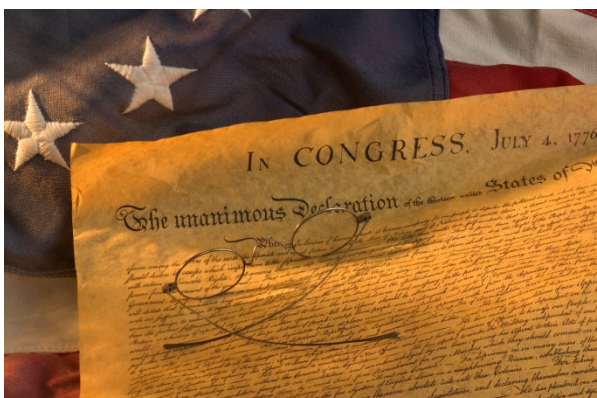
Friday, June 29, 1:15 PM **Scrabble**, North Living Room

Friday, June 29, 3:00 PM **Women's History Group**, Community Room

Saturday, June 30, 2:00 PM **Great Courses Video Lecture Series :  
Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.

Saturday, June 30, 7:45 PM **Weekend Movies**, Morrison Th.**and** Community Room

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Interested in reciting the Declaration of Independence on July 3<sup>rd</sup>? As many of you know, as part of our Fourth of July celebration we recite the Declaration of Independence in its entirety right before we begin our annual cookout. We need eight readers and you must be available to rehearse on Sunday, June 24<sup>th</sup> (afternoon) and Saturday, June 30<sup>th</sup> (time to be determined) and then be ready for a run through at

10 AM on the morning of the 3<sup>rd</sup>. The reading begins at 12:00 PM, lasts approximately 25 minutes and takes place outdoors overlooking the Sudbury River...(it can be HOT!) Once again, we will have Stephen Collins directing us through the rehearsals and participating with us on the day. If you are interested, please let Jessie know ASAP at 978.402.8104.

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**Newbury Court presentations are available 24/7 on your computer by going to [www.concordtv.org](http://www.concordtv.org) and scrolling to video-on-demand. From there, search for "Newbury Court," and then scroll to the specific program you wish to watch. We now have over 35 available!**

**Newbury Court programs are available also on your television. See the program schedule for Channel 8, accessed again at [www.concordtv.org](http://www.concordtv.org).**

## Health and Wellness

Newbury Court (North and South) Home Health and Wellness Offices are open M-F 8:30 AM - 5:00 PM.

Please check with the receptionist on weekends for the nurse on duty.

***If you need to speak with a nurse urgently, please call the receptionist and they will direct your call. Any emergency, please call 911.***

Ellen Reusch, RN, Director of Home Health and Wellness: South Wellness Office # 978.402.8127 (for non-urgent calls)

Jeri Ravis, RN – full time, x386

Colleen Brophy, RN – part time, x134

Karen Goulakos, RN, Evening Supervisor. Karen G. is here full time 2:00 -10:00 PM. She can be reached at x373 or by calling the receptionist.

Wednesday, June 13, 2:30 – 4:30 PM **Beltone Representative** Gabrielle Indeglia, Arts and Crafts Room (monthly visit on the 2<sup>nd</sup> Wednesday of the month)

*Be sure to stop by the Community Room at 1:30 PM for their Ice Cream Social first!*

Tuesday, June 26, 9:00 AM – 12:00 PM **Podiatrist**, Salon.

It is necessary to call Dr. Hurwitz's office at 617.256.5839 to make an appointment to be seen. ***If you have not seen Dr. Hurwitz before, you will need to fill out new patient paperwork obtained from Ellen Reusch no later than a week before the next scheduled date.***

Thursday, June 28, 9:30 AM **Miracle Ear Representative** James Condon, South Parlor.

## **PRIVATE HOME CARE**

Newbury Court has its own Private Duty Home Care Service to assist you in the comfort of your home. If you would like to inquire about our services please contact Hector Montesino, Director of Home Care: 978-402-8620 ( Non-Urgent Calls) and 24/7 at 978-831-2322

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## **Kitchen Tour**



- Thursday, June 28, 2:00 PM
- in South Kitchen
- Tour lasts approx. 20-30 minutes
- refreshments will be provided
- Tour is limited to six participants
- (there will be other tours scheduled)

**Please contact Bob Herman at 978-402-8122 or at [bherman@newburycourt.org](mailto:bherman@newburycourt.org) to confirm your reservation.**



## DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only.  
Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

**Special Meal Pricing** will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply.

