



January 2018

January ~ John Updike

*The days are short,
The sun a spark,
Hung thin between
The dark and dark.*

*Fat snowy footsteps
Track the floor.
Milk bottles burst
Outside the door.*

*The river is
A frozen place
Held still beneath
The trees of lace.*

*The sky is low.
The wind is gray.
The radiator
Purrs all day.*



Dir. of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping: Please plan to transport packages to your suite.

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **January 8: Market Basket January 15: Roche Bros.**

January 22: Trader Joe's January 29: Stop & Shop

FAQs about Bus Trips

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*

Bus Trips



Sunday, January 7, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert. Concord Chamber Players and Axel Strauss the following program: *Duo for Violin and Viola No. 2 in B-flat Major, K. 424* by Wolfgang Amadeus Mozart; *String Trio No. 4 in C Minor, Op. 9, No. 3* by Ludwig van Beethoven; *Moz-Art (on K. 416d) for Two Violins* by Alfred Schnittke; *String Quintet No. 2 in G Major, Op. 111*

by Johannes Brahms. Concert is preceded by a lecture by musicologist Steven Ledbetter. Senior tickets are \$33.00 and \$42.00 and can be purchased by calling 978.405.0130 or visiting www.concordchambermusic.org.

Tuesday, January 9, 10:00 AM Trip to MFA to see “Masterpieces of Dutch and Flemish Painting” exhibit. This exhibit celebrates the commitment of collectors Rose-Marie and Eijk van Otterloo and Susan and Matthew Weatherbie to give their exceptional collections of 17th-century Dutch and Flemish art to the Museum—a donation that will constitute the largest gift of European paintings in MFA history. The Boston-area collectors plan to give the MFA not only their art collections, but also funding to establish a Center for Netherlandish Art at the MFA, the first of its kind in the US. In addition, the Van Otterloos will give a major research library to serve as a resource for the Center. *The MFA is not offering a guided tour of this exhibit.* Senior admission fee: \$23.00; members get in free. Lunch on your own at the museum. Bus fee \$20.00.

Friday, January 12, 10:45 AM Transportation to BSO

Tuesday, January 16, 11:00 AM Lunch out at the Fife and Drum, Northeast Correctional Center’s restaurant . Enjoy a tasty, three course meal prepared and served by the inmates at the Northeast Correctional Center here in Concord. The inmates are in a pre-release program designed to give them work skills that will support them post-release. Our early departure time reflects the need to arrive at the center at approx.11:20 AM. Lunch is served from 11:30 -12:45. Lunch is only \$3.21! ***Please bring exact change with you. We will need to show a photo ID*** and we must leave our cell phones and purses on the bus.

Thursday, January 18, 12:30 PM Transportation to Indian Hill Music in Littleton for free “Bach’s Lunch” concert, Classical and contemporary duo with Amelia Hollander Ames on viola and Elaine Rombola Aveni on piano. We have two tables reserved for this show. Each table is allowed to have up to six people only – *therefore this trip will have a maximum number of twelve attendees.* Concert starts at 1:30 PM. Coffee, tea, and cookies are provided by Indian Hill free of charge, **you bring your own bag lunch.** Admission is free. No bus fee.

Friday, January 19, 10:45 AM Transportation to BSO

Sunday, January 21, 2:30 PM Transportation to Sarasa Chamber Music Ensemble concert at First Parish in Lexington. Concert is entitled, "A Springboard to the Sublime: Boccherini and Mozart. Attendees must purchase their own ticket. Senior ticket price is \$20.00 and tickets can be purchased by calling 617.429.0332 or by visiting www.sarasamusic.org. No bus fee.

Tuesday, January 23, 11:00 AM Transportation to Verrill Farm. No bus fee.

Friday, January 26, 10:45 AM Transportation to BSO

Friday, January 26, 7:30 PM Transportation to 51 Walden St. for Concord Orchestra concert, "Collaborations." Program includes *How the Solar System Was Won* by Browne, Walton's *Violin Concerto* with Steve Ansell, BSO principal violinist, and *Symphony No.3 in F* by Brahms. Tickets are \$25.00 and can be purchased either by calling 978.369.4967 or visiting www.concordorchestra.com. No bus fee.

Tuesday, January 30, 10:00 AM Trip to Peabody Essex Museum in Salem for Georgia O'Keeffe: Art, Image, Style exhibit.

Georgia O'Keeffe: Art, Image, Style is the first exhibition to explore the art, image and personal style of one of America's most iconic artists. O'Keeffe's understated and carefully designed garments, many never before exhibited, are presented alongside photographs and her paintings, illuminating O'Keeffe's unified modernist aesthetic and distinctive self-styling. For more than 70 years, O'Keeffe shaped her public persona, defied labels and carved out a truly progressive, independent life in order to create her art. Her aesthetic legacy - compact masses, organic silhouettes, minimal ornamentation, and restrained color palettes- continues to capture the popular imagination and inspire leading designers and tastemakers of our day. Senior admission fee: \$18.00; members get in free. Lunch on your own at the museum. Bus fee \$20.00.



Music at Newbury Court

Wednesdays, starting on January 10, 1:30 PM **Hand Drumming Classes,** Community Rm. For the next six weeks, Mike Connors returns to drum some beat into us! *Mike makes it easy, fun and relaxed.* Open to all levels, this class is beneficial for the beginner or someone who's played any instrument for years; everyone can always improve their relationship with rhythm. Mike Connors studied jazz drumming at Berklee with jazz greats Joe Hunt and Alan Dawson. He has toured internationally and has been involved with several national Broadway tours . We have a very limited number of drums, so you are encouraged to bring your own.

Two Wednesdays, January 10 *and* 31, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café. Relax after dinner with some jazz standards improvised by *new father* Brian Friedland. Be sure to ask to see baby photos! Self-serve wine and soft drinks will be available in the café.

Monday, January 15, 7:30 PM **Bach Institute Concert**, Morrison Theatre. The Bach Institute is a collaboration amongst Emmanuel Music, Oberlin College and Winsor Music. It provides students and young professionals with the opportunity to explore and perform Bach cantata arias. For nearly three weeks in January, students participate in the weekly cantatas at Emmanuel Church, study Bach cantata arias and perform them on outreach concerts in Boston and the surrounding area. The culmination of the Bach Institute is a public concert at Emmanuel Church.

Friday, January 26, 3:00 PM **Hatrack Gallagher and friends**, Morrison Theatre. Hatrack Gallagher, a phenomenal blues harmonica player, returns with Ric Maure on piano, Mike Avery on drums and Jim Guttman bass for an afternoon that promises to be a great swinging blues jam! We have Newbury Court resident Lois Gallagher to thank for introducing her son to us.

Art at Newbury Court



Friday, January 19, 3:00 PM **Art Exhibit Opening: Susanah Howland**, South Café. Susanah Howland's paintings and prints begin with close observation of places that she loves. Drawing on the idea that certain geographies can, by their colors and forms, feel like home, the work emerges through a thoughtful process involving memory and intuition as well as looking.

Susanah's most recent work is currently on view at Gallery Wright in Wilmington, Vermont and the Concord Center for the Visual Arts in Concord, Massachusetts. Her work has been shown at the New Britain Museum of American Painting, New Britain, Connecticut, the Khaki Gallery and Copley Society, Boston, Massachusetts, the DeCordova Museum, Lincoln, Massachusetts and the Smithsonian Institution, Washington, D.C. Susanah received her BA from the College of William and Mary and her post-baccalaureate certificate from the School of the Museum of Fine Arts, Boston. She lives and works in Lincoln, Massachusetts.

Demo and Classes:

Thursday, January 11, 11:00 AM **Drawing Demo**, Morrison Theatre.

Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

Tuesdays, 10:30 -11:30 AM **Basic Drawing**, Art Studio South (UG).

No drawing experience is necessary. This class will focus on the building blocks of beginning drawing: composition, line, shape form, value, drawing vocabulary and mark making. Have fun and make some new friends!

Wednesdays, 10:30 AM -12:30 PM **Drawing**, Art Studio South (UG level)

Students work from objects, still lifes and photographs to learn the essential elements of drawing. Contour, shading, proportion and careful observation are among the topics which will be covered. This class is open to complete beginners as well as experienced students.

Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).

Thursdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

NC resident Liz Kleiman coordinates this beading group. She is not teaching a class, but will be happy to help you if you have a problem stringing or with catches (clasps.) This group is for fellow beading enthusiasts who would like company and support while they create. ***This is “BYOB” (Bring Your Own Beads!)***

Special Programs and Monthly Meetings



Monday, January 1 ***No classes today***

Monday, January 1, 3:30 PM ***No Reading Group this week***

Tuesday, January 2, 10:30 -11:30 AM **Basic Drawing**,
Art Studio South (UG)

Tuesday, January 2, 1:30 – 4:30 PM **Ted Carvalho in Pottery Studio**

Tuesday, January 2, 2:00 PM Banking and Library Trip

Tuesday, January 2, 2:30 PM **Needle and Chat**, Great Room

This group knits afghans for various charitable groups. You need not knit a whole afghan; some knitters knit strips that are then attached to make a finished piece. All are welcome.

Wednesday, January 3, 9:00 AM **Men’s Breakfast**, Activities Room North

Each Wednesday morning a light breakfast of scones, fruit, coffee and tea is set up in the Activities Room across the hall from the North Dining Room on the 2nd floor. Here, men can gather and discuss news of the world, what’s going on in their own life, travel, history, careers...you name it.

Wednesday, January 3, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. Major announcements are made at CCC, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, January 3, 10:30 AM – 12:30 PM **Drawing**, Art Studio South (UG)

Wednesday, January 3, 11:00 AM **Knit and Chat**, Arts & Crafts Room.
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, January 3, 2:30 PM **BBC Miniseries: Cranford**, Morrison Theatre.
This is the final episode.

Wednesday, January 3, 3:00 PM **South Food Service Committee Meeting**,
South Private Dining Room. If you wish to join or attend, contact Charlie Harrington, 978.821.7822. (monthly meeting *usually* on 1st Wednesday)

Wednesday, January 3, 7:30 PM **Opera night**, Morrison Theatre.
Most Wednesday nights residents Betsy Moyer and Barbara Schnuer choose and show an opera on DVD. *Opera*: Richard Strauss' "Die Fledermaus," Conclusion.

Thursday, January 4, 9:30 AM – 12:00 PM **Ted Carvalho in Pottery Studio**

Thursday, January 4, 10:30 AM **Stephen Collins's Course on William Butler Yeats**, Morrison Theatre. Born in Dublin in 1865, his poetry would eventually win for him the Nobel Prize in 1923. He along with Lady Augusta Gregory spearheaded the Irish literary revival. Critics have called Yeats the great poet of old age. Most of what are considered his masterpieces he composed after age sixty. We will look at those and some of his earlier poetry and the influences upon him. This is a six week course ending on Feb. 8.

Thursday, January 4, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, January 4, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG)

Thursday, January 4, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, January 4, 4:00 PM **Distinguished Speaker Series: Sara Seager**, Morrison Theatre. Professor Sara Seager is a planetary scientist and astrophysicist. She has been a pioneer in the vast and unknown world of exoplanets, planets that orbit stars other than the sun. Her ground-breaking research ranges from the detection of exoplanet atmospheres to innovative theories about life on other worlds to development of novel space mission concepts. Now, dubbed an "astronomical Indiana Jones", she is on a quest after the field's holy grail, the discovery of a true Earth twin. Dr. Seager earned her PhD from Harvard University and is now the Class of 1941 Professor of Planetary Science and Professor of Physics at MIT. Professor Seager is a 2013 MacArthur Fellow and was named in Time Magazine's 25 Most Influential in Space in 2012. Her talk is entitled, "*Exoplanets and the Search for Habitable Worlds.*"

Thursday, January 4, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Jim's choice: Tea House of the August Moon

Friday, January 5, 1:00 PM **Scrabble**, North Living Room

Friday, January 5, 3:00 PM **Women's History Group**, Community Room
Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Saturday, January 6, 2:00 PM **Great Courses Video Lecture Series : Native Peoples of North America**, Morrison Theatre. The Great Courses has partnered with Smithsonian to bring you a course that will greatly expand your understanding of American history. This course, ***Native Peoples of North America***, pairs the unmatched resources and expertise of the Smithsonian's National Museum of the American Indian with the unparalleled knowledge of Professor Daniel M. Cobb of the University of North Carolina at Chapel Hill to provide a multidisciplinary view of American history, revealing new perspectives on the historical and contemporary experiences of Indigenous peoples, and their significant impact on the history of our country. Professor Cobb brings his experience as an author and teacher to recount an absolutely fascinating, larger-than-life story across a timespan of more than 500 years. This course consists of 24 half-hour lectures; two lectures will be shown each Saturday.

Saturday, January 6, 7:45 PM **Weekend Movies**, Morrison Th.**and** Community Rm
Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, January 7, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert.

Sunday, January 7, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre.
Every Sunday (unless there is some other program scheduled) the movie that was shown in the Community Room on Saturday night will be shown in the Morrison Theatre on Sunday afternoon.

Sunday, January 7, 3:00 PM **Sunday Afternoon Movie**, Community Room
Every Sunday (unless there is some other program scheduled) the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Monday, January 8, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.**
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, January 8, 12:15 PM **Meeting of Art Committee**, Art Room

Monday, January 8, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, January 8, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson Support Group**, Great Room. This month we will feature a presentation called, *Continuing the Journey- A Treatment Option for Advanced Parkinson's Disease* from Dr. Joy Antonelle DeMarcaida, a Movement Disorder Specialist at Hartford Healthcare. If a resident needs help getting to the Parkinson Support Group please contact Home Health @ ext 127 and they will happily provide assistance. (*monthly meeting on the 1st Monday of the month*)

Monday, January 8, 3:30 PM **Reading Group**, South Living Room.
Reading Group, meeting almost every Monday afternoon, is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers. *This week's reader: Alice Wiggin*

Tuesday, January 9, 10:00 AM Trip to MFA for a guided tour of the “Masterpieces of Dutch and Flemish Painting” exhibit.

Tuesday, January 9, 10:30 -11:30 AM **Basic Drawing**, Art Studio South (UG)

Tuesday, January 9, 11:00 AM Transportation to Concord Center.

Tuesday, January 9, 11:30 AM -12:30 PM **“Seeking the Spirit” Book & Discussion Group**, Activities Room North (across from the North Dining Room, 2nd floor)
Are you interested in learning more about spirituality or “digging deeper” into your own spiritual life? Come and join Rev. Sarah, Rev. Kristin, and other community members for conversation each week, centered around a great book. For the first five weeks together, we'll focus on The Circle of Life by Joyce Rupp & Macrina Wiederkehr, which explores the relationship between the four seasons and different seasons of life. Whether you're a voracious reader or just want to come together for a good

discussion, you are welcome! Please RSVP to Rev. Kristin if you plan to attend: (978)402-8238 or krinehimer@newburycourt.org. Book cost will be approximately \$10.

Tuesday, January 9, 1:30 PM **Catholic Mass**, Duvall Chapel

Tuesday, January 9, 1:30 – 4:30 PM **Ted Carvalho in Pottery Studio**

Tuesday, January 9, 2:00 PM Banking and Library Trip

Tuesday, January 9, 2:30 PM **Needle and Chat**, Great Room

Tuesday, January 9, 3:00 PM **Welcome Committee Meeting, South Living Room**
(monthly meeting on 2nd Tuesday.)

Tuesday, January 9, 4:00 PM **South Library Committee Meeting**, South Library
(monthly meeting on 2nd Tuesday.)

Wednesday, January 10, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, January 10, 10:00 AM **All Residents' Meeting, "CCC"**, Community Room

Wednesday, January 10, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, January 10, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, January 10, 1:30 PM **Hand Drumming Classes**, Community Room.

Wednesday, January 10, 2:30 PM **Netflix Miniseries: The Crown: Season 2**,
Morrison Theatre.

Wednesday, January 10, 3:00 PM **North Food Committee Meeting**, Activities Rm
North. Contact: Linda Ball

Wednesday, January 10, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: TBD

Thursday, January 11, 9:30 AM – 12:00 PM **Ted Carvalho in the Pottery Studio**

Thursday, January 11, 10:30 AM **Stephen Collins's Course on William Butler Yeats**,
Morrison Theatre

Thursday, January 11, 11:00 AM **Drawing Demo**, Morrison Theatre.

Thursday, January 11, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, January 11, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG)

Thursday, January 11, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, January 11, 7:00 PM **Sudbury Valley Nature Photographers Meeting**, Community Room. SVNP member Terri Ackerman will show photographs of her recent trip to Yugoslavia and autumn abstracts of the Sudbury River. Newbury Court residents are always welcome to attend. Light refreshments. (*second Thursday of the month*)

Thursday, January 11, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Jim's choice: The King's Speech

Friday, January 12, 10:45 AM Transportation to BSO

Friday, January 12, 1:00 PM **Scrabble**, North Living Room

Friday, January 12, 3:00 PM **Women's History Group**, Community Room

Saturday, January 13, 2:00 PM **Great Courses Video Lecture Series : Native Peoples of North America**, Morrison Theatre

Saturday, January 13, 7:45 PM **Weekend Movies**, Morrison Th.*and* Community Room

Sunday, January 14, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, January 14, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, January 15, 10:00 AM South Library Committee **Work Meeting**, South Library
(monthly meeting is 1st Monday *after* 2nd Tuesday Library meeting)

Monday, January 15, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, January 15, 3:30 PM **Reading Group**, South Living Room.
This week's reader: Dick Evans

Tuesday, January 16, 11:00 AM Lunch out at the Fife and Drum, Northeast Correctional Center's restaurant.

Tuesday, January 16, 11:30 AM -12:30 PM **"Seeking the Spirit" Book & Discussion Group**, Activities Room North

Tuesday, January 16, 1:30 – 4:30 PM **Ted Carvalho in Pottery Studio**

Tuesday, January 16, 2:00 – 3:30 PM **New Resident Coffee Social**, Morrison Theatre. Please join us in welcoming our newest residents to Newbury Court. All residents and staff are welcome to help celebrate their arrival. We'll introduce ourselves, share our experiences and enjoy some goodies together. **NO RSVP Needed**. Just come and enjoy!

Tuesday, January 16, 2:30 PM **Needle and Chat**, Great Room

Wednesday, January 17, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, January 17, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Theatre

Wednesday, January 17, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, January 17, 11:00 – 11:45 AM **Virtual Reality Session**, Morrison Theatre. We have many new videos! Take a ride inside an airshow plane, visit alligators in the Everglades, relax on a Costa Rican beach or dive the Red Sea – just to name a few of the new experiences you can have. Up to six people can sit in on a session; ***call or drop in.***

Wednesday, January 17, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, January 17, 11:30 AM -1:00 PM **Memory Loss Caregivers Support Group**, North Private Dining Room.

Wednesday, January 17, 1:30 PM **Hand Drumming Classes**, Community Room.

Wednesday, January 17, 2:30 PM **Netflix Miniseries: The Crown: Season 2**, Morrison Theatre

Wednesday, January 17, 7:30 PM **Opera night**, Morrison Theatre.
Opera: TBD

Thursday, January 18, 9:30 AM – 12:00 PM **Ted Carvalho in the Pottery Studio**

Thursday, January 18, 10:30 AM **Stephen Collins's Course on William Butler Yeats**, Morrison Theatre

Thursday, January 18, 12:30 PM Transportation to Indian Hill Music in Littleton for free "Bach's Lunch" concert, Classical and contemporary duo with Amelia Hollander Ames on viola and Elaine Rombola Aveni on piano.

Thursday, January 18, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, January 18, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, January 18, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, January 18, 3:00 PM **Live Animal Program: Richard Roth**, Community Room. One of our most popular visitors, Richard Roth, is returning and bringing his four-legged friend from all over the world with him!

Thursday, January 18, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Klaus's choice: TBD

Friday, January 19, 10:00 AM **Diversity Interest Group**, South Living Room

Friday, January 19, 10:45 AM Transportation to BSO

Friday, January 19, 1:00 PM **Scrabble**, North Living Room

Friday, January 19, 3:00 PM **Art Exhibit Opening: Susanah Howland**, South Café.

Friday, January 19, 3:00 PM ***No Women's History Group this week***

Saturday, January 20, 2:00 PM **Great Courses Video Lecture Series : Native Peoples of North America**, Morrison Theatre

Saturday, January 20, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, January 21, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, January 21, 2:30 PM Transportation to Sarasa Chamber Music Ensemble concert at First Parish in Lexington

Sunday, January 21, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, January 22, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio S (UG)

Monday, January 22, 2:00 PM **Book Discussion Group**, Community Room
This month's discussion will be on *The Orphan Master's Son* by Adam Johnson, led by Janet Johnson. Please bring the book with you. New readers and book suggestions are always welcome.

Monday, January 22, 3:30 PM **Reading Group**, South Living Room
This week's reader: Priscilla Hundley

Tuesday, January 23, 10:30 AM **Slideshow and Lecture: Fanny Farmer Candy**, Morrison Theatre. Chelmsford resident Leon Poirier will give a talk exploring the history of the 100-year old Fanny Farmer Candy company and show examples of many of its unusual candy boxes. A display of some of its old candy boxes and other memorabilia

will also be set up. The Fanny Farmer Candy company was founded in 1919. It still makes candy today even though most of its 350 retail stores are closed. Over the years, it packed its candy in hundreds of different and unique holiday boxes. Leon Poirier is a retiree who now teaches in the Learning in Retirement program in Lowell. He has a PhD in Physics and prior to retirement taught at Tufts University. He and his wife are avid antiques collectors.

Tuesday, January 23, 10:30 -11:30 AM **Beginners Drawing**, Art Studio South (UG)

Tuesday, January 23, 11:00 AM Transportation to Verrill Farm.

Tuesday, January 23, 11:30 AM -12:30 PM **“Seeking the Spirit” Book & Discussion Group**, Activities Room North

Tuesday, January 23, 2:00 PM Banking and Library Trip

Tuesday, January 23, 2:30 PM **Needle and Chat**, Great Room

Thursday, January 23, 3:00 PM **Play Reading Group**, Old Private Dining Room

Wednesday, January 24, 9:00 AM **Men’s Breakfast**, Activities Room North

Wednesday, January 24, 10:00 AM **All Residents’ Meeting, “CCC”**, Morrison Th.

Wednesday, January 24, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, January 24, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, January 24, 1:30 PM **Hand Drumming Classes**, Community Room.

Wednesday, January 24, 2:30 PM **Netflix Miniseries: The Crown: Season 2**, Morrison Theatre.

Wednesday, January 24, 7:30 PM **Opera night**, Morrison Theatre.
Opera: TBD

Thursday, January 25, 9:30 AM – 12:00 PM **Ted Carvalho in the Pottery Studio**

Thursday, January 25, 10:30 AM **Stephen Collins’s Course on William Butler Yeats**, Morrison Theatre

Thursday, January 25, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, January 25, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG)

Thursday, January 25, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, January 25, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Edith's choice: Sophie's Choice

Friday, January 26, 10:00 AM **Lecture: What You Eat Affects Your Brain**, Morrison Theatre. C.C. Donelan, founder of Brain Health Partners, presents nutrition research that can help you reduce your risk of Alzheimer's disease. Additionally, CC will share her knowledge of best brain nutrition practices to improve your overall health. With a Bachelor of Science from Boston University and a Masters of Arts in Education from Columbia University, CC has held positions at Mount Sinai Medical Center, Tufts University, and several non-profit organizations. Prior to Brain Health Partners, CC was Director of Education at Brain Health and Wellness Center for over 7 years.

Friday, January 26, 10:45 AM Transportation to BSO

Friday, January 26, 12:00 PM **Birthday Lunch**, South Dining Room

Friday, January 26, 1:00 – 3:00 PM **Wize Guides, in the Community Room**

Friday, January 26, 1:00 PM **Scrabble**, North Living Room

Friday, January 26, 3:00 PM **Hatrack Gallagher and friends**, Morrison Theatre.

Friday, January 26, 3:00 PM ***No Women's History Group this week***

Friday, January 26, 7:30 PM Transportation to 51 Walden St. for Concord Orchestra concert, "Collaborations."

Saturday, January 27, 2:00 **Great Courses Video Lecture Series : Native Peoples of North America**, Morrison Theatre

Saturday, January 27, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, January 28, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, January 28, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, January 29, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio S (UG)

Monday, January 29, 3:30 PM **Reading Group**, South Living Room
This week's reader: Hector Montesino

Tuesday, January 30, 10:00 AM Trip to Peabody Essex Museum in Salem for Georgia O'Keeffe: Art, Image, Style exhibit.

Tuesday, January 30, 10:30 -11:30 AM **Beginners Drawing**, Art Studio South (UG)

Tuesday, January 30, 10:30 AM **Budget Committee Meeting**, OPDR
(usually the last Tuesday of the month)

Tuesday, January 30, 11:30 AM -12:30 PM **“Seeking the Spirit” Book & Discussion Group**, Activities Room North

Tuesday, January 30, 2:00 PM Banking and Library Trip

Tuesday, January 30, 2:00 PM **Program Committee Meeting**, Arts & Crafts Room

Tuesday, January 30, 2:30 PM **Needle and Chat**, Great Room

Wednesday, January 31, 9:00 AM **Men’s Breakfast**, Activities Room North

Wednesday, January 31, 10:00 AM **All Residents’ Meeting, “CCC”**, Morrison Th.

Wednesday, January 31, 10:30 AM or right after CCC, **West Concord Pharmacy’s “Ask the Pharmacist”**, Morrison Theatre.

Do you have questions about your medications? The Wellness Dep’t is hosting a new series of informal talks with a pharmacist from West Concord Pharmacy. Once a month they will come and answer the questions you bring with you, discuss various new drugs and may occasionally bring a guest speaker.

Wednesday, January 31, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, January 31, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, January 31, 1:30 PM **Hand Drumming Classes**, Community Room.

Wednesday, January 31, 2:30 PM **Netflix Miniseries: The Crown: Season 2**, Morrison Theatre.

Wednesday, January 31, 7:30 PM **Opera night**, Morrison Theatre.
Opera: TBD



Concord TV

How to access the 24 Newbury Court programs currently available on Concord TV.

Video on Demand: Go to www.Concordtv.org web site. Scroll down to “Video on Demand.” Click “Playlist.” Scroll down to and click “Newbury Court.” Scroll down to the program you want to watch and click on it. To watch hit play in the screen on left.

To see Schedule on Channel 8: Go to www.Concordtv.org web site. Click on Channel 8, the local access channel, and move cursor to the desired date. Our dedicated slot is Wednesdays at noon, but our programs are aired at other times during the broadcast day as well.

Health and Wellness

Newbury Court (North and South) Home Health and Wellness Offices are open M-F 8:30 AM - 5:00 PM.

Please check with the receptionist on weekends for the nurse on duty.

If you need to speak with a nurse urgently, please call the receptionist and they will direct your call. Any emergency, please call 911.

Ellen Reusch, RN, Director of Home Health and Wellness: South Wellness Office # 978.402.8127 (for non-urgent calls)

Jeri Ravis, RN – full time, x386

Colleen Brophy, RN – part time, x134

Karen Goulakos, RN, Evening Supervisor. Karen G. is here full time 2:00 -10:00 PM. She can be reached at x373 or by calling the receptionist.

Tuesday, January 9, 9:00 AM – 12:00 PM **Podiatrist**, Salon.

It is necessary to call Dr. Hurwitz's office at 617.256.5839 to make an appointment to be seen. ***If you have not seen Dr. Hurwitz before, you will need to fill out new patient paperwork obtained from Ellen Reusch no later than a week before the next scheduled date.***

Wednesday, January 10, 2:30 – 4:30 PM **Beltone Representative** Gabrielle Indeglia, Arts and Crafts Room (monthly visit on the 2nd Wednesday of the month)

Thursday, January 25, 9:30 AM **Miracle Ear Representative** James Condon, South Parlor.

Wednesday, January 31, 10:30 AM or right after CCC, **West Concord Pharmacy's "Ask the Pharmacist"**, Morrison Theatre.



PRIVATE HOME CARE

Newbury Court has its own Private Duty Home Care Service to assist you in the comfort of your home. If you would like to inquire about our services please contact Hector Montesino, Director of Home Care: 978-402-8220 (Non-Urgent Calls) and 24/7 at 978-831-2322



DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only.
Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

Special Meal Pricing will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply.



Kitchen Tour



- Thursday, January 25, 2:00 PM
- in South Kitchen
- Tour lasts approx. 20-30 minutes
- refreshments will be provided
- Tour is limited to six participants
- (there will be other tours scheduled)

Please contact **Bob Herman** at **978-402-8122**
or at bherman@newburycourt.org
to confirm your reservation.

A quick look at some of the events in January:

Stephen Collins starts a six week course on the poetry
of William Butler Yeats, a Thursday morning series
starting January 4 →



Live animal program with Richard Roth
← Thursday, January 18

Hatrack Gallagher and Friends
Friday, January 26 →





100 Newbury Court
Concord, MA 01742