



August 2018

Twilight: After Haying by Jane Kenyon

"Yes, long shadows go out
from the bales; and yes, the soul
must part from the
body:
what else could it
do?"

The men sprawl near
the baler,
too tired to leave the
field.

They talk and smoke,
and the tips of their cigarettes
blaze like small roses
in the night air. (It arrived
and settled among them
before they were aware.)



The moon comes
to count the bales,
and the dispossessed--
Whip-poor-will,
Whip-poor-will
--sings from the dusty
stubble.
These things happen. . .
the soul's bliss
and suffering are bound
together

The last, sweet exhalations
of timothy and vetch
go out with the song of the bird;
the ravaged field
grows wet with dew."

Dir. of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping Trips:

(Please plan to transport packages to your suite.)

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **August 6: Market Basket August 13: Roche Bros.**
August 20: Trader Joe's August 27: Stop & Shop

FAQs about Bus Trips

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



As many of you know, we have some major renovations scheduled for Morrison Theatre over the summer.

By October we will have new carpeting, chairs, lighting fixtures, curtains for the stage and...at last...

A HEARING LOOP!! Since Morrison will be closed for the later part of August we have decided that it is time to get out of town!!

We have scheduled more trips than usual and there will be NO BUS FEE for programs during the month of August.

So— let's have some fun!! Lunches, and Cruises and Whales...Oh MY!



Bus Trips

~Please make a point to be in the lobby at least five minutes prior to scheduled departures. ~

Thursday, August 2, 10:00 AM Trip to Museum of Fine Arts to see *French Pastels: Treasures From the Vault* exhibit. Pastels are only rarely exhibited due to the fragility of the powdery pigment and the light sensitivity of the paper on which it rests. Drawn primarily from the MFA's holdings, with select loans from a private collection, "*French Pastels: Treasures from the Vault*" provides an exceptional opportunity to see firsthand nearly 40 seldom-shown masterworks by artists including Mary Cassatt, Edgar Degas, Edouard Manet, Jean-François Millet, Claude Monet, Camille Pissarro, Odilon Redon, and Pierre-Auguste Renoir. Lunch on your own at the museum. Senior admission is \$23.00, members get in free.

Friday, August 3, 11:00 AM Transportation to West Concord.

We drop you off in West Concord so that you can shop at various stores (The 5 &10, Debra's Natural Gourmet, West Concord Wine & Spirits, etc.) and/or grab a bite to eat (Concord Teacakes, Nashoba Brook Bakery, etc.) You will be dropped off somewhere near Debra's and picked up in the same location. ***Pick up will be promptly at 1:00 PM.***

Thursday, August 9, 9:30 AM Trip to Coolidge Reservation in Manchester-by-the Sea and lunch out.

Return approximately at 3:00 PM. The Coolidge Reservation is part of the peninsula known as Coolidge Point in Manchester-by-the sea. Hike past a scenic pond and through a small forest of pine and oak to reach a spectacular seaside lawn offering memorable views of Massachusetts Bay and The North Shore. For anyone new to the area, this is a trip not to be missed. Bring your cameras!! The walk to the grand lawn as noted above is not difficult but there is a boardwalk and some uneven ground. ***And the round trip is two miles, so please be a hardy walker with stamina!!*** We will go to a restaurant in Manchester-by-the Sea afterwards for lunch. There is no entry fee and there is no bus fee. Just bring your lunch money and your love of the sea!

Friday, August 10, 10:00 AM Summer Walk for People with Walkers.

Location TBA.

Tuesday, August 14, 9:30 – 11:00 AM Summer Walk with Sarah and Jill

A morning, off-campus walk for ***hardy walkers***, weather permitting. Please sign up with transportation so that we know how many are going.

Thursday, August 16, 10:45 AM Boston Harbor Island Cruise trip to Spectacle Island.

Have you been wishing you could get to a beach just once this summer, but you don't want to deal with the traffic or the crowds? Looking for an interesting place to walk and explore beyond our local conservation land trips? Got a camera and looking for a fresh perspective? Come with us to Spectacle Island, one of the Boston Harbor Islands. We will have 2.5 hours to relax (or swim!) on a beach with a lifeguard, walk the hiking trails and take in the great, panoramic views of the Boston skyline. There is a visitor center with exhibits about the history and evolution of the island and there are restrooms, a café, picnic areas and three shade shelters. There are 5 miles of hiking trails and one goes up 157 ft to the top of the North Drumlin. If you plan on spending time at the beach you may want to invest in a collapsible camp chair. We will take the 12:30 PM ferry directly to Spectacle Island (a 20-30 minute trip) and will return via the 3:30 PM ferry. This will get us back to Newbury Court probably by 5:30 PM. Senior ticket price is \$14.95. Please bring your own picnic lunch or cash for the café, which makes simple sandwiches and burgers.

Friday, August 17, 11:00 AM Trip to Verrill Farm.

A quick, five minute drive from Newbury Court will bring you to Verrill Farm. They carry fresh produce, baked goods, an impressive array of cheeses, flowers, gift items such as jams, jellies, tea towels as well as a large, refrigerated section with precooked meals to go. In addition, they have a deli counter where you can order a sandwich or a panini and enjoy a lunch there.

Thursday, August 23, 11:30 AM Lunch Out with Fayad to Acapulco's Mexican restaurant in Sudbury. Enjoy a lunch out at a restaurant that has all the Mexican dishes you would expect: quesadillas, chimichangas, enchiladas, burritos, tamales as well as house specialties such as arroz con pollo, chili verde and pork carnitas. Please bring cash for lunch.

Tuesday, August 28, 9:30 – 11:00 AM Summer Walk with Sarah and Jill
A morning, off-campus walk for *hardy walkers*, weather permitting. Please sign up with transportation so that we know how many are going.

Thursday, August 30, 1:00 PM* Charles River Architecture Cruise.

This 90-minute tour, hosted by Charles Riverboat Company, offers spectacular views of historic and contemporary architecture along Boston Harbor, the Charles River Locks, and the Charles River basin. The tour—narrated by a guide from Boston By Foot and co-sponsored by BSA Space, a center for architecture and design—includes landmarks such as Marriott's Custom House, the Prudential Building, and the Hancock tower, as well as cutting-edge contemporary design by today's top architects. These are simply the best waterfront views of Boston and Cambridge. There are restrooms on board. Boat departs at 2:30 PM. Arrival back at Newbury Court will probably be approx. 5:30 PM.

Ticket price is \$25.00. **departure time subject to slight change—possibly earlier.*

Attention all BSO subscribers: Please submit all your BSO bus reservation requests for the coming season in writing and give it to Fayad, including dates of the trips, how many seats and attendees.



Art at Newbury Court



Ongoing Exhibit: Needle Felting Art by Lyn Slade, North and South Gallery.

Lyn Slade is a needle felting artist from Bolton, MA. She has been in many juried and solo exhibits. Lyn gives workshops on Needle Felting Art and has recently returned from her artist in residency at Acadia National Park in Maine. She will be debut her new work from Acadia at Newbury Court. This exhibit will be up until Sept. 24.

Demos and Classes:

Thursday, August 9, 11:00 AM **Drawing Demo**, South Living Room

Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

Tuesdays, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG).

New Class! Please come join Katherine for a Nature Sketchbooking class. Weather permitting we will go outside and sketch from direct observation. This is a great skill to have as one can always sketch while on vacation or travel or just while on nature walks! Each student will be given their own sketchbook.

Wednesdays ,10:30 AM -12:30 PM **Drawing**, Art Studio South (UG level)

Students work from objects, still lifes and photographs to learn the essential elements of drawing. Contour, shading, proportion and careful observation are among the topics which will be covered. This class is open to complete beginners as well as experienced students.

Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).

Thursdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

(no group meeting on Thursday, August 9)

NC resident Liz Kleiman coordinates this beading group. She is not teaching a class, but will happy to help you if you have a problem stringing or with catches (clasps.) This group is for fellow beading enthusiasts who would like company and support while they create. ***This is “BYOB” (Bring Your Own Beads!)***

Special Programs and Monthly Meetings

Wednesday, August 1, 9:00 AM **Men's Breakfast**, Activities Room North
Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, August 1, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Theatre.
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. ***Major announcements are made at CCC***, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, August 1, 10:30 AM – 12:30 PM **Drawing Class**

Wednesday, August 1, 11:00 AM **Knit and Chat**, Arts & Crafts Room.
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, August 1, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast:* Richard Higgins: "Thoreau and the Language of Trees"

Wednesday, August 1, 2:30 PM **PBS Series: Last Tango in Halifax**, Morrison Theatre.
This romantic comedy involves Alan Buttershaw and Celia Dawson, two 70-something widowed people. After their respective grandsons put their profiles on a popular social-networking site, the two rediscover feelings for each other similar to the ones they had many decades earlier as teenagers. Their relationship is a celebration of the power of love at any age, but it comes with obstacles -- namely their families. Alan's daughter, Gillian, and Celia's daughter, Caroline, are polar opposites and, while neither would ever think about getting in the way of her parent's happiness, the situation is a bit disconcerting. We are in the midst of season 1. Each episode is 1 hour long.

Wednesday, August 1, 7:00 PM **Scrabble**, North Living Room

Wednesday, August 1, 7:30 PM ***No Opera night in August***

Thursday, August 2, 9:30 AM – 12:00 PM **Liz assists in the Pottery Studio**

Thursday, August 2, 10:00 AM Trip to Museum of Fine Arts to see *French Pastels: Treasures From the Vault* exhibit.

Thursday, August 2, 10:00 AM **Executive Committee Meeting**, OPDR

Thursday, August 2, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, August 2, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, August 2, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, August 2, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, August 2, 7:30 PM **Thursday Night Movie**, Morrison Theatre.
Jim's choice: Casablanca

Friday, August 3, 11:00 AM Transportation to West Concord.

Friday, August 3, 1:15 PM **Scrabble**, North Living Room

Friday, August 3, 3:00 PM **Current Events Roundtable with Bryan Snyder**, Great Room. Bryan returns for two “roundtable” sessions -- this one and the following Friday as well, August 10th. With no shortage of topics to discuss, these should prove to be lively and interactive conversations! Bryan Snyder is a Senior Lecturer in the Economics Dep't at Bentley University.

Friday, August 3, 3:00 PM ***No Women's History Group in August.***

Women's History Group will go on hiatus for the month of August. See you in September!

Saturday, August 4, 2:00 PM **Great Courses Video Lecture Series : Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre.
The series continues.

Saturday, August 4, 7:45 PM **Weekend Movies**, Morrison Th. **and** Community Room. Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, August 5, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre.
This week, the movie that was shown in the Community Room on Saturday night will be shown in the Morrison Theatre on Sunday afternoon.

Sunday, August 5, 3:00 PM **Sunday Afternoon Movie**, Community Room.
This week the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Monday, August 6, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.**
Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, August 6, 1:00 - 3:30 PM **Advanced Watercolor** , Art Studio South.

Monday, August 6, 3:30 PM **Scrabble**, North Living Room

Tuesday, August 7, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South.

Tuesday, August 7, 1:30 – 4:00 PM **Ted and Liz assist in the Pottery Studio**

Tuesday, August 7, 2:00 PM **Mindfulness Meditation with Patricia Howard**,
Community Room. Patricia is the instructor for the Mindfulness Meditation program at Emerson Hospital and is a graduate of the Barbara Brennan School of Healing Certificate Program where she also completed advanced studies in Education, Individual Group Supervision and Brennan Integrative Therapy training. She has completed the Practicum in Mindfulness-Based Stress Reduction Teacher Training at the Center for Mindfulness at the University of Massachusetts Medical Center. Patricia has a passion for providing people with the tools and support they need to transform fear and self-limiting beliefs into life force and creative expression. Patricia will be here every week on Tuesdays at 2:00.

Tuesday, August 7, 2:00 PM Banking and Library Trip

Tuesday, August 7, 2:30 PM **Needle and Chat**, Great Room
This group will only meet informally through the summer. The group knits afghans for various charitable groups. You need not knit a whole afghan; some knitters knit strips that are then attached to make a finished piece. All are welcome.

Tuesday, August 7, 3:00 PM **Solo Piano Concert: I-Heung Lee**, Morrison Theatre.

Tuesday, August 7, 3:00 PM **Welcome Committee Meeting**, South Living Room
(monthly meeting on 2nd Tuesday.)

Tuesday, August 7, 4:00 PM **South Library Committee Meeting**, OPDR
(monthly meeting now on 1st Tuesday.)

Wednesday, August 8, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, August 8, 10:00 AM **All Residents' Meeting, "CCC"**, Community Room

Wednesday, August 8, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio South

Wednesday, August 8, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, August 8, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast:* Peter Brooke, Jr., Painter

Wednesday, August 8, 2:30 PM **PBS Series: Last Tango in Halifax**, Morrison Theatre.

Wednesday, August 8, 7:00 PM **Scrabble**, North Living Room

Thursday, August 9, 9:30 AM Trip to Coolidge Reservation in Manchester-by-the Sea and lunch out.

Thursday, August 9, 9:30 AM– 12:00 PM **Liz assist in Pottery Studio**

Thursday, August 9, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, August 9, 1:30 PM -4:00 PM ***No Beading Group this week***

Thursday, August 9, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, August 9, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, August 9, 3:00 PM **Landscape and Grounds Group**, Community Room.
(now the second Thursday of every month April through October)

Thursday, August 9, 5:00 PM **Annual Luau**, South Terrace.
Reservations required. See dining services with any questions.

Thursday, August 9, 7:00 PM ***No Sudbury Valley Nature Photographers Meeting this month.***

Thursday, August 9, 7:30 PM **Thursday Night Movie**, Morrison Theatre.
Jim's choice: The Lavender Hill Mob

Friday, August 10, 10:00 AM Summer Walk for People with Walkers.

Friday, August 10, 1:15 PM **Scrabble**, North Living Room

Friday, August 10, 3:00 PM **Current Events Roundtable with Bryan Snyder**, Great Room. This is the second and last of Bryan's two "roundtable" discussions on current events. With no shortage of topics to discuss, these should prove to be lively and interactive conversations! Bryan Snyder is a Senior Lecturer in the Economics Dep't at Bentley University.

Saturday, August 11, 2:00 PM **Great Courses Video Lecture Series : Mind-Body Medicine: The New Science of Optimal Health**, Morrison Theatre

Saturday, August 11, 7:45 PM **Weekend Movies**, Morrison Th. ***and*** Community Rm

Sunday, August 12, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, August 12, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, August 13, 10:00 AM South Library Committee **Work Meeting**,
South Library (monthly meeting is Monday *after* 1st Tuesday Library meeting)

Monday, August 13, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio S (UG)

Monday, August 13, 3:30 PM **Scrabble**, North Living Room

Tuesday, August 14, 9:30 – 11:00 AM Summer Walk with Sarah and Jill

Tuesday, August 14, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, August 14, 1:30 – 4:30 PM **On Your Own in Pottery Studio**
(Ted and Liz will be working with residents in the Gardens)

Tuesday, August 14, 2:00 PM **Mindfulness Meditation with Patricia Howard**,
Community Room

Tuesday, August 14, 2:00 PM Banking and Library Trip

Tuesday, August 14, 2:30 PM **Needle and Chat**, Great Room

Tuesday, August 14, 3:00 PM **Play Reading Group**, South Living Room.
This month Play Reading Group will just meet this one day, and we will continue reading pieces from ***Spoon River Anthology***. Even if you haven't read with us previously, please join us if you wish to. This play lends itself to "drop in" reading.

Wednesday, August 15, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, August 15, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Theatre

Wednesday, August 15, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, August 15, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, August 15, 12 noon **Channel 8 Broadcast of Newbury Court presentation**. *This week's broadcast:* Irving Silverman Aging Wisely

Wednesday, August 15, 2:30 PM **PBS Series: Last Tango in Halifax**, Morrison Th.

Wednesday, August 15, 7:00 PM **Scrabble**, North Living Room

Wednesday, August 15, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café

Thursday, August 16, 9:30 AM – 12:00 PM **Liz assists in Pottery Studio**

Thursday, August 16, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, August 16, 10:45 AM Boston Harbor Island Cruise trip to Spectacle Island

Thursday, August 16, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, August 16, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, August 16, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, August 16, 7:30 PM **Thursday Night Movie**, Morrison Theatre.
Klaus's choice: The Day the Earth Stood Still

Friday, August 17, 11:00 AM Trip to Verrill Farm

Friday, August 17, 1:15 PM **Scrabble**, North Living Room

Friday, August 17, 4:00 PM **L'Archicello Trio**, Morrison Theatre.

Saturday, August 18, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Room

Sunday, August 19, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, August 19, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, August 20, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, August 20, 3:30 PM **Scrabble**, North Living Room

Tuesday, August 21, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, August 21, 1:30 – 4:30 PM **Ted and Liz assist in Pottery Studio**

Tuesday, August 21, 2:00 PM **Mindfulness Meditation with Patricia Howard**,
Community Room

Tuesday, August 21, 2:00 PM Banking and Library Trip

Tuesday, August 21, 2:30 PM **Needle and Chat**, Great Room

Tuesday, August 21, 4:00 PM **Scholarship Awards Ceremony**, South Café.

Wednesday, August 22, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, August 22, 10:00 AM **All Residents' Meeting, "CCC"**, Community Room

Wednesday, August 22, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, August 22, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, August 22, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast: Alex McNeil, "Who Was Shakespeare"*

Wednesday, August 22, 2:30 PM **PBS Series: Last Tango in Halifax**, Great Room

Wednesday, August 22, 3:00 PM **A Life in Music Lost and Found: A Talk and Play Presentation by Betty Hauck, viola and violin**, Community Room.

Wednesday, August 22, 7:00 PM **Scrabble**, North Living Room

Thursday, August 23, 9:30 AM – 12:00 PM **Ted and Liz assist in Pottery Studio**

Thursday, August 23, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, August 23, 11:30 AM Lunch Out with Fayad to Acapulco's Mexican restaurant in Sudbury

Thursday, August 23, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, August 23, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, August 23, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, August 23, 7:30 PM **Thursday Night Movie**, Great Room
Edith's choice: Lady Bird

Friday, August 24, 12:00 PM **Birthday Lunch**, North Dining Room

Friday, August 24, 1:00 – 3:00 PM **Wize Guides**, Community Room

Friday, August 24, 1:15 PM **Scrabble**, North Living Room

Saturday, August 25, 7:45 PM **Weekend Movies**, Great Room *and* Community Room

Sunday, August 26, 2:00 PM **Sunday Afternoon Movie**, Great Room

Sunday, August 26, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, August 27, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, August 27, 3:30 PM **Scrabble**, North Living Room

Tuesday, August 28, 9:30 – 11:00 AM Summer Walk with Sarah and Jill

Tuesday, August 28, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, August 28, 10:30 AM **Budget Committee Meeting**, OPDR
(usually the last Tuesday of the month)

Tuesday, August 28, 1:30 – 4:30 PM **On Your Own assist in Pottery Studio**
(Ted and Liz will be working with residents in the Gardens)

Tuesday, August 28, 2:00 PM ***NO Mindfulness Meditation with Patricia Howard this week***

Tuesday, August 28, 2:00 PM Banking and Library Trip

Tuesday, August 28, 2:00 PM **Program Committee Meeting**, South Living Room

Tuesday, August 28, 2:30 PM **Needle and Chat**, Great Room

Wednesday, August 29, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, August 29, 10:00 AM **All Residents' Meeting, "CCC"**, Community Room

Wednesday, August 29, 10:30 AM – 12:30 PM **Drawing Class**, Art Studio (UG)

Wednesday, August 29, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, August 29, 12 noon **Channel 8 Broadcast of Newbury Court presentation**. *This week's broadcast:* Bryan Snyder: "London Falling – the Perils of a Post-Brexit Global City and Related Fallout"

Wednesday, August 29, 2:30 PM **PBS Series: Last Tango in Halifax**, Great Room

Wednesday, August 29, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**, South Café

Wednesday, August 29, 7:00 PM **Scrabble**, North Living Room

Thursday, August 30, 9:30 AM – 12:00 PM **Ted and Liz assist in Pottery Studio**

Thursday, August 30, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, August 30, 1:00 PM Charles River Architecture Cruise

Thursday, August 30, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Thursday, August 30, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, August 30, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, August 30, 7:30 PM **Thursday Night Movie**, Great Room
Edith's choice: Lady Bird

Friday, August 31, 12:00 PM **Birthday Lunch**, North Dining Room

Friday, August 31, 1:00 – 3:00 PM **Wize Guides**, Community Room

Friday, August 31, 1:15 PM **Scrabble**, North Living Room

Newbury Court presentations are available 24/7 on your computer by going to www.concordtv.org and scrolling to video-on-demand. From there, search for “Newbury Court,” and then scroll to the specific program you wish to watch. We now have over 35 available!

Health and Wellness

Newbury Court (North and South) Home Health and Wellness Offices are open M-F 10:00 AM -12:00 Noon for “drop in time” if someone would like to see a wellness nurse. If you are unable to come to the south wellness office during this time you will need to schedule a time to be seen. Scheduled suite visits will be charged to you.

These changes were made effective July 1, 2018.

Ellen Reusch, RN, Director of Home Health and Wellness: South Wellness Office
978.402.8127 (for non-urgent calls)

Colleen Brophy, RN – part time, x134

Karen Goulakos, RN, Evening Supervisor. Karen G. is here full time 2:00 -10:00 PM.
She can be reached at x373 or by calling the receptionist.

Please check with the receptionist on weekends for the nurse on duty.

If you need to speak with a nurse urgently, please call the receptionist and they will direct your call. Any emergency, please call 911.

Wednesday, August 8, 2:30 – 4:30 PM Beltone Representative Gabrielle Indeglia,
Arts and Crafts Room (monthly visit on the 2nd Wednesday of the month)

Thursday, August 30, 9:30 AM Miracle Ear Representative James Condon,
South Parlor.

Tuesday, August 21, 9:00 AM – 12:00 PM Podiatrist, Salon.

It is necessary to call Dr. Hurwitz’s office at 617.256.5839 to make an appointment to be seen. ***If you have not seen Dr. Hurwitz before, you will need to fill out new patient paperwork obtained from Ellen Reusch no later than a week before the next scheduled date.***

PRIVATE HOME CARE

Newbury Court has its own Private Duty Home Care Service to assist you in the comfort of your home. If you would like to inquire about our services please contact Hector Montesino, Director of Home Care: 978-402-8620 (Non-Urgent Calls) and 24/7 at 978-831-2322



DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only.
Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

Special Meal Pricing will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply.



A quick look at some of the events in August:

Friday, August 3 (& Fri. Aug. 10) →
Current Events Roundtable Discussion
with Bryan Snyder



← Thursday, August 9
Annual Luau

Wednesday, August 22 →
A Life in Music Lost and Found: A Talk
and Play Presentation by Betty Hauck,
viola and violin

