



March 2020

The 2020 Women's History Month theme is
"Valiant Women of the Vote."

The theme honors

"the brave women who fought to win
suffrage rights for women, and for the women who
continue to fight for the voting rights of others."



Director of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping Trips:

(Please plan to transport packages to your suite.)

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **March 2: Market Basket March 9: Roche Bros.**

March 16: Stop & Shop March 23: Trader Joe's March 30: Idylwilde

FAQs about Bus Trips

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up for a ticketed event but then have to cancel?** *Residents who cancel for a trip that involves a pre-purchased ticket will be charged 100% of that ticket fee as well as the bus fee (unless you find a person to replace you or there is a person who can fill that spot on a waiting list.) **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability. Tickets purchased for an event by the Program Dep't. are for residents only unless otherwise specified by the Program Dep't.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



Bus Trips

PLEASE be in the lobby at least five minutes prior to scheduled departures.

Tuesday, March 3, 10:00 AM Transportation to the polls at Harvey Wheeler Center for voting in the Presidential primaries. No bus fee.

Tuesday, March 3, 2:00 PM Transportation to the polls at Harvey Wheeler Center for voting in the Presidential primaries. No bus fee.

Friday, March 6, 10:45 AM Transportation to BSO

Sunday, March 8, 2:45 PM Transportation to Sarasa Ensemble concert at First Parish in Lexington. They will be performing Schubert's *Die schöne Müllerin*.

This is a rare chance to hear Schubert's astounding song cycle depicting a journeyman's turbulent experience of unrequited love, etched by sounds of a babbling brook, a restless mill, the confident horn calls of a hunter, all captured in an arrangement for tenor and string quartet. Frank Kelley, tenor; Christina Day Martinson, Jesse Irons, violins; Jessica Troy, viola; Jennifer Morsches, cello. Senior ticket price is \$20.00 and tickets may be purchased at www.sarasamusic.org. No bus fee.

Thursday, March 12, 10:15 AM Transportation to Indian Hill for free "Bach's Lunch" concert, The Great American Songbook featuring Billy Novick, clarinet; Jack Senier, piano; Jeff Stout, trumpet; Justin Meyer, bass.

We have two tables reserved for this show. Each table is allowed to have up to six people only – *therefore this trip will have a maximum number of twelve attendees.* Concert starts at 11:00 AM. Coffee, tea, and cookies are provided by Indian Hill free of charge, **you bring your own bag lunch.** Admission is free. No bus fee.

Friday, March 13, 11:00 AM–1:00 PM Shopping Trip to West Concord.
No bus fee.

Friday, March 20, 10:00 AM Guided Tour of the Waterworks Museum in Chestnut Hill and lunch out afterward. The Waterworks Museum is a museum in the Chestnut Hill Waterworks building, originally a high-service pumping station of the Boston Metropolitan Waterworks. It contains well-preserved mechanical engineering devices in a Richardsonian Romanesque building. You can explore the remarkable machinery, wonder at the massive wrenches that kept the pumps running, and marvel at the beautiful architecture. On our tour we will hear some important regional stories about clean water, health, people, brilliant engineers, and magnificent architecture. Admission to the museum is \$5.00. Bus fee: \$5.00.

Thursday, March 26, 9:30 AM **Trip to Fuller Craft Museum in Brockton for a guided tour of the highlights of their collection. Lunch out afterward.

Founded in 1946, the Fuller Craft Museum contains contemporary craft-based art of many different genres and origins. Because this is a guided tour, everyone should plan on staying with the group throughout the tour. Expect to be back at Newbury Court at approx. 3:00 PM. Senior admission: \$15.00 admission; bus fee: \$20.00.

Friday, March 27, 10:45 AM Transportation to BSO

Sunday, March 29, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert. Featured will be Concord Chamber Players with Elizabeth Rowe, flute and John Ferrillo, oboe. Senior ticket prices are \$35 and \$55 and tickets may be purchased at www.concordchambermusic.org or by calling 978.405.0130. No bus fee.

Tuesday, March 31, 10:00 AM Transportation to the polls at Harvey Wheeler Center for voting in the Annual Town Election for Moderator, Select Board and School Committee. No bus fee.

Tuesday, March 31, 2:00 PM Transportation to the polls at Harvey Wheeler Center for voting in the Annual Town Election for Moderator, Select Board and School Committee. No bus fee.

**** A new feature on our Newbury Court App will allow you to sign up for a bus trip using the app. We are experimenting with this by starting with the trip to the Fuller Craft Museum and using the app to sign up for it is optional. You may still sign up for the trip by calling Transportation as usual. If you DO use the app you will be able to see that you are signed up, who else has signed up, and you can also cancel with the app as well.**

Art at Newbury Court



Ongoing Resident and Staff Art Exhibit:

South Café and Gallery. This Resident and Staff Drawing and Painting Exhibit will be up January 20 – March 20.

Ongoing Sculpture Exhibit: As part of our continuing collaboration with the New England Sculptors Association, we are featuring the work of nine NESAsculptors in this second installation.

Workshops:

Tuesday, March 10, 1:30 PM **Ceramic Project with Lisa Dolliver**, Pottery Studio.

This month: Sgraffito

This month we will focus on the Italian design technique called Sgraffito. It is a technique used in painting, pottery and glass which consists of putting down a preliminary surface, covering it with another, and then scratching the superficial layer in such a way that the pattern that emerges is of the lower color.

I will be throwing several small bowls that I paint with slip so that you will be able to design them by scratching through the surface with your own unique patterns!

After bisque firing, you may glaze with clear glaze or a translucent glaze of another color.

Art Classes, Meetings and Studio Hours:

Monday, March 2, 12:15 PM **Meeting of the Art Committee**, Art Studio South

Thursday, March 12, 1:00 PM **Drawing Demo w/Katherine Miller**, North Living Room

Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

Tuesdays, 2:00 – 3:00 PM **High Flow Acrylic Painting**, Art Studio South.

In this class, we use Golden High Flow Acrylic Paint. A special paint that allows the outcome to look like watercolor – and you can use it on canvas! The colors are vivid and beautiful and it's a lot of fun. If you all remember Katherine's workshop using this paint, this is what the class is about! All supplies included.

Tuesdays, 1:30 - 4:00 PM **Lisa and Ted assist in the Pottery Studio** (UG)
With Michelle Behr assisting from 1:00 -5:00 PM, starting March 10.

Wednesdays, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room
NC resident Liz Kleiman coordinates this beading group.

Thursdays, 9:30 AM -12:00 PM **Lisa and Ted assist in the Pottery Studio** (UG)
With Michelle Behr assisting from 10:00 AM - 2:00 PM

Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).



Music at Newbury Court

Wednesdays, 1:00 PM **Hand Drumming with Mike Connors**, Community Room.

For the next several weeks, Mike Connors returns to drum some beat into us!

Mike makes it easy, fun and relaxed. Open to all levels, this class is beneficial for the beginner or someone who's played any instrument for years; everyone can always improve their relationship with rhythm. Mike Connors studied jazz drumming at Berklee with jazz greats Joe Hunt and Alan Dawson. He has toured internationally and has been involved with several national Broadway tours. We have a limited number of drums, so you are encouraged to bring your own.

Thursday, March 12, 3:00 PM **J.S. Bach and Mendelssohn: Baroque Master and His Biggest Fan, a cello and piano concert**, Morrison Theatre.

Cellist **Trevor Handy** enjoys an active career in Los Angeles as principal cellist of the Santa Barbara Symphony Orchestra, member of the Los Angeles Chamber Orchestra, and studio musician for Hollywood. He also performs regularly with LA Opera, at festivals, on chamber music series, and has taught at Westmont College since 2013.

Born and raised in Boston, he made his solo debut with the Boston Symphony Orchestra and received his B.M. and M.M. from The Juilliard School in New York where he studied with Leonard Rose, Channing Robbins and Joel Krosnick. He has toured Europe with LACO and Asia with the LA Philharmonic. He is the son of Dick and Esther Handy. A native of Westford, Massachusetts, pianist **Bonnie Anderson** is known for her expressive interpretations of Chopin, Brahms and Ravel. Collaborating with artists from the Boston Symphony Orchestra, Orpheus Chamber Orchestra, Los Angeles Philharmonic and New York Philharmonic, she has performed in Alice Tully Hall, Jordan Hall, Shalin Liu Performance Center, the Austrian Embassy, and numerous universities around the country.

Monday, March 16, 3:00 PM **Celtic Music: The Helena Delaney Quartet**, Morrison Th.

Get yourself in the mood for St. Patrick's Day by enjoying some jigs, reels, hornpipes and vocal music as well played by musicians who perform regularly at The Burren Irish Pub in Somerville. With Helena Delaney on Fiddle, Tommie Sheridan on Accordion, Terry O'Shea on Banjo and Vocals, and Regina Delaney on Harp and Vocals.

Special Programs and Monthly Meetings

Sunday, March 1, 2:30 PM **Sunday Afternoon Movies**, Morrison Theatre and Community Room. Most Sundays the movies that were shown on Saturday night are shown again on Sunday - switched around, so that the movie that was shown in the Morrison Theatre on Saturday will be shown in the Community Room on Sunday, and vice versa. Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Monday, March 2, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.** Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, March 2, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio

Monday, March 2, 2:00 – 3:30 PM **Newbury Court/Emerson Parkinson's Support Group**, Great Room. Susanne Liebich will be leading us in Dance for people with Parkinson's.

Monday, March 2, 3:30 PM **Read Aloud Group**, South Living Room. The Read Aloud Group meets almost every Monday afternoon and is a long-standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. ***This group is temporarily coordinated by Dalton Avery and if you're interested in reading please contact him. This week's reader: Marcia Bradley***

Monday, March 2, 3:30 PM **Scrabble**, North Living Room

Tuesday, March 3, 10:00 AM Transportation to the polls at Harvey Wheeler Center for voting in the Presidential primaries.

Tuesday, March 3, 11:00 AM – 12:00 PM **Seeking the Spirit**, Activities Room North. Join the spiritual life department in its next installment of Seeking the Spirit, as we examine the often “quiet” and “reflective” nature associated with the Christian season of Lent through the lens of a book by theologian Walter Brueggemann titled, *Interrupting Silence: God's Command to Speak Out*. Using this book as a guide, we will explore what it might mean to engage the Lenten season – and beyond, as Christians throughout our lives – with our voices. What would it mean to “interrupt the silence” during this traditionally quiet season? Come, listen, speak, and be curious with us. **The course is running every Tuesday through Tuesday April 14. Please see Sarah or Kristin to buy a book - \$10 cash or check, payable to NEDA.**

Tuesday, March 3, 1:30 – 4:30 PM **Lisa and Ted assist in Pottery Studio**

Tuesday, March 3, 2:00 PM Transportation to the polls at Harvey Wheeler Center for voting in the Presidential primaries.

Tuesday, March 3, 2:00 PM *No Banking and Library Trip this week*

Tuesday, March 3, 2:00 PM **High Flow Acrylic Painting**, Art Studio South

Tuesday, March 3, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Duvall Chapel

Tuesday, March 3, 2:30 PM **Needle and Chat**, Great Room

Tuesday, March 3, 3:00 PM **Play Reading Group**, So. Living Room

Tuesday, March 3, 4:00 PM **South Library Committee Meeting**, OPDR
(monthly meeting on 1st Tuesday)

Wednesday, March 4, 8:30 AM **Men's Breakfast**, Activities Room North
Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, March 4, 10:00 AM **All Residents Meeting "CCC", Community Room.**
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. **Major announcements are made at CCC**, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, March 4, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, March 4, 11:00 AM **Knit and Chat**, Arts & Crafts Room
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, March 4, 1:00 PM **Hand Drumming w/Mike Connors**, Community Rm

Wednesday March 4, 1:00 - 2:15 PM “**Water from a Deep Well**”, Duvall Chapel.
Read chapter 6 before this meeting! **Please note: from now through April 1, *Water from a Deep Well* will meet weekly at this time on Wednesdays in the Chapel!**

Wednesday, March 4, 1:00 PM **Hand and Foot Card Game**, South Café.
Now, every ***Wednesday and Friday*** you can learn and play this version of canasta which is fun and relaxing. Resident Nelly Carbonell organizes this group.

Wednesday, March 4, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, March 4, 2:30 PM **PBS Series: Endeavour**, Morrison Theatre.
The series continues; each episode is approx. 1 hr, 30 min.

Wednesday, March 4, 3:00 PM **South Food Committee Mtg**, So. Priv. Dining Rm
(*monthly meeting usually on 1st Wednesday*)

Wednesday, March 4, 3:30 PM **Scrabble**, North Living Room

Wednesday, March 4, 7:30 PM **Opera Night**, Morrison Theatre.

Each Wednesday night an opera on DVD is shown; the operas are selected by Betsy Moyer, Bob Whitman and Jane Beswick. Usually an opera is spilt into two parts and shown on consecutive Wednesdays. *This week's opera: Antonin Dvořák's Rusalka*, about an immortal water nymph who falls in love with a human being. Metropolitan Opera with Renée Fleming. Part 1.

Thursday, March 5, 9:30 AM – 12:00 PM **Lisa and Ted assist in Pottery Studio**
With Michelle Behr assisting from 10:00 AM - 2:00 PM

Thursday, March 5, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, March 5, 10:00 AM **Executive Committee Listening Session**, S. Living Room
Whether a new or long-time resident, Newbury Court is your home. Do you have any questions, comments, suggestions for your Executive Committee? This is an opportunity to meet with your committee which consists of the officers of the Residents Association and five members-at-large.

Thursday, March 5, 1:00 PM **Drawing Demo with Katherine Miller**, So. Living Rm

Thursday, March 5, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, March 5, 3:00 PM **Staged Reading: “I Want to Go to Jail,”** Morrison Theatre. “I Want to Go to Jail” is about one incident in the fight for women’s right to vote. It transports you back to February 1919, when women suffragists grappled with unexpected obstacles in their quest for the final vote needed to pass the suffrage amendment. They were arrested for picketing President Wilson in front of the

Massachusetts State House and served time in the Charles Street Jail. These were the last arrests of the suffrage movement. Pamela Swing, Ph.D. co-wrote the play with Brandeis undergraduate, Elizabeth Dabanka. Pamela's grandmother, Betty Gram Swing, was one of the women arrested and jailed in Boston, giving a personal connection across the generations to this historic event. Newbury Court residents and staff will be the readers. A Q&A will follow the play.

Thursday, March 5, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Jim's choice: My Big, Fat, Greek Wedding

Friday, March 6, 10:45 AM Transportation to BSO

Friday, March 6, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, March 6, 1:00 PM **Hand and Foot Card Game**, South Café.
This version of canasta is fun and relaxing. Resident Nelly Carbonell organizes this group.

Friday, March 6, 1:15 PM **Scrabble**, North Living Room

Friday, March 6, 3:00 PM **Women's History Group**, So. Living Room
Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Saturday, March 7, 2:00 PM **Great Courses Lecture Series: The Great Trials of World History and the Lessons they Teach Us**, Morrison Theatre. The series continues.

Saturday, March 7, 7:45 PM **Saturday Night Movies**, Morrison Theatre and Community Room. Most Saturday nights we show two movies; one in the Morrison Theatre and the other in the Community Room. These movies usually get shown again on Sunday afternoon - switched around, so that the movie that was shown in the Morrison Theatre on Saturday will be shown in the Community Room on Sunday, and vice versa. Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, March 8, 2:30 PM **Sunday Afternoon Movies**, Morrison Theatre and Community Room

Sunday, March 8, 2:45 PM Transportation to Sarasa Ensemble concert at First Parish in Lexington.

Monday, March 9, 10:00 AM South Library Committee **Work Meeting**, So. Library
(meets monthly on Monday after the 1st Tuesday meeting)

Monday, March 9, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio

Monday, March 9, 3:30 PM **Read Aloud Group**, South Living Room
This week's reader: George Dallas

Monday, March 9, 3:30 PM **Scrabble**, North Living Room

Monday, March 9, 7:30 PM **A Convivial Colloquium**, South Living Room.
Please join Newbury Court residents Dr. Jay Agarwal, Chemical Engineer, and Rev. Larry Bergstresser, Methodist Minister, for a stimulating and thoughtful discussion of current events. This is an open forum for all viewpoints where we can share ideas and where we can, as they say "*disagree without being disagreeable.*"

Tuesday, March 10, 11:00 AM **Coffee with Matt Johnson, Candidate for Concord Select Board**, South Living Room. This event is co-hosted by Ted and Della Johnson, Herb and Liz Kleiman, Barbara Nelson, and Anita Barker. The town election will be held On March 341 and there will be transportation.

Tuesday, March 10, 11:00 AM – 12:00 PM **Seeking the Spirit**, Activities Room North.

Tuesday, March 10, 1:30 PM **Ceramic Project with Lisa Dolliver**, Pottery Studio.
With Michelle Behr assisting from 1:00 -5:00 PM

Tuesday, March 10, 2:00 PM Banking and Library Trip

Tuesday, March 10, 2:00 PM **High Flow Acrylic Painting**, Art Studio South

Tuesday, March 10, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Duvall

Tuesday, March 10, 2:30 PM **Needle and Chat**, Great Room

Tuesday, March 10, 3:00 PM **Welcoming Committee Meeting**, So. Living Room
(monthly meeting on 2nd Tuesday)

Wednesday, March 11, 8:30 AM **Men's Breakfast**, Activities Room North

Wednesday, March 11, 10:00 AM **All Residents Meeting "CCC"**, Morrison Th.
Immediately after the regular portion of this CCC meeting we will feature a program on the 2020 US Federal Census. This presentation is sponsored by the League of Women Voters of Concord-Carlisle (LWVCC). It will include a power point presentation on the 2020 Census and an opportunity to ask questions about the census and why it is so important that all residents of the United States are counted.

The Federal Census occurs once every 10 years. This year the census can be filled out online. In mid-March, every household will receive a postcard from the Census bureau with information on how to go online to complete your census form. You will also be able to complete your census over the phone. In June and July, Census Workers will go to every residence that has not completed a form and take the information in person.

The LWVCC has formed a Complete Count Committee to spread the word that completing the census is SAFE, EASY, and IMPORTANT. Counting every person in a household provides for the most accurate distribution of program funding to cities and towns – \$675 billion dollars every year! It also determines how many elected representatives each state sends to Congress.

Wednesday, March 11, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, March 11, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, March 11, 1:00 PM **Hand Drumming w/Mike Connors**, Community Rm

Wednesday, March 11, 1:00 PM **Hand and Foot Card Game**, South Café.

Wednesday March 11, 1:00 - 2:15 PM **“Water from a Deep Well”**, Duvall Chapel.
Read chapter 7 before this meeting!

Wednesday, March 11, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, March 11, 2:00 PM **North Food Committee Mtg**, Activities Room North.
(*monthly meeting usually on 2nd Wednesday of the month*)

Wednesday, March 11, 2:30 PM **PBS Series: Endeavour**, Morrison Theatre.

Wednesday, March 11, 3:30 PM **Scrabble**, North Living Room

Wednesday, March 11, 7:30 PM **Opera Night**, Morrison Theatre
This week's opera: Antonin Dvořák's Rusalka, Conclusion.

Thursday, March 12, 9:30 AM – 12:00 PM **Lisa and Ted assist in Pottery Studio**
With Michelle Behr assisting from 10:00 AM - 2:00 PM

Thursday, March 12, 10:00 AM **Executive Committee Meeting**, OPDR.
(*Monthly meeting now on the 2nd Thursday of the month.*)

Thursday, March 12, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

**Thursday, March 12, 10:15 AM Transportation to Indian Hill for free
“Bach’s Lunch” concert, The Great American Songbook**

Thursday, March 12, 1:45- 3:00 PM **NC Madrigal Singers rehearsal**, Duvall Chapel

Thursday, March 12, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, March 12, 3:00 PM **J.S. Bach and Mendelssohn: Baroque Master and His Biggest Fan, a cello and piano concert**, Morrison Theatre.

Thursday, March 12, 4:00 PM **Episcopal Service of the Eucharist**, Duvall Chapel
(once a month on 2nd Thursday)

Thursday, March 12, 7:00 PM **Sudbury Valley Nature Photographers Meeting, Great Room**. Meeting of the Sudbury Valley Nature Photographers. Images from 2019 Glennie International Salon Winners. Newbury Court residents are always welcome to attend. Light refreshments. (2nd Thursday of the month)

Thursday, March 12, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Jim's choice: Our Town

Friday, March 13, 11:00 AM–1:00 PM Shopping Trip to West Concord.

Friday, March 13, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, March 13, 1:00 PM **Hand and Foot Card Game**, South Café

Friday, March 13, 1:15 PM **Scrabble**, North Living Room

Friday, March 13, 3:00 PM **Sculpture Talk: Cassie Doyon**, Morrison
Cassie will discuss the process of two mosaic installations recently installed in San Lucas Toliman, Guatemala; from concept to completion with a group of fellow mosaic artists. Cassie Doyon was born and raised on the North Shore of Massachusetts. She currently lives in Haverhill and has worked as an artist and art educator in the Merrimack Valley and North Shore for the past thirty years. She has a BA with a focus in graphic design from Salem State College and a MA in art education from Tufts University/SMFA. Her artwork has been exhibited in galleries throughout Massachusetts; and has had public installations of her mosaic sculpture in throughout New England. Her work is featured in Newbury Court's South Lobby.

Friday, March 13, 3:00 PM ***No Women's History Group this week***

Saturday, March 14, 2:00 PM **Great Courses Lecture Series: The Great Trials of World History and the Lessons they Teach Us**, Morrison Theatre.

Saturday, March 14, 7:45 PM **Saturday Night Movies**, Morrison Theatre and Community Room.

Sunday, March 15, 2:30 PM **Sunday Afternoon Movies**, Morrison Theatre and Community Room

Monday, March 16, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio

Monday, March 16, 2:00 -3:30 PM **Newbury Court/Emerson Parkinson's Mid-month meeting**, Great Room and OPDR

Monday, March 16, 3:00 PM **Celtic Music: The Helena Delaney Quartet**, Morrison Th.

Monday, March 16, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Isabelle Plaster

Monday, March 16, 3:30 PM **Scrabble**, North Living Room

Tuesday, March 17, 11:00 AM – 12:00 PM **Seeking the Spirit**, Activities Room North.

Tuesday, March 17, 1:30 – 3:00 PM **Climate Initiative Group**, Community Room

Tuesday, March 17, 1:30 – 4:30 PM **Lisa and Ted assist in Pottery Studio**
With Michelle Behr assisting from 1:00 -5:00 PM

Tuesday, March 17, 2:00 PM Banking and Library Trip

Tuesday, March 17, 2:00 PM **High Flow Acrylic Painting**, Art Studio So.

Tuesday, March 17, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Duvall Chapel

Tuesday, March 17, 2:30 PM **Needle and Chat**, Great Room

Tuesday, March 17, 3:00 PM **Stephen Collins performs "Irish Voices,"** Morrison Theatre. They call it The Norton Anthology of English Literature and yet many of the writers included were born in Ireland. The commonality, of course, is the English language but there are vast cultural differences which will be explored in this performance. A great deal of Irish writing deals with the land, the past, the church, and the changing political landscape. Yeats, Joyce, Heaney, McCourt, and other prominent writers are represented in this dramatic offering.

Wednesday, March 18, 8:30 AM **Men's Breakfast** , Activities Room North.

Wednesday, March 18, 10:00 AM **All Residents Meeting "CCC"**, Morrison Th.
Immediately after CCC, The Program Committee will meet. This month we will discuss the formation of a Program Advisory Committee that will meet regularly to plan long-term initiatives and to organize a procedure for vetting potential programs of all kinds. The agenda for this meeting is to determine a group of residents who can commit to form a working committee.

Wednesday, March 18, 11:00 AM -1:00 PM **Drawing Class**, Art Studio

Wednesday, March 18, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, March 18, 11:30 AM **Memory Loss Caregivers Support Group**, North Private Dining Room. (*3rd Wednesday of the month*)

Wednesday, March 18, 1:00 PM **Hand Drumming w/Mike Connors**, Community Rm

Wednesday, March 18, 1:00 PM **Hand and Foot Card Game**, South Café.

Wednesday March 18, 1:00 - 2:15 PM **“Water from a Deep Well”**, Duvall Chapel.
Read chapter 8 before this meeting!

Wednesday, March 18, 1:30 PM - 4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, March 18, 2:30 PM **PBS Series: Endeavour**, Morrison Theatre

Wednesday, March 18, 3:30 PM **Scrabble**, North Living Room

Wednesday, March 18, 7:30 PM **Opera Night**, Morrison Theatre.

This week's opera: Benjamin Britten's tragic opera *Peter Grimes* about a Suffolk, England, fisherman and his uneasy relationship with his neighbors, Part 1.

Thursday, March 19, 9:30 AM – 12:00 PM **Lisa and Ted assist in Pottery Studio**
With Michelle Behr assisting from 10:00 AM - 2:00 PM

Thursday, March 19, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, March 19, 1:00- 2:00 PM **Lecture: Diagnosis and Treatment of Headaches**, Morrison Theatre. Agnes Virga, MD, a neurologist with an office in Concord and admitting privileges at Emerson Hospital, will speak on the diagnosis and treatment of headaches. She will discuss the evolution of treatments over centuries and will talk about differentiating symptoms of migraines from those of strokes. ***This is the first in a series of “Take Charge!” lectures, arranged by Ellen Levinson, Dir. of Health Services.***

Thursday, March 19, 1:45- 3:00 PM **NC Madrigal Singers rehearsal**, Duvall Chapel

Thursday, March 19, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, March 19, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Klaus's choice:

Friday, March 20, 10:00 AM Guided Tour of the Waterworks Museum in Chestnut Hill.

Friday, March 20, 10:00 AM **Diversity Interest Group**, South Living Room
(*3rd Friday of the month*)

Friday, March 20, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, March 20, 1:00 PM **Hand and Foot Card Game**, South Café.

Friday, March 20, 1:15 PM **Scrabble**, North Living Room

Friday March 20, 2:00PM **Newbury Court Chorus Sing-a-long at Rivercrest**

Friday, March 20, 3:00 PM **Women's History Group**, South Living Room

Saturday, March 21, 2:00 PM **Great Courses Lecture Series: The Great Trials of World History and the Lessons they Teach Us**, Morrison Theatre.

Saturday, March 21, 7:45 PM **Saturday Night Movies**, Morrison Theatre and Community Room.

Sunday, March 22, 2:30 PM **Sunday Afternoon Movies**, Morrison Theatre and Community Room

Monday, March 23, 9:00 AM – 12:00 PM **Podiatrist Dr. Russell Hamilton**, Salon.

Monday, March 23, 1:00 - 3:30 PM ***No Advanced Watercolor this week***

Monday, March 23, 2:00 PM **Book Discussion Group**, Community Room
Book to be discussed is *The Boys in the Boat*, by Daniel James Brown, about the rowing team from the University of Washington and their epic quest for gold at the 1936 Berlin Olympics.

Monday, March 23, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Tanis Vollmann

Monday, March 23, 3:30 PM **Scrabble**, North Living Room

Monday, March 23, 7:30 PM **A Convivial Colloquium**, ***Community Room***

Tuesday, March 24, 11:00 AM – 12:00 PM **Seeking the Spirit**, Activities Room North.

Tuesday, March 24, 1:30 – 4:30 PM **Lisa and Ted assist in Pottery Studio**
With Michelle Behr assisting from 1:00 -5:00 PM

Tuesday, March 24, 2:00 PM ***No High Flow Acrylic Painting this week***

Tuesday, March 24, 2:00 PM Banking and Library Trip

Tuesday, March 24, 2:00 PM **Mindfulness Meditation with Patricia Howard**,
in Activities Room North this week

Tuesday, March 24, 2:30 PM **Needle and Chat**, Great Room

Wednesday, March 25, 8:30 AM **Men's Breakfast**, Activities Room North

Wednesday, March 25, 10:00 AM **All Residents Meeting "CCC"**, Morrison Th.
Immediately after the regular business of CCC, Michelle Bouchard, the massage therapist, will demonstrate some of her massage therapy techniques; if you would like to participate she will demonstrate after the meeting in the back of the room.

Wednesday, March 25, 11:00 AM - 1:00 PM ***No Drawing Class this week***

Wednesday, March 25, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, March 25, 1:00 PM **Hand Drumming w/Mike Connors**, Community Rm

Wednesday, March 25, 1:00 PM **Hand and Foot Card Game**, South Café.

Wednesday March 25, 1:00 - 2:15 PM **"Water from a Deep Well"**, Duvall Chapel.
Read chapter 9 before this meeting!

Wednesday, March 25, 1:00 PM **Spiritual Life Advisory Committee Meeting**,
Activities Room North (due to scheduling conflict)

Wednesday, March 25, 1:30 PM - 4:00 PM ***No Beading Group this week***

Wednesday, March 25, 2:30 PM **PBS Series: Endeavour**, Morrison Theatre.

Wednesday, March 25, 3:00 PM **Landscape and Grounds Interest Group**,
Community Room

Wednesday, March 25, 3:30 PM **Scrabble**, North Living Room

Wednesday, March 25, 7:30 PM **Opera Night**, Morrison Theatre.
This week's opera: Benjamin Britten's Peter Grimes, Conclusion.

Thursday, March 26, 9:30 AM Trip to Fuller Craft Museum in Brockton for a guided tour of the highlights of their collection

Thursday, March 26, 9:30 AM **Miracle Ear Representative James Condon**,
South Parlor.

Thursday, March 26, 9:30 AM – 12:00 PM **Lisa and Ted assist in Pottery Studio**
With Michelle Behr assisting from 10:00 AM - 2:00 PM

Thursday, March 26, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, March 26, 1:45- 3:00 PM **NC Madrigal Singers rehearsal**, Duvall Chapel

Thursday, March 26, 2:00 – 4:00 PM ***No Beginning Watercolor this week***

Thursday, March 26, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Edith's choice: Brooklyn

Friday, March 27, 10:45 AM Transportation to BSO

Friday, March 27, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, March 27, 1:00 – 3:00 PM **Wize Guides**, ***Cyber Café this month***

Friday, March 27, 1:00 PM **Hand and Foot Card Game**, South Café.

Friday, March 27, 1:15 PM **Scrabble**, North Living Room

Friday, March 27, 2:00 PM **Catholic Mass**, Duvall Chapel
(monthly on the 4th Friday)

Friday, March 27, 2:00 – 3:00 PM **Birthday Gathering**, Community Room

Friday, March 27, 3:00 PM **Sculpture Talk: Cindy Journey**, Morrison Theatre.
Cindy loves creatively interpreting life. She studied art and interior design at Endicott College after a career as an educator and mother. Her sculptures are created from silk wrapped paper which is knitted into a meshlike piece. For her more traditional works she shapes the mesh over one of her clay sculptures. For the more abstract pieces, the mesh is supported by a wire structure. Cindy treats the mesh with many layers of metal paints, which could be copper, bronze or iron. When the sculpture is completed an activator is used to achieve a patina for the final look. Her studio is on Bearskin Neck in Rockport.

Friday, March 27, 3:00 PM ***No Women's History Group this week***

Saturday, March 28, 2:00 PM **Great Courses Lecture Series: The Great Trials of World History and the Lessons they Teach Us**, Morrison Theatre.

Saturday, March 28, 7:45 PM **Saturday Night Movies**, ***Morrison Theatre and Community Room.***

Sunday March 29, 11:00 AM: **Ecumenical Worship Service with Guest Preacher Rev. Alexx Wood**, Chapel

Sunday, March 29, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert

Sunday, March 29, 2:30 PM **Sunday Afternoon Movies**, *Morrison Theatre and the Community Room*

Monday, March 30, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio

Monday, March 30, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Roger Stoddard

Monday, March 30, 3:30 PM **Scrabble**, North Living Room

Tuesday, March 31, 10:00 AM Transportation to the polls at Harvey Wheeler Center for voting in the Annual Town Election for Moderator, Select Board and School Committee.

Tuesday, March 31, 10:30 AM **Budget Committee Meeting**, OPDR
(monthly meeting usually on the last Tuesday of the month)

Tuesday, March 31, 11:00 AM – 12:00 PM **Seeking the Spirit**, Activities Room North.

Tuesday, March 31, 1:30 – 4:30 PM **Lisa and Ted assist in Pottery Studio**
With Michelle Behr assisting from 1:00 -5:00 PM

Tuesday, March 31, 2:00 PM **High Flow Acrylic Painting**, Art Studio So.

Tuesday, March 31, 2:00 PM ***No Banking and Library Trip this week***

Tuesday, March 31, 2:00 PM Transportation to the polls at Harvey Wheeler Center for voting in the Annual Town Election for Moderator, Select Board and School Committee.

Tuesday, March 31, 2:00 PM **Mindfulness Meditation with Patricia Howard**, Community Room

Tuesday, March 31, 2:30 PM **Needle and Chat**, Great Room

Tuesday, March 31, 3:00 PM **Sculpture Talk: Carolyn Enz Hack**, Morrison Theatre. Carolyn give a slide presentation that focuses on the creative process, using her recent work as guideposts for exploring where ideas and inspiration may come from. Her training as a theatrical designer and interest in craft play a role in the creative choices that she makes opening up many avenues for exploration in fine art.

HEALTH SERVICES ACROSS THE NEWBURY COURT CAMPUS

Director of Health Services: Ellen Levinson (978)505-6213

Resident Health Services in Newbury Court South is open M-F 10:00 AM - 12:00 PM for walk-in (unscheduled) time with a nurse; residents can also call 978-402-8134 to schedule a nurse office appointment or to request a nurse to visit their suite (for which there is a charge). The nurse on duty weekends can be reached by calling the receptions desks.

FOR ANY EMERGENCY, CALL 911

Ellen Reusch, RN Director 978-402-8127

Nurse Advocates: Colleen Brophy, RN, Karen Goulakos, RN

The Gardens: is an Assisted living community for people living with dementia or related cognitive impairments.

Brenda Pelley, RN, Program Director 978-402-8223

Erin Dirks, LPN, Resident Care Director 978-402-8254

Rivercrest: provides both short-term rehab services and long term(residential) care.

Colleen McGuinness, Administrator 978-402-8228

Joddie Wade, RN, Director of Nursing 978-402-8213

Outpatient rehabilitation services are also available to residents of Newbury Court. For an appointment, please call 978-402-8225

PRIVATE HOME CARE: Victoria Taylor, Executive Director (978) 402-8620

DALS provides assistance (nurse's aides, companions) in residents' homes, including the suites in Newbury Court.

To schedule services, please call (978) 831-2322 24/7

OTHER HEALTH SERVICES

Monday, March 23, 9:00 AM – 12:00 PM **Podiatrist Dr. Russell Hamilton**, Salon.
Dr. Russell Hamilton is our new podiatrist. Please call his assistant, Paula, at
978.256.8900 to set up an appointment or ask any questions about insurance, etc.

Wednesday, March 11, 2:30 – 4:30 PM **Beltone Representative Gary Downey**,
North Conference Room (monthly visit on the 2nd Wednesday of the month)
Receive your complimentary baseline hearing test: 78-861-6340

Tuesday, March 17, 10:00 -11:00 AM **Flynn Associates Hearing Aid Service
Representative Paul Dole**, North Conference Room. (3rd Tuesday)

Thursday, March 26, 9:30 AM **Miracle Ear Representative James Condon**,
South Parlor. (*monthly visit usually on last Thursday of month*)
***Jim will also take calls about setting up your hearing aid to work with our
hearing loop technology in the Morrison Theatre: 781.229.9874***

Salon services:

Please call the phone numbers below for hours and rates.

Nancy Reagan, hair stylist: 978.314.7793

Donna Plummer, hair stylist: 978.501.4641

Grace D'Italia, hair stylist: 978.729.5608

Heather, hair stylist: 978.857.1963

Christine Lawton, manicurist: 978.302.9253

MESSAGE THERAPIST MICHELE BOUCHARD

Has established her new rates for 2020:

One hour - \$75.00

Half hour- \$55.00

She will come to your suite - \$90.00

You may contact her by calling or texting:

978.828.7706

Or, email: michelejbouchard@gmail.com

Newbury Court presentations on Concord-Carlisle Local Access Television

There are 31 programs created here at Newbury Court by our local access station. They are available for viewing at any time by anyone anywhere on YouTube. Go to www.youtube.com. In the search bar type in Newbury Court Presents. Voila! Up come the 31 titles. Click on the title you want to watch.

We also have a dedicated time slot on our local access station, Channel 8, every Wednesday noon to 2:00.

Watch and enjoy!

Your Newbury Court team: Betsy Moyer, Klaus Kleinschmidt, Jack Pugh, Ken Senne. We could use another volunteer to help videotape the fabulous programs Jessie and Jill present for us. Please call Betsy Moyer 978-369-1261 if you are interested.

DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only. Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a fourcourse meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

Special Meal Pricing will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply

A quick look at some of the events in March:

Thursday, March 5 →
Staged reading of
"I Want to Go to Jail"
A play about the
suffragist movement



← Monday, March 16
Celtic Music: Helena Delaney Quartet

Friday, March 27 →
Sculptor Cindy Journey
Gives a lecture on her work.
One of three sculpture talks
by different sculptors this month.





100 Newbury Court
Concord, MA 01742