



November 2018



"Catching the Thanksgiving Turkey" by Grandma Moses

Thanksgiving Day by Lydia Maria Child

*Over the river, and through the wood,
To grandfather's house we go;
The horse knows the way
To carry the sleigh
Through the white and drifted snow.*

*Over the river, and through the wood—
Oh, how the wind does blow!
It stings the toes and bites the nose
As over the ground we go.*

*Over the river, and through the wood,
To have a first-rate play.
Hear the bells ring
"Ting-a-ling-ding",
Hurrah for Thanksgiving Day!*

*Over the river, and through the wood
Trot fast, my dapple-gray!
Spring over the ground,
Like a hunting-hound!
For this is Thanksgiving Day.*

*Over the river, and through the wood,
And straight through the barn-yard gate.
We seem to go extremely slow,—
It is so hard to wait!*

*Over the river and through the wood—
Now grandmother's cap I spy!
Hurrah for the fun!
Is the pudding done?
Hurrah for the pumpkin-pie!*

Director of Programs, Jessie Rodrique, 978.402.8104, jrodrique@newburycourt.org
Program Coordinator, Jill Crowley, 978.402.8219, jcrowley@newburycourt.org

Programs and Dining Room Menu Calendar: Cable Channel 919

Sunday Worship Service and Morrison Theatre Performances: Cable Channel 918

Audio Calendar 978.402.8200

Transportation and Event Line 978.402.8133

South Front Desk: 978.369-5155, North Front Desk: 978.369.5151

Grocery Shopping Trips:

(Please plan to transport packages to your suite.)

Wednesdays, 10:30 AM and 1:30 PM: **Concord Crosby's and CVS.**

Mondays, 10:30 AM: **November 5: Market Basket November 12: Roche Bros.
November 19: Trader Joe's November 26: Stop & Shop**

FAQs about Bus Trips

- ❖ **How do I sign up for a bus trip?** *By calling the main Transportation line, 978-402-8133. Some trips fill up quickly, so call **promptly** when you see a bus trip that interests you.*
- ❖ **What if I sign up but then have to cancel?** *Residents who cancel **on the day of the trip** will be charged 50% of the bus fee. If applicable, residents will be charged 100% of a ticket fee if purchased in advance by Newbury Court. **These fees will be charged directly to your account.** Please try to cancel trips well in advance so that residents on waiting lists can be notified appropriately. **To cancel, be sure to once again call Transportation in order to be taken off the trip list.***
- ❖ **May I bring a guest?** *If you wish to invite a guest purely for the company, be aware that seats will be given to Newbury Court residents first, and only if there is room and no waiting list will a guest be given a seat. However, if you require a companion to assist you that person can be given a seat at the time you reserve yours, depending on availability.*
- ❖ **Will you collect the bus fee at the time of the trip?** *All bus fees are charged directly to your account at the end of the month. Note that the bus fee (if any) is listed at the end of the trip description. Admission fees may be collected before or on the day of the trip; please read the specific trip description carefully for clarification.*



Bus Trips

***~~Please make a point to be in the lobby
at least five minutes prior to scheduled departures. ~~***

Thursday, November 1, 7:20 PM Transportation to 51 Walden St. for senior dress rehearsal of Concord Players' production of Tom Stoppard's "Arcadia." Ticket price is \$5.00. No bus fee. (*We will also be sending a bus for the Saturday, November 10th evening performance, for which you will need to order tickets yourself at www.concordplayers.org.*)

Friday, November 2, 11:00 AM Transportation to Concord Center.

We drop you off in Concord Center where you can shop at the various stores (Cheese Shop, Bookshop, Vanderhoof's Hardware, The Colonial Store) and/or grab a bite to eat (Main St. Café, Helen's, Comella's etc.) You will be dropped off in the lot behind the Visitors Ctr and picked up in the same location. There are benches and restrooms there. ***Pick up will be promptly at 1:00 PM.***

Monday, November 5, 1:00 PM Autumn Walk with Sarah and/or Jill

These Monday walks are for hardy walkers that can walk at a reasonable pace for an hour over frequently uneven terrain. Please wear sturdy walking shoes and use a walking stick if you need the stability. We offer pairs of trekking poles to anyone who wants to use them! We hike along several different trails in the area: Battle Road, Punkatasset Conservation area, October Farm, just to name a few. Please sign up with Transportation.

Tuesday, November 6, 10:00 AM AND 2:00 PM Transportation to the polls at Harvey Wheeler Center for voting in mid-term elections. No bus fee.

Wednesday, November 7, 6:30 PM Transportation to Alcott School in Concord for *The Defamation Experience*. This is a participatory play in which the audience becomes the jury in a trial. A separate flyer will be put in your mail cubby.

Thursday, November 8, 10:00 AM Trip to Worcester Art Museum to see *The Poetry of Nature: Hudson River School Landscapes from the New-York Historical Society*. *The Poetry of Nature*, comprised of some 40 paintings by 25 artists ranging in date from 1818 to 1886, offers a varied survey of important paintings conceived in the style of the Hudson River School and further enriched by each artist's personal vision. The exhibition also offers an opportunity to explore the exchanges of influence among a group of artists whose social and professional networks in New York City and at their favored sketching grounds established an artistic vision that we now recognize as the Hudson River School. Lunch at the museum. Senior admission is \$14.00. Bus fee: \$10.00.

Friday, November 9, 10:45 AM Transportation to BSO

Saturday, November 10, 7:20 PM Transportation to 51 Walden St. for Concord Players' production of Tom Stoppard's "Arcadia." Ticket price is \$22.00 and tickets may be purchased at www.concordplayers.org or by calling 978-369-2990. No bus fee.

Thursday, November 15, 12:30 PM Transportation to Indian Hill Music in Littleton for free "Bach's Lunch" concert with the Atlas Piano Trio. We have two tables reserved for this show. Each table is allowed to have up to six people only – *therefore this trip will have a maximum number of twelve attendees.* Concert starts at 1:30 PM. Coffee, tea, and cookies are provided by Indian Hill free of charge, **you bring your own bag lunch**. Admission is free. No bus fee.

Friday, November 16, 10:45 AM Transportation to BSO

Sunday, November 18, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert featuring Concord Chamber Players and Axel Strauss, violin. They will be performing a program that includes Schubert, Alban Berg and Mozart. This concert is preceded by a performance by Boston Youth Symphony Orchestra students. Tickets are \$33.00 and \$42.00 and can be purchased at www.concordchambermusic.org or by calling 978.405.0130.

Tuesday, November 20, 11:00 AM Transportation to Verrill Farm.

A quick, five minute drive from Newbury Court will bring you to Verrill Farm. They carry fresh produce, baked goods, an impressive array of cheeses, flowers, gift items such as jams, jellies, tea towels as well as a large, refrigerated section with precooked meals to go. In addition, they have a deli counter where you can order a sandwich or a panini and enjoy a lunch there. No bus fee.

Friday, November 23, 10:45 AM Transportation to BSO

Thursday, November 29, 10:00 AM Trip to Peabody Essex Museum to see exhibit entitled, "Empresses of China's Forbidden City."

This exhibition is the first to explore the role of empresses in shaping China's last dynasty- the Qing dynasty - from 1644 to 1912. Nearly 200 spectacular objects from the Palace Museum tell the little-known stories of how imperial women influenced court politics, art and religion. Timed to mark the 40th anniversary of the establishment of U.S.-China diplomatic relations, *Empresses of China's Forbidden City* is organized by the Peabody Essex Museum; the Smithsonian's Freer|Sackler, Washington, D.C.; and the Palace Museum, Beijing. Explore sumptuous treasures from the Palace Museum that tell the little-known stories of empresses whose contributions had remained largely silent — until now. Senior admission is \$18.00. Lunch on your own at the museum.

Friday, November 30, 10:45 AM Transportation to BSO



Music at Newbury Court

Sunday, November 11, 3:00 PM **Chamber Music Concert and Discussion**, Morrison Theatre.

Join Concord Chamber Music Society Founder and Director Wendy Putnam, musicologist Steven Ledbetter and pianist Vytas Baksys for an informal afternoon of chamber music and lively conversation. Ms. Putnam and Mr. Baksys will perform the Sonata for Violin and Piano in D Major, Op. 94a by Sergei Prokofiev and Mr. Ledbetter will speak about the music. All three will converse, share anecdotes and answer questions about their roles at the Concord Chamber Music Society and their musical experiences.

Monday, November 12, 3:00 PM **Fred Moyer Jazz Trio**, Morrison Theatre.

What can safely be called the only jazz group of its kind, the Fred Moyer Jazz Trio (Fred Moyer, Peter Tillotson, Bob Savine) is stunning audiences with both its own improvisations and its note-for-note transcriptions of the best trio performances of historic piano giants. Fred and friends create a score by painstakingly transcribing every note of a favorite jazz performance, and then approach the score just as they would a chamber music work of Beethoven and Mozart, not changing the notes and staying true to the style, but interpreting the music in his own way. The end result is an entertaining and swinging celebration of the best in jazz.

Friday, November 16, 4:00 PM **Concert: The Workingman's Duo**, South Café.

Rick Maida and Tom Yates of The Workingman's Duo are becoming a swell way to usher in Happy Hour on a Friday! With guitars and vocals they cover Kingston Trio, Willie Nelson, Elvis Presley, Hank Williams and much more. Refreshments will be served.

Sunday, November 18, 3:00 PM **Live Operatic Performance**, Morrison Theatre.

Alan Yost presents an afternoon of selections from the operatic repertoire featuring singers from Opera 51.

Wednesday, November 28, 7:00 – 8:15 PM **Piano Jazz with Brian Friedland**,

South Café. Relax after dinner with some jazz standards improvised by Brian Friedland. Self-serve wine and soft drinks will be available in the café.

Art at Newbury Court



Ongoing Art Exhibit Opening: Amy R. Roberts, South Gallery and Café.
This exhibit will be up until Nov. 30.

Monday, November 5, 1:00 – 3:00 PM **Holiday Card-Making Project with Concord Prison Outreach**, Arts and Crafts Room.

Thursday, November 8, 1:00 PM **Drawing Demo**, South Living Room

Mondays, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South (UG level).

Tuesdays, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG).

Three Tuesdays: Nov. 6, 13 and 20, 1:30 -3:30 PM **Crafts Class with Dani**, Arts & Crafts Room. Dani Schechner of the Umbrella Community Arts Center will come on three Tuesdays to teach and assist with different seasonal crafts.

Nov. 6: stamp and ink mandalas, Nov. 13: make your own pouch for wallet, phone etc. Nov. 20: altering books into sculpture/functional objects; scratchboard drawing.

Tuesdays, 1:30 - 4:00 PM **Liz and Ted assist in the Pottery Studio** (UG)

*Wednesdays, **New Time!*** 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesdays, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room
NC resident Liz Kleiman coordinates this beading group.

Thursdays, 9:30 AM -12:00 PM **Liz and Ted assist in the Pottery Studio** (UG)

Thursdays, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio (UG level).



Resident Art Gallery

We have repurposed the North Gallery (hallway leading up to the North Lobby) as a gallery dedicated to a revolving exhibit of resident art work. Come see what we have hanging now, and if you are interested in having work of your own included, please contact our Artist-in-Residence Katherine Miller.

We will exhibit work in various media (paintings, hang-able ceramics, fabric art, etc.) and we will curate the show so that the work that is exhibited complements each other. Submissions must be framed and ready to hang.

Special Programs and Monthly Meetings

Thursday, November 1, 9:30 AM– 12:00 PM Liz and Ted assist in Pottery Studio

Thursday, November 1, 10:00 AM Executive Committee Meeting, OPDR

Thursday, November 1, 10:00 AM Mindfulness Meditation, Duvall Chapel

Thursday, November 1, 2:00 – 4:00 PM Beginning Watercolor, Art Studio South

Thursday, November 1, 2:00-3:00 PM Drop-in Grief Support Group, Duvall Chapel.
This will meet the 1st and 3rd Thursday of every month.

Thursday, November 1, 2:00 PM Chess & Checkers, Activities Room North

Thursday, November 1, 2:30 PM Conversation and Refreshment, South Café.
On Thursday afternoons, join fellow residents for a chat. Residents can come and go and all are welcome! Come and enjoy cookies, a beverage and most of all, conversation.

Thursday, November 1, 3:00 PM Lecture: "Uncle Sam Wants You: New England, the First World War, and the Making of Modern America", Morrison Theatre.

In April 1917, when Uncle Sam pointed at Americans and said, "I Want YOU," how did they respond? How did they mobilize schools, churches, and communities to support the war? And how did they monitor and suppress their anti-war neighbors? Drawing particularly on the history of New England communities, this talk explores a crucial moment in America's history and its lessons a century later.

Christopher Capozzola is Professor of History at MIT. He is the author of *Uncle Sam Wants You: World War I and the Making of the Modern American Citizen* and has published articles and essays in academic journals as well as in periodicals including *The Boston Globe*, *Christian Science Monitor*, *Politico*, and the *Washington Post*. He has appeared in World War I documentaries for *American Experience*, *History* and others. As part of this lecture we will listen to an oral history of Sgt. Cecil Avery, USMC (Dalton Avery's uncle) that was recorded in 1969 of a battle on October 3rd, 1918.

Thursday, November 1, 7:20 PM Transportation to 51 Walden St. for senior dress rehearsal of Concord Players' production of Tom Stoppard's "Arcadia."

Thursday, November 1, 7:30 PM Thursday Night Movie, Morrison Theatre.
Jim's choice: Sabrina

Friday, November 2, 11:00 AM Transportation to Concord Center.

Friday, November 2, 11:15 AM Newbury Court Chorus Rehearsal, Duvall Chapel

Friday, November 2, 1:15 PM Scrabble, North Living Room

Friday, November 2, 2:00 PM **Six-part Contemporary Poetry Class given by Stephen Collins**, Morrison Theatre. This class will focus mainly on post 1950's poets. We will study several Pulitzer Prize winners, including: Robert Lowell, Mary Oliver, Richard Wilbur, Stanley Kunitz, Louise Glück, Sylvia Plath and Anne Sexton.

Friday, November 2, 3:00 PM **Women's History Group**, Community Room. Women's History Group is for women who wish to meet over tea and light refreshments to discuss women in history and their own histories as well as any events of interest.

Friday, November 2, 4:00 PM **Resident Lecture: Marina Whitman**, Morrison Theatre. As I was writing the story of my life in my memoir, *The Martian's Daughter*, I gradually realized that it had two main themes. One was is my struggle to emerge from the shadow of my larger-than- life mathematician father. The other was how the world changed for professional women over the half-century of my career. The latter is a big piece of social history, which many of my listeners will also have experienced in one form or another.

Saturday, November 3, 2:00 PM **Great Courses Video Lecture Series : The 30 Greatest Orchestral Works**, Morrison Theatre. The series continues. We show one lecture every Saturday. There are 32 lectures, 46 minutes each.

Saturday, November 3, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm Every Saturday night we show two movies (unless there is some other program scheduled). Check the bulletin boards for the movie flyers and the Touchtown digital signs to see what is playing on any given weekend.

Sunday, November 4, 12:00 -4:00 PM **Empty Bowl Fundraiser**, Great Room A fundraiser for Open Table, a local nonprofit that serves weekly dinners in Concord and Maynard and also offers food pantry services. According to its website, Open Table distributes approximately 7,000 pounds of food and serves 250 meals each week. For a \$25 donation you will served soup and bread and you may pick out one of the 300 or so bowls that fellow Newbury Court residents and staff have been making down in the potter studio for the last few months. There will also be a silent auction for a few of the bowls. Reservations at 978.402.8278 are appreciated but not required.

Sunday, November 4, 2:00 PM ***No Sunday Movie in the Morrison this week***

Sunday, November 4, 3:00 PM **Sunday Afternoon Movie**, Community Room Each weekend the movie that was shown in the Morrison Theatre on Saturday night will be shown in the Community Room on Sunday afternoon.

Monday, November 5, 9:00 – 10:00 AM **Nail Clipping for Pets in your suite.** Robin Bradshaw of Wags to Whiskers comes in and will clip your dog's or cat's nails right in your suite. Fee is \$20.00 in cash or check. Please call in advance to set up an appointment: 978.897.0171

Monday, November 5, 10:00 AM South Library Committee **Work Meeting**, South Library (monthly meeting is Monday *after* 1st Tuesday Library meeting)

Monday, November 5, 12:15 PM **Meeting of the Art Committee**, Art Studio South

Monday, November 5, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio S (UG)

Monday, November 5, 1:00 PM Autumn Walk with Sarah and Jill

Monday, November 5, 1:00 – 3:00 PM **Holiday Card-Making Project with Concord Prison Outreach**, Arts and Crafts Room. Every year, volunteers for Concord Prison Outreach look for people who are interested in helping to make the holidays brighter for the incarcerated men at NECC and MCI-Concord. Enclosed with every gift bag given to a prisoner is a handmade card with a cheerful image and a meaningful message of hope and peace. A volunteer from CPO will come and bring some supplies (stamps and ink, stencils, etc.) and will help us in making the cards fit the guidelines (no glue, stickers, glitter etc.) You can drop in for five minutes or stay for the whole session; make one card or make twenty!

Monday, November 5, 2:00-3:30 PM **Newbury Court/ Emerson Parkinson's Support Group**, Great Room. This month we welcome back Susanne Liebich; our favorite Parkinson's Dance Specialist! We look forward to her special way of inspiring our movement with her music selections and dance talents. Light refreshments will be provided. If a resident needs help getting to the Parkinson's Support Group please contact Home Health @ ext 127 and they will happily provide assistance. (*monthly meeting on the 1st Monday of the month*)

Monday, November 5, 3:30 PM **Scrabble**, North Living Room

Monday, November 5, 3:30 PM **Read Aloud Group**, South Living Room. The Read Aloud Group meets almost every Monday afternoon and is a long standing Newbury Court tradition in which a pre-selected reader reads aloud a piece they have chosen to share with others. It can be a chapter from a favorite book, an essay, a collection of letters, something humorous, something inspiring, almost anything that might appeal to a group of people who enjoy being read to and are very faithful listeners. Readers typically choose something about 45 minutes in length. This group is coordinated by Alice Wiggin and she welcomes new readers.
This week's reader: Dick Evans

Tuesday, November 6, 10:00 AM AND 2:00 PM Transportation to the polls at Harvey Wheeler Center for voting in mid-term elections

Tuesday, November 6, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, November 6, 3:30 PM **Crafts Class with Dani**, Arts & Crafts Room

Tuesday, November 6, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, November 6, 2:00 PM *No Banking and Library Trip this week*

Tuesday, November 6, 2:00 PM **Mindfulness Meditation with Patricia Howard** ,
Community Room

Tuesday, November 6, 2:30 PM **Needle and Chat**, Great Room
The group knits afghans for various charitable groups. You need not knit a whole afghan; some knitters knit strips that are then attached to make a finished piece. All are welcome.

Tuesday, November 6, 4:00 PM **South Library Committee Meeting**, OPDR
(monthly meeting now on 1st Tuesday.)

Wednesday, November 7, 9:00 AM **Men's Breakfast**, Activities Room North
Each Wednesday morning a light breakfast of scones, fruit, coffee and tea will be set up for the men to enjoy while they gather and discuss news of the world, what's going on in their own life, travel, history, careers...you name it. At times there is a guest speaker.

Wednesday, November 7, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.
"CCC", which stands for *Coffee, Conversation, Community*, is your weekly opportunity to meet with various members of the staff and leadership team and many other fellow residents. While enjoying coffee, juice and pastries you can catch up on Newbury Court news. **Major announcements are made at CCC**, and issues relating to everything from Newbury Court's infrastructure to healthcare tips to what the next opera on DVD will be are discussed, sometimes in a lively manner! Don't be left out of the loop; come enjoy some coffee, conversation and community.

Wednesday, November 7, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, November 7, 11:00 AM **Knit and Chat**, Arts & Crafts Room
This group knits (& crochets) scarves and hats for the homeless and for children and teens in foster care. Drop in and join the conversation while you knit a scarf or work on your own project. Most of the scarves we knit are very simple, and all the yarn is provided. Knitting needles in various sizes are available as well. We welcome submissions of your hand-knit scarves even if you can't meet us for the "chat" part!

Wednesday, November 7, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast:* Talk by Jim Henderson on Ranked Choice Voting.

Wednesday, November 7, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, November 7, 2:30 PM **PBS Series: Little Dorrit**, Great Room
Charles Dickens's timeless rag's to riches story concerns the vacillating fortunes of the Dorrit family. The kind-hearted Amy looks after her proud father William who is a long-term inmate of Marshalsea debtors' prison in London. But their fate is transformed by the unexpected arrival of the benevolent Arthur Clennam. As the Dorrits meet a variety of characters from rich to poor, a dark villain Rigaud threatens to spill a long-held family

secret. A stellar cast (Claire Foy, Matthew MacFayden, Tom Courtenay, Judy Parfitt) performs the screenplay adapted by Andrew Davies in this five installment series. *Each episode is 90 minutes. And yes, there are subtitles!*

Wednesday, November 7, 3:00 PM **South Food Service Committee Meeting**, South Private Dining Room. If you wish to join or attend, contact Charlie Harrington, 978.821.7822. (monthly meeting *usually* on 1st Wednesday)

Wednesday, November 7, 3:30 PM **Scrabble**, North Living Room

Wednesday, November 7, 6:30 PM Transportation to Alcott School in Concord for *The Defamation Experience*.

Wednesday, November 7, 7:30 PM **Opera night**, Morrison Theatre. Most Wednesday nights residents Betsy Moyer and Barbara Schnuer choose and show an opera on DVD. *This week's opera: Ernani* by Giuseppe Verdi, Conclusion

Thursday, November 8, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, November 8, 10:00 AM Trip to Worcester Art Museum to see *The Poetry of Nature: Hudson River School Landscapes from the New-York Historical Society*.

Thursday, November 8, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, November 8, 1:00 PM **Drawing Demo**, South Living Room

Thursday, November 8, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, November 8, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, November 8, 2:30 PM **Conversation and Refreshment**, South Café

Thursday, November 8, 3:00 PM **“Photographing the New Africa,” a presentation by Boston photographer Lou Jones.** Morrison Theatre.

Lou Jones, Boston-based photographer, specializes in advertising and corporate photography, but his career ranges from photojournalism, covering international and humanitarian causes, to sports photography, documenting 12 consecutive Olympics. Born in Washington, DC, Jones graduated from Rensselaer Polytechnic Institute. Among his published works is *Final Exposure: Portraits from Death Row*, in which he interviewed and photographed men and women on death rows in the United States. He is the recipient of the Ehrmann Award from Massachusetts Citizens Against the Death Penalty. He has just returned from a photographic trip to Africa where he and his team are working on a Pan Africa project to create a contemporary visual portrait of modern Africa. Visit his web site at www.fotojones.com. Sponsored by the Diversity and Inclusion Group.

Thursday, November 8, 7:00 PM **Sudbury Valley Nature Photographers Meeting**, Community Room. SVNP member Bob Cooke: "Bear With Me, but not too Closely, images from the Arctic." Newbury Court residents are always welcome to attend. Light refreshments. (*second Thursday of the month*)

Thursday, November 8, 7:30 PM **Thursday Night Movie**, Morrison Theatre.
Jim's choice: Notorious

Friday, November 9, 10:45 AM Transportation to BSO

Friday, November 9, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, November 9, 1:15 PM **Scrabble**, North Living Room

Friday, November 9, 2:00 PM **Six-part Contemporary Poetry Class given by Stephen Collins**, Morrison Theatre

Friday, November 9, 3:00 PM **Women's History Group**, Community Room

Saturday, November 10, 2:00 PM **Great Courses Video Lecture Series : The Thirty Greatest Orchestral Works**, Morrison Theatre.

Saturday, November 10, 7:20 PM Transportation to 51 Walden St. for Concord Players' production of Tom Stoppard's "Arcadia."

Saturday, November 10, 7:45 PM **Weekend Movies**, Morrison Th. *and* Community Rm

Sunday, November 11, 11:00 AM **Special Ecumenical Worship Celebrating Those Who Serve, Veteran's Day**, Duvall Chapel

Sunday, November 11, 2:00 PM ***No Sunday Movie in the Morrison this week***

Sunday, November 11, 3:00 PM **Chamber Music Concert and Discussion**, Morrison Theatre

Sunday, November 11, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, November 12, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, November 12, 1:00 PM Autumn Walk with Sarah and Jill

Monday, November 12, 3:00 PM **Fred Moyer Jazz Trio**, Morrison Theatre

Monday, November 12, 3:30 PM ***No Read Aloud Group this week***

Monday, November 12, 3:30 PM **Scrabble**, North Living Room

Tuesday, November 13, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, November 13, 11:30 AM **Seeking the Spirit**, Activities Room North.

The next installment of *Seeking the Spirit* will be led by Newbury Court's Pastor Emeritus Rev. Lilian Warner. She will be leading a five-part series on transitions titled, "Archways: Transitions through to New Meaning and Purpose in Life." Each week, Lilian will facilitate a discussion about a specific kind of transition: from working to retirement; of the aging body; from Independent Living, to Rivercrest, The Gardens, and Home Health Care; from Hospice to End of Life issues; of family members and loved ones. We will explore how elders can maintain their voice throughout each of these transitions. This series will run on Nov. 13, 20, 27, Dec. 4, and 11.

Tuesday, November 13, 1:30 -3:30 PM **Crafts Class with Dani**, Arts & Crafts Room

Tuesday, November 13, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, November 13, 1:30 PM **Catholic Mass**, Duvall Chapel

Tuesday, November 13, 2:00 PM Banking and Library Trip

Tuesday, November 13, 2:00 PM **Mindfulness Meditation with Patricia Howard** , Community Room.

Tuesday, November 13, 2:30 PM **Needle and Chat**, Great Room

Tuesday, November 13, 3:00 PM **Welcome Committee Meeting**, South Living Room (monthly meeting on 2nd Tuesday.)

Tuesday, November 13, 3:00 – 4:00 PM **Play Reading Group, Morrison Theatre.** *This meeting we read Act 2 of The Lion in Winter.*

Wednesday, November 14, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, November 14, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.

Wednesday, November 14, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, November 14, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, November 14, 12 noon **Channel 8 Broadcast of Newbury Court presentation.** *This week's broadcast:* Panel discussion, "What Would Henry (Thoreau) Do?"

Wednesday, November 14, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, November 14, 2:30 PM **PBS Series: Little Dorrit**, Great Room

Wednesday, November 14, 3:00 PM **North Food Committee Meeting**, Activities Room North. Contact: Linda Ball (monthly meeting *usually* on 2nd Wednesday)

Wednesday, November 14, 3:30 PM **Scrabble**, North Living Room

Wednesday, November 14, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Falstaff by Giuseppe Verdi, Part I.

Thursday, November 15, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, November 15, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, November 15, 12:30 PM Transportation to Indian Hill Music for free “Bach’s Lunch” concert with the Atlas Piano Trio

Thursday, November 15, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, November 15, 2:00-3:00 PM **Drop-in Grief Support Group**, Duvall Chapel.
*This will meet the 1st and 3rd Thursday of every month. **This week you will be offered resources for coping with grief around the holidays.***

Thursday, November 15, 2:00 PM **Climate Initiative Group**, Community Room

Thursday, November 15, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, November 15, 2:30 PM **Conversation and Refreshment**, South Café.

Thursday, November 15, 3:00 PM **Lecture: “What’s Hot What’s Not: Collecting Art for Love or Money?”** Morrison Theatre. As CEO of Skinner, Inc., Karen Keane oversees the operation of one of the world’s leading auction houses, the largest in New England and a viable player in the international art and antiques marketplace. In addition to running the company, she is also one of firm’s most versatile appraisers, possessing a broad knowledge of furniture, and fine and decorative arts. Her specialty areas include American Furniture and Decorative Arts, Americana, and Folk Art. She is also a formidable presence at the auction podium, and became the company’s first female auctioneer early in her career. Karen is also a familiar face and leading appraiser on the PBS Emmy Award-winning TV series *Antiques Roadshow*. She lectures and conducts benefit auctions and appraisal events for non-profit and for-profit institutions nationwide. Karen is a former overseer of the DeCordova Museum and Sculpture Park in Lincoln Massachusetts and appointed by Governor Charlie Baker, she currently sits on the Board of Trustees of the Massachusetts College of Art and Design. Karen holds a Master’s degree in Art History from Boston University.

Thursday, November 15, 7:30 PM **Thursday Night Movie**, Morrison Theatre
Klaus's choice: The Lion in Winter

Friday, November 16, 10:00 AM **Diversity and Inclusion Group**, South Living Room
(meets on the 3rd Friday of the month)

Friday, November 16, 10:45 AM Transportation to BSO

Friday, November 16, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, November 16, 1:00 – 3:00 PM **Wize Guides**, *Community Room this month*

Friday, November 16, 1:15 PM **Scrabble**, North Living Room

Friday, November 16, 2:00 PM **Six-part Contemporary Poetry Class given by Stephen Collins**, Morrison Theatre

Friday, November 16, 2:00 PM **Newbury Court Chorus Sing-a-Long at Rivercrest**

Friday, November 16, 3:00 PM **Women's History Group**, Community Room

Friday, November 16, 4:00 PM **Concert: The Workingman's Duo**, South Café.

Saturday, November 17, 2:00 PM **Great Courses Video Lecture Series : The Thirty Greatest Orchestral Works**, Morrison Theatre.

Saturday, November 17, 7:45 PM **Weekend Movies**, Morrison Th. and Community Rm

Sunday, November 18, 1:30 PM Transportation to Concord Academy for Concord Chamber Music Society concert featuring Concord Chamber Players and Axel Strauss, violin.

Sunday, November 18, 2:00 PM ***No Sunday Movie in the Morrison this week***

Sunday, November 18, 3:00 PM **Live Operatic Performance**, Morrison Theatre

Sunday, November 18, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, November 19, 1:00 - 3:30 PM **Advanced Watercolor**, Art Studio South

Monday, November 19, 1:00 PM Autumn Walk with Sarah and/or Jill

Monday, November 19, 2:00 PM **Parkinson's Mid-Month Meeting**, Community Room and North Conference Room.

Monday, November 19, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: MJ Wuensch

Monday, November 19, 3:30 PM **Scrabble**, North Living Room

Tuesday, November 20, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, November 20, 11:00 AM Transportation to Verrill Farm.

Tuesday, November 20, 11:30 AM **Seeking the Spirit**, Activities Room North.

Tuesday, November 20, 1:30 -3:30 PM **Crafts Class with Dani**, Arts & Crafts Room

Tuesday, November 20, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, November 20, 2:00 PM Banking and Library Trip

Tuesday, November 20, 2:00 PM **Mindfulness Meditation with Patricia Howard** ,
Community Room.

Tuesday, November 20, 2:30 PM **Needle and Chat**, Great Room

Wednesday, November 21, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, November 21, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison
Theatre

Wednesday, November 21, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, November 21, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, November 21, 11:30 AM **Memory Loss Caregivers Support Group**,
North Private Dining Room

Wednesday, November 21, 12 noon **Channel 8 Broadcast of Newbury Court
presentation.** *This week's broadcast:* Ted Reinstein of WCVB-TV's Chronicle talks
about New England General Stores.

Wednesday, November 21, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, November 21, 2:30 PM **PBS Series: Little Dorrit**, Great Room

Wednesday, November 21, 3:30 PM **Scrabble**, North Living Room

Wednesday, November 21, 7:30 PM **Opera night**, Morrison Theatre
This week's opera: Falstaff by Giuseppe Verdi, Conclusion.



Thursday, November 22, 9:30 AM – 12:00 PM
No Pottery Studio hours today

Thursday, November 22, 10:00 AM
No Mindfulness Meditation this week

Thursday, November 22, 2:00 – 4:00 PM
No Beginning Watercolor this week

Thursday, November 22, 2:00 PM ***No Chess & Checkers this week***

Thursday, November 22, 2:30 PM ***No Conversation and Refreshment this week***

Thursday, November 22, 7:30 PM ***No Thursday Night Movie this week***

Friday, November 23, 10:45 AM Transportation to BSO

Friday, November 23, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, November 23, 1:15 PM **Scrabble**, North Living Room.

Saturday, November 24, 2:00 PM **Great Courses Video Lecture Series : The Thirty Greatest Orchestral Works**, Morrison Theatre

Saturday, November 24, 7:45 PM **Weekend Movies**, Morrison Th. ***and*** Community Rm

Sunday, November 25, 2:00 PM **Sunday Afternoon Movie**, Morrison Theatre

Sunday, November 25, 3:00 PM **Sunday Afternoon Movie**, Community Room

Monday, November 25, 1:00 PM Autumn Walk with Sarah and/or Jill

Monday, November 26, 2:00-3:15 PM **Book Discussion Group**, Community Room
Book to be discussed *The Year of Magical Thinking* by Joan Didion. Light refreshments.
All are welcome, whether you have read both books or not.

Monday, November 26, 3:30 PM **Read Aloud Group**, South Living Room.
This week's reader: Dalton Avery

Monday, November 26, 3:30 PM **Scrabble**, North Living Room

Tuesday, November 27, 10:30 -11:30 AM **Sketchbook Drawing**, Art Studio South (UG)

Tuesday, November 27, 10:30 AM **Budget Committee Meeting**, OPDR
(usually the last Tuesday of the month)

Tuesday, November 27, 11:30 AM **Seeking the Spirit**, Activities Room North.

Tuesday, November 27, 1:30 – 4:30 PM **Liz and Ted assist in Pottery Studio**

Tuesday, November 27, 2:00 PM Banking and Library Trip

Tuesday, November 27, 2:00 PM ***No Mindfulness Meditation with Patricia this week***

Tuesday, November 27, 2:00 PM **Program Committee Meeting**, South Living Room

Tuesday, November 27, 2:30 PM **Needle and Chat**, Great Room

Tuesday, November 27, 3:00 PM **Play Reading Group**, OPDR
This meeting we start Agatha Christie's "A Murder is Announced"

Tuesday, November 27, 7:30 PM **Talk: New England Notebook: One Reporter, Six States, Uncommon Stories**, Morrison Theatre. We welcome back Ted Reinstein, who gave a very well-received talk last June on New England general stores. Since 1995, Ted Reinstein has been a reporter for Boston's WCVB-TV's "Chronicle," the nation's longest-running locally-produced nightly newsmagazine. He also provides reports and commentary on Sunday mornings for the station's political roundtable show, "On The Record." Ted has been a member of the WCVB editorial board since 2010. In 2002, he was part of a Chronicle team that received a prestigious National DuPont-Columbia Broadcast Journalism Award for Chronicle's coverage of Boston's Big Dig project. In 2010, he was one of five national finalists in the Washington Post's "Great American Pundit" opinion-writing Competition. His first book, *New England Notebook: One Reporter, Six States, Uncommon Stories*, was released in May, 2013 by Globe-Pequot Press. The book recounts many of Ted's favorite people and stories from his travels all around New England. Ted is a native of Winthrop, Massachusetts, and lives just west of Boston with his wife and two daughters.

Wednesday, November 28, 9:00 AM **Men's Breakfast**, Activities Room North

Wednesday, November 28, 10:00 AM **All Residents' Meeting, "CCC"**, Morrison Th.

Wednesday, November 28, 11:00 AM -1:00 PM **Drawing**, Art Studio South (UG level)

Wednesday, November 28, 11:00 AM **Knit and Chat**, Arts & Crafts Room

Wednesday, November 28, 12 noon **Channel 8 Broadcast of Newbury Court presentation**. *This week's broadcast.* A concert by The Arcana Ensemble.

Wednesday, November 28, 1:30 PM -4:00 PM **Beading Group**, Arts & Crafts Room

Wednesday, November 28, 2:30 PM **PBS Series: Little Dorrit**, Great Room

Wednesday, November 28, 3:30 PM **Scrabble**, North Living Room

Wednesday, November 28, 7:00 – 8:15 PM **Piano Jazz w/Brian Friedland**, South Café

Wednesday, November 28, 7:30 PM **Opera night**, Morrison Theatre

This week's opera: La Forza del Destino by Giuseppe Verdi, Part I.

Thursday, November 29, 9:30 AM – 12:00 PM **Liz and Ted assist in Pottery Studio**

Thursday, November 29, 10:00 AM Trip to Peabody Essex Museum to see exhibit entitled, “Empresses of China’s Forbidden City.”

Thursday, November 29, 10:00 AM **Mindfulness Meditation**, Duvall Chapel

Thursday, November 29, 2:00 – 4:00 PM **Beginning Watercolor**, Art Studio South

Thursday, November 29, 2:00 PM **Chess & Checkers**, Activities Room North

Thursday, November 29, 2:30 PM **Conversation and Refreshment**, South Café.

Thursday, November 29, 7:30 PM **Thursday Night Movie**, Morrison Theatre

Edith's choice: The Insider

Friday, November 30, 10:45 AM Transportation to BSO

Friday, November 30, 11:15 AM **Newbury Court Chorus Rehearsal**, Duvall Chapel

Friday, November 30, 11:00 AM- 3:00 PM **Holiday Craft Fair**, Morrison Theatre. Once again we have invited some of your favorite crafters and vendors to bring their unique gifts and crafts so that you may enjoy holiday shopping without having to maneuver through crowds, bad weather, full parking lots. You will see ***Mei-Mei's*** beautiful beaded jewelry, ***Mass. Audubon Gift Shop*** is bringing a selection of their wonderful stock of gift items and cards, ***Jennifer's Handmade soaps***, ***The Sharing Foundation's*** lovely bags and purses made in Cambodia, ***Terri Ackerman Photography***, ***Crow's Castle's*** toys and games, ***The Traveling Boutique*** and handmade craft items by several residents.

Friday, November 30, 12:00 PM **Birthday Lunch**, South Dining Room

Friday, November 30, 1:15 PM **Scrabble**, North Living Room

Friday, November 30, 3:00 PM **Women's History Group**, Community Room

Health and Wellness

Newbury Court South Home Health and Wellness Offices are open M-F 10:00 AM -12:00 Noon for “drop in time” if someone would like to see a wellness nurse. If you are unable to come to the south wellness office during this time you will need to schedule a time to be seen. Scheduled suite visits will be charged to you.

Ellen Reusch, RN, Director of Home Health and Wellness: South Wellness Office
978.402.8127 (for non-urgent calls)

Colleen Brophy, RN – part time, x134

Karen Goulakos, RN, Evening Supervisor. Karen is here 4 nights/week, 1:00- 9:00 PM. She can be reached at x373 or by calling the receptionist.

Please check with the receptionist on weekends for the nurse on duty.

If you need to speak with a nurse urgently, please call the receptionist and they will direct your call. Any emergency, please call 911.

Wednesday, November 14, 2:30 – 4:30 PM **Beltone Representative Gabrielle Indeglia**, North Conference Room (monthly visit on the 2nd Wednesday of the month)

Thursday, November 29, 9:30 AM **Miracle Ear Representative James Condon**, South Parlor. (monthly visit on last Thursday of month)

PRIVATE HOME CARE

Newbury Court has its own Private Duty Home Care Service to assist you in the comfort of your home. If you would like to inquire about our services please contact Hector Montesino, Director of Home Care: 978-402-8620 (Non-Urgent Calls) and 24/7 at 978-831-2322

Items of interest:

RACISM WORKSHOP

Our understanding of racism and especially of systemic racism has changed in the last fifty years. This workshop is a chance to learn more about racial justice issues.

Sessions will be 4 Tuesday afternoons, November 13, 20, 27 and December 4 from 3:30 to 4:45 in the Community Room. The sessions will be facilitated by CC King, an experienced facilitator in the field of race conversations and racial justice.

Session 1, Nov. 13 - Race Awareness and White Privilege

Session 2, Nov. 20 - Micro-aggressions and White Fragility

Session 3, Nov. 27 - Facing History and Ourselves

Session 4, Dec. 4 - Living in a Racist World

There will be brief readings, experiential activities, discussions and videos.

~Sign up sheets at the North and South desks. Sign up by November 10.~

**Newbury Court resident Bob Whitman would like to connect with any alumni of the Salzburg Global Seminar, as either faculty or fellows.
Please call him at 978-341-8136.**

Our local Concord cable station, Channels 8, 9, and 10, has been taken over by the Town of Concord and is now called Minuteman Media Network. Until the new website is completed, with links to video-on-demand, etc., residents may access Newbury Court programs on their computers through YouTube.com. We will keep you posted.

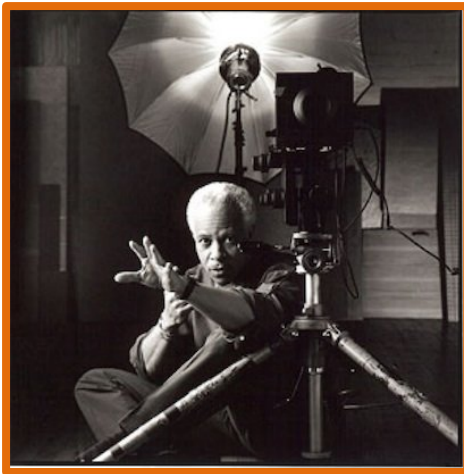
DINING SERVICES POLICIES

- ❖ A seasonal lunch menu will be offered during lunch hours. The daily dinner menu will be offered during dinner hours. The dinner menu will be available for lunch and dinner on Sundays only. Cash & Credit Cards are accepted.
- ❖ Your daily meal credit will consist of up to a four course meal; 2 starters, 1 entrée with 2 side dishes, & 1 dessert. Any additional items ordered beyond the four courses will be charged at the A La Carte price.
- ❖ **Room service** orders should be placed before 5:00pm and will be ready for pick-up/delivery around 5:30pm. A \$3.00 delivery fee will be charged for all room service orders. The charge will not apply for illness.
- ❖ **Reservations** accepted for up to nine people. Reservations must be made at least one day in advance. For ten or more people, special charges and/or procedures may apply; in such cases, consult the dining services management, and do so well ahead of the event.

Special Meal Pricing will apply for non-residents on major holidays (e.g. Christmas, Thanksgiving) and special events (e.g. clambake on the terrace). Both adult and children's prices will apply

A quick look at some of the events in November:

*Sunday, November 4 →
Empty Bowl fundraiser
for Open Table*



*← Thursday, November 8
Photographer Lou Jones
slide presentation*

*Monday, November 12 →
Fred Moyer Jazz Trio*



*← Thursday, November 15
Karen Keane of Skinner Auction House*